

PRAYERS BEFORE & AFTER THE HOLY SACRIFICE OF THE MASS

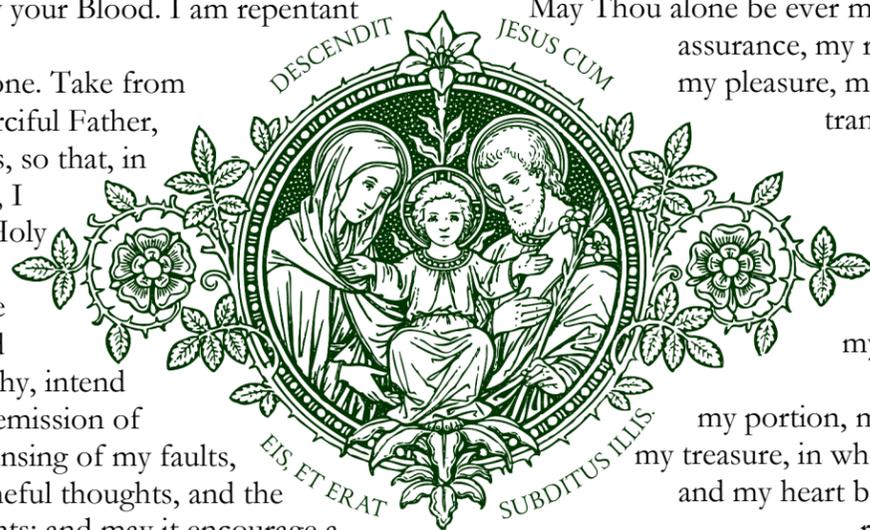
PRAYER OF SAINT AMBROSE BEFORE HOLY MASS:

I draw near, loving Lord Jesus Christ, to the table of your most delightful banquet in fear and trembling, a sinner, presuming not upon my own merits, but trusting rather in your goodness and mercy. I have a heart and body defiled by my many offenses, a mind and tongue over which I have kept no good watch. Therefore, O loving God, O awesome Majesty, I turn in my misery, caught in snares, to you the fountain of mercy, hastening to you for healing, flying to you for protection; and while I do not look forward to having you as Judge, I long to have you as Savior. To you, O Lord, I display my wounds, to you I uncover my shame. I am aware of my many and great sins, for which I fear, but I hope in your mercies, which are without number. Look upon me, then, with eyes of mercy, Lord Jesus Christ, eternal King, God and Man, crucified for mankind. Listen to me, as I place my hope in you, have pity on me, full of miseries and sins, you, who will never cease to let the fountain of compassion flow. Hail, O Saving Victim, offered for me and for the whole human race on the wood of the Cross. Hail, O noble and precious Blood, flowing from the wounds of Jesus Christ, my crucified Lord, and washing away the sins of all the world. Remember, Lord, your creature, whom you redeemed by your Blood. I am repentant of my sins, I desire to put right what I have done. Take from me, therefore, most merciful Father, all my iniquities and sins, so that, in purified mind and body, I may worthily taste the Holy of Holies. And grant that this sacred foretaste of your Body and Blood which I, though unworthy, intend to receive, may be the remission of my sins, the perfect cleansing of my faults, the banishment of shameful thoughts, and the rebirth of right sentiments; and may it encourage a wholesome and effective performance of deeds pleasing to you and be a most firm defense of body and soul against the snares of my enemies. Amen.

PRAYER OF SAINT BONAVENTURE AFTER HOLY MASS:

Pierce, O most Sweet Lord Jesus, my inmost soul with the most joyous and healthful wound of Thy love, with true, serene, and most holy apostolic charity, that my soul may ever languish and melt with love and longing for Thee, that it may yearn for Thee and faint for Thy courts, and long to be dissolved and to be with Thee. Grant that my soul may hunger after Thee, the bread of angels, the refreshment of holy souls, our daily and supersubstantial bread, having all sweetness and savor and every delight of taste; let my heart ever hunger after and feed upon Thee, upon whom the angels desire to look, and may my inmost soul be filled with the sweetness of Thy savor; may it ever thirst after Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of eternal light, the torrent of pleasure, the richness of the house of God. May it ever compass Thee, seek Thee, find Thee, run to Thee, attain Thee, meditate upon Thee, speak of Thee, and do all things to the praise and glory of Thy name, with humility and discretion, with love and delight, with ease and affection, and with perseverance unto the end.

May Thou alone be ever my hope, my entire assurance, my riches, my delight, my pleasure, my joy, my rest and tranquility, my peace, my sweetness, my fragrance, my sweet savor, my food, my refreshment, my refuge, my help, my wisdom, my portion, my possession and my treasure, in whom may my mind and my heart be fixed and firmly rooted immovably henceforth and forever. Amen.



WELCOME TO

St. Patrick

CATHOLIC CHURCH

A Roman Catholic Church serving Jesus Christ, Located in the Heart of Hillyard, Diocese of Spokane



THIRD SUNDAY OF LENT - MARCH 15TH, 2020

Musings from your Parish Priest:

Devout Affections On The Passion Of Our Lord Jesus Christ

It was revealed to St. Gertrude that reading and meditating on the Passion are far more useful and efficacious than all other spiritual exercises. And, however cold and lukewarm our devotion, Our Lord will look upon us with greater mercy if we never omit the memory of His Passion. There are ten prayers in total; and we will be publishing them in our bulletin over the next three weeks.

First Prayer

O Lord Jesus Christ, the eternal sweetness and jubilee of those who love Thee, remember all the presentiment of grief Thou didst endure from the moment of Thy conception, and especially at Thy entrance into Thy Passion, when Thou didst say: My soul is sorrowful even unto death; and when, by reason of Thy overwhelming dread and anguish and grief, Thou didst sweat, as it were, drops of Blood trickling down upon the ground. Remember all the bitterness of Thy sorrow when Thou wast seized upon by the Jews, accused by false witnesses, condemned by three judges, buffeted and smitten, spit upon, scourged, and crowned with thorns. O sweetest Jesus, I implore Thee, by all the sorrows and insults Thou didst endure, have mercy on me, a sinner.

Second Prayer

O Jesus, paradise of the delights of God, remember now all the dread and sorrow Thou didst endure when Pilate pronounced on Thee sentence of death; when the godless soldiers laid the heavy Cross on Thy shoulders, and fastened Thee thereon with rude and blunted nails, cruelly stretching Thy sacred limbs so that all Thy bones could be numbered: I beseech Thee, vouchsafe to pronounce a merciful sentence on me in the day of judgment, and deliver me from all punishment. Amen.

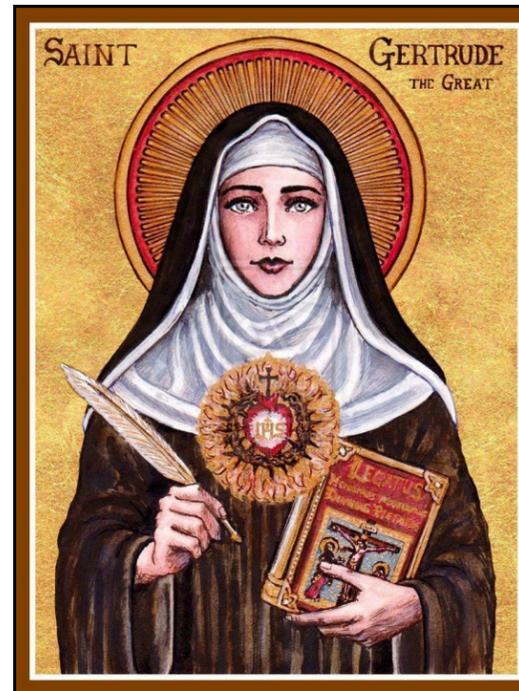
Third Prayer

O Jesus, Heavenly Physician, remember now the languor and the pain Thou didst endure when lifted upon the Cross, when all Thy bones were out of joint, so that no sorrow was like to Thy sorrow, because, from the sole of Thy foot to the top of Thy head, there was no soundness in Thee; when, notwithstanding, Thou didst put away the feeling of all Thine own griefs, and pray to Thy Father for Thine enemies, saying: Father, forgive them; for they know not what they do. By this, Thy charity and Thy mercy, grant that the dignity and worth of Thy Passion may be the entire remission of all my sins. Amen.

Fourth Prayer

O Jesus, mirror of the eternal splendor, remember now that sadness which filled Thy Heart when Thou didst behold in the mirror of Thy Divinity the reprobation of the wicked and the multitude of the lost; and by the depth of the compassion Thou didst show to the robber on the cross, saying: This day thou shalt be with Me in Paradise, I beseech Thee, O compassionate Jesus, show me Thy mercy in the hour of my death. Amen.

In Mary's Immaculate Heart,





St. Patrick our Patron Pray for us and our families!

Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me. Christ above me, Christ on my right, Christ on my left, Christ lying down, Christ in sitting, Christ in rising up, Christ in the heart of every person who may think of me, Christ in the mouth of every person who may speak of me, Christ in every eye that sees me, Christ in every ear that hears me!- St Patrick's Breastplate



5025 N. Nelson St., Spokane, WA 99217 Phone: (509) 466-7738 E-mail: stpatspokanebulletin@gmail.com

Office Hours: On-site office is now closed.

Please note: All correspondence/payments should be mailed to:

St. Patrick's, c/o St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, WA 99208

www.stpatrickspokane.org

Holy Sacrifice of the Mass St. Patrick's

Sundays	9:00 AM (Church)
Weekdays	7:00 AM (Convent)
Saturdays	8:00 AM (Church)
Holy Days	Consult Bulletin

Holy Sacrifice of the Mass St. Francis Xavier

Saturday	4:00 PM
Sundays	7:30 AM
	11:00 AM (Latin)
Weekdays (M,T,W)	8:00 AM
Holy Days	Consult Bulletin

Sacramental Celebrations

Holy Baptism: Parental preparation is required. Please contact a priest to set up an appointment.

Penance: Saturdays, 8:30—9:00 AM or by appointment.

Also at St. Francis Xavier: Tuesdays, 4:00 -5:00 PM; Saturdays, 3:00-3:30 PM, & Sundays 10:30-11:00 AM

Holy Matrimony: Please contact a Parish Priest at least 6 months in advance of your wedding.

Care of the Sick & Homebound: Communion is taken to the sick and elderly on a regular basis. We ask families to please notify the Parish office when illness or infirmity impedes a person from coming to church for an extended period of time. The Sacrament of Anointing of the Sick is offered on request. Call 487-6363.

ANY NEWS FOR THE BULLETIN?

PLEASE CONTACT TRACI @ 466-3811, ext. 200 OR EMAIL: stpatspokanebulletin@gmail.com

BULLETIN ITEMS ARE DUE NO LATER THAN MONDAY @ 4:00 PM. Also, if you know of any homebound who would like to have the bulletin mailed to them, please send us their address.

Clause for a Christian Will: I give, devise, and bequeath to St. Patrick Catholic Parish — Spokane for the benefit of (*insert St. Patrick Catholic Church*), a Washington nonprofit corporation, (*description of gift*).

The diocese is committed to helping victims/survivors of sexual abuse and to protecting children and vulnerable adults. Volunteers who supervise other volunteers who work with minors and vulnerable adults **are required to report** any suspected abuse by others they supervise. Contact: Roberta Smith, Victims Assistance Coordinator (509) 353-0442 Office Phone or (509) 998-18340 Cell. You may also go to the Diocesan website: www.dioceseofspokane.org

Parish Staff:

Fr. David Gaines, Administrator 487-6363
dgaines@dioceseofspokane.org

Mike Samuel, Deacon
msamuels@dioceseofspokane.org

Jan Provinsal, DRE 230-1957
jprovinsal@dioceseofspokane.org

Jennifer Siira, Business Manager 466-3811
jsiira@thomasmorespokane.org

Ed Sinclair, Music Director 326-7073

Parish Council: George Baertlein, Chair Members: Mike Dellwo, Bill Scheres, John Hart, Lola L'Esperance, Louise Andrews, Ex Officio

Finance Council: Mark Kelly, Chair; Members: Ed Sinclair, Dorothea Moore, Kathy Sharp, Julie Carpenter

For spiritual emergencies, scheduling sacraments or funerals please contact Fr Gaines at 487-6363

To request a certificate, bulletin ad or to speak to someone about your charitable contributions please contact the office and say you are calling for St. Patrick Parish.
509-466-7738

Office Hours for Fr. Gaines:

Tuesday and Wednesday Mornings after Mass about 8:30 AM at St. Francis Xavier Or call 487-6363 to schedule an appointment.



Mass Intentions

Memorial Candle for March:
Connie Peterson



St. Patrick's Prayer Line

Have a certain need that prayer can help? St. Patrick's Prayer Line is available. Call Jackie Silvey (483-3109).



Good Shepherd Catechism

We will not be accepting any new students until Fall. The Sisters have classes on Mondays, from 3:30 to 4:30 in the Convent. This is for children ages 3-12.

Attention Parishioners:

In March, the Missionaries of Charity will be having Stations of the Cross on Fridays at 5:30 followed by Holy Hour at 6:00 PM.



Coronavirus Precautions

- The Sign of Peace is suspended. During the Our Father parishioners should not hold hands.
- The distribution of the Precious Blood is suspended.
 - Catholics are reminded that Christ is sacramentally present, Body, Blood, Soul and Divinity, in even the smallest fragment of the Eucharist and it is not necessary to receive both the host and the chalice to receive Christ in the Eucharist.
- When receiving the Body of Christ, it is encouraged that you receive in the hand.
- Holy Water Fonts are to be drained.
 - Continue to make a Sign of the Cross as you enter the Church.
- Parishes are encouraged to provide hand sanitizer near the entrances of their buildings.
- If you feel sick, it is encouraged that you stay home and do not attend Mass.
- Please follow common sense hygiene practices.
- Additional information about COVID-19 can be found on the Center for Disease Control and Prevention's website: <https://www.cdc.gov/coronavirus/2019-ncov/about/prevention-treatment.html>

Approved by Bishop Thomas Daly March 5, 2020 to remain in effect until at least April 5, 2020

		Stewardship:	
Income		Budget: \$59,544.00	Actual: \$55,414.00
Needed Weekly		\$1,654.00	
Received 03/08			2,131.00
Charity		\$80.00	
Maintenance Fund		\$145.00	
Please note: Mail your contributions to St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, 99208			

Lenten Rules For Fast and Abstinence

Fasting is required for those between the ages of 18 to 59 on Ash Wednesday and Good Friday. A proper fast means only one full meal a day with other meals limited. Abstinence from meat is required for everyone 14 and older on Ash Wednesday and all the Fridays in Lent and Good Friday.

Thank you to those of you who gave to the Catholic Charities Christmas Collection. Your parish's donation of \$3,840 speaks with a strong voice to say "we believe in you" to the poor and vulnerable members of our community who need to hear it most. Thank you for putting your faith in action to help our neighbors.

Calling all Middle School and High School Age Youth!



Join North Spokane Catholic Youth Group on Tuesdays at St. Charles Parish at 6:30 PM

Find us online:

www.ncymspokane.com

Facebook: NCYSpokane

Twitter: NCYMSpokane

Instagram: NCYMSpokane

Join your fellow parishioners for coffee and donuts following Mass today.

