

PRAYERS BEFORE & AFTER THE HOLY SACRIFICE OF THE MASS

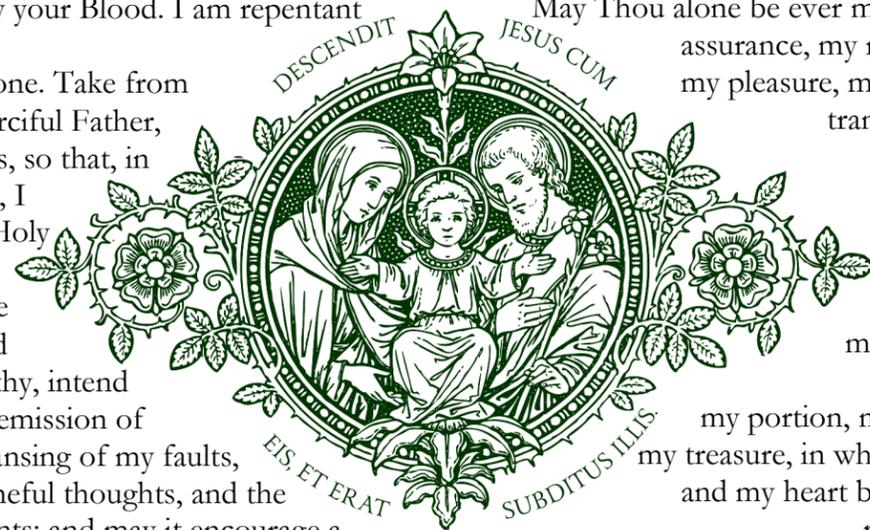
PRAYER OF SAINT AMBROSE BEFORE HOLY MASS:

I draw near, loving Lord Jesus Christ, to the table of your most delightful banquet in fear and trembling, a sinner, presuming not upon my own merits, but trusting rather in your goodness and mercy. I have a heart and body defiled by my many offenses, a mind and tongue over which I have kept no good watch. Therefore, O loving God, O awesome Majesty, I turn in my misery, caught in snares, to you the fountain of mercy, hastening to you for healing, flying to you for protection; and while I do not look forward to having you as Judge, I long to have you as Savior. To you, O Lord, I display my wounds, to you I uncover my shame. I am aware of my many and great sins, for which I fear, but I hope in your mercies, which are without number. Look upon me, then, with eyes of mercy, Lord Jesus Christ, eternal King, God and Man, crucified for mankind. Listen to me, as I place my hope in you, have pity on me, full of miseries and sins, you, who will never cease to let the fountain of compassion flow. Hail, O Saving Victim, offered for me and for the whole human race on the wood of the Cross. Hail, O noble and precious Blood, flowing from the wounds of Jesus Christ, my crucified Lord, and washing away the sins of all the world. Remember, Lord, your creature, whom you redeemed by your Blood. I am repentant of my sins, I desire to put right what I have done. Take from me, therefore, most merciful Father, all my iniquities and sins, so that, in purified mind and body, I may worthily taste the Holy of Holies. And grant that this sacred foretaste of your Body and Blood which I, though unworthy, intend to receive, may be the remission of my sins, the perfect cleansing of my faults, the banishment of shameful thoughts, and the rebirth of right sentiments; and may it encourage a wholesome and effective performance of deeds pleasing to you and be a most firm defense of body and soul against the snares of my enemies. Amen.

PRAYER OF SAINT BONAVENTURE AFTER HOLY MASS:

Pierce, O most Sweet Lord Jesus, my inmost soul with the most joyous and healthful wound of Thy love, with true, serene, and most holy apostolic charity, that my soul may ever languish and melt with love and longing for Thee, that it may yearn for Thee and faint for Thy courts, and long to be dissolved and to be with Thee. Grant that my soul may hunger after Thee, the bread of angels, the refreshment of holy souls, our daily and supersubstantial bread, having all sweetness and savor and every delight of taste; let my heart ever hunger after and feed upon Thee, upon whom the angels desire to look, and may my inmost soul be filled with the sweetness of Thy savor; may it ever thirst after Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of eternal light, the torrent of pleasure, the richness of the house of God. May it ever compass Thee, seek Thee, find Thee, run to Thee, attain Thee, meditate upon Thee, speak of Thee, and do all things to the praise and glory of Thy name, with humility and discretion, with love and delight, with ease and affection, and with perseverance unto the end.

May Thou alone be ever my hope, my entire assurance, my riches, my delight, my pleasure, my joy, my rest and tranquility, my peace, my sweetness, my fragrance, my sweet savor, my food, my refreshment, my refuge, my help, my wisdom, my portion, my possession and my treasure, in whom may my mind and my heart be fixed and firmly rooted immovably henceforth and forever. Amen.



WELCOME TO

St. Patrick

CATHOLIC CHURCH

A Roman Catholic Church serving Jesus Christ, Located in the Heart of Hillyard, Diocese of Spokane



15TH SUNDAY IN ORDINARY TIME - JULY 12TH, 2020

Musings from your Parish Priest:

Today I would like to talk about two Saints of particular importance in the evangelization of Europe: Saints Cyril and Methodius, who were brothers, missionaries, Apostles to the Slavs, and the creators of the Cyrillic alphabet. While Cyril and Methodius are of paramount importance in the Orthodox churches, it was only in the 19th century that they were placed on the Roman Calendar—a curiosity, given that St. Cyril died in Rome, and St. Methodius was appointed an Archbishop by the Pope.

Cyril and Methodius were born in Thessalonica in the 9th century, and received one of the finest educations available in the Byzantine Empire at that time. Both entered Holy Orders at a young age, with Cyril becoming noted as a scholar of great erudition. The two were sent on a mission to Crimea around the year 860. Some years later, the two were sent to Moravia (modern day Czech Republic) to evangelize the Slavs in that area. While there they made tens of thousands of converts, and developed the Cyrillic alphabet, the script used for all of the modern Slavic languages. Additionally, they developed a Slavonic Rite, which combined elements of both the Greek and Latin liturgies.



Eventually, the two travelled to Rome to seek the support of the Pope. While in Rome, Cyril passed away, whereas Methodius was appointed Archbishop of Sirmium, with jurisdiction over all of Pannonia and Moravia, and authority to use the Slavonic Rite which the brothers had developed. For many years Methodius worked tirelessly to evangelize the peoples of his new See. Following his death, tensions between German clergy (who insisted upon a Latin-only liturgy) and Methodius' converts (who preferred the use of the Slavonic liturgy) resulted in an eastward movement of the Slavonic rite—while Pannonia and Moravia made the transition to a Latin liturgy, Bulgaria, Romania, and the Russian peoples took up the use of Slavonic.

In 1980 Pope John Paul II proclaimed Cyril and Methodius to be “so-patron Saints” of Europe, together with Benedict of Nursia. That action emphasized the importance of these two men in bringing into the church whole cultures which had previously been outside of her embrace.

In Mary's Immaculate Heart,



St. Patrick our Patron Pray for us and our families!

Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me. Christ above me, Christ on my right, Christ on my left, Christ lying down, Christ in sitting, Christ in rising up, Christ in the heart of every person who may think of me, Christ in the mouth of every person who may speak of me, Christ in every eye that sees me, Christ in every ear that hears me!- St Patrick's Breastplate



5025 N. Nelson St., Spokane, WA 99217 Phone: (509) 466-7738 E-mail: stpatspokanebulletin@gmail.com

Office Hours: On-site office is now closed.

Please note: All correspondence/payments should be mailed to:

St. Patrick's, c/o St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, WA 99208

www.stpatrickspokane.org

**Praised be Jesus Christ! Now and Forever!
Live Jesus in our Heart, Forever!**

I am happy to announce that Bishop, after consultation with the Spokane Regional Health District, has decided to allow public celebration of Holy Mass, with some restrictions.

The obligation to attend Sunday Mass is still lifted, so no one needs to feel pressured to come. I look forward to seeing those of you who are able to attend, and hope that there may soon be a day when life can return to normal for everyone.

Bishop's Guidelines are here: <https://dioceseofspokane.org/coronavirus>

If you have any questions about these guidelines please do not hesitate to give me a call! My direct number is 509-487-6363

The schedule for Holy Mass and Confessions this weekend is the following:

Saturday

8am – Daily Mass followed by Confessions (St. Patrick)

3pm – Confessions (St. Francis Xavier)

4pm – Vigil Mass (St. Francis Xavier)

Sunday

7:30am – Holy Mass (St. Francis Xavier)

9:00am – Holy Mass (St. Patrick)

**9:30am – Holy Mass, Extraordinary Form (St. Francis Xavier) – Fr. Slattery

11:00am – Holy Mass, Extraordinary Form (St. Francis Xavier) – Fr. Gaines

**We have temporarily added this Mass to help with diocesan occupancy requirements because the 11am Latin Mass is often very full.

Parish Staff:

Fr. David Gaines, Administrator 487-6363
dgaines@dioceseofspokane.org

Mike Samuel, Deacon 230-1957
msamuels@dioceseofspokane.org

Jan Provinsal, DRE 466-3811
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Jennifer Siira, Business Manager 326-7073
jsiira@thomasmorespokane.org

Ed Sinclair, Music Director 487-6363

Parish Council: George Baertlein, Chair Members: Mike Dellwo, Bill Scheres, John Hart, Lola L'Esperance, Louise Andrews, Ex Officio

Finance Council: Mark Kelly, Chair; Members: Ed Sinclair, Dorothea Moore, Kathy Sharp, Julie Carpenter

HEALTH AND WELLNESS

3 EASY STEPS

To Keeping Yourself & Others Healthy!

We are cautioned to be especially careful during the Coronavirus outbreak. Here are some simple ways to keep sickness away.



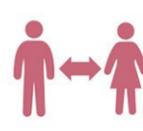
Wash Your Hands

Wash your hands for at least 20 seconds using soap and water. If you can't wash your hands, use hand sanitizer frequently.



Don't Touch Your Face

Especially around the eyes, nose and mouth. If you must sneeze, use a tissue or your arm.



Keep Your Distance

Practice social distancing during this epidemic and stay away from large groups. Instead, call, email or check up on family and friends using social media.

St. Patrick's Prayer Line

Have a certain need that prayer can help? St. Patrick's Prayer Line is available. Call Jackie Silvey (483-3109).

The diocese is committed to helping victims/survivors of sexual abuse and to protecting children and vulnerable adults. Volunteers who supervise other volunteers who work with minors and vulnerable adults are required to report any suspected abuse by others they supervise. Contact: Roberta Smith, Victims Assistance Coordinator (509) 353-0442 Office Phone or (509) 998-18340 Cell. You may also go to the Diocesan website: www.dioceseofspokane.org

For spiritual emergencies, scheduling sacraments or funerals please contact Fr Gaines at 487-6363

To request a certificate, bulletin ad or to speak to someone about your charitable contributions please contact the office and say you are calling for St. Patrick Parish. 509-466-7738

WEEKLY PRAYER

Readings for the week of July 12, 2020

- SUN 7/12 Is 55:10-11/Ps 65:10, 11, 12-13, 14 [Lk 8:8]/Rom 8:18-23/Mt 13:1-23 or 13:1-9
- MON 7/13 Is 1:10-17/Ps 50:8-9, 16bc-17, 21 and 23 [23b]/Mt 10:34-11:1
- TUE 7/14 Is 7:1-9/Ps 48:2-3a, 3b-4, 5-6, 7-8 [cf. 9d]/Mt 11:20-24
- WED 7/15 Is 10:5-7, 13b-16/Ps 94:5-6, 7-8, 9-10, 14-15 [14a]/Mt 11:25-27
- THR 7/16 Is 26:7-9, 12, 16-19/Ps 102:13-14ab and 15, 16-18, 19-21 [20b]/Mt 11:28-30
- FRI 7/17 Is 38:1-6, 21-22, 7-8/Is 38:10, 11, 12abcd, 16 [cf. 17b]/Mt 12:1-8
- SAT 7/18 Mi 2:1-5/Ps 10:1-2, 3-4, 7-8, 14 [12b]/Mt 12:14-21
- SUN 7/19 Wis 12:13, 16-19/Ps 86:5-6, 9-10, 15-16 [5a]/Rom 8:26-27/Mt 13:24-43 or 13:24-30

OBSERVANCES FOR THE WEEK OF JULY 12, 2020

- Sunday: 15th Sunday in Ordinary Time
- Monday: St. Henry
- Tuesday: St. Kateri Tekakwitha, Virgin
- Wednesday: St. Bonaventure, Bishop and Doctor of the Church
- Thursday: Our Lady of Mount Carmel
- Saturday: St. Camillus de Lellis, Priest
- Next Sunday: 16th Sunday in Ordinary Time

LIVE THE LITURGY
Inspiration for the week

Any good farmer will tell you that regardless of how good the quality of the seed, its sprouting and bearing of effective fruit is dependent upon the quality of the soil. Preparing the soil is one of the most essential components of farming. There is no doubt that the seed of God's Word will eventually achieve its purpose. God cannot and will not fail. When and how that seed bears fruit is, however, dependent upon us. What is the quality and condition of your soil? Life's concerns and preoccupations can cause us to become inattentive to our inner life. This sometimes unintentional neglect can result in our soil becoming hard, overgrown with weeds, rocky, parched, and lifeless. When God's seed is sown, it doesn't always take root because it struggles to establish roots and flourish. How can you more attentively attend to the soil of your heart so that it will be a fertile and vital place for the fruit of the Gospel to grow?

SUNDAY, JULY 12, 2020 | 15TH SUNDAY IN ORDINARY TIME



Stewardship:

Income Budgeted \$79,120
Income Received \$62,013

Year to Date:
Charity Fund \$784
Maintenance Fund \$1,742

Mail your contributions to St. Thomas More Parish,
505 W. St. Thomas More Way, Spokane, 99208
or
Online Giving available at
www.stpatrickspokane.org

Clause for a Christian Will: I give, devise, and bequeath to St. Patrick Catholic Parish — Spokane for the benefit of (*insert St. Patrick Catholic Church*), a Washington nonprofit corporation, (*description of gift*).

ANY NEWS FOR THE BULLETIN?
PLEASE CONTACT TRACI @ 466-3811, ext. 200
OR EMAIL: stpatspokanebulletin@gmail.com

BULLETIN ITEMS ARE DUE NO LATER THAN MONDAY @ 4:00 PM.
Also, if you know of any homebound who would like to have the bulletin mailed to them, please send us their address.

Watch out for "Spoofing"

From time to time, reports come into the office from people who have received an email from someone in the parish office, almost always from Fr. Pat, asking them to buy something for him/her because he/she is unable to do so for some reason. This is a scam. No one in the office will ever ask you to buy something for them through an email. If you receive such an email, ignore it; you can hover your browser over the address and see that it is not a legitimate address. There is nothing we can do on our end to prevent this; scammers are crafty and sneaky, and very adept at getting hold of a list of emails and "inventing" an email from someone else. The best we can do is educate parishioners about this scam.

Every day Stewardship: Focus on the Good

When I was a child, my mother had a set of sculptures resembling three human heads. One head had hands over the ears, one had hands over the eyes, and one had hands over the mouth. Of course, they depicted the phrase, "Hear no evil; see no evil; speak no evil." I have seen these images repeated many times since then, usually as the monkey heads from a Japanese proverb, which would have probably seemed a little less creepy to me when I was a small child. Apparently, there is no consensus about the full meaning or certain origin of these three images nor the phrase. At the very least, it causes us to reflect on the need to avoid evil and look for the good in things.

As I have lived my life, I have come to believe there are more people who lives their lives in a contrary manner to these images. It is not that they seek evil, but it is as if they "see no good, hear no good, and speak no good." Gossiping is the way they pass the time, and they always seem to find the negative in people and situations. Being a good steward certainly means that we do not seek evil, but more than that, it means that we see the abundance of good things all around us. These gifts of God are big and little, profound and ordinary. By seeing the world in this way, we begin to change our personalities and our overall disposition. We always need to follow a new proverb: see all the good, hear all the good, and speak about the good. Amen.