

**Pastor**, Fr. Thomas Haan **Associate Pastor**, Fr. Sean Aaron

### PARISH HOURS/OFFICE INFO

The parish office is open Mon.-Fri. 8am-5pm (Closed Noon-1pm for Lunch)

Parish Office Number: 317-842-6778 OFFICE CLOSED WEEKENDS

**Emergency Number to reach Priests:** 

317-967-2443

Fax Number: 317-576-1932

### MASS SCHEDULE

### Weekend

Saturday (Vigil) 5:00 pm

Sunday 7:30, 9:00, 11:30 am & 5:00 pm

### Weekday

Monday-Šaturday: 8:00am Tuesday & Thursday: 6:00pm Friday: 8:00am and Noon

Rosary is prayed after all weekend Masses in the Adoration Chapel

### **Holy Days of Obligation**

Jan. 1 Mary, Mother of God Aug. 15 Assumption of Mary Nov. 1 All Saints Day Dec. 25 Nativity of the Lord

Watch bulletin for time changes.

**RECONCILIATION** is offered Tuesdays and Thursdays from 5-5:50pm, every Saturday morning following the 8am Mass, or by appointment.

### **NEW PARISHIONERS**

Our warmest welcome to all who worship with our parish family, whether long-time resident or new visitor to our parish. If you are interested in registering at St. Louis de Montfort Catholic Church, you may do so on our website (www.sldmfishers.org) or at the parish office.

## PARISH MISSION STATEMENT LOVE GOD-MAKE DISCIPLES-

SERVE CHRIST IN THE WORLD

### **PARISH VISION STATEMENT**

ST. LOUIS DE MONTFORT WILL BE A DYNAMIC WITNESS OF THE GOSPEL AND LEAD OTHERS TO EMBRACE THE LOVE OF GOD.

SAINT LOUIS-MARIE GRIGNION DE MONTFORT: 1673-1716

FEAST DAY: APRIL 28
"TO JESUS THROUGH MARY"

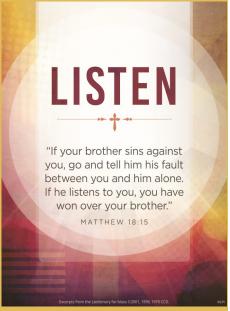
# SAINT LOUIS de MONTFORT

Catholic Community

September 6, 2020 THE 23rd SUNDAY IN ORDINARY TIME

1 1 4 4 1 HAGUE RD – FISHERS, IN 46038 (3 1 7) 8 4 2-6778 www.sldmfishers.org

Last Christmas, I gave my kids a copy of "Humility Rules: Saint Benedict's Twelve-Step Guide to Genuine Self-Esteem" by J. Augustine Wetta O.S.B. One of them finished it and gave it back. I went to put it away, but thought again, and read this lighthearted look at the Rule of St. Benedict. I couldn't put it down. At the end of the book, the homework (there's homework at the end of each chapter) is to give the book away. I passed it on to Dave Neeson, our Coordinator of HSYM. It's a quick read, great for the young and the not so young. I highly recommend it. The book gives clear and helpful rules on how to grow in humility.



We are all made in the image and likeness of God. We all come in varying colors, sizes, ways of living and believing, moving and growing in this beautiful world God gave us. I think that in today's world, we are forgetting how to live with each other, how to love one another. I wonder if one of the reasons that's happening is because of a lack of humility.

I watch the news, and it gives me a headache. All the doom and gloom, and all the incessant debating can get to be a little overwhelming. Facebook has become monologue driven, divisive and in some ways, toxic. I have had to hide many pages from my feed, and now just quickly check in to update family and friends and check on birthdays and who needs prayer. There's very little humility and love displayed on any media lately.

With the book and my tv/social media feelings on my heart, today's Mass readings are an encouragement about how God wants me to be in this time. The first reading tells us that we are to warn the wicked of their wicked ways. Let's face it, we all have wicked ways we need to turn from. The challenge is to gently correct (take correction too), be willing to have a genuine conversation, reconcile right away if we have a grievance against our brother (Gospel), don't harden your hearts if you hear God speaking to you...be open and listen (Psalm), love your neighbor as yourself (2nd Reading).

Whew... That's a lot! We're called to a lot! We have been given so much, so much is required from us as sons and daughters of Almighty God.

God is in our midst. I pray that you and I will strive to grow in humility, to genuinely listen to one another, and to love one another. Listen for God, He's there in the silence. He hears the cry of the humble heart.

Terri Delaney

Coordinator of Liturgical Music Ministries

# St. Louis de Montfort Catholic Church New Mass and Reconciliation Schedule

BEGINNING TUESDAY, SEPTEMBER 8, 2020

# **Daily Mass**

Monday - Saturday 8:00am Mass
(School Mass on Tuesday, Thursday, & Friday)
Tuesday & Thursday - Mass at 6:00pm\*
(\*No Monday evening or Wednesday evening Mass.)

Weekend Mass

Saturday (Vigil) 5:00pm Sunday 7:30, 9:00, 11:30am & 5:00pm

Friday - 8:00am and Noon Mass

Reconciliation is now offered Tuesday and Thursday from 5-5:50pm and every Saturday following the 8:00am Mass or by appointment. \*

(\*No Wednesday evening Confession.)



We are so grateful for the opportunity to celebrate ALL Masses publicly again even though we know Mass will feel different.

Our goal is to keep our parishioners safe during these trying times.

PLEASE NOTE: THE BISHOPS ACROSS ALL FIVE INDIANA DIOCESES HAVE EXTENDED THE DISPENSATION FROM THE OBLIGATION OF SUNDAY MASS ATTENDANCE UNTIL NOV. 1, 2020.

Everyone must carefully discern the best decision for themselves and their families. If you have a fever, cough, runny nose, or have been exposed to someone who has tested positive for COVID-19, please, in consideration of others, watch the livestreamed Mass from home at <u>facebook.com/sldmfishers</u>. We also encourage "higher risk" parishioners to stay home and participate in the livestreamed Mass.

INDIANA'S STATEWIDE MASK MANDATE IS NOW IN EFFECT, THEREFORE, MASKS ARE NOW REQUIRED AT ALL MASSES. The order from Gov. Eric Holcomb requires everyone 8 and up to wear a mask or face covering in indoor public spaces. (Children between the ages of 2 and 7 are not required to wear masks, even though the state recommends that they do so.) For more information, please visit: <a href="https://sldmfishers.org/parishnews">https://sldmfishers.org/parishnews</a>

# **WHAT TO EXPECT AT MASS:**

- There will be only one entrance for Mass the main entrance off Hague Rd. (under the carport)
- Ushers will assist individuals and families to ensure appropriate accommodation with social distancing (6 feet of space between individuals and families—Seating will be every other pew as marked, with families allowed to sit together).
- Because we have reduced seating capacity, once the church is full, we will not be able to accommodate anyone else. Please arrive early.
- Holy water fonts will be empty.
- No books or materials in the pews, however, you may bring missals or prayer books from home.
- Please minimize the use of restrooms. Water fountains will not be available.
- We will have hand sanitizer available but ask that you please bring your own hand sanitizer if possible. Everyone should sanitize their hands upon entering the church and prior to receiving the Eucharist.
- Collection envelopes and donations can be dropped off in the designated baskets as you enter or exit the church since collection baskets will not be passed around during Mass. You are also welcome to give electronically by visiting our Giving Page <a href="https://www.osvonlinegiving.com/131">https://www.osvonlinegiving.com/131</a>
- Please do not congregate inside the church after Mass is finished. We will need to have everyone leave the church promptly so maintenance can begin cleaning and sanitizing the church and restrooms.

God bless us all as we continue to grow in our faith.

### FROM THE DESK OF FR. HAAN

# The Discipline of Learning

At the direction of the bishop, over the past four years I have been pursuing another theology degree called a "Licentiate" in Sacred Theology (latin acronym S.T.L.). It is a degree offered by the faculty of Sacred Heart Major Seminary in Detroit, conferred by the Pontifical University of St. Thomas Aquinas (the *Angelicum*) in Rome. I am in my final stretch: I have completed all coursework and only have a thesis left to complete, along with a concluding lecture. My hope is to complete both by December!

While I genuinely love to learn and to read, to become a student again was a challenge. Studying requires *humility*, admitting there is much that I have yet to learn. It demands *perseverance*, as many times concepts do not come easily. But above all else, it requires <u>discipline</u>. The rigor and routine develop into habits of the will, which makes sense, because in the Catholic tradition, education is not merely a task of information, but a task of formation. This includes the formation of the intellect in the ways of Truth, but it also includes a formation of the will in the ways of virtue and in what is Good. We attempt to remember that at SLDM school and in our religious education programs: we are in the business of formation.

The humility, perseverance, and discipline I have (hopefully) developed over the last four years will surely serve me well as your new pastor. In last week's bulletin, I wrote of my need to listen and learn throughout the first months of my time at SLDM. I know I have much to learn, and the routines I'm forming daily are instilling a new discipline for that learning process. "Discipline" comes from the Latin disciplus, which means "one who is teachable." Fittingly, that is the same Latin root for the word "disciple." To be a disciple means to be teachable... to be a student of the Master!

Above all else, I hope that Our Lord Jesus may find me continuously teachable. But, I also hope to be taught by each of you. *I request that you do the same in turn*: I hope you will be committed to being a disciple: always eager to learn and to be formed more and more into the saint God has created you to be. I also hope that you might have the humility to be taught by your new priests, who wish to lead you to the Master. It will take perseverance and discipline, but the rewards of learning that lesson are infinitely worth it.

Under the Mercy, Father Haan



Phase Three - Managing Change Successfully

This week, we conclude our three-part series on William Bridge's transition model. As you'll recall, a "transition" is a three-phase psychological reorientation process that people go through when they are coming to terms with a "change." In a "transition" there is an ending, a neutral zone and a new beginning.

Only after going through each of the first two phases of transition can people deal successfully with the third phase: beginning over again, with new energy, a new sense of purpose, a new outlook, and a new image of themselves.

People and organizations cause great damage when they try to make a new beginning without seeing to it that they have first completed the other two phases of transition. Denial, anger and depression should be expected. Priests and dioceses will do well to pay close attention to and seek to understand the transition people will have to go through if the changes are to work!

The entrance into any new situation, therefore, be it a priest entering a new parish or a parish welcoming a new priest, calls for a new mind. Both should begin by accepting the fact that "if you don't get what you want, you can change your mind and want what you get."

There are no perfect parishes and there are no perfect priests.

The Old Testament book of Exodus

should be studied by anyone interested in learning how to lead and be led. The story of the Exodus runs through three books of the Old Testament, Exodus, Leviticus, and Numbers. The bulk of the narrative is, however, in Exodus and is a shining example of a change (the exodus from Egypt) that leads a people into transition (the end of their slavery in Egypt, their journey through the "neutral zone" of the desert, and the new beginning in the Promised Land). For anyone on the journey to the "Promised Land" of heaven through the desert of earthly life, and especially for those for whom a change has upended a certain way of living, the Exodus story can provide both wisdom and witness to the transition that is needed to make any change successful and the hoped-for new beginning a reality.

Father Knott, a priest of the Archdiocese of Louisville, was a columnist for his weekly archdiocesan paper, The Record, for fifteen years. He also spent fifteen years doing ongoing formation for priests in ten countries.



BEHOLD, I MAKE ALL THINGS NEW

- REV 21:5



Saturday, September 5, 2020 5:00 pm † Mary Jane Voyles,

requested by the Voyles Family

Sunday, September 6, 2020 7:30 am † Charles Wuensch,

requested by the Wuensch Children

9:00 am † Malcolm Winiger,

requested by the Winiger Family

11:30 am For the People of the Parish

5:00 pm Baker Anniversary, requested by Sid Baker

Monday, September 7, 2020 9:00 am Margaret Chan,

requested by Joe & Elizabeth Kalil

Tuesday, September 8, 2020

8:00 am † Vincent & Mary Pheobe Ebelhar,

requested by Steve & Karen Frank

6:00 pm † Joan Winship, requested by Susan Guindon

Wednesday, September 9, 2020 8:00 am Patrick Joseph Madden,

requested by the Madden Family

Thursday, September 10, 2020

8:00 am † Michael Clancy, requested by Breda Barnes

6:00 pm † Andrew Ventimiglia,

requested by the Zatkulak Family

Friday, September 11, 2020

8:00 am Miss Clark & Family, requested by 7B

12:00 pm † Susan Murphy,

requested by Ann & Tom Davis

Saturday, September 12, 2020

8:00 am † Charlotte Petrie, requested by Josie Raimondi

5:00 pm † Sue Murphy,

requested by Larry & Jerilyn Kunkel

Sunday, September 13, 2020

7:30 am † Bernard & Rose Exner,

requested by Angela Exner

9:00 am † John Riley, requested by Mary Carroll

11:30 am

Daniel Madden,

requested by the Madden Family

**5:00 pm** For the People of the Parish

Mass Intentions are available. Stipend is \$10. Please email receptionist@sldmfishers.org.



Please Pray for the Repose of the Souls of:

The Faithful Departed



Do you have a special prayer request? The community at SLDM is here to pray for you. Please submit the prayer request online at sldmfishers.org, or write it in the prayer intention book in the Narthex.



# The Adoration Chapel is open!

Many thanks to those who have volunteered to be committed adorers for our Perpetual Adoration Chapel. We could not have 24/7 adoration without you! We've been blessed to have the Chapel for almost 25 years! What a blessing to our parish. If you are interested in joining this ministry, please contact Jerilyn at jikunkel@yahoo.com/317

<u>-997-2411</u> or go to our parish website under prayer, perpetual adoration.

Jesus is waiting...

# SEVEN SISTERS APOSTOLATE: PRAYING FOR OUR PRIESTS

A call to strengthen the Church by ensuring that a Holy Hour is prayed each day of the week for the sole intention of a specific priest or bishop—a "holy wasting" (cf. Mt. 26:10) or lavishing of prayer for his deeper conformity to Christ.

If you are looking for a wonderful way to welcome our new priests, Fr. Thomas Haan and Fr. Sean Aaron, the Seven Sisters Apostolate is a beautiful international prayer opportunity for just that. Seven Sisters requires a minimum of seven women, each committed to praying a Holy Hour before the Blessed Sacrament one specific day of the week, for their designated priest, for one year. The Holy Hour does not need to be at a specific time or place so you may pray in Jesus' Eucharistic Presence wherever you may be on your designated day of the week.

A sub will also be available if you are unable to make your Holy Hour for a given week. There are no meetings to attend, although the group may have optional social gatherings. For more information or to sign up to pray for one of our new priests, contact Rosie Zatkulak at 317-294-5553 or rzatkulak@sbcglobal.net. You may also find additional information online at sevensistersapostolate.org.

# Readings for the Week of September 6, 2020

Sunday: Ez 33:7-9/Ps 95:1-2, 6-9/Rom 13:8-10/Mt 18:15-20

Monday: 1 Cor 5:1-8/Ps 5:5-7, 12 [9]/Lk 6:6-11

Tuesday: Mi 5:1-4a or Rom 8:28-30/Ps 13:6ab, 6c [Is 61:10]/ Mt 1:1-16, 18-23 or 1:18-23

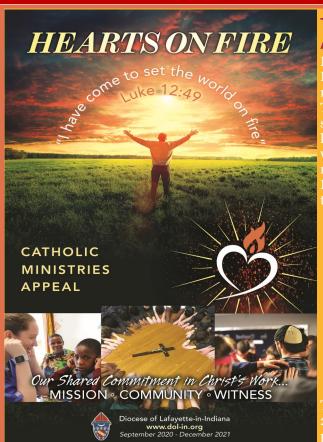
Wednesday: 1 Cor 7:25-31/Ps 45:11-12, 14-17 [11]/Lk 6:20-26

Thursday: 1 Cor 8:1b-7, 11-13/Ps 139:1b-3, 13-14ab, 23-24/Lk 6:27-38

Friday: 1 Cor 9:16-19, 22b-27/Ps 84:3-6, 12 [2]/Lk 6:39-42

Saturday: 1 Cor 10:14-22/Ps 116:12-13, 17-18 [17]/Lk 6:43-49

Next Sunday: Sir 27:30—28:7/Ps 103:1-4, 9-10, 11-12 [8]/ Rom 14:7-9/Mt 18:21-3



The Catholic Ministries Appeal is replacing the Fruitful Harvest

# Appeal and will begin in our parish September 19-20, 2020.

Prior to this weekend, you will receive an envelope in the mail from Bishop Doherty with a brochure, pledge card and return envelope for mailing.

The reason for the change is to focus on the many ministries that are supported through this appeal and to increase the transparency of how the funds raised from this appeal are utilized to support the works of Christ directly through the diocese, as well as through the ministries that support each of our local parishes.

Here are the lists of the Diocesan Supported Ministries and Ministries to Parishes that are funded through the Catholic Ministries Appeal:

### **Diocesan Supported Ministries**

- CLERGY SUPPORT
- VOCATIONS
- PERMANENT DIACONATE
- CATHOLIC SCHOOLS
- COLLEGE MINISTRIES
- PASTORAL MINISTRIES
- HISPANIC MINISTRY
- RETREAT CENTER
- CATECHESIS
- CHARITIES
- FAMILY LIFE

### Ministries to Parishes

- ADMINISTRATION
- TECHNOLOGY
- HUMAN RESOURCES
- TRIBUNAL
- DIVINE WORSHIP
- STEWARDSHIP
- PLANNED GIVING
- COMMUNICATION

This appeal will run from September 1, 2020 through December 31, 2021. After that, future Catholic Ministries Appeals will be annual appeals that follow the calendar year.

# Stewardship: Time, Talent & Treasure Total Mass Attendance

For the weekend of August 30, 2020......1,023

Saint Louis de Montfort Tithe (10% of weekly basket collections)
This Month's Tithe: Holy Family Shelter, Holy Land, Missionaries of Charity—Vietnam, Seminarian Fund Appeal
Last Month, Each Recipient Received \$ 3,898.00

## PLEASE CONSIDER GIVING ONLINE

Our parish is grateful for your continued support.

Set up online giving at: <a href="https://www.osvonlinegiving.com/131">www.osvonlinegiving.com/131</a>

or mail in your check to the Parish Office. Thank you!

# FINANCIAL UPDATE

Fiscal Year Total For All Tithes

**08/30/20** Fiscal YTD

223,967.00

Weekly parishioner envelopes \$ 12,943 \$ 94,680
Online Donations \$ 22,656 \$ 111,252
Visitor envelopes & loose cash \$ 1,108 \$ 4,326
Total collected (before parish tithe)\$ 36,707 \$ 210,258
YTD Budget \$ (217,000)
YTD Budget Surplus or (Deficit) \$ (6,742)

### The Weekly Cardinal 50/50 Drawings have Resumed!

No winner was drawn for the week of August 30th.

The number drawn was 4594.

The rollover jackpot is now \$14,990.00.

All registered parishioners may enter the weekly drawing by putting \$5.00 in the Cardinal 50/50 envelope from your monthly packet or the 50/50 envelopes found in the Narthex. All proceeds from the 50/50 go to our parish school fund.

# SALLY BURTON FOOD PANTRY

One of the challenges we are facing now is the lack of food product on grocery store shelves. As you do your shopping if you could pick-up a few extra items and drop them off during pantry hours that would be greatly appreciated. For those that routinely give in the basket in the Narthex, again drop off during the pantry hours. Thank you.

### Want to volunteer?

Contact Katie Cramer at Katie@kcramer.net to be scheduled on a monthly basis, or to be added to our list of substitutes.

# **Food Pantry Hours:**

Tuesday 11:30am-1pm Thursday 6-7:30pm Saturday 10-11:30am



### **PLEASE NOTE:**

THE FOOD PANTRY WILL BE DRIVE-THRU ONLY UNTIL FURTHER NOTICE.



Through the waters of Baptism, we welcome to our faith community:

Alejandro Julian Gonzalez



Grow

#### Registration for RE is

open! This year your family has the choice of Virtual/Home School or our Hybrid Model meeting in person twice a month. Each registration is \$50, with a family maximum payment of \$150. All 1st and 2nd graders wishing to make their First Communion in 2nd grade must be registered for one of the two above options. To register please visit the parish website, and let us know which option your family is choosing through our Google Intent Form . For any questions or concerns, please contact Beth Craig at bcraig@sldmfishers.org.



# Young Adult Ministry

(20's and 30's) Young Adult Ministry is now meeting back on campus on Thursday evenings @ 7pm in the Youth Ministry Center. We are following our parish guidelines for protocols taken during the Covid-19 pandemic. If you have any

questions, please contact rleazier@sldmfishers.org 317-842-6778 x 232

> Instagram @ sldmyoungadults Facebook @ Sldm Young Adults



Junior High Youth Ministry will be updating its calendar and sharing its plan for ministry next week. Thank you for your prayers and support during this time of constant change.

Contact information: Reid Leazier rleazier@sldmfishers.org or 317-842-6778 x 232

You can also follow us on Instagram @sldmihvm



# ligh School Teams

Those who register for High School Youth Ministry will be placed by grade level into teams of 8 teens with 3 coaches. Teams will use our campus to meet, but meeting times will vary by what is available.

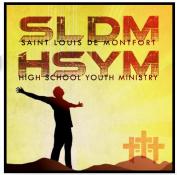
> Register for High School by visiting our website: https://www.sldmfishers.org/encounter



# Adults: Sign Up to Coach

We're looking to gain some support from our adults who wish to help us "coach" our High School teams. Our office will walk with each coach to ensure they're ready to lead. Please let us know if you're interested. Contact Dave Neeson at dneeson@sldmfishers.org or call (317)842-6778 ext. 310

\*Coaches must be practicing Catholics, who are up to date with diocesan Safe & Sacred Training.





# **ADULT FORMATION**

# What are you searching for?

- Seeking those who are interested in being part of the Alpha team. We are seeking individuals who would like to help in various ways with the Alpha group. Areas that are needed: Table leaders, Hospitality, Cooks, and Babysitters. If you are interested, please go to www.sldmfishers.org/alpha to sign up. If you have questions about Alpha, please contact Angela Exner at aexner@sldmfishers.org or call 317-842-6778, x240.
- RCIA Team: We are seeking individuals who would be interested in being part of the RCIA team this year. Our team meeting is September 8th at 7PM in the Merton Room (lower level of parish). You are asked to fill out information on our website at www.sldmfishers.org/rcia or you can contact Angela Exner at aexner@sldmfishers.org
- Adult Formation, Mission and Discipleship Team: If you want to be a part of the team that has input in evangelization, bible studies, retreats, alpha program, RCIA and other evangelistic/spiritual opportunities provided for/by the parish, please go to:

www.sldmfishers.org/adult-formation or you can contact Angela Exner aexner@sldmfishers.org

- Thinking About Becoming Catholic? Your personal relationship with God comes at different crossroads in life. Sometimes God asks us to take a step that may not be comfortable, or one may be leery. When we trust in God, we can also take comfort that He is leading us to a fulfillment in making our joy complete. If you are thinking about becoming Catholic and would like to know more, please contact Angela Exner at aexner@sldmfishers.org or you can call 317-842-6778. If you just want to read more about the process, please go to www.sldmfishers.org/rcia Our first meeting is September 15th at 7PM in the Merton Room (lower level of the parish).
- **Bible Studies** offered this year are in the mornings and evenings. Thursday mornings at 9:30AM and Thursday evenings at 7PM. To learn more and sign up for your choice of bible study go to www.sldmfishers.org/bible-study
- Marriage Enrichment Evenings will be once a month. (They alternate between Thursday and Wednesday evenings at 7PM)
  - Sept. 23—Couples Game Night (Wednesday)
  - Oct. 22—How to meet each other's emotional needs (Thurs.)
  - Nov. 18—Entering Advent thru the Sacred and Immaculate Hearts (Wednesday)
  - Feb. 25—Romantic Dinner with Speaker (Thursday)
  - Mar. 24—Healing the Wounds and learning to communicate (Wednesday)
  - April 22—How to be in silence with the noise of the world (Thursday)

What direction are you going in life?

Many of us have questions about life. It is easy to fall into the daily routine and get lost to the meaning and purpose of life.

If you have questions and want to find answers, join us for an ALPHA session.

Mondays at 6PM starting October 5<sup>th</sup>.

Child Care Provided

www.sldmfishers.org/alpha



**SLDM Families.** 

If you haven't already, it's Time to Clean Out Those Closets & Help Keep Our Hamilton County Kids Warm this Winter!!

### PLEASE HELP US SUPPORT



We are in Need of NEW/GENTLY USED/CLEAN COATS

**Sizes MOST Needed are:** 

Young Boys - 10-12 & 14-16

Teen Boys - Small - 2XL

Teen Girls: Medium - 2XL

**Collection boxes will be in the Parish Narthex** 

August 28th - September 8th

Want to VOLUNTEER for our DRIVE THRU KidsCoats Giveaway,

November 7th, in the Ministry Center,

go to KIDSCOATS.ORG to sign up.



All moms welcome! We meet twice month on Thursday mornings from 10am -11:30am for devotions, lowship. We also offer

MOMS OFFERING discussions, and fel- MOMS SUPPORT helping each other grow in faith

Saturday morning events, moms' nights out, and kid playdates. Our Welcome Brunch is this Thursday September 10th at Founders Park from 10:00am - 11:30am. For more Nicki information please email Burnette at nickiruppe@gmail.com.



# **Wellness Corner** Presented by SLDM Parish Wellness Committee **Self-Care and Coping with Anxiety during COVID-19**

- The pandemic, along with its consequences, has created stressful situations for many individuals and families. With the school year starting and there being varying viewpoints on how to handle it, anxiety and stress are prevalent. Each day can bring different challenges. Here are some ideas for practicing self-care. We may not be able to control anxiety itself, but we can find ways to cope.
  - From a nutritional standpoint, focus on eating enough protein. This keeps energy levels up, and studies have shown that people crave sugar when their protein intake is insufficient. Planning meals ahead of time reduces the chance of reaching for processed or convenience foods (which often aren't healthy). Also, try to limit snacking (unless needed, such as for pregnancy or hypoglycemia), and limit alcohol intake.
  - Regulate media intake negative news about the pandemic and other happenings can be overwhelming. Be informed, but set a limit on how much time is spent watching or reading the news daily.
  - Start each day with prayer and/or positive affirmations. Journaling these thoughts, along with daily moods, may be helpful. Be honest with yourself, and avoid suppressing true feelings.
  - Call a loved one who might be lonely there is often mutual benefit when we reach out to others.
  - Read an inspirational article and/or engage in an activity that makes you feel empowered.
  - Get enough sleep!

# DID YOU KNOW THAT SLDM CYO SPORTS ARE FOR ALL **PARISHION-ERS! YOU DO NOT HAVE TO ATTEND** SCHOOL AT SLDM TO PARTICIPATE!



**<u>Authentic</u>** - The strength to be always true and real.

### **SPORTS REGISTRATIONS**

\*Registrations are currently open for the following sports: Boys and Girls High School Volleyball, Boys Grade School and High School Basketball, Boys and Girls Grade School Volleyball, Boys Grade School Wrestling

Please register at www.orgsonline.com - IMPORTANT

NOTE: Please register as a pending registration. Do not pay the fees at this time.

If you have any questions please contact Jim Kaiser at cvo@sldmfishers.org

Go Cardinals!

# HOSPITALITY

UERI



The Department of Defense commemorating the 50<sup>th</sup> anniversary of the Vietnam War wants to recognize, thank and honor United States military veterans who served during the Vietnam War.

Congress has authorized a special certificate and pin for each living veteran who served at any time on active duty in the US Armed Forces, regardless of location during the Vietnam War era.

To find out more about this recognition please contact St. Louis de Montfort parishioner Al Kozimor at akozimor@hotmail.com . And on behalf of the entire parish we thank all military veterans for their service to our country.

## **GUERIN CATHOLIC ADMISSIONS NEWS**

### **8TH GRADE FAMILIES:**

Online application for the Class of 2025 is now open at GuerinCatholic.org.

Visit the Virtual Admissions Center

at GuerinCatholic.org to learn more about our small class sizes, family community, academic excellence, learning support, faith, service and

more! As the only Catholic high school in Hamilton County and your diocesan high school, Guerin Catholic will push your child to achieve more than they thought possible while discerning who God is calling them to be.

# HIGH SCHOOL PLACEMENT TEST - FALL 2020 DATES

Saturday, October 10 (8:30 am - 12 pm)

Saturday, November 7 (8:30 am - 12 pm)

Saturday, November 21 (8:30 am - 12 pm)

Admissions Department Contacts for 2020-21:

Mrs. Kelli Wilson, Director

Mrs. Jill Folstrom, Admissions Assistant

Mrs. Kenya Cobb, Admissions Assistant

Contact us at admissions@guerincatholic.org



SoulCore classes will resume Wednesday, September 9th!!

Classes will be held outside and are weather dependent. We will

meet on the grass between the Ministry Center and the playground every Wednesday at 6:30 PM.

Email <u>marie.povlinski@gmail.com</u> with any questions. For more information visit <u>www.soulcore.com</u>. Looking forward to praying and exercising with you all again!!



### ST. ANNE'S GUILD

(Membership is open to mature parishioners and friends.) The Guild will meet September 11, 2020 (the second Friday of the month) in the Merton Room after the Noon Mass.

The "New Normal" guidelines are:

- Bring a complete lunch with beverage and utensils; we will not have a pitch-in buffet.
- Masks must be worn except when eating.
   Please respond via e-mail or phone before noon September 10th to <a href="mailto:t.otey@comcast.net">t.otey@comcast.net</a> or text-317-385-1600.
   This is necessary so that we can make sure tables and chairs are set up in accordance with social distancing guidelines.

Questions? - contact Beverly or Tom Otey - 317-770-9813.

# Knights News-Knights of Columbus 6923

**Rosary after all Masses:** The Knights will lead the Rosary after all weekend Masses in the Chapel or just outside the Chapel. Masks are encouraged and with social distancing...



All Men aged 18 and over are invited to Join the Knights of Columbus... If you have questions about the Knights, please call Jim Harris...317-418-392

# Biking for Babies...September 18-20

Here is how you can help save babies:

- \*You may ride the full 175 miles, or join Larry Kunkel, Indiana Knights Life Director and sidewalk counselor, and Jenny Hubbard, Women's Care Center and some of her staff, and others, on a 20 mile leg from Our Lady of Lourdes, Indy, to St Michael, Greenfield on Sat, Sept., 19th. It is a 2 hour ride and we can all do it, for the Babies! Register at kofc437.com
- \* Attend the Mid Point Rally at Our Lady of Lourdes at 1pm for prayer and speakers...all are invited, we have social distancing set...
- \* The proceeds go to our (Knights of Columbus) Ultrasound initiative-help a Women's Center afford a machine-it has proven to be a life saver!
- \* You may sponsor a rider/donate at kofc437.com (click on Indiana Local Ride and add comments on who you would like to sponsor, or give \$\$\$ directly to the rider..

Our goal is to raise \$17,500 and with a matching donor, we can purchase an ultrasound machine.



# PARISH INFORMATION

PARISH STAFF	
Pastor, Fr. Thomas Haan Email	fuhaan Galder fishans ans
A	-
Fr. Sean Aaron.	ext. 242
Associate Pastor Fr. Sean Aaron Email Deacon Chris Bock Email Deacon Steve Seitz Email Director of Ministry & Operat	frsean@sldmfishers.org
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Terri Delaney	tdelaney@sldmfishers.org
Coordinator of Adult Formatio	on, Mission and Discipleship
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Communications Coordina Amanda Kizer	tor
Amanda Kızer Email	(765)617-2143 akizer@sldmfishers.org
Coordinator of Faith Form	ation
Reid Leazier	ext. 232
High School Youth Ministe	r
Dave Neeson	ext. 310
Accounting Manager Bob Stephanak	ext. 241
Parish Recentionist	
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SLDM School	
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Principal Scott Stewart	(31/) 042 1120
Email	sstewart@sldmfishers.org
Secretary Erika Powo/Brandy Poldan	ovt 200
Secretary Erika Rowe/Brandy Roldan Email Administrative Assistant	.secretary@sldmfishers.org
Administrative Assistant Jennifer Podlogar	ext 201
Jennifer Podlogar	.jpodlogar@sldmfishers.org
Maggie Fox	ınd Marketing ext. 244
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Parish Council—parishcouncil@sldmfishers.org	
Jamie Anderson317-498-4855i	amied.anderson10@gmail.com
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Louie Jorczak317-554-9791 Alan Lessard317-436-73	331alessard11@cox.net
Morle Modor 765 060 065	1 <u>mmader13@gmail.com</u>

**RECONCILIATION**The Sacrament of Reconciliation is offered Tuesdays and Thursdays from 5-5:50pm, every Saturday morning following the 8am Mass, or by appointment.

ANOINTING OF THE SICK

To arrange for an office.

## HOLY COMMUNION

If you or another parishioner is sick and/or homebound and would like to receive the Eucharist, please contact Fr. Sean Aaron saaron@sldmfishers.org

# BAPTISM FOR INFANTS AND CHILDREN

Parents of children who need Baptism or children who are past grade 2 preparation and not yet in jr. high school, and need the sacraments of Reconciliation and Eucharist, please contact the parish office at 317-842-6778. Please note that Baptisms are offered on the second and fourth Sundays at 1 p.m.

# WEDDINGS

Registered couples wanting to schedule a wedding and/ or marriage preparation must contact the parish office Weddings at St. Louis de Montfort should be scheduled one year in advance and have a sacramental preparation period of not less than six months prior to the wedding date.

#### FUNERALS

Please call the priest or church office prior to making any funeral arrangements with a funeral director. This ensures that a priest and the church will be available. To preplan a funeral prayer service and/or Mass, please contact the parish 842-6778. office at

 $\mathbf{RCIA}$ essions are Tuesdays from 7-8:30PM in the Merton Room. Contact Angela Exner at 317-842-6778, x240 or <a href="mailto:aexner@sldmfishers.org">aexner@sldmfishers.org</a> if you are interested in learning more about the Catholic faith. <a href="mailto:sacramemoral">SACRAMENTAL PREPARATION</a>

If you have a teen from the ages of 12-17 in need of Baptism, Reconciliation, First Communion, and Confirmation please contact Angela Exner—aexner@sldmfishers.org. If your teen has already received Baptism, Reconciliation, and First Communion and is wishing to be Confirmed, please contact Dave Neeson - dneeson@sldmfishers.org.

### PARISH FACILITIES USAGE

Event/Meeting Rooms must be approved Please reserved advance wk in (1 min.). email receptionist@sldmfishers.org for all scheduling. All events and room reservations must be requested in writing. Craig Willy Hall may be rented with a fee. For wedding receptions (minimum 2-week notice), the sacramental marriage must be celebrated at SLDM. Hall forms are available in the parish office. All adults participating in events with youth under 18 yrs. of age must have completed the Safe and Sacred Certification.

BULLETIN ANNOUNCEMENTS: Any bulletin announcements are to be sent for approval to your particular staff representative. If you aren't sure who your staff representative is, send the announcement to Jeff Oelker at joelker@sldmfishers.org. Bulletin announcements will typically run for two weeks.

### CRISIS PREGNANCY—FREE ULTRA-SOUND/POST ABORTION COUNSELING:

Pregnant? Need help? Hurt by abortion? Call the Gabriel Project toll-free at 1-877-734-2444 confidentially, anytime, day or night.

### TO REPORT AN INSTANCE OF SEXUAL ABUSE, PLEASE CONTACT Doris May 765-464-4988 OR VISIT https://dol-in.org/reporting-an-incident

#### NATIONAL SUICIDE **PREVENTION** HOTLINE: 1-800-273-8255

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

Hearing assistance equipment available in the Sacristy upon request.