## HOLY ROSARY CATHOLIC SCHOOL





SALAD BAR OFFERED DAILY, MENU SUBJECT TO CHANGE

3K & 4K offered 1% white milk daily.

K-6 offered 1% white or chocolate milk daily.

This institution is an equal opportunity provider.



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				No school
Chicken Nuggets, Hash Brown Triangle, Green Beans, Peaches	Breakfast for Lunch, French Toast Sticks, Sausages, Yogurt, Fresh Fruit	Beef Stroganoff w/noodles, Buttered Carrots, Dinner Roll, Applesauce	BBQ on a Bun, Cheese Slice, Chips, Pineapple	Cheese Pizza Fries, Marinara Sauce, Cottage Cheese, Fruit Medley
Hot Dog on a Bun, Smiley Fries, Baked Beans, Mandarin Oranges	Spaghetti w/Meat Balls, Green Beans, Garlic Bread, Pears	Beef Nachos, Toppings, Fresh Fruit	Hot Turkey w/Cheese on a Bun, Sun Chips, Cold Tuna Salad, Peaches	Veggie Chili, PBJ Sandwich, Fruit Medley
Mini Corn Dogs, Tater Tots, Steamed Broccoli, Tropical Fruit	Chicken in Gravy, Mashed Potatoes, Carrots, Dinner Roll, Mandarin Oranges	Cheeseburger, French Fries, Buttered Corn, Pineapple	Swedish Meatballs, Egg Noodles, Broccoli, Applesauce	Breakfast for Lunch, Scrambled Eggs, Blueberry Bagel, Yogurt, Fruit Medley
Chicken Patty, Hash Browns, Carrots, Peaches	Brat Casserole, Butter Bread, Mixed Fruit	Pizza Buffet, Cottage Cheese, Fresh Fruit	NO SCHOOL	NO SCHOOL