



Saint Bernadette

Saint Mary Academy



Candidate Confirmation Booklet

Name: _____

My Discipleship Foot **S.T.E.P.S.**

(**S**erve, **T**ithe, **E**ngage, **P**ractice, **S**hare)

Use the following pages to help you keep track of events and activities that you participate in between now and your final discernment meeting in January 2021. Write "YES" next to the ones you did or make tally marks for things which you complete multiple times (ex. praying, tithing, serving in a particular ministry, etc.).

SERVE in Ministry & Mission to make a difference in the world!
Be an ACTIVE disciple. *"Love one another."* - John 13:34

SERVICE IS FAITH IN ACTION!

WHAT ARE SERVICE HOURS?

They are hours spent sharing your love of Jesus Christ with others who may or may not be as fortunate as you are. It is your opportunity to show, by your actions and deeds, that you believe in Jesus and what He taught us.

HOW MANY HOURS ARE NEEDED?

The Service Hour requirement is 20 hours. The 20 hours may be completed at any time in the preparation period.

CLARIFICATION OF HOURS COMPLETED

- 1) 10 Hours Community of St. Bernadette & 10 Hours Community at Large.
- 2) Not all 20 hours can be the same task (examples: filming for sports, line judge, PTO events, concession stand worker, VBS).
- 3) The Organization you serve must be aligned with all Catholic beliefs & teachings. My example for not aligned is a company that supports or uses Stem Cell research. Contact me if you have any questions before you do the service.
- 4) Student completes Service Hour Voucher at time of service. Do not forget to get the approval signature. Write notes as well. The student will write a reflection paper after their service hours are completed and submit a paper.

WHY DO WE HAVE TO?

Because Jesus told us to in *Matthew 25:40* - *And the king will say to them in reply, 'Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me.'* The service project is an answer to the Gospel challenge to love our neighbor as Jesus loves us. Jesus gave us many examples of loving service.

WHY DO WE DO THEM?

Because, like Jesus, we must love our neighbor and trust that God will always be there for us. To have the promise of salvation fulfilled in us, we must choose to live our faith in both word and action. *James 2:14-17* – *What good is it, my brothers, if someone says he has faith but does not have works. Can the faith save him? If a brother or sister has nothing to wear and has no food for the day, and one of you says to them, "Go in peace, keep warm, and eat well." But you do not give them the necessities of the body, what good is it? So also faith of itself, if it does not have works, is dead.*

WHY DO WE DO IT FOR CONFIRMATION?

Because it is not enough that you know about your faith. How do you put your faith into practice? How often do you go out of your way to help others? Read the Beatitudes in *Matthew 5: 3 – 12*.

HOW DO I START?

Think about what some of your God-given talents are and then list ways that those talents can help in the church, community, and at home. Read *1 Corinthians 12: 1-11*. Ask God for guidance. He won't let you down. Open your heart and your mind to His help. Remember your service hours need to be special and not something already being done as a part of your daily routine.

WHAT DO I DO?

Before making your decision and commitment, Pray to the Holy Spirit for guidance. Talk to your parents and sponsor to discuss ideas. Find out the needs of people in your family, neighborhood, parish, school, or community. Make phone calls and ask what you can do to help. Schedule yourself to help. Prepare yourself for the service project by praying and asking for God's help. (Some of your projects might be uncomfortable for you. Ask God for patience and compassion. Read and reflect on some of the scripture listed in this information.)

WHAT ARE MY RESPONSIBILITIES WHILE ATTENDING A SERVICE PROJECT?

It is **YOUR** responsibility to have a Christian attitude. Remember: some of these service projects are going to make you uncomfortable. Pray for compassion and patience and hope to become more like Jesus. One of the purposes of service hours is that you learn about yourself (sometimes you will be proud of what you've learned, other times you will be disappointed). You are maturing, and with maturity comes responsibility. Be a good example by helping others discover Jesus through you and the way you behave and live.

Your parents are responsible for keeping you on track and making sure that you are working on service projects each month. It is your parents' responsibility to make sure that they sign the forms being turned in. It is also your parents' responsibility to ensure that you are prepared for the service project by encouraging you to pray and meditate before attending the project. They also need to make any parental comments on your project form.



How to Prepare yourself for a service project:

- Candidate Confirmation Booklet
Confirmation Contact: Elizabeth Auffrey, Director of Children's Faith Formation (502) 815-3108

(Read it out loud and listen to the words – REALLY listen):

Lord,

Thank you for the talents you have given me.

Help me to use them the best that I can.

When I use my talents, I make myself and others feel good.

Give me the strength to go on when I feel like giving up.

I sometimes need that strength and confidence to do my best.

Amen

-Jeff Boyd, North Platte, Nebraska – *Prayers by Teens*

3. Always remember:

- YOU ARE NOT ALONE IN DOING THIS. JESUS IS WITH YOU.

JESUS said, “Here I am among you as one who serves.” Luke 22:27

He never gives you more than you can handle. *1 Corinthians 10:13*

He knows you better than you know yourself.

Things to accomplish while at the service project:

- Make sure to complete the form.
- Make sure you have the supervisor sign the form.
- Be on your best Christian behavior.

And always remember:

We are Jesus’ hands and feet on Earth.

We find Jesus in service and in showing our love for others.

REFLECTION SUMMARY PAPER

Use this space to write a Reflective piece about the service hours you completed.

Suggestions when writing are:

1. Write about your experiences, your opinions, and the events that took place.
2. Include your thoughts and feelings.
3. Write about something you learned about yourself or the Place you worked.

RUBRIC FOR THE PAPER

Font: 12 pt Arial/Times New Roman

Spacing: single-spaced

1-page minimum – 2-page maximum

Reflection questions to answer in the paper:

What organization did you help?

Why did you pick this service opportunity?

What did your contribution mean to the organization?

How did your time impact the community or individual?

Did you learn a new skill or learn something new about your community?

If you could do this project/service again, would you do it? Would you change anything?

Will you continue to share your time and serve here?

What did you learn about yourself through your service hours?

CONFIRMATION SERVICE HOUR RECORDING

Student Name: _____ Date _____

Place of service (include phone #): _____

Supervisor/Parent: _____

Hours worked today _____

Reflection Notes about this Service Project

(notes will assist with Service Hour Reflection Paper)

CONFIRMATION SERVICE HOUR RECORDING

Student Name: _____ Date _____

Place of service (include phone #): _____

Supervisor/Parent: _____

Hours worked today _____

Reflection Notes about this Service Project

(notes will assist with Service Hour Reflection Paper)

CONFIRMATION SERVICE HOUR RECORDING

Student Name: _____ Date _____

Place of service (include phone #): _____

Supervisor/Parent: _____

Hours worked today _____

Reflection Notes about this Service Project

(notes will assist with Service Hour Reflection Paper)

CONFIRMATION SERVICE HOUR RECORDING

Student Name: _____ Date _____

Place of service (include phone #): _____

Supervisor/Parent: _____

Hours worked today _____

Reflection Notes about this Service Project

(notes will assist with Service Hour Reflection Paper)



TASKS TO COMPLETE 7-1-2025 THROUGH 12-31-2025

Demonstrate your trust in god by **TITHING** 10%!

Be a TRUSTWORTHY Disciple. *“Blessing without measure” Malachi 3:10*

<u>TITHE</u> through sacrificial giving	Dates Completed
Give to the parish from your own money, not your parents’	
Give to other charitable organizations from your own money/possessions	

ENGAGE to grow in faith and Christian friendships!

Be a RELATIONAL Disciple. *“Unity of the spirit” Ephesians 4:3*

<u>ENGAGE</u> in Formation & Relationships	Dates Completed
Other ENGAGE Opportunities	
Read the Bible on your own	
Learn a new fact about the faith: Write what you learned below.	
Visit a Catholic Website: Write the site below:	

PRACTICE prayer & Sacraments to grow in love & closeness to Jesus!
Be a Deeper Disciple! “Pray without ceasing.” 1 Thessalonians 5:17

<u>PRACTICE</u> prayer & Sacraments	Dates Completed
Participate in Mass Weekly	
Pray daily	
Go to Reconciliation at least once before the Rite of Confirmation	
Other Practice Actions:	Date Completed
3-Minute Daily Retreat http://www.loyolapress.com	
Pray the Examen (numerous variations)	
Pray the Stations of the Cross	
Praise God through music	
Pray the Rosary	
Pray the Divine Mercy Chaplet	
Pray a novena	
Pray when you wake up	
Pray before going to sleep at night	
Pray before a meal	
Learn and pray a new written prayer	
Keep a prayer or spiritual journal for a week: attach a copy	
Spend time in Eucharistic Adoration for 30 minutes	

SHARE the Gospel to bring the love of Jesus Christ to others!
Be a BOLD Disciple! “Be an instrument of salvation” Acts 13:47

<u>SHARE</u> the Gospel	Date Completed
Control your anger or frustration	
Perform Random Acts of Kindness for others	
Send a greeting card to someone preparing for a Sacrament	
Encourage someone by your words or by sending them a card	