SMA Cafe Middle School Menu

esh fruits and vegetables served daily with the purchase of a meal.

August

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	rkidai 1
This is for Food 4 Thought	29	30	31	1
4	5	6	7	8
11	12 Welcome Back!! Creamy Chicken Enchilada Bake Soft Beef Tacos Crispy Chicken Salad Mexican Brown Rice	13 Chicken Alfredo Pizza Crispy Chicken Sandwich Turkey BLT Wrap Mashed Potatoes	14 Salisbury Steak Sub Creamy Macaroni & Cheese Crispy Chicken Salad California Blend Vegetable	Meatlovers Pizza Homemade Pepperoni Pizza Homemade Cheese Pizza Turkey BLT Wrap Steamed Green Beans
Sweet and Sour Chicken White Rice Popcorn Chicken Bites Dinner Roll Ham Munchable Peas & Carrots	19 Biscuits & Sausage Gravy Sausage, Egg and Cheese Biscuit Breakfast Burrito Hashbrown Potatoes	20 Birthday Celebrations BBQ Chicken Pizza Bosco Mozzarella Breadstick Chef Salad Buttered Noodles	21 Italian Meatball Sub Classic Cheeseburger Ham Munchable French Fries	Homemade Cheese Pizza Spaghetti with Meat Sauce Garlic Toast Chef Salad Roasted Broccoli
25 Chicken Bacon Ranch Pizza Italian Toasted Cheese Sand with Marinara Craving Chicken Salad Roasted Carrots	26 Chicken Parmesan Sandwich Carnita Nachos Ham Deli Sub Sandwich Roasted Corn	Homemade Cheese Pizza Crispy Chicken Sandwich Craving Chicken Salad Baked Beans, Vegetarian	28 Breakfast Bake Pancakes Scrambled Egg Yogurt Pak with Bagel Warm Cinnamon Apples	Buffalo Chicken Pizza Homemade Sausage Pizza Homemade Cheese Pizza Ham Deli Sub Sandwich Steamed Green Beans

Milk

Elementary \$5.75 \$6.00 Middle School \$6.00 \$3.00 Extra Entree \$0.90

Milk choice of 1% White, Fat Free Strawberry or Chocolate included with lunch.

Everyday Menu Items: Hot Dog and PB&J

Manager: Jenny Bestenlehner Email: cafeteria@saintmaryacademy.com





Menus and nutrition



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