

February 12, 2023: 6th Sunday in Ordinary Time

"O JESUS, I SURRENDER MYSELF TO YOU, TAKE CARE OF EVERYTHING ! "

"O Jesus, I surrender myself to You, take care of everything!" These are the words that JESUS gave to Father Dolindo Ruotolo, a holy priest living in Naples, Italy (1882-1970). They are the words repeated ten times at the end of each day of his SURRENDER NOVENA.

Father Don Dolindo Ruotolo is already recognized a SERVANT OF GOD, the first step in the canonization process. Like his neighbor, friend and contemporary Padre Pio, God gave him the Gift of Stigmata. One day, he is expected to be declared a Saint. In his prayer life, Father Ruotolo was blessed to hear Jesus speak to him (locutions). All the words included in his SURRENDER NOVENA came from Jesus directly.

Have you ever heard of Father Dolindo's Surrender Novena?

Now you have!

I heard about this NOVENA for the first time only last week as I was attending a Silent Retreat for Priests. It was given to me in spiritual direction as I met one on one with the Retreat Master. I had mentioned to him my own desire to surrender to God totally, to give myself totally to JESUS: TOTUS TUUS (Totally yours) through the Consecration to Jesus through Mary, the Consecration Prayer we repeat in our parish three times a year on the three major Marian Feasts: Immaculate Conception, Annunciation and Assumption (following the 33 days of consecration preparation by St Louis de Montfort).

I found Father Dolindo's Novena simple and powerful. You can find the entire Novena on our parish website. To give you a flavor of Father Dolindo's direct communication

from Jesus, here is the FIRST DAY OF THE NOVENA:

Why do you confuse yourselves by worrying? Leave the care of your affairs to Me and everything will be peaceful. I say to you in truth that every act of true, blind, complete surrender to Me produces the effect that you desire and resolves all difficult situations.

"O Jesus, I surrender myself to You, take care of everything!" (10 times)

As we prepare to enter in a new Lenten Season, may we all reflect on what it means to surrender to Jesus and how it can change our daily life. Why do we worry? Jesus is in charge! We are not! Jesus, help us to surrender to You! Jesus, do everything for us!

O Jesus, help me to do Your will, not mine! Help me to surrender to You! Whenever I face a challenging and difficult situation, help me to remember what you told Father Dolindo. Jesus, at the very moment of any major decision or worry, listen to my prayer: TAKE CARE OF EVERYTHING as I surrender to You!

One in Christ,
Fr. Alain



Ash Wednesday / Miércoles de Ceniza
February 22nd - Mass Schedule

"Repent and believe in the Gospel."

9 AM, 12 noon & 7 PM
(La Misa en español de las 7 PM se celebrará en el Salon P. Martin)

The image is a purple banner for Ash Wednesday. It features a central white area with a silhouette of a person and the text "Repent and believe in the Gospel." To the left is a small photo of a priest, and to the right are photos of ash containers. The times 9 AM, 12 noon, and 7 PM are listed in large white font. Below the times, it notes that the Spanish Mass at 7 PM will be held in the P. Martin Salon.



***We are asked to pray for:**
Josephina Knapp
David Mesler
Genevieve Van Gordon
Brandon Mack

Nadashda Mack
David James Kitley
Justin Farmer
Laura Flaim
Theodore Danicco Hall
Angelo Sparacino

Maria de La Rosa
Randy Krevey
George Gallagher
D’Vaughn Webster

Names will be removed after 3 months.



Mass Intentions this Week

Saturday, February 11,
9:00 AM: Murat & Alcindor
Families (+)

5 :00 PM: Barbara Anne
Cooke (+)

Sunday, February 12,
8:30 AM: Altar Guild
Members

10:00AM: OLHOC Parishioners

11:30 AM: Souls in Purgatory

7:00 PM: Vincent Hernandez
Perez (+)

Monday, February 13,
9:00AM: Tony Valle (+)

Tuesday, February 14
9:00AM: Pearl Ita

Wednesday, February 15,
9:00 AM: Anthony Dako

7:00PM: Erlinda Alcones

Thursday, February 16,
9:00AM: Cheryl Bowdoin (+)

Friday, February 17,

9:00 AM: Cheryl Bowdoin (+)

Healing Mass, Sunday February 19, 2023 at 7 PM

“The longing for happiness, deeply rooted in the human heart, has always been accompanied by a desire to be freed from illness and to be able to understand the meaning of sickness when it is experienced. This is a human phenomenon, which in some way concerns every person and finds particular resonance in the Church, where sickness is understood as a means of union with Christ and of spiritual purification. Moreover, for those who find themselves in the presence of a sick person, it is an occasion for the exercise of charity. But this is not all, because sickness, like other forms of human suffering, is a privileged moment for prayer, whether asking for grace, or for the ability to accept sickness in a spirit of faith and conformity to God's will, or also for asking for healing” EWTN, author CDF

Pray the Rosary daily

Tuesday Scripture Study - Join us on Tuesday mornings after the 9 am Mass to study the readings for the next Sunday.

Friday Scripture Study - The Friday night scripture study is now online. Please call the office for information on how to join us.

First Friday - The first Friday of each month the evening Mass in Latin is dedicated to promoting the Priesthood. Following evening Mass, devotion to the Alliance of the two Hearts.

First Saturday - Join members of the Marian Group on the first Saturday of the month after the 9 am Mass. Learn more about consecrating your life to Jesus through Mary.

Divine Mercy - Join us on the first Saturday of each month as we pray the Divine Mercy Chaplet as a community at 3 PM.

OLHOC Prayer Chain

If you have a prayer request, please call the parish office or send email office@alhoc.org.

Mass Readings for February 19, 2023

7th Sunday in Ordinary Time

***First Reading**
Leviticus 19:1-2, 17-18 (79a)

***Second Reading**
1 Corinthians 3:16-23

***Gospel**
Matthew 5:38-48

www.usccb.org



2023 Annual Appeal: *Many Ministries, One Church*

This weekend parishioners are being asked prayerfully to consider making a gift to the 2023 Annual Appeal. Please complete or take a commitment form at Mass this weekend, or make your gift at give.adw.org. Visit appeal.adw.org to learn more about how the Annual Appeal benefits our parish and serves people in need throughout the archdiocese. It is our goal that every parish family will participate this year. All gifts will be credited towards our parish goal. Thank you in advance for your generous response to the 2023 Annual Appeal.

2023
**ANNUAL
APPEAL**

The Roman Catholic
Archdiocese of
Washington

Don Bosco Altar Boys



Would you like to serve God when you come to Mass? Are you a boy in third grade or above? Have you made your First Communion? Consider becoming an Altar Boy!

Altar Boys help the Priests and Deacons at the Altar during Mass. If you would like to learn how to be an Altar Boy, please speak to Father Jan or Mr. Ron Quiroz. Training will begin at the end of February.

2022 Tax statements

If you would like a statement for your 2022 donations, please email the office at: office@olhoc.org or call (301) 645-7112

Shrove Tuesday

Join us on Tuesday, February 21 as we celebrate Mardi Gras, OLHOC style! Our celebrity -guest chef will prepare a menu of mouthwatering cuisine to tickle your taste buds.

Your meal will be served by one of our top-notch servers, who will make sure your meal is piping hot, and all your needs taken care of. We look forward to having you dine with us!

If you are able to assist, please sign up on our website (www.olhoc.com/pancake)

Prices are \$10 for adults, \$5 for children. The Youth will be selling tickets in the Narthex, you can order and pay online (www.olhoc.com/pancake), or in the office. We also welcome and appreciate donations!



OUTREACH

The next Outreach meeting will be held on March 1, 2023 at 7 p. m. In the Fr. Martin Hall. All are welcome!

The next Shepherd's Table is February 16, 2023 at Good Shepherd Church.

"Sharing Sunday" collects nonperishable foods for the Food Bank of Waldorf. The collection boxes are in the Fr. Martin Hall. Boxed cereal of all kinds is especially needed. Thank you in advance!

6th Sunday in Ordinary Time

Lenten Activities

www.olhoc.org/lent2023

Shrove Tuesday, February 21-Our Lady Help of Christians version of Mardi Gras! Our celebration is in the Father Martin Hall. We will be serving a delicious dinner of pancakes for \$10 per person.

Ash Wednesday, February 22-Mass times are 9 am, noon, and 7 PM. There will be two Masses at 7 PM, the Father Martin Hall will host the Spanish Mass.

Penance Service- February 27. We invite everyone for dinner and conversation at 5:45 PM. Twelve Priests will be available for Reconciliation beginning at 7 PM.

Stations of the Cross - every Friday at 2:30 PM and 7 PM. Come and experience how the followers of Jesus must have felt while they were walking with him to his death.

Fish Fry- March 3rd and 24th- to benefit the youth, we will have a tasty meal. Please support them, take out will be available! Times to be announced.

40-hour Adoration- Monday, March 20 at 6 pm through Wednesday, March 22 at 10 am. Continuous hours of Adoration, any time during those 40 hours. We will have designated times for community prayers, the Rosary and silence. Feel God's love as you adore his Son.

Live Stations of the Cross- Friday, March 31. Our Youth will give a live presentation of the last days of Jesus at 7 PM. This event is not to be missed!

Palm Sunday- April 2, Mass times are 8:40 AM, 9:50 AM and 11:30 AM.

Holy Thursday- April 6 (No 9 AM Mass)-Bilingual Mass at 7 PM with Washing of the Feet. After Mass there will be a procession into the Father Martin Hall and adoration of the Blessed Sacrament.

Good Friday- April 7 (No 9 AM Mass) "Last 7 Words" devotion at 2 pm in the church, Stations of the Cross at 2:30 pm, Divine Mercy Chaplet at 3 pm. Adoration of the Cross and Solemn Services will be in Spanish at 5 pm, English at 7 pm.