

## FEAR and fears

Last weekend, I asked several people two questions:

First, what is your fear (or fears) right now? Do not think. Respond right away. Say whatever comes to your mind...

Second, what has been your GREATEST FEAR in your life? This is a deeper question. Take your time, all the time you want.

Not surprisingly, the first question led to a large number of different answers. Several said: I do not have any fears at this very moment. Others said: I am afraid that I will get sick, lose my job, or that my wife and my kids might become very ill.

What surprised me the most was the similarity of many answers to the second question. They centered around the word **Fear with a capital F**. Fear of the Lord... Fear of the Devil... Fear of The Enemy... FEAR OF BEING VERY SICK (no longer being able to walk, having a stroke, losing memory, Alzheimer's) and FEAR OF DEATH, the greatest Fear of all, the fear of dying and not going to Heaven.

Last week's Gospel was all about **"not being afraid"**. Three times, Jesus told his disciples, all of us today, including myself: **"BE NOT AFRAID"**. Three times in such a short Gospel: only 8 verses (Matthew 10: 26-33), compared to a total of 365 times in the entire Bible: both Old Testament and New Testament. **THREE POWERFUL WORDS** as we are all afraid of so many things every day of our life... We are so anxious!

We never forget those three powerful words as used also by Pope John Paul II when he addressed the whole world for the first time from the balcony of St Peter's (1978, beginning of his Long 26-year pontificate). The first Pope not to be Italian in over three centuries. The first Pope ever to come from a Slavic country (Poland). And here he is, speaking in a strong, heavy Polish accent: **"BE NOT AFRAID. OPEN WIDE THE DOORS OF YOUR HEART TO CHRIST!"**

Pope John Paul II in his own life demonstrated that he had no fear whatsoever. He was truly led by the HOLY SPIRIT! God had given him the GIFT OF

PEACE! I recall his first trip as a Pope back to Poland when he challenged openly the communist regime and dictatorship of the Government totally under the influence of the then Soviet Union... This was the beginning of the end of the all-powerful, communist Soviet Union.

None of us is called to be as courageous as St John Paul II. But last Sunday's Gospel was a wonderful opportunity for each one of us to reflect on our past, current and future fears. Jesus was very specific: **"Be not afraid of those who kill the body but cannot kill the soul."** Our souls are by far much more important than our bodies. They never die. Jesus invites all of us to protect our souls from continuous attacks from the devil. We are weak. We cannot do that alone. We all need Jesus Christ. **WE ALL NEED TO RECEIVE THE GIFT OF PEACE FROM CHRIST!**

*Let us pray that the Holy Spirit will help us to open wide the doors of our hearts to Jesus Christ!*

*Lord Jesus, only You can give us that Peace. Only You can take away the daily anxieties that oppress us and paralyze us! May we all be open to receiving Your Gift of Peace!!!*

One in Christ,

Fr. Alain



**“Receive the  
Gift of Peace  
from Christ”**

**\*We are asked to pray for:**

George Gallagher  
D'Vaughn Webster  
Lynette Washington  
David Mesler  
Ken Housewright

Zita Walker  
Titus Thomas  
Andre Walker  
Reign T. Young  
Anna Caracciolo  
Ebehhitale Basil Ahabue

Theodore Veanco Hall  
Wanda Lapinski  
Tiffany Chase  
Monica Halloran  
Kathryn & David Newman

*Names will remain for three months or until healed*



**Mass Intentions this Week**

**Saturday, July 1,**

9:00 AM: Fr. John Clark (+)  
5:00 PM: Knights of Columbus

**Sunday, July 2,**

8:30 AM: OLHOC Parishioners  
10:00AM: Jamie Guerrero  
11:30 AM: Jose & Mary & Mark Gonzales(+)

1:00 PM: Caroline Akabogu (+)

7:00 PM: Juan A. Urias (+)

**Monday, July 3,,**

9:00AM: Mark Gonzales (+)

**Tuesday, July 4,**

9:00AM: Alejandra Barrios

**Wednesday, July 5,**

9:00 AM: Antonine Roseme

7:00PM: Elira Andrews (+)

**Thursday, July 6,**

9:00 AM: Kylie Marcos

**Friday, July 7**

9:00: AM: Arith & Christofer

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7:00 PM: Ange Michel Etamane

**Celebrate the 4th of July with your OLHOC Family!**



**4 PM Outdoor Mass**

**5 PM - 7 PM Music & Games**

**6 PM - 8 PM Hamburgers & Hot dogs will be provided**

(please bring a side dish, drinks, or dessert to share in addition)

**We are looking for volunteers for setup & breakdown and voices & any other instruments to help with music at the Mass!**



**Tuesday Scripture Study** - Join us on Tuesday mornings after the 9 am Mass to study the readings for the next Sunday.

**Friday Scripture Study** - The Friday night scripture study is now online. Please call the office for information on how to join us.

**First Friday** - The first Friday of each month the evening Mass in Latin is dedicated to promoting the Priesthood. Following evening Mass, devotion to the Alliance of the two Hearts.

**First Saturday** - Join members of the Marian Group on the first Saturday of the month after the 9 am Mass. Learn more about consecrating your life to Jesus through Mary.

**Divine Mercy** - Join us on the first Saturday of each month as we pray the Divine Mercy Chaplet as a community at 3 PM.

**OLHOC Prayer Chain**

If you have a prayer request, please call the parish office or send email [office@alhoc.org](mailto:office@alhoc.org).

**Mass Readings for July 9, 2023**

**14th Sunday in Ordinary Time**

**\*First Reading**

**Zechariah 9:9-10 (100A)**

**\*Second Reading**

**Romans 8:9, 11-13**

**\*Gospel**

**Matthew 101:25-30**

**[www.usccb.org](http://www.usccb.org)**



# A Night with Our Priests and Youth in Concert: Benefit Dinner for WYD 2023 in Portugal

**Friday, July 7 at 7PM** we will host a dinner accompanied by music entertainment by some youth and priests. (Fr. Jan will play the drums). We ask for RSVP. It is a benefit dinner to support the youth going on the pilgrimage. There will be live and silent auctions, raffles and other opportunities to support the youth.

To reserve a seat, please go to:

<https://forms.gle/fmgT8EMpCfqzZBYHA>



## Outreach News

Our next Outreach meeting will be September 20, 2023 at 7 p.m. in the Fr. Martin Hall. All are welcome!

The next Shepherds Table will be August 17, 2023. The collection of nonperishable foods for "Sharing Sunday" continues in the Fr. Martin Hall. All donations go to the Food Bank, Women's Shelter, and, Children's Aid.

Thank you all!



13th Sunday in Ordinary Time

## French Mass every Sunday 1 pm

*By popular demand, the French Mass will be every Sunday at 1 pm beginning July 2.*

*Everyone is invited to enjoy this beautiful Mass! .Don't know French? No problem, we have a booklet that you can follow along with us. Mass is followed by a fellowship lunch in the Narthex*



### 100th Anniversary of the Death of

**Fr. Narcisse Martin, S.S.**

December 31, 1845 - August 6, 1923

**Professor, Theologian, Author & Pastor**

**Serving the people of Waldorf from 1894 - 1923**

Current parishes (St Michael Baden with its own mission church  
St Dominic's, St Peter's and Our Lady Help of Christians)



**Save the date!**



**August 6th**

**11:30 AM Memorial Mass**

**followed by a Festival of Joy**

**from 12:30 PM - 3 PM**

(music, a play about the life of Fr Martin,  
delicious food, games for the children & adults...)

For more details visit [www.olhoc.org/frmartin](http://www.olhoc.org/frmartin)



### 100 Aniversario de la Muerte de

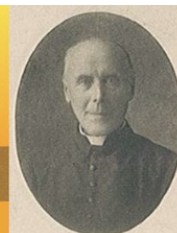
**Padre Narcisse Martin, S.S.**

31 de diciembre, 1845 - 6 de Agosto, 1923

**Profesor, Teólogo, Autor y Pastor**

**Sirviendo al pueblo de Waldorf de 1894 - 1923**

Parroquias actuales (San Miguel en Baden con la iglesia misionera  
Santo Domingo, San Pedro y Maria Auxiliadora)



**Aparte la fecha!**



**6 de Agosto**

**11:30 AM Misa en Su Memoria**

**despues de la Misa El Festival De La Alegria**

**desde las 12:30 PM - 3 PM**

(musica, una Obra acerca de la vida del Padre Martin,  
deliciosa comida, juegos para niños y adultos...)

Para mas detalles visite [www.olhoc.org/frmartin](http://www.olhoc.org/frmartin)