

March 16-17, 2024: Fifth Sunday of Lent

ALL THE WAY TO HEAVEN IS HEAVEN

Last week, more than 70 parishioners attended the first session of JESUS AND THE EUCHARIST. Everyone enjoyed it immensely! There were many spiritual gems to be found. One I will never forget is a quote from Saint Catherine of Siena: “ALL THE WAY TO HEAVEN IS HEAVEN! “I loved reading “Dialogue with God,” her spiritual masterpiece, but I had forgotten that insightful comment. JESUS said I AM THE WAY, the Truth and the LIFE. Jesus is the way to Heaven, the only Way. When we walk with Jesus to Heaven, our soul is already in Heaven. Yes, the entire Way to Heaven is Heaven.

These seven words from Catherine of Siena are very powerful. Catherine is one of the greatest saints of all time. She was a Third Order Dominican with little education when God spoke to her and she recorded this personal dialogue with God. She had an incredibly deep relationship with God. Her words are still golden. Her actions were powerful, restoring the Unity of the Papacy when she went to Avignon, France, where the Pope lived, and orchestrated the return of the Papacy to Rome, ensuring the unity of the Church (at one point we had two Popes, one in Avignon and one in Rome).

For me, these seven words of Saint Catherine remind me that we truly can find the Peace of Heaven on earth despite all the sufferings and tribulations we face. When we believe that Jesus Christ came to earth to save us and give us eternal life, when we believe that Jesus Christ forgives all our sins, when we repent and go to confession, and when we believe that Jesus Christ is really present in the EUCHARIST; Body, Blood, Soul and Divinity, we can believe that we are on our Way to Heaven through the GRACE of God (not by our action). Heaven begins here on earth. What a joy to believe that the entire Way to Heaven is Heaven!

On Ash Wednesday I invited everyone to become saints this Lent. As we are just a few days away from Palm Sunday, I renew this invitation. Enter Holy Week with a renewed heart in Jesus and the Eucharist! Come and attend the second Session of Jesus and the Eucharist: WHO IS JESUS? (either Thursday, March 14 or Saturday, March 16), then the third session AM I SAVED? (March 21 or 23). Come and renew your personal relationship with Jesus. Come and spend an hour with the Lord God in ADORATION (the 40 hours of ADORATION ends at 1 pm this Saturday, March 16). Look at Him. He will look at you, let his Divine Power enter your Heart and transform it. Come and become a saint. TRUST IN GOD! TRUST IN JESUS! SURRENDER TO HIM and HE will do everything for you!

May God continue to bless you and your family!

One in Christ,
Fr. Alain



March 16-17, 2024: Fifth week of Lent

Holy Week & Easter

Semana Santa y Domingo de Pascua



Palm Sunday Mass Schedule

8:20 AM 9:50 AM 11:30 AM 7:00 PM (Spanish)

No 9 AM Daily Mass
on Thurs., Fri., & Sat.

March 28th - Holy Thursday / 28 de marzo - Jueves Santo

7 PM - Mass of the Lord's Supper / Misa de la Cena del Señor (Bilingue)

Followed by procession & reposition of the Blessed Sacrament in the Fr. Martin Hall

March 29th - Good Friday / 29 de marzo - Viernes Santo

2:00 PM Last 7 Words 2:30 PM Stations of the Cross 3 PM Divine Mercy Chaplet Novena
Good Friday Service 5:00 PM Spanish & 7 PM English

Saturday, March 30th - Easter Vigil/ Vigilia Pascual

11:00 AM Blessing of Food (in the church)

8 PM Mass (Bilingue)

March 31st - Easter Sunday / 31 de marzo - Domingo de Pascua

8:30 AM

10:00 AM

11:30 AM

7:00 PM Spanish



For more details visit / para mas detalles visita:

www.olhoc.org/lent2024



***We are asked to pray for:**
 George Gallagher
 D'Vaughn Webster
 Lynette Washington
 David Mesler
 Ken Housewright
 Tiffany Chase
 Monica Halloran

Kathryn & David Newman
 Andrea Lewis
 Carolyn Briscoe
 Theodore Danneico Hall
 Margaret Ferguson
 Mirna Egbufoama
 Ollie Johnson
 Mike Sofield, Sr

Titus Thomas
 Matthew Batiste
 Phyllis Batiste
 Michael Duncan
 Jennifer Forsythe
 Barbara Jean-Noel
 Junior Thomas-Sally-Ann
 Dorothy Neal

Wendell Thomas
 Andre Rack
 Catalina Del Cid

Names will remain for three months or until healed



Mass Intentions this Week

Saturday, March 16,

9:00 AM: Lucrecia Lagman

5 :00 PM: Don D'curilla (+)

Sunday, March 17,

8:30 AM: Daniel Figueroa Torres(+)

10:00AM: Thomas Family

11:30 AM: Juvale Regale

1:00 PM: OLHOC Parishioners

7:00 PM: Monseñor Francisco

Gonzalez (+)

Monday, March 18,

9:00 AM: Anthony Andrews

Tuesday, March 19,

9:00AM: Joseph Family

Wednesday, March 20,

9:00 AM: Joe Nikolai (+)

7:00 PM: Jerry & Elsa Harold

Thursday, March 21,

9:00 AM: Gerald Simon(+)

Friday, March 22,

9:00 AM: Jean Erick Joassaint(+)

“Sharing Sunday”

We are still collecting nonperishable food for the Food Bank, Women’s Shelter, and Children’s Aid of Waldorf. A collection box is in the office’s entrance .

Thank you for your generosity!

Tuesday Scripture Study - Join us on Tuesday mornings after the 9 am Mass to study the readings for the next Sunday.

Friday Scripture Study– The Friday night scripture study is now online. Please call the office for information on how to join us.

Thursday Evening Holy Hour for Priest: at 8 pm in the Chapel

First Friday– The first Friday of each month the evening Mass in Latin is dedicated to promoting the Priesthood. Following evening Mass,

Prayer group in Spanish. At 7:30 pm Mondays and Fridays in the Chapel

First Saturday—Join members of the Marian Group on the first Saturday of the month after the 9 am Mass. Learn more about consecrating your life to Jesus through Mary.

Divine Mercy– Join us on the first Saturday of each month as we pray the Divine Mercy Chaplet as a community at 3 PM.

OLHOC Prayer Chain If you have a prayer request, please call the parish office or send email office@ollhoc.org.

Mass Readings for March 24, 2024

Fifth Sunday of Lent

***First Reading**

Isaiah 50:4-7

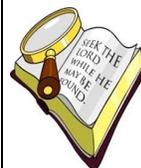
***Second Reading**

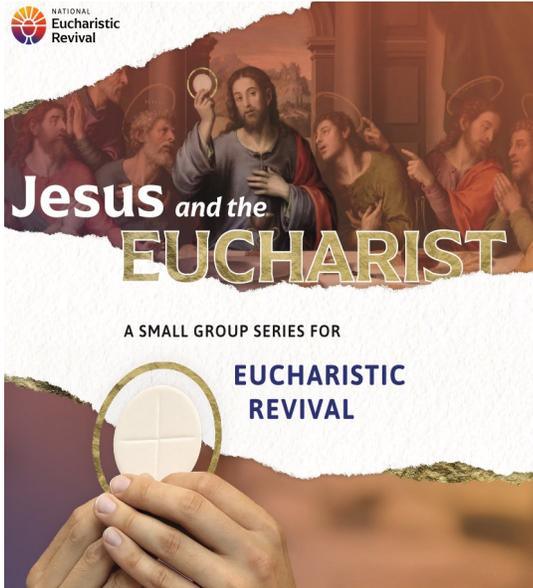
Philippians 2:6-11

***Gospel**

Mark 14:1-15

www.usccb.org





Jesus and the EUCCHARIST

A SMALL GROUP SERIES FOR

**EUCHARISTIC
REVIVAL**

As we continue this year of Eucharistic Revival, we would like to invite you to grow closer to Jesus alongside fellow parishioners through the Jesus and the Eucharist study.

7 Sessions:

Thursdays: 7 PM - 9 PM

March 7th, 14th, 21st

April 4th, 11th, 18th & 25th OR

Saturdays: 9:45 AM - 11:45 AM

March 9th, 16th, 23rd

April 6th, 13th, 20th & 27th



Each session is full of rich theological content, powerful testimonies, and unique and timely messages from individual bishops across the country. This is a great opportunity to dive more deeply into the richness of our Eucharistic faith.

Questions, contact Rick Lanore

For more details & sign up online visit www.olhoc.org/jes



During the sessions of "Jesus and the Eucharist": the Holy Hour for Priest will be at 9:00 pm.

Please visit the Blessed Sacrament in the chapel.

Holy Hour of Reparation

Thursdays, 8 pm - 9 pm

Spend some time with Jesus and pray for priests!



New Format:

Evening prayer

Silence

Litany of Prayer for Priests

Benediction

Hora Santa

jueves, 8 pm - 9 pm

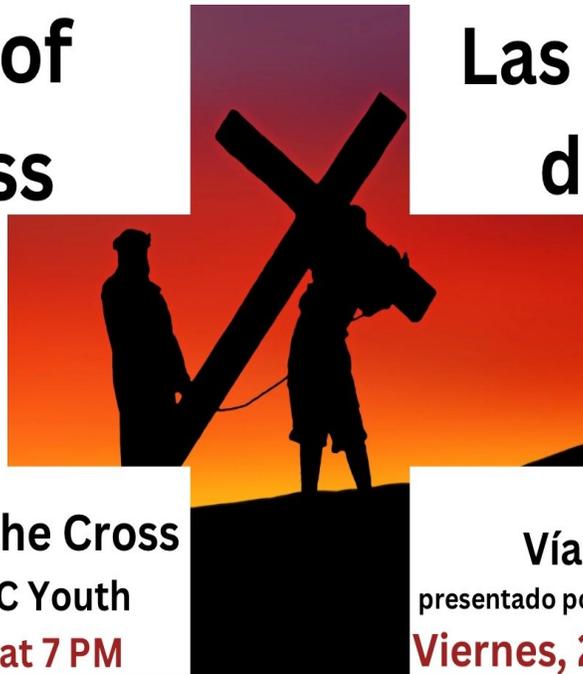


Join Fr Alain & Fr Jan pray for priests who are struggling & those who don't pray.

Invite other priests and lay people to join.

March 9-10, 2024: Fourth Sunday of Lent

**Stations of
the Cross**
Fridays
during Lent



**Las Estaciones
de la Cruz**
viernes
durante
la cuaresma

Living Stations of the Cross
presented by OLHOC Youth
Friday, March 22nd at 7 PM

Vía Crucis Viviente
presentado por los jóvenes de Maria Auxiliadora
Viernes, 22 de marzo a las 7 PM

2:30 PM & 7 PM (English)
8 PM (Spanish)

www.olhoc.org/lent2024



Angels Watch Meal Donations Needed

The Angels Watch Shelter in Waldorf provides safety and new beginnings for women and their children fleeing domestic violence or for those experiencing homelessness. The Shelter works with the residents to get them into permanent housing and employment within three months of their arrival. While in the program, the shelter aims to provide residents with hot dinners, most of which are provided by individuals or groups who sign up to purchase or cook meals once a month. We are in dire need of securing additional donors, who are looking to share their blessings and talents with the most vulnerable members of our community. If you are interested in learning more, please contact Joe Ward at 301-870-8724.

16-17 de Marzo, 2024: Quinto Domingo de Cuaresma

TODO EL CAMINO AL CIELO ES EL CIELO

La semana pasada, más de 70 feligreses asistieron a la primera sesión de JESÚS Y LA EUCARISTÍA. ¡Todos lo disfrutaron inmensamente! Encontre muchas joyas espirituales. Una que nunca olvidaré es una cita de Santa Catalina de Siena: “¡TODO EL CAMINO AL CIELO ES EL CIELO! “Me encantó leer “Diálogo con Dios”, su obra maestra espiritual, pero había olvidado ese comentario revelador. JESÚS dijo YO SOY EL CAMINO, la Verdad y la VIDA. Jesús es el camino al Cielo, el único Camino. Cuando caminamos con Jesús al Cielo, nuestra alma ya está en el Cielo. Sí, todo el Camino al Cielo es el Cielo.

Estas siete palabras de Santa Catalina de Siena son muy poderosas. Santa Catalina es una de las santas más grandes de todos los tiempos. Ella era una religiosa de la Tercera Orden Dominicana con poca educación cuando Dios le habló y ella registró este diálogo personal con Dios. Ella tenía una relación increíblemente profunda con Dios. Sus palabras siguen siendo valiosas. Sus acciones fueron poderosas, restauraron la Unidad del Papado cuando fue a Avignón, Francia, donde vivía el Papa, y orquestó el regreso del Papado a Roma, asegurando la unidad de la Iglesia (en un momento tuvimos dos Papas, uno en Avignón y uno en Roma).

Para mí, estas siete palabras de Santa Catalina me recuerdan que realmente podemos encontrar la Paz del Cielo en la tierra a pesar de todos los sufrimientos y tribulaciones que enfrentamos. Cuando creemos que Jesucristo vino a la tierra para salvarnos y darnos vida eterna, cuando creemos que Jesucristo perdona todos nuestros pecados, cuando nos arrepentimos y nos confesamos, y cuando creemos que Jesucristo está realmente presente en la EUCARISTÍA. Cuerpo, Sangre, Alma y Divinidad, podemos creer que estamos en nuestro Camino al Cielo por la GRACIA de Dios (no por nuestra acción). El cielo comienza aquí en la tierra. ¡Qué alegría creer que todo el Camino al Cielo es el Cielo!

El Miércoles de Ceniza invité a todos a ser santos en esta Cuaresma. Como estamos a pocos días del Domingo de Ramos, renuevo esta invitación. ¡Entra la Semana Santa con un corazón renovado en Jesús y la Eucaristía! Ven y asiste a la segunda Sesión de Jesús y la Eucaristía: ¿QUIÉN ES JESÚS? (ya sea jueves 14 de marzo o sábado 16 de marzo), luego la tercera sesión ¿SOY SALVO? (21 o 23 de marzo). Ven y renueva tu relación personal con Jesús. Ven y pasa una hora con el Señor Dios en ADORACIÓN (las 40 horas de ADORACIÓN terminan a la 1 pm de este sábado 15 de marzo). Míralo. Él te mirará, deja que su Poder Divino entre en tu Corazón y lo transforme. Ven y conviértete en santo. ¡CONFIANZA EN DIOS! ¡CONFÍA EN JESÚS! ¡RÍNDETE A ÉL y ÉL hará todo por ti!

¡Que Dios continúe bendiciendolos y sus familias!
Uno en Cristo,
Padre Alain

