

IMMACULATE CONCEPTION SCHOOL

Dear Immaculate Conception School Community,

I'd like to take this opportunity to introduce myself as the newly appointed Athletic Director at Immaculate Conception School. My family and I have been parishioners of Immaculate Conception Church for the past 22 years and I'm excited to become a part of the school community as well.

My educational background and work experience have prepared me for this role of Athletic Director. I have an Associate's degree in Sports, Fitness and Recreation from Kingsborough Community College, a Bachelor's in Physical Education from Towson State University and a Master's in Health Education from Hofstra University.

With over 30 years of experience working with children, I have been blessed with the opportunity to educate students in many areas of physical fitness, health and life skills. As a New York City Public School Teacher, I taught Physical Education, Health, and Adaptive PE for children with disabilities at the High School of Telecommunications, Arts and Technology. I have also coached several sports. Most proudly, I developed and implemented a swim team at the high school level.

In my free time, I enjoy spending time with my family, swimming, hiking, paddle boarding, bike riding and traveling. I am an Aquatic Fitness Instructor, Licensed Massage Therapist, Personal Trainer and Swim Instructor. My most important job title is MOM. I am thankful to have three amazing children ages 22, 18 and 14.

I am passionate about creating activities to help keep children active and learn skills that they will use to stay active throughout their lives. I am also passionate about water safety. I believe every child should feel comfortable and safe in and around water. Swimming is an important life skill that every child should learn.

I am looking forward to meeting you and am extremely grateful for the opportunity to work with your children to develop a great athletic program at Immaculate Conception School.

I am available to answer any questions or concerns.

Sincerely,

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