



# FAQ



## [CLICK HERE FOR LAST YEAR'S TEAM VIDEO!](#)

### COACHES – NASP Certified

- Head Coach Ryan Renneke, 3<sup>rd</sup> year as an archery coach. Ryan has a 7<sup>th</sup> grade daughter at SEAS, Esme, as well as a former SEAS student, Elliot (11<sup>th</sup>) at Hastings High School/Inver Hills Community College.
- Assistant Coach Laura Jean Noonan, 3<sup>rd</sup> year as an archery coach. Laura Jean has a 6<sup>th</sup> grade son at SEAS, Buddy, as well as former SEAS students Mas (11<sup>th</sup>) at Hastings High School, and PJ at West Point Military Academy.
- If you are interested in being an Assistant Coach, please contact Ryan Renneke at 612-636-9921 or [renn75@hotmail.com](mailto:renn75@hotmail.com). Parent involvement is very important for Archery programs to be maintained in schools.

### EQUIPEMENT

- The school provides Bows, Practice & Tournament Arrows, and targets.
- Archers may use their own NASP APPROVED Matthews Genesis Original. Bows and Tournament Arrows.
- The only bow allowed in NASP is the Matthews Genesis Original.
- The bow components can be any color combination available, however if the riser is camouflage, the face of the riser is required to be made a solid color.
- The nock on the string cannot be brass. Some archery shops may offer to put on a brass nock with the purchase of a bow, but NASP does not allow them anymore. The only nocks allowed are the plastic ones that come when purchased or a tied nock. The tied nocks are more reliable as they don't tend to move over time. Here is a "How To" <https://genesishow.com/how-to-tie-a-nock-locator/>. Coaches are able to assist also.
- Finger tabs (not metal) and forearm guards may be used; not school provided.

### PRACTICES

- Practices are 1 Hour long; twice a week. Tuesday evening and Saturday morning.
- There will be two time slots each practice day because of the number of archers, your archer will be assigned a time.
- Please Plan on helping with set up and tear down before or after practice, dependent on the time of your child's practice.
- The season will start in November. The Minnesota State Tournament is at the end of March and if a team qualifies; Nationals are in May in Kentucky.

### MULTI-SPORT SEASON

- Athletes can be in **BOTH** SEAS Basketball and SEAS Archery
- Archery practice is after SEAS Basketball practice on Tuesdays.

### BULLS EYE TOURNAMENTS

- Archers compete for both INDIVIDUAL (Elementary or Middle) and TEAM scores at Tournaments.
- A TEAM is made up of a maximum 24 Archers. The TEAM minimum is 12 Archers with at least 4 Females and 4 Males. The top 12 of 24 scores are tabulated for a total TEAM score.
- SEAS strives to field both an Elementary Team and a Middle School Team, since SEAS qualify as a "Small School" there is an option for a "shoot-up" which allows our Elementary archers to compete on the Middle School Team. If your archer shoots-up their INDIVIDUAL score still competes as Elementary.
- Fielded TEAMS will be decided upon by the head coach for each tournament.
- This sport is not district like basketball, volleyball, etc.... so be prepared to travel to tournaments. Y23 season the tournaments were in Chaska, New Prague, Faribault, Princeton, Mahtomedi, Stillwater, Becker, Duluth, & Louisville.
- **CARPOOL** – If you need help getting an archer to a tournament; please reach out to other parents. Coaches are not allowed to transport participating athletes.



National Archery in the Schools Program

# FAQ



## 3D ARCHERY

- SEAS will be competing in 3D this season and is optional for all athletes.
- 3D Archery uses 3D animal targets, same Bows & Arrows as Bully Eye.
- This will require a few extra practices.
- Minnesota State 3D Tournament may add a day to State Competitions; prior years SEAS 3D Team competed on Friday and then Bulls Eye on Saturday.



## WEB SITES

- What is NASP <https://www.naspschools.org>
- Tournaments <https://nasptournaments.org>
- Genesis Original Bows <https://genesisbow.com/product/genesis>
- GOOGLE PLAY NASP PORTAL: <https://play.google.com/store/apps/details?id=org.nasptournaments.portal>
- APPLE STORE NASP PORTAL: <https://apps.apple.com/us/app/nasp-portal/id1502049294>
- How Bulls Eye Tournaments are conducted: <https://www.youtube.com/watch?v=2r7nc43thcc>