Welcome to the Sacred Heart Pre-School Program! The first day of school is an exciting milestone in your child's life. Your child is embarking on a journey that will lead them on many roads of discovery and learning. As wonderful as this new experience may be, it can also be quite stressful for the young child. New situations and change can, at times, be unsettling for all of us. For many children this may be their first experience of separation from parents or care givers at home. It is common for even the most outgoing child to be anxious the first day of school.

To ease the transition from home to school, we have planned to introduce the children to each other gradually. Please check the attached Phase-In Schedule for the times and days that you should bring your child to school.

When bringing your child to school you should use the Central Avenue entrance. Please bring your child to the classroom on time so that classes may begin punctually. Ring the doorbell, and we will buzz you in.

We are also providing a few suggestions for assisting your child during this time. Remember the preschool staff will be available to provide support and assistance; making your child's first school days happy days.

- Prepare your child for the new school experience by explaining what to expect. Answer all questions directly and honestly.

- Convey a positive attitude. Young children are aware of your feelings. Your enthusiasm will assure the child that school can be a fun and exciting place.

- Establish a routine involving both the night before a school day as well as morning preparation. Rituals and routines will add predictability and are comforting in unfamiliar situations.

- Bring something from home. In the supply list we are requesting a few family pictures to be kept in the classroom. This is acceptable and often reassuring in helping the child with the initial adjustment to school.

- Clearly state to your child where you will be and when you will return. It may also be helpful to discuss what will happen when you are reunited.

- Maintain a clear good-bye routine. This may include warning the child you are leaving in 1 minute, a kiss and hug, or a wave from the door. Once you tell your child you are leaving, it is important to follow through. Extending the good-bye with, "Ok just one more kiss, and then I
Dear Parents,

Within the next few weeks your child will embark on a new experience – “school.” The beginning of a new school year brings about many concerns for both parents and children. It is our hope that your child will find his/her school experience a very happy one.

To ease the transition from home to school, we have planned to introduce the children to each other gradually. Please check the attached Phase-In Schedule for the times and days that you should bring your child to school.

We ask your cooperation with the following:

1. Use the Central Avenue entrance at all times. School starts at **8:00 AM** for our full-day students. Please bring your child to the classroom on time so that classes may begin punctually. If you arrive **10 minutes** after the times mentioned, please use the Wilson Street entrance, obtain a late pass from the office and escort your child to the Pre-K classroom. The children will be brought as a group to the Central Avenue door for dismissal. If your child is not picked up by **2:40 p.m.**, he or she will be brought to the school’s main office on Wilson Street and may be picked up there. Students attending our After School Program will be escorted to the program.

2. When your child comes to school for the first day, he/she should bring:
   a. All items on the enclosed supply list.
   b. An extra set of clothes, including underwear and socks that will be kept in school in case of spills or accidents. All clothes should be clearly marked with the child’s name and put into a labeled plastic bag. If soiled clothes are sent home, a set of clean clothing, to be kept in school, should be sent in the next day.
   c. Please provide your child with a standard size backpack to accommodate a folder and artwork.

3. Throughout the school year outer clothing – boots, hats, mittens, and sweaters – should be clearly marked with the child’s name.

Whenever your child is to bring money to school, please have the correct amount in an envelope, marked with the child’s name, the amount, and purpose.

We are looking forward to working with you and having a great year with your child.

Sincerely,

Mrs. Martina Vicente
Pre-K Teacher
really have to go” tends to heighten anxiety rather than relieve it. Avoid sneaking out, as this seems to encourage children to become less trusting and makes the second day of school even harder.

Again, please know we are here to help make the first day of school a happy transition, and we look forward to an exciting and fun year. Welcome!

Sincerely,
Mrs. Martina Vicente & Mrs. McVeigh
2017-2018
Pre-K 2 Phase In Schedule

Mrs. Vicente, Teacher & Program Director
Mrs. McVeigh, Assistant

Thursday September 7th (8:30 AM to 10:30 AM)

Louis Broccoli
Dominic Cassanti
Aaliyah Cohen
Alexandra Poulos
Bruce Cloonan

Benjamin Grycz
Isabella Fernandes
Hannah Mathew
Aimee Alphy
Aryan Dorsatwar

Friday September 8th (8:30 AM to 10:30 AM)

Avnee Inamdar
Donald Jack
Mathew Joseph
Calie Martin
Syon Mistry
Maia Pena

Jonathan Iaccarino
Alexandra Ong
Nathan Thomas
Sarah Robin-Raju
Alana Pena

Monday, September 11th (8:00 AM to 11:30 AM)

ALL STUDENTS ATTEND SCHOOL

Tuesday, September 12th (8:00 AM to 2:30 PM)

First full day of school for ALL Pre-K children
Pre-K Supply List

2017-2018

- One regular size backpack with child’s name written on the outside (no backpacks with wheels please)

- A 2 pocket folder with your child’s name on front cover.

- Composition Book for Beginners (10 in X 8 in) Wide Ruler (5/8 or ½) printed with solid and dotted lines

- 1 Coloring Book with child’s name on it

- 2 Clorox/Lysol Wipes containers

- 2 containers of Hand Wipes (to use at recess)

- 1 Boxes of tissues

- A smock for when we do arts & crafts

- A small blanket/receiving blanket for rest time (this will be sent home every Friday for wash and should be returned on Monday).

- A change of clothes (including underwear and socks). All clothes must be inside a Ziploc bag with child’s name on the bag.

- 2 pictures of your child & 1 small family picture that will be kept in the child’s cubby.

- Small box of crayons (16 crayons max) with child’s name on the box.

- Small box of colored pencils with child’s name on the box.

- Return Volunteer, Getting to you know, and all other school forms ASAP.

Updated 3/2017
Pre-Kindergarten Suggested Summer Reading

Summer 2017

Dear Parents and students,

Summertime! Beaches, sports, cookouts and BOOKS! We have worked hard on providing a list of great book suggestions for summer reading and activities to encourage writing as well. The list of books is just suggestion. The local public library also has wonderful lists and can guide your children in picking books that they will enjoy for the summer. Planning trips to the public library on a regular basis and participating in a summer reading program is an important and fun way to make vacation reading successful. Don't forget that reading aloud to your child has been proven to be the most effective way of helping your child become a good reader. Setting aside a minimum of 15 minutes a day for reading is recommended – even on a busy day.

We have a Writing Project section of our summer literacy program (Optional). Help your child to read at least five books during the summer. Pick one of your favorite books and draw a picture of your favorite part of the story. Please be sure to write your name and book title on your picture.

Book Suggestions for Three Year Olds

Mama Cat has three Kittens by D. Fleming

Corduroy by D. Freeman

Brown Bear, Brown Bear, What do you see? by B. Martin

Be Gentle! By V. Miller

My Dog Rosie by I. Harper

If you Give a Mouse a Cookie by L. Numeroff

Early Morning in the barn by N. Tarufi

Book Suggestions for Four Year Olds

Madeline by L. Bemelmans
Millions of Cats by A. Gag
Harold and the Purple Crayon by C. Johnson
Whistle for Willie by E.J. Keats
The carrot seed by R. Krauss
Chicka chicka boom boom by B Martin & J. Archambault
More way for ducklings by R. McCloskey
Too much noise by A. McGovern
Widget by L.R. McFarland
Curious George by H.A. Rey
Caps for sale by E. Slobodkina

Recommended Authors for 3 & 4 Year Olds

   Eric Carle
   Desine Fleming
   Helen Lester
   Bruce McMillan
   Laura Numeroff
   Leo Leonni
EMAIL ADDRESS RELEASE

I ______________________ give Mrs. Vicente permission to use my email address, listed below, to email me in a Pre-K Group email about Pre-K and school events, homework, monthly calendars, etc.

Please use this email address:

________________________________________

(Fill in the best email address to contact you)

CLASS LIST RELEASE

I ______________________________ give/ do not give Mrs. Vicente permission to use my name, address and telephone for the Pre-K class list.

Please let me know the telephone number you want me to use on the class list. ____________________________ (Specify if it's a cell phone or house number). If there is any information you do not want me to add to the class list, write it on this form.
Dear Pre-Kindergarten Parents,

Would you like to volunteer some free time in one of our Pre-Kindergarten classroom? Volunteering provides an opportunity to work with the children and staff. If you want to come in one day and read or do an activity with the children, please make sure to complete the Volunteer Form.

We are also looking for recess and lunch time volunteers. If you are interested, fill out the form below and return it to school with your child in the red communication folder (the folder I provided for you with your child’s name on it).

<table>
<thead>
<tr>
<th>PARENT/VOLUNTEER NAME</th>
</tr>
</thead>
<tbody>
<tr>
<td>TELEPHONE NUMBER</td>
</tr>
<tr>
<td>DAYS AVAILABLE</td>
</tr>
<tr>
<td>LUNCH TIME/RECESS</td>
</tr>
</tbody>
</table>
Getting To Know Your Child

Name ____________________________

Nickname __________________________

Name of sibling (if any) ____________________________

Favorite Foods/Snacks ____________________________

Least Favorite Foods ____________________________

Favorite Games ____________________________

Favorite Songs ____________________________

Favorite Books ____________________________

Favorite Movies ____________________________

Do you have a pet? Pet name ____________________________

Food Allergies ____________________________

Any other allergies ____________________________

Best number to reach you (mom) ____________________________

Best number to reach you (dad) ____________________________

An e-mail address ____________________________

A telephone number ____________________________

* Please include one small family photo and one small picture of your child.
SCHOOL
LUNCH
Menus

The menu for September 2017 will be e-mailed to by August 1, 2017. You can also access it by going to the school website at www.shshartsdale.org.

ALL MENUS ARE DUE AUGUST 18, 2017!

If you have not received the lunch menu by e-mail, please contact the school office at 914-946-7242 or email Mr. Rivera at crivera@shshartsdale.org.