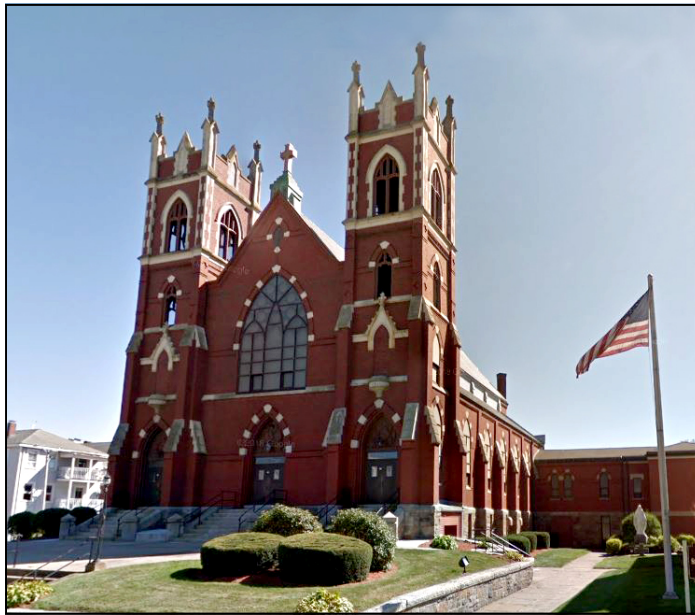




Rev. Eric K. Asante

SACRED HEART~ST. CATHERINE *of Sweden Parish*

5th Sunday in Ordinary Time

Mass Schedule Weekend

Saturday: 4:00 p.m.

Sunday: 10:00 a.m.

12 p.m. (African)

Weekday

Monday-Wednesday & Friday

9:00 a.m.

Holy Days

See Bulletin

Blessed Sacrament Adoration/First Friday

9:30 a.m. - 5:30 p.m.

Confession:

Call for an appointment or
Saturday 3:30-4:00 p.m.



February 8, 2026

Email:

SacredheartStCatherines@gmail.com

Website: shscparish.com

Rectory Phone: 508-752-1608

Fax: 508-757-2462

Rectory Office Hours:

Monday-Wednesday & Friday

9:30 a.m.-1:30 p.m.

The office is closed on Thursday.

Bingo: Every Friday,

6:30 p.m.-10 p.m. in Parish Hall

Parish/Bingo Hall: 508-752-9798

Food Pantry: Every Thursday,

9:30 a.m.-1:30 p.m.,

Office: 508-753-2555

Cell: 508-688-1774

596 Cambridge Street Worcester, MA 01610

MASS INTENTIONS

Saturday, February 7, 4 p.m.

Edward Prostak (+)

by wife, Theresa

Sunday, February 8, 10 a.m.

Heather Prescott (+)

by Family

Sunday, February 8, 12 p.m.

Parishioners of the Parish

Saturday, February 14, 4 p.m.

Edward Prostak (+)

by wife, Theresa

Saturday, February 21, 4 p.m.

Leo Eugene Choiniere (+)

by Jeanne Lavallee

Scheduling a Mass Intention

Offering a Mass for a loved one or for a special intention is a beautiful way to unite our prayers with Christ's sacrifice. In today's Gospel from Matthew 5:13–16, Jesus calls us to be the salt of the earth and the light of the world, reminding us to let our faith shine through lives of love and service.

A Mass intention allows us to place our hopes, sorrows, and petitions into the loving hands of the Lord. Whether remembering a loved one, celebrating a blessing, or lifting up those in need, offering a Mass invites God's grace and mercy into their lives.

Please contact the parish office to schedule a Mass intention and take part in this meaningful act of prayer. Consider offering a Mass and entrusting those you hold dear to Christ, who brings comfort, peace, and blessing.

Through the Eucharist, we place our prayers before the Lord, who hears all.

February 8 — A Day of Prayer and Celebration in the Church

International Day of Prayer and Awareness
Against Human Trafficking

We pray for victims and survivors of human trafficking and ask God to bring healing, freedom, and justice to all who suffer from this violation of human dignity. May we be attentive to the vulnerable and committed to promoting hope and compassion.

World Day for Consecrated Life

We give thanks for the gift of religious sisters, brothers, and consecrated men and women who dedicate their lives to prayer and service. Let us pray that they may be strengthened in joy, faithfulness, and hope as they witness to the Gospel.

World Day of Marriage

We honor the sacred vocation of marriage and pray for married couples, that God may deepen their love, strengthen their commitment, and bless their families with faith and peace.

Gospel Reflection – Matthew 5:13-16

Jesus calls us to be the salt of the earth and the light of the world. Even small acts of patience, kindness, and mercy can bring hope to those around us. Our witness may be quiet, but it points others to God's love. When we live intentionally in faith, our ordinary lives become a way for others to encounter Christ.

~ Prayer ~

Lord, help us to be salt and light in the world. May our words and actions reveal Your love, and may others see Christ through us. Amen.

February 14 – St. Valentine, Priest and Martyr

St. Valentine is remembered not for grand gestures, but for faithful love rooted in Christ. As a priest and martyr, he witnessed to a love willing to sacrifice, to remain steadfast, and to give without counting the cost. In a world that often reduces love to feeling or convenience, St. Valentine reminds us that true love is an act of the will—patient, faithful, and enduring.

Let us give thanks for the gift of love in all its forms: in marriage, friendship, family, and service. May St. Valentine's witness inspire us to love as Christ loves—freely, faithfully, and without fear.

St. Valentine, pray for us!

Ash Wednesday — February 18

Ash Wednesday marks the beginning of Lent, a holy season of prayer, fasting, and penance. Catholics are called to fast and abstain from meat to grow closer to Christ and reflect on His sacrifice.

Mass Times: 10:00 AM & 6:00 PM

Join us to receive ashes on your forehead, a visible sign of repentance and our need for God's grace. Enter Lent with a spirit of renewal, preparing your heart for the joy of Easter. Let this Lenten season be a time to grow closer to God through prayer, sacrifice, and service.

Worcester Catholic Men's Conference

Saturday, March 21 | DCU Center, Worcester

Join over a thousand men for a day of faith, inspiration, and brotherhood, featuring dynamic speakers, all-day Adoration and Confession, 60+ Catholic vendors.

Tickets: www.catholicmenworc.com |

Friday Night BINGO at the Parish

Join us every Friday in the Parish Hall for an evening of fun, fellowship, and excitement.

Doors open: 4:30 p.m.
Games begin: 6:30 p.m.

Admission: \$20 Packet

Includes all regular games, three 50/50 Specials, and two \$1,199 Progressive Jackpots.

Additional games & prizes:

\$500 Special • 50/50 Early Bird • Instant Win Pull-Tabs • Winner-Take-All Coverall

Kitchen open: Enjoy food and drinks with a rotating weekly menu.

Team 2 is on Friday, February 13:

Nardine Banfill, Mike Burgraff, Jimmy Conway, Candy Dansereau, Earl Fanion, Beverly Farrar, Cathleen Grant, Jeannie Lavalley, Laurie LaBelle, Chris Laythe, John Lajeunesse, Joan Lorusso, Francine Phillips, Irene Planchinas, Patricia Reardon, Patricia Walsh, Louise Weagle

Whether you come to play, or volunteer, your presence helps strengthen our parish community. Thank you to our dedicated volunteers and loyal patrons for making Friday Night BINGO such a success!

Our Response to God's Plan For Giving

1/17-1/18/26 \$2,816.50

1/24-1/25/26 \$1,413.75

You can sign up for online giving or use the app to never miss a stewardship giving. The app is called Connect Now Giving or visit our website to sign up for online giving. Any questions please call the Rectory @ 508-752-1608.