

The Mysteries of the Rosary



JOYFUL MYSTERIES

(Monday and Saturday)

Annunciation *Spiritual Fruit: humility*

Visitation *Spiritual Fruit: love of thy neighbor*

Nativity *Spiritual Fruit: Poverty of Spirit*

Presentation *Spiritual Fruit: Purity of Mind and Spirit*

Finding in the Temple *Spiritual Fruit: Obedience*



THE MYSTERIES OF LIGHT

(Thursday)

Baptism of Jesus in the Jordan *Spiritual Fruit: gratitude for the gift of faith*

Manifestation of Jesus at the Wedding of Cana; *Spiritual Fruit: Fidelity*

Proclamation of the Kingdom of God; *Spiritual Fruit: Desire for Holiness*

Transfiguration of Jesus; *Spiritual Fruit: Spiritual Courage*

Institution of the Eucharist: *Spiritual Fruit: Love of our Eucharistic Lord*



SORROWFUL MYSTERIES

(Tuesday and Friday)

Agony in the Garden: *Spiritual Fruit: God's will be done*

Scourging at the Pillar; *Spiritual Fruit: Mortification of the senses*

Crowning with Thorns; *Spiritual Fruit: Reign of Christ in our hearts*

Carrying of the Cross; *Spiritual Fruit: Patient bearing of trials*

Crucifixion *Spiritual Fruit: Pardoning of Injuries*



GLORIOUS MYSTERIES

(Wednesday and Sunday)

Resurrection; *Spiritual Fruit: Faith*

Ascension *Spiritual Fruit: Christian Hope*

Descent of the Holy Spirit; *Spiritual Fruit: The Gifts of the Holy Spirit*

Assumption; *Spiritual Fruit: To Jesus through Mary*

Coronation of the Blessed Virgin Mary

Spiritual Fruit: The Grace of Final Perseverance

How to say the Rosary

Make the **Sign of the Cross** and say the

1. Say the **Apostles Creed**
2. Say the **Our Father**
3. Say three **Hail Mary's**
4. Say the **Glory Be**
5. Announce the First Mystery; then say the **Our Father**.
6. Say ten Hail Mary's while meditating on the Mystery.
7. Say the **Glory Be** Followed by the **Fatima Prayer**
8. Announce the Second Mystery; then say the Repeat 6 and 7 and continue with Third, Fourth and Fifth Mysteries in the same manner
9. **After the Rosary:** Say the **Hail Holy Queen** followed by **Let Us Pray** and the **Prayer to St. Michael**.



Sign of the Cross: In the name of the Father and of the Son and of the Holy Spirit.

Apostles Creed: I believe in God the Father Almighty, Creator of heaven and earth. I believe in Jesus Christ His only Son who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilot, was crucified, died and was buried. He descended into hell; the third day He rose again from the dead. He ascended into Heaven and sits at the right hand of God the Father; from thence he shall come to judge the living and the dead.

I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

Our Father: Our Father, who art in heaven, hallowed be thy name, Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary: Hail Mary, full of grace, the Lord is with thee, blessed art thou among women, and blessed is the fruit of your womb Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be: Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer: O My Jesus, forgive us our sins, save us from the fires of hell and lead all souls to heaven, especially those who are most in need of thy mercy.

After the Rosary:

HAIL, HOLY QUEEN, Mother of Mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray. O GOD, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen

Prayer to St. Michael: St. Michael the Archangel, defend us in battle, be our defense against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and to thou O Prince of the Heavenly Host. By the power of God cast in to hell satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

As suggested by the Pope John Paul II the **Joyful** mysteries are said on Monday and Saturday, the **Luminous** on Thursday, the **Sorrowful** on Tuesday and Friday, and the **Glorious** on Wednesday and Sunday (with this exception: Sundays of Christmas season - The Joyful; Sundays of Lent - Sorrowful)

