



# **ACCESS MENTAL HEALTH AGENCY**

Where quality and accessibility  
come together in the delivery  
of mental health services

**Transforming Lives and  
Impacting Communities**



[www.accessmha.com](http://www.accessmha.com)  
[www.seasidehc.com](http://www.seasidehc.com)



## ABOUT ACCESS MHA

For those experiencing mental health concerns in their lives or the lives of their family members, Access MHA has been a source of hope and encouragement for over a decade. Our team of professionals understands the impact of mental health issues and has the skill, knowledge, experience and genuine caring spirit to provide the help that is needed. We invite you to contact us with any questions or concerns.

Access Mental Health Agency (AMHA) was established in Savannah, Georgia in 2008 with the vision of providing high-value, community-based services to underserved individuals. In 2010, AMHA expanded to a second service location in Atlanta. Over the next six years, AMHA enjoyed tremendous growth, serving nearly 800 individuals in 2016 with a clinical staff of more than 30 behavioral health providers.

In August 2017 AMHA joined the Seaside Healthcare family of behavioral healthcare facilities in their shared mission of improving the lives of individuals and their communities by providing effective, cost-considerate behavioral health services delivered with unmatched dignity and respect.



## **ACCESS MENTAL HEALTH AGENCY**

### **INSURANCE AND OTHER PAYMENT METHODS**

AMHA accepts Medicaid, Amerigroup, Wellcare, PeachState and CareSource.

### **OUR TEAM OF MENTAL HEALTH PROFESSIONALS**

Our team of healthcare professionals brings their many years of education, training and experience to the service of those for whom we care. Included are Psychiatrists, nurses, therapists and support staff. Together we work to provide a very individualized and effective treatment program to help maximize the quality of life for those for whom we care.



## OUR TREATMENT APPROACH

AMHA understands that the decision to seek professional intervention for behavioral health and addictive disease challenges is not an easy one. It is our belief that by creating a warm, compassionate environment and by offering a broad array of professional supports primarily in the community rather than exclusively in clinical settings, we succeed in making treatment engagement not only easier but ultimately more effective at helping people reach their goals.

The AMHA service philosophy is both person-centered and holistic. We believe in the potential of the individual to grow, to overcome challenges, and develop wellness. We promote the physical, emotional, and social well-being of persons in our care. We are committed to providing evidence-based strategies to support the wellness recovery of individuals we serve, foster their personal growth, and realize their potential for successful living.





## BEHAVIORAL HEALTH SERVICES

***Behavioral Health Assessment:*** Person-centered assessments designed to determine the client's problems, strengths, needs, abilities, support system, functional level and the degree to which client has been integrated into the community.

***Community Support:*** Rehabilitative, environmental support and resources coordination considered essential to assist a client and family in gaining access to necessary services and in creating environments that promote resiliency, emotional and functional growth and development of the youth.

***Crisis Intervention Services:*** Services directed toward the support of a client who is experiencing an abrupt and substantial change in behavior which is causing a marked increase in personal distress.

***Diagnostic Assessments:*** Telemedical psychiatric examination that includes a history; mental status exam; evaluation and assessment of physiological phenomena; screening and/or assessment of any withdrawal symptoms for clients with substance related diagnoses.



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***Counseling & Training (Individual/Family/Group):*** Licensed Therapists (Provisionally Licensed, and Master's Level Clinicians) provide therapeutic intervention services directed toward achievement of specific goals including promoting resiliency, maintenance of cognitive skills, healthy coping mechanisms, adaptive behaviors and skills, identification and resolution of personal, social, intrapersonal and interpersonal concerns.

***Nursing Assessment and Health Service:*** Face-to-face contact with client designed to monitor, evaluate, assess, and/or carry out a physician's orders regarding the psychological and/or physical problems and general wellness.

***Psychiatric Treatment:*** Specialized medical and/or psychiatric services including evaluation and assessment of physiological phenomena and the assessment and monitoring of an individual's status in relation to treatment with medication.

***Medication Administration:*** Medical personnel may provide medication to clients via intramuscular injection upon physician orders. We don't administer meds or provide meds in any other form other than injections.



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***Pharmacy and Lab:*** Pharmacy and Lab Services include ordering of prescription medications.

***Psychosocial Rehabilitative Support (Adults Only):*** Services that help adults develop skills to self manage symptoms and improve their functioning in their home, work, and social environments.

***Case Management (Adults Only):*** Services that provide care coordination to help individuals gain access to community resources and services that promote their recovery. The agency provides skills building, community linkage, resource development, and housing assistance to adults to enhance the quality of life experiences in the community.



**ACCESS**  
MENTAL HEALTH AGENCY

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***678-335-9010***

## OUR MISSION

To transform lives and positively impact underserved communities through the effective delivery of behavioral health and addictive disease services.

## OUR VISION

To offer quality, person-centered healthcare that are accessible to everyone.

## OUR VALUES

Compassion | Quality | Integrity  
Empowerment | Collaboration  
Accountability | Stewardship



## ACCESS MENTAL HEALTH AGENCY

1903 Phoenix Blvd • Suite 200  
Atlanta, GA 30349  
Ph 678-335-9010 • Fax 678-229-9906

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