
KENT LAMBTON ROMAN CATHOLIC FAMILY OF PARISHES



Thrive

KLRCFP YOUTH MINISTRY

January
season of Christmas

Christmas Masses

Christmas Eve Masses

5pm - Sacred Heart

5pm - Holy Family

5pm - Our Lady Help of Christians*

7:30 - St. Michael

7:30 - Our Lady Help of Christians

9:30 - Holy Family

10:00 - Our Lady Help of Christians

***Christmas Eve Mass will be livestreamed**

Christmas Day Masses

8:30am - Holy Family

8:45am - Sacred Heart

10:30am - Our Lady Help of Christians

11:15am - St. Michael

12:30pm - Our Lady Help of Christians

Christmas Music

Take a break from some of the upbeat Christmas music and reflect to some quieter Christmas music.

Great for a quiet family night inside!

Search for the "Thrive Christmas!" playlist on [Spotify](#) or on [YouTube](#)!

Thrive Family Kits

Our aim is to bring families a couple activities each month that will help build up our faith in the home and encourage families to grow together. In other words, to THRIVE!

M E R R Y C H R I S T M A S !

I don't think any of us thought we would still be in pandemic-mode at Christmastime. I remember reading a friend's facebook post in March (they'd been in lockdown since January) saying that their restrictions were starting to lighten. In my mind, that gave us three or four months of this coronavirus problem then back to life as scheduled.

Well, here we are. Life has changed quite a bit, but still there is a rhythm to life. Kids still need to be fed, loved and reminded to be nice to each other (is that just my kids??). And there's always laundry to do! This Christmas I hope your family is able to enjoy each other more deeply in those day-to-day moments.

As we head into a period of lockdown please reach-out to me if you need ANYTHING. Puzzles? Toilet paper? Groceries? A listening ear? Books? Coffee? We're Christians - this is what we do, we take care of each other!

Sincerely,

Jacqueline Rowe

Youth Ministry Assistant

Kent Lambton Roman Catholic Family of Parishes

The Season of Christmas

We've all heard the song the twelve days of Christmas - did you know the 12 days are a traditional Church season from December 25th (Christmas) to January 6th (the traditional feast of Epiphany). So leave your tree up and celebrate!

THE 12 DAYS OF CHRISTMAS

1 PARTRIDGE	JESUS CHRIST
2 TURTLE DOVES	OLD & NEW TESTAMENTS
3 FRENCH HENS	FAITH, HOPE, & CHARITY
4 CALLING BIRDS	4 GOSPELS
5 GOLDEN RINGS	THE PENTATEUCH*
6 GEESE A LAYING	6 DAYS OF CREATION
7 SWANS A-SWIMMING	7 GIFTS OF THE HOLY SPIRIT
8 MAIDS A-MILKING	8 BEATITUDES
9 LADIES DANCING	9 FRUITS OF THE HOLY SPIRIT
10 LORDS A-LEAPING	10 COMMANDMENTS
11 PIPERS PIPING	11 FAITHFUL APOSTLES
12 DRUMMERS DRUMMING	12 DOCTRINES IN THE CREED

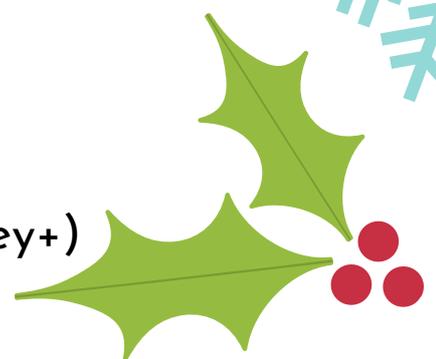
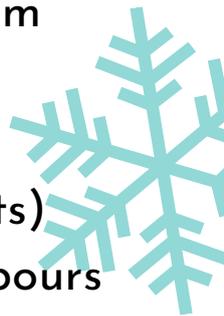
*PENTATEUCH IS THE TERM FOR THE FIRST 5 BOOKS OF THE OLD TESTAMENT.

The song, "The 12 Days of Christmas" was used by Catholics in England when Catholicism was outlawed (1559-1791) to learn about different parts of our faith.

Challenge your family to see if they can remember all of these!

Pick one festive activity to do each day of Christmas!

- Make gingerbread houses
- Go tobogganing
- Take a walk together
- Theme nights - board games, lip sync battle, movie night
- Play Christmas music all day
- Go to weekday Mass (or watch online)
- Make Christmas gifts for wildlife (bird feeders, popcorn string...)
- Keep your stockings up, leave notes for each other in them
- make microwave fudge
- "No Screens" day
- Make a Christmas craft (google Catholic Christmas crafts)
- Make A LOT of Christmas desserts and deliver to neighbours
- Puzzle day
- Say a family rosary
- Build a huge fort in the living room
- eat by candlelight
- Let a different person pick dinner each night
- Go star gazing at night
- decorate the house with paper snowflakes, everywhere!
- hot chocolate buffet
- google "minute to win it games" and have a game night
- have a picnic in the living room
- pull out all the old family photo albums
- Family read-aloud (picture books or short stories!)
 - The Clown of God from YouTube (grab your kleenexes)
 - The Gift of the Magi from the library
 - A Christmas Carol from the library
- Family movie night!
 - The Star (Netflix)
 - The Lion, the Witch, the Wardrobe (Disney+)
 - Miracle on 34th Street (Disney+)
 - The Fourth Wiseman (Formed.org)



Epiphany

January 3rd

The feast of Epiphany celebrates the three kings arriving to visit baby Jesus. The kings had followed the star to this tiny little child - there they recognized Jesus as the Messiah! As God! They also brought gifts fit for a king - gold a precious metal, frankincense a perfume or incense, and myrrh an anointing oil. What gifts can we offer to Jesus?

All through Advent we waited in darkness, slowly, lighting one candle at a time. Now at Epiphany the Star of Bethlehem is shining like a beacon for the whole world to see - here is Christ the Lord!



Sit down for a family read-aloud

The Story of the Three Wise Kings by Tomie dePaola

<https://youtu.be/U7KOE9PFcdk>

Epiphany King Cake

King Cakes are a tradition found all over the world. Carnival time in New Orleans is renowned for their King Cakes!

They are a sweet, circular cake, coated in frosting and sprinkles. Each king cake also contains a bean, plastic baby or other trinket. Tradition holds that whoever gets the bean gets to be king for the day!



Supplies Needed:

- ingredients for your favourite cake recipe or canned cinnamon rolls
- bundt or round baking pan
- frosting, and coloured sprinkles (traditionally purple, green, gold)
- a baby figurine, peg doll, or a large bean or nut
- a crown (have your kids create it!)

- Bake your preferred type of cake
- Stick the bean into the bottom of the cake (after it is baked!)
- Flip it onto a plate and decorate it to look like a crown
- When ready, divide it into 1 piece per person
- The person who finds the bean/baby is crowned
- Everyone must refer to the King/Queen as "Your Majesty" and do what they would like for the rest of the day!

Kendra Tierney from *Catholic All Year* explains her family's King Cake tradition.

<https://youtu.be/KvicY8Abqz8>

Epiphany House Blessing

A tradition shared by the Childs family.

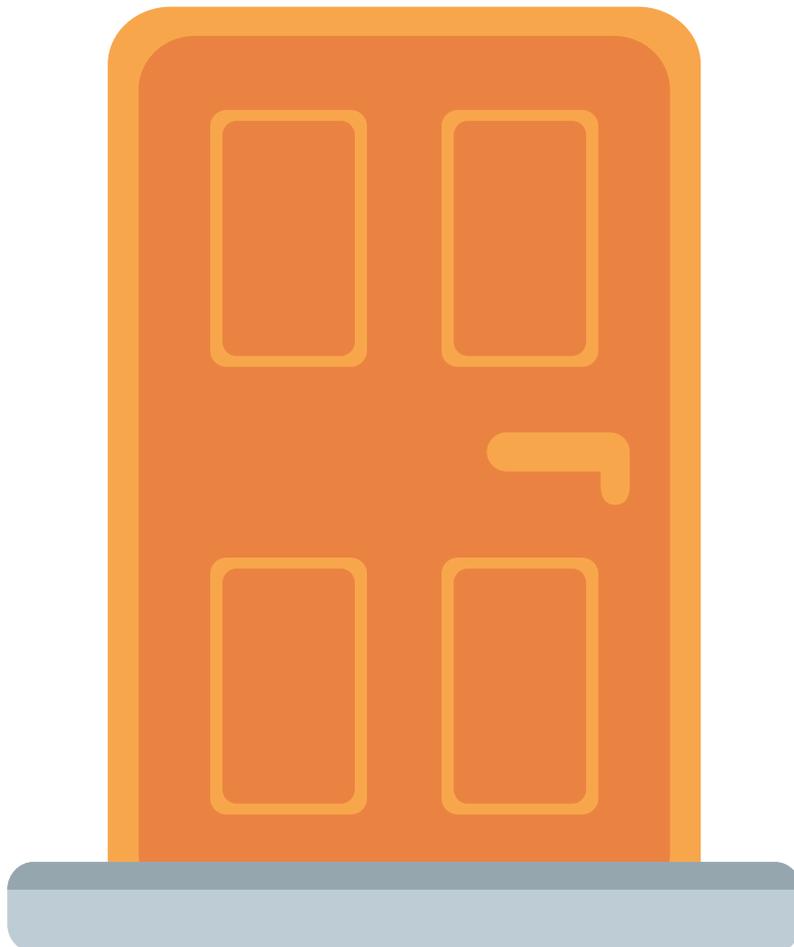
Supplies provided in kit: blessed chalk, Holy Water, blessing

It is tradition to bless chalk at the Masses for Epiphany and then use the chalk to bless homes for the new year. Maybe you've seen it at friends or family's homes. It looks like an equation!

What does it mean??

The legendary names of the three wise men are Casper, Melchior, and Balthasar. It also is a sign of the phrase "*Christus Mansionem Benedicat*" which is Latin for "*Christ bless this dwelling.*" And the two numbers represent the current year!

20 + C + M + B + 21



The markings over the doors should be left all year round as a sign that yours is a Christian home.

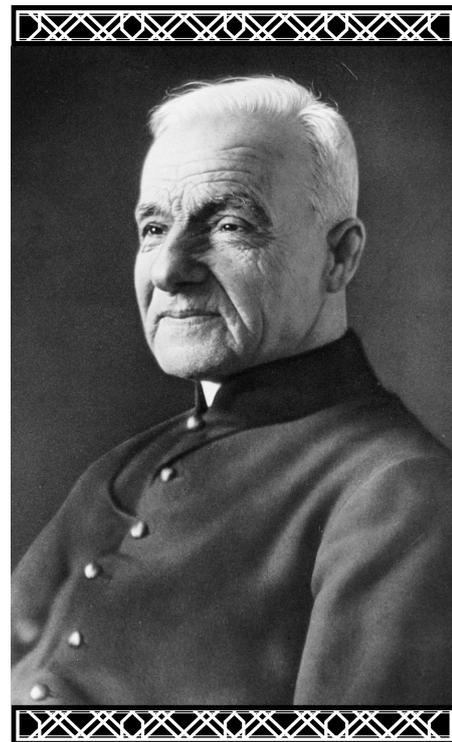
Feast of St. Andre Bessette

January 7th

A Canadian saint! Born in 1845 near Montreal, Quebec Brother Andre was a humble man. He was a simple doorkeeper for a boy's college.

He had a deep devotion to Christ and to St. Joseph. People would visit the college looking for assistance. Brother Andre would pray with them and ask for the intercession (prayers) of St. Joseph. Miracles and healings began to occur!

Brother Andre and his community built a chapel dedicated to St. Joseph. Here he would pray with all those who came looking for help!



Watch *God's Doorkeeper: St. Andre of Montreal* on Formed.org
<https://watch.formed.org/god-s-doorkeeper-st-andre-of-montreal>

Brothe Andre's French Dip Sandwiches

-Roast Beef

-Baguettes

-Juices from roast beef
or beef broth

-1 onion, sliced

-1 Tbs flour

-1 tsp steak spice

-swiss cheese

- Roast Beef - cook it ahead of time, or
- buy it pre-cooked from the deli.
- Au Jus - cook down the onion, add
- flour, cook 1 min, then whisk in beef
- broth. Simmer. Season with steak spice.
- Assemble - Thinly slice your roast beef.
- Place on baguette, add a layer of
- cheese.
- Bake at 400 for 3-5 minutes.
- Serve with a side of the "Au Jus" and
- maybe poutine!

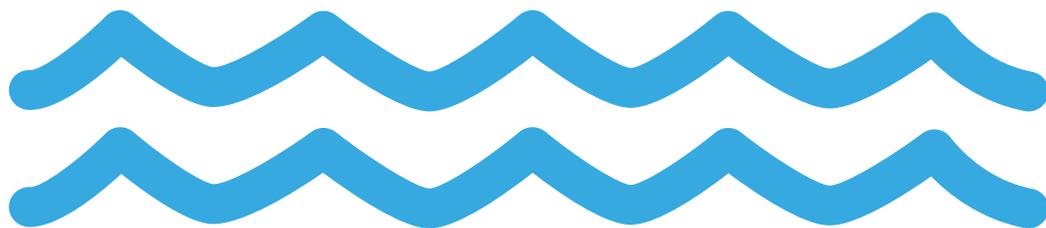
Baptism of the Lord

January 10th

Mark 1:9-11 The story: Jesus was baptized by John the Baptist, when He came up, out of the water, the Holy Spirit anoints Jesus and God, the Father claims Him as His Son for all to hear.

We celebrate today because it is the beginning of Jesus' ministry! From now on He goes out making miracles happen, healing the broken and teaching everyone who will listen.

It is also a reminder of our own baptisms - Jesus didn't *need* to be baptized - He is God! But He humbles Himself to be baptized just like us! He leads by example! His baptism reminds us that we are also blessed and beloved simply because we are created by God and called by name.



Baptism Flashback

Gather photos and mementos of your children's baptisms (and yours if you have them!).

Light their baptism candle or another candle.

Talk about the day!

- When each child was baptized
- How they reacted to the splash of holy water!
- Why you chose their Godparents
- Who else celebrated with you

Pray the blessing included in your kit, blessing your children with the holy water. Repeat on their baptism anniversary!



Conversion of St. Paul

January 25th

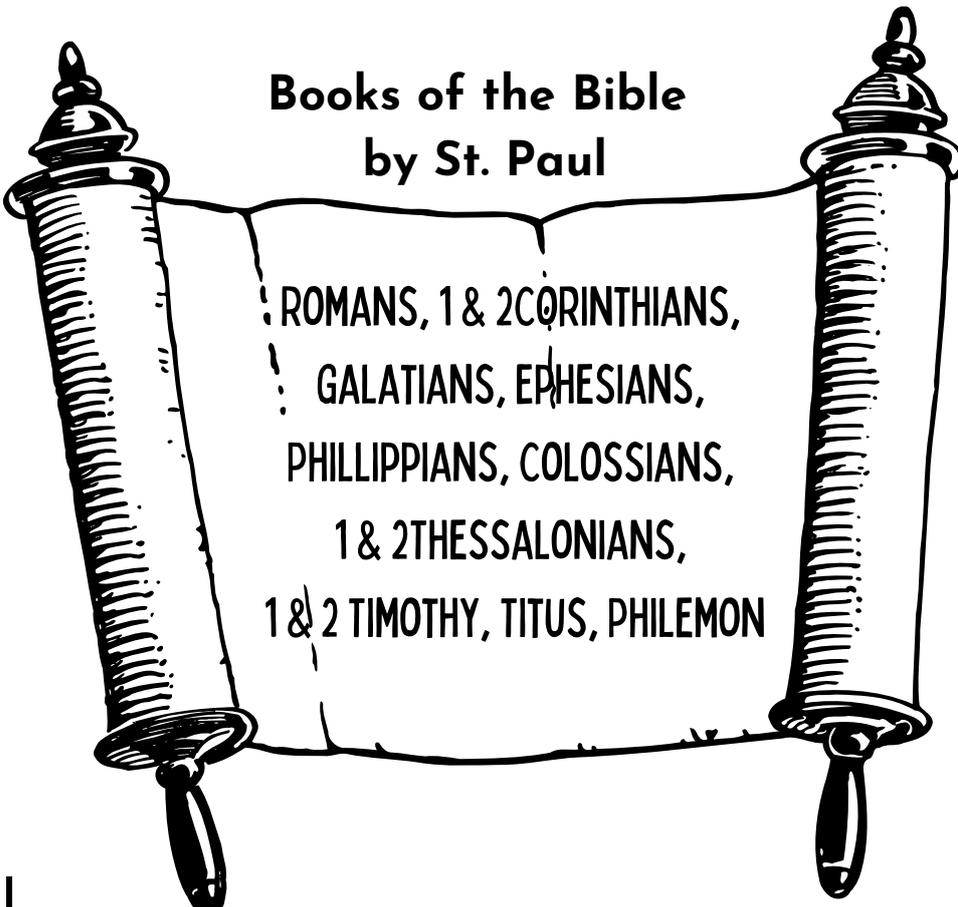
St. Paul was not a huge fan of these followers of Jesus. He was a Pharisee who persecuted the early Christians. He was on his way to arrest some of the first Christians when he saw a vision of Jesus, he fell to the ground and Jesus asked, "Saul, Saul, why do you persecute me?" He was blind for three days after. A man named Ananias was sent by God to heal him. Once cured of blindness he immediately converted to Christianity.

The rest is history! St. Paul went on to evangelize (tell everyone about Jesus) all over. We have his letters to the early Church communities (below) encouraging them, building them up and offering prayers of support.

St. Paul's conversion story teaches us that no matter how big our sins are He is still there waiting for us.

To celebrate the conversion of St. Paul grab some hummus or falafel! And in your kit you'll find some "Fruit Roll Up" Scrolls to snack on.

Books of the Bible by St. Paul



ROMANS, 1 & 2 CORINTHIANS,
GALATIANS, EPHESIANS,
PHILIPPIANS, COLOSSIANS,
1 & 2 THESSALONIANS,
1 & 2 TIMOTHY, TITUS, PHILEMON

The story of St. Paul

<https://youtu.be/oi95cv0tk9Q>



Angela was orphaned at a young age. She had a rich prayer life and a deep relationship with Christ.

She was displeased at the education of the poor in her town; she opened a school for girls to learn Christianity.

She brought together a group of women who would work out of their homes to educate young girls - which became the Ursuline Sisters!

FOUNDER OF THE URSULINE SISTERS



**JAN
27TH**

**BRESCIA,
ITALY
1474-1540**



Ursuline Sisters
OF CHATHAM

Patron Of:
sickness,
courage,
orphans