

The Most Sacred Heart of Jesus

FIRST READING

Deuteronomy 7:6-11

A reading from the Book of Deuteronomy

Moses said to the people:

"You are a people sacred to the LORD, your God;
he has chosen you from all the nations on the face of the earth
to be a people peculiarly his own.

It was not because you are the largest of all nations
that the LORD set his heart on you and chose you,
for you are really the smallest of all nations.

It was because the LORD loved you
and because of his fidelity to the oath he had sworn your fathers,
that he brought you out with his strong hand
from the place of slavery,

and ransomed you from the hand of Pharaoh, king of Egypt.

Understand, then, that the LORD, your God, is God indeed,
the faithful God who keeps his merciful covenant
down to the thousandth generation

toward those who love him and keep his commandments,
but who repays with destruction a person who hates him;
he does not dally with such a one,
but makes them personally pay for it.

You shall therefore carefully observe the commandments,
the statutes and the decrees that I enjoin on you today."

The word of the Lord.

RESPONSORIAL PSALM

103:1-2, 3-4, 6-7, 8, 10 (R. cf 17)

R. The Lord's kindness is everlasting to those who fear him.

Bless the LORD, O my soul;
all my being, bless his holy name.

Bless the LORD, O my soul;
and forget not all his benefits. **R.**

The Most Sacred Heart of Jesus

He pardons all your iniquities,
heals all your ills.
He redeems your life from destruction,
crowns you with kindness and compassion. **R.**

Merciful and gracious is the LORD,
slow to anger and abounding in kindness.
Not according to our sins does he deal with us,
nor does he requite us according to our crimes. **R.**

SECOND READING

1 John 4:7-16

A reading from the First Letter of Saint John

Beloved, let us love one another, because love is of God;
everyone who loves is begotten by God and knows God.
Whoever is without love does not know God, for God is love.
In this way the love of God was revealed to us:
God sent his only Son into the world
so that we might have life through him.
In this is love:
not that we have loved God, but that he loved us
and sent his Son as expiation for our sins.
Beloved, if God so loved us, we also must love one another.
No one has ever seen God. Yet, if we love one another, God remains in
us, and his love is brought to perfection in us.

This is how we know that we remain in him and he in us,
that he has given us of his Spirit. Moreover, we have seen and testify
that the Father sent his Son as saviour of the world.
Whoever acknowledges that Jesus is the Son of God,
God remains in him and he in God.
We have come to know and to believe in the love God has for us.
God is love, and whoever remains in love
remains in God and God in him.

The word of the Lord.

The Most Sacred Heart of Jesus

ALLELUIA

Matthew 11:29ab

℣. Alleluia. ℟. Alleluia.

℣. Take my yoke upon you, says the Lord;
and learn from me, for I am meek and humble of heart.

℟. Alleluia. ℟. Alleluia.

GOSPEL

Matthew 11:25-30

✠. A reading from the holy Gospel according to Luke

At that time Jesus exclaimed:

"I give praise to you, Father, Lord of heaven and earth,
for although you have hidden these things
from the wise and the learned
you have revealed them to little ones.

Yes, Father, such has been your gracious will.

All things have been handed over to me by my Father.

No one knows the Son except the Father,
and no one knows the Father except the Son
and anyone to whom the Son wishes to reveal him.

"Come to me, all you who labour and are burdened,
and I will give you rest.

Take my yoke upon you and learn from me,
for I am meek and humble of heart;
and you will find rest for yourselves.

For my yoke is easy, and my burden light."

The Gospel of the Lord.