



SHRINE OF THE MOST BLESSED SACRAMENT

FOUNDED
1911

3630 Quesada Street, NW
Washington, D.C. 20015
202.966.6575 • Phone
202.966.9255 • Fax
www.blessedsacramentdc.org

Blessed Sacrament School
5841 Chevy Chase Parkway, NW
Washington, D.C. 20015
202.966.6682
www.bsstoday.org

MASS TIMES

Saturday Vigil, August 4
5:30 p.m. ~ Father O

Saturday, August 11
~ Father D'Silva

Sunday, August 5
7:30 a.m. ~ Father Regis
9:00 a.m.* ~ Father Alec
10:30 a.m.** (Church) ~ Father D'Silva
12:30 p.m. ~ Father Alec
5:30 p.m. ~ Father D'Silva

Sunday, August 12
~ Father Alec
~ Father D'Silva
~ Father Regis
~ Father Alec
~ Father O

*American Sign Language interpreted Mass

**The 10:30 Gym Mass is not scheduled during the summer months.

Weekday & Saturday Masses

Monday - Friday: 6:30 a.m., 8 a.m., 11 a.m., 5:30 p.m.
Saturday: 8 a.m., 11 a.m.

Filipino Mass in Tagalog every 4th Sunday at 3:30 p.m.

Holy Day Masses

Eve of the Feast: 5:30 p.m.
Day of the Feast: 6:30 a.m., 8 a.m., 11 a.m., 5:30 p.m.

Adoration Of The Blessed Sacrament*

Exposition: Monday-Friday, 3-5:15 p.m., in the church
Thursday before first Friday of each month, 6-8 p.m.,
with Holy Hour from 7-8 p.m.

*No adoration or 5:30 p.m. Mass on federal holidays

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Parish Mission Statement

The Shrine of the Most Blessed Sacrament is a welcoming Catholic community whose people encounter Christ in the Eucharist and serve Him in our neighbor.

THIS WEEK

Outreach Collection: The monthly collection for our Soup Kitchen Ministry will be taken up this weekend. Your food and monetary donations will support the meal the ministry prepares and serves at a local soup kitchen on Monday mornings, as well as other parish efforts to feed the hungry.

DDOT is resurfacing Quesada St, NW, between 33rd St and Western Avenue on or about Monday, July 30, 2018. "No Parking" signs will be posted 72 hours prior to the commencement of construction. All work will be conducted from 7am to 7pm, Monday through Saturday.

HEALING MASSES

Fr. Foley's Healing Mass will be held at 7pm in the church on the following dates:

September 7, October 4, November 1, and December 7.

EIGHTEENTH SUNDAY OF ORDINARY TIME

PASTORAL STAFF

Rev. William Foley, Pastor • wfoley@blessedsacramentdc.org
Rev. Alec Scott, Parochial Vicar • ascott@blessedsacramentdc.org
Rev. Msgr. Maurice V. O'Connell, Senior Priest • moconnell@blessedsacramentdc.org
Rev. Percival L. D'Silva • pdsilva@blessedsacramentdc.org
Deacon Kenneth Angell • kenneth.angell@opic.gov
Deacon Leo Flynn • leo@theflynnnteam.com
Deacon Donald Mays • dmays@blessedsacramentdc.org

Assistants on Weekends

Rev. Regis Armstrong, OFM Cap, Catholic University

DUFFY PARISH CENTER

Main Office 202.966.6575 (Monday - Friday, 8:30 a.m. - 4:30 p.m.)
In an Emergency 202.966.6575, Ext. 3988 (to page priest on duty)
Facilities 202.449.4610
Ray Manning Adult Center 202.363.4512

Mr. John Navolio, Business Manager
202.449.3984, jnavolio@blessedsacramentdc.org
Mr. Jay Rader, Director of Liturgy and Music
202.449.3981, jayrader@blessedsacramentdc.org
Ms. Jane Baily, Director of Faith Formation for Children
202.449.3989, jbaily@blessedsacramentdc.org
Ms. Rosalie Days, Sacramental Preparation Coordinator
202.449.4618, rdays@blessedsacramentdc.org
Ms. Marilyn Campbell, Director of Youth Ministry and CYO
202.449.3985, mcampbell@blessedsacramentdc.org
Mrs. Patricia Kavanaugh, Social Concerns Minister
202.449.3987, pkavanaugh@blessedsacramentdc.org
(Office open Monday - Friday, 10 a.m. - 1 p.m., and by appointment)
Ms. Emma Voelzke, Special Needs Coordinator
202.449.3990, evaelzke@blessedsacramentdc.org

BLESSED SACRAMENT SCHOOL

Mr. Chris Kelly, Principal
202.966.6682, ckelly@blessedsacramentdc.org
Ms. Nancy Ryan, Director of Admissions
202.966.6682, Ext. 6110, nryan@blessedsacramentdc.org

SACRAMENTS

Baptism • Baptismal classes are required of all parents prior to baptism. We recommend taking classes before the child is born. Group baptisms are offered every 2nd Saturday at noon in the chapel and 4th Sunday at 2 p.m. in the main church. For more info visit: www.blessedsacramentdc.org/sacraments-rites

Matrimony • All couples who are to be married at Blessed Sacrament must contact one of our priests. Please contact one of the parish priests at least six months in advance of your marriage date.

Reconciliation • Saturday, 4 - 5 p.m. or anytime by appointment.

Altar Server Program: altarservers@blessedsacramentdc.org

Eucharistic Minister Volunteers: worshipministry@blessedsacramentdc.org

PARISH SERVICES & INFORMATION

Care Of The Sick & Homebound • If you or someone you know is hospitalized or homebound and would like a priest to visit, contact the parish office at 202.966.6575.

New Parishioners • Welcome! To register as new parishioners, visit www.blessedsacramentdc.org/new-parishioners. Hard copies of the registration form are available at the parish office or contact Rick Perry: 202.449.3982.

Website Postings • website@blessedsacramentdc.org

Church Bulletin Boards • The parish secretary maintains the church bulletin boards. Please drop off any flyers for posting to Joan Ward in the parish office, Duffy parish center.

Inclement Weather Policy • The parish center/office follows Montgomery County Schools for delays and closings. All evening activities are cancelled those days the schools are closed.

PASTOR'S COLUMN

Dear Parish Family:

How did you prepare for Holy Mass today? Perhaps you spent time pondering the Scriptures during the week or discussing them with one another? Did you fast? As you know, we are required to fast one hour prior to the reception of Holy Communion. It is so easy that we might not even be aware that we are intentionally fasting! In 1959, we were told to fast three hours. A few years earlier, the Church asked communicants to abstain from food and drink from midnight of the prior night. Fasting can take many forms. How many of us are addicted to our electronic devices? What would we do without them? Do I prepare for the Eucharistic banquet in the same way in which I would prepare to go to a dinner at an expensive restaurant? What about my attitude? The Israelites *grumbled* in the desert because they were starving. To some extent, it is good to have grumbling stomachs prior to coming to Eucharist. When we abstain from social media, the lack of external stimulation might lead the soul more directly to a stillness that makes one more alert and attentive to the divine. When you arrive at Church, I suggest that to maintain that *stillness*, you refrain from reading the bulletin or anything else. Arrive early; sit quietly; listen! When we come together, we are not simply a collection of individuals; we form a *congregation*.

"Congregation is formed only when those individuals are present not only corporally but also spiritually, when they have contacted one another in prayer and stepped into the spiritual 'space' around them, and strictly speaking, when they have first widened and heightened that space by prayer."
(Romano Guardini, *Meditations Before Mass*, pg. 5)

Yours in Christ,
Father Bill Foley

PLEASE INCLUDE OUR SICK IN YOUR PRAYERS THAT THEY MAY EXPERIENCE HEALING AND COMFORT

Ana Maria Arce	Natalia Dombo	Patrick Adams Murphy
William J. Bray, Jr.	Patricia Friend	Fredy H. Ortega
Armand Brignola	Bart Hayft	Daniel Ortman
Evelyn Childs	Alexa Hughes	Maria Stechschlte
James Curran	Elizabeth Kennedy	Nelly Turner
Joan Devine	Marian Middendorf	

RECENT BAPTISMS

Benjamin David Craved
Sunny Maureen Holian
Loring Daingerfield Rogers
Daniela Emma Ward
Mateo Mirza Espindola-Wessal



SOCIAL CONCERNS/OUTREACH

St. Thomas More School Supply Drive: September 8 & 9th

The Social Concerns St. Thomas More School Supply Drive is scheduled for Saturday 5:30pm and all the Masses on Sunday the weekend of September 8th and 9th. The next time you see an ad for school supplies on sale, please consider purchasing school items for a child in need at St. Thomas More, The Shrine of the Most Blessed Sacrament's "Sister School/Parish" in Southeast DC. The children need Construction Paper, Scissors, Glue Sticks, Binders, Notebooks, Pens, Pencils, Crayons, Colored Markers and Highlighters. Volunteers will be outside of church entrances to collect donations.

If you are a student in need of "Service Hours", please contact Pat Kavanaugh in the Social Concerns Office to volunteer to collect supplies at one or more of the Masses, pkavanaugh@blessedsacramentdc.org or 202.449.3987.

Food Donations Needed for Social Concerns

The Social Concerns Office Food Pantry needs food donations especially during the summer months when there is no Gym Mass. Items in most demand are as follows: tuna fish in water, Beefaroni, meat and chicken soups, peanut butter and jelly and cereal. Donations may be placed in containers located in the main Church entrance, Quesada Street entrance or brought up to the altar during Communion. Thank you for your support of our less fortunate brothers and sisters. Please call Pat Kavanaugh in the Social Concerns Office with any questions, 202.449.3987. Thank you.

Eucharistic Ministers/Parish Volunteers

The Social Concerns Office is inviting Parishioners to serve as Eucharistic Ministers and Parish volunteers to assist in providing support services to fellow Parishioners in our Parish Community. Generally requests would include: transportation to church and appointments, and home bound Eucharistic Minister Services. Also to expand inclusiveness in our Parish, if you or you know of a Parishioner (s) who would like to receive a visit from a Priest or any of the services above, please contact Pat Kavanaugh in the Social Concerns Office, 202.449.3987, pkavanaugh@blessedsacramentdc.org. If you are providing a particular service to a Parishioner please let us know so we may offer prayers and support to you and the Parishioner. Thank you for your efforts to expand inclusiveness in our Blessed Sacrament Parish Community.

Blessed Sacrament Social Concerns Office Outreach

Parishioners and Parish friends. The Social Concerns Office is opened 10 am-1 pm daily Monday through Friday and by appointment to provide Direct Service and Outreach to needy individuals and families in our community. Also, the Office works directly with Catholic Charities which is officially designated as the Social Service Representative of the Archdiocese on Washington. A Parish Partners Program was specifically created as a resource for Archdiocesan Parishes. Please refer all individuals seeking assistance to Pat Kavanaugh, 202.449.3987, pkavanaugh@blessedsacramentdc.org. The Parish and Catholic Charities have many assistance programs some of which are now conveniently listed on tables located in the main entrance to our Church. Please refer individuals requesting personal or financial assistance to Pat Kavanaugh or the resource list in the main Church entrance. Please call Pat Kavanaugh in the Social Concerns Office for more information. Thank you.

Dear Parishioners:

During this past month, all of us were shocked and saddened by the revelations of accusations of sexual abuse against our former archbishop, Cardinal McCarrick. The whole event has served to stir up painful memories and anger in many. We continue to urge those who have experienced any form of abuse to report it so that a healing process might begin. You may call the Archdiocesan Office for Child and Youth protection at 301.853.5328 for assistance. When we or our loved-ones have been hurt, we sometimes are so filled with rage that we seek revenge. Some have suggested withholding all financial contributions to their parish so as to send a message to the bishops. Let me assure you that this action serves only to limit what the parish does to serve you; it will not in any significant way affect the Archdiocese. I will begin the monthly "healing Masses" on September 7. My special intention for that Mass will be for those who have been abused and their families. I invite you to join me at that Mass at 7pm on that First Friday of September. Whether we have been victims or not, all of us have been adversely affected by this evil and need to pray for healing.

Sincerely yours in Christ,
Father Bill Foley

**SOR Catechist Volunteers Needed**

The School of Religion Program (SOR) is a weekly program of Faith Formation for children ages 3-8th grade to learn about their Catholic Faith and share community here at Blessed Sacrament!

There are 2 scheduled sessions: **SUNDAYS 9:00-10:15am (NOTE TIME CHANGE)** and **Tuesday afternoons from 4:30-5:45pm**. All sessions are held at the school building. We are also in need of Catechists and Aides both adults and teens.

The following grades have needs for Catechists: SUNDAY Grades 1,2 and 4 through 6th. TUESDAYS 2nd Grade. ALL potential volunteers must complete VIRTUS (child protection training) and have an interview with Jane Baily, the Director of Faith Formation for Children. For more information contact Jane Baily: jbaily@blessedsacramentdc.org or 202.449.3989.



EIGHTEENTH SUNDAY OF ORDINARY TIME



Catechism of the Good Shepherd at Blessed Sacrament – 3 to 6 years old

The office of SOR under the new leadership of Jane Baily is seeking one extra catechist and one aide to teach this rewarding program to the youngest ones in the 2018-2019 season. Please contact Jane Baily at jbaily@blessedsacramentdc.org or 202.449.3989 to offer your help.



New This Fall: Blessed Sacrament CYO Soccer for students in 2nd and 3rd grade!

Register for soccer (2nd-8th grade) and cross country (kindergarten-8th grade) at: <http://www.blessedsacramentdc.org/youth/cyo-athletics/>

CYO registration is online only and the deadline is **August 15**.

We are looking for cross country coaches and parent volunteers as well as coaches for the 2nd, 3rd and 4th grade soccer teams. If you are interested, please contact Marilyn Campbell at mcampbell@blessedsacramentdc.org

Poor Box Donations

Poor Box donations in **August** will benefit A Wider Circle, an organization dedicated to helping people rise out of poverty. It provides furniture and household items to families moving out of homeless shelters and to others with emergency needs. It offers an intensive job preparedness program and appropriate attire for individuals entering the workforce. Its Neighborhood Partnerships program, which aims to end poverty from directly within low-income neighborhoods, is currently working with a broad network of partners in the Highland Dwellings and Additions neighborhood in Southeast Washington. Their focus is on creating safe and vibrant neighborhoods, providing education and workforce readiness programs, developing long-term support networks, and assuring quality housing and basic need items for all.

ADULT RELIGIOUS EDUCATION WITH BROTHER MALACHY BRODERICK, FSC

The Gospel of Luke & The Acts of the Apostles

Tuesdays, 8:45–10:45am in the Duffy Parish Center
Classes begin September 1, 2018–May 21, 2019

Luke's desire is to show that Christianity belongs to the larger world of the Roman empire. For example, he links the birth of Jesus to the Emperor Caesar Augustus. Luke calls his work a narrative account, not a history; his gospel is a faith narrative, not a biography or history of Jesus Christ. Luke's purpose is to show that what the church preaches is rooted in the ministry of Jesus and the preaching of the Apostles.

Luke provides authenticity of the Christian message by showing that the Holy Spirit has guided the entire process from the Old Testament through the ministry of Jesus and the development of the Church in the early Christian community.

The text for this course is the *Bible*. There is no need to register, if you are interested just come.

The Torah: The First Five Books of the Bible: Genesis Through Deuteronomy

Thursdays, 8:45–10:45am in the Duffy Parish Center
Classes begin September 13, 2018–May 23, 2019

The text for this course is the Bible. There is no need to register, if you are interested just come.

Beginnings are important. If we want to know what kind of book we are reading, we skim over the first few pages to see its type. If we want to know what point of view the author takes, we examine how she or he starts out. For these reasons, among others, it is important to recognize the special character of the first five books of the Old Testament, i.e., the *Torah*, the Law of Moses. They stand apart as an introduction to the entire Bible, and more importantly both the Jewish and Christian faiths recognize them as the foundation on which all of Holy Scripture is built.

For further information you may call Brother Malachy at 202.364.2575.

THE ADULT CENTER

All parishioners, "39 and holding," are invited to gather in Apt. 1 in the Chevy Chase apartment building next to the church for fellowship after the 11 a.m. weekday Mass. Bring a sandwich and join the activities. For more information or for transportation, call Rita Killian at 202.363.5069.

**The Center will be closed the week of August 6-10th.
Activities will resume the week of August 12.**

Lucky Strike

Blessed Sacrament High School and Middle School
Youth Groups 2018

FREE BOWLING, BOCCI,
FOOD AND FRIENDS!

SUNDAY

SEPTEMBER 9th

7-9PM

PINSTRIPES

11920 GRAND PARK AVE,
NORTH BETHESDA, MD 20852

REQUIRED ONLINE
REGISTRATION BY:
SEPTEMBER 3rd



[HTTP://WWW.BLESSEDSACRAMENTDC.
ORG/YOUTH/YOUTH-MINISTRY/](http://www.blessedsacramentdc.org/youth/youth-ministry/)





Your SHARE @ Blessed Sacrament food co-op gives you the opportunity to save up to 40% from grocery store prices with a selection of nutritious, healthy food.

\$22 Value Package:

- Ground Beef – 1 LB
- Chicken Wingettes – 1.5 LBS
- Whiting Fish – 1 LB
- Ham Steak – 1 LB
- Plus 8-12 lbs of the freshest fruits and vegetables we can find for you and your family

\$15 Pot Roast Dinner:

- Six full dinner entrees with pot roast & gravy, green beans and mashed potatoes

\$21 Gourmet Chicken Breast:

- 10-pound box of hand-cut, skin-on, chicken. Each portion is ¼ of a whole chicken
- All white meat

\$21 Sirloin Steak Box

- 6-8 oz steaks, ready for the grill!

\$18 Summer Fruit Box

- A refreshing mix of berries, melon, stone fruits, and summer citrus

To order, visit the parish web site: www.blessedsacramentdc.org. Please order by **Friday, August 10th, at 4pm**. Food distribution is **Friday, August 24, 3–6pm**.

Credit Card Option: To pay online by credit card or to make a donation to SHARE @ Blessed Sacrament go to the parish website www.blessedsacramentdc.org/parish-organizations/share. Recurring monthly donations by credit card can be arranged with a one-time processing by going to the parish website and click on “GIVING” and select “Click Here to Give Online.” Thank you for your support of SHARE @ BS.

Gift and Donation Idea: SHARE packages make a great “Thank You” or “Thinking about you” gifts for a friend or someone who has helped you. Make yourself and others happy with nutritious food from SHARE @ BS! And, we always appreciate donations so we can provide those in need. Thank you.

SPONSOR OF THE WEEK

We would like to thank **Branches Tree Experts** for placing an ad in our weekly bulletin.

Holy Land Trip with the Holy Family Hospital Foundation

We have a few openings left. Please join Holy Family Hospital Foundation on a specially designed journey following the footsteps of Jesus in the Holy Land. See Bethlehem as a local and visit our Hospital and meet the Mothers, Babies and Clinicians. Enjoy a visit to the Shepherds Fields where the first Christians heard the Angels and climbed up the hill to pay homage to the Christ Child! Their descendants fill the ranks of our hospital’s employees and patients. Visit the original sites of the hospitals of the Order of Malta and learn about the lives of the early Hospitalers. We will renew wedding vows at Cana and attend private daily mass in the very spots where Jesus lived and taught. We will visit the places made Holy by Jesus and His Mother, Mary, commemorated in the mysteries of the rosary. We will pray the Stations of the Cross in Jerusalem amidst the bustle of the marketplace along the Via Dolorosa. You will never hear the Gospel again in the same way after you have seen the Holy places and heard the Gospel preached in each commemorative church. The Gospels will come alive for us as we have the opportunity to visit, pray and celebrate the Eucharist at the places held most sacred to Christianity. We will enjoy great company, meals and times of prayer with one another as we walk in the footsteps of Jesus and Fra Gerard. Say Yes to this very special opportunity to join us on pilgrimage in a small group setting. Participants will be limited to preserve the intimate nature of our journey and to enjoy experiences not available to large groups. Please contact Michele Bowe at Michele.bowe@iCloud.com or 240.461.0034.

Would You Like To Have Your Home Blessed?

A long time tradition in the Catholic Church is having our home blessed with the new waters of Easter. The blessing prays that your home is filled with God’s Peace and Holiness. The Blessing Ritual takes only a few minutes to perform. Ideally, as many family members who reside within your residence should be present when the blessing is given.

If you wish to have your home blessed then kindly e-mail Deacon Leo Flynn and include your name(s), address, phone number, and e-mail address and send it to leo@theflynnnteam.com. Also, specify which days/dates and times may work best per your schedule to have your home blessed (week days are available!) and whether you are or are not a registered parishioner of the Shrine of the Most Blessed Sacrament.

Those without computers may contact Deacon Leo directly at 703.328.4762 and leave your name and telephone number (speak slowly and clearly) in his voice mail and he will return your call.

FROM THE ARCHDIOCESE

Archdiocese of Washington Life Issues

Join us for an exciting 13-week series discussing Faith and Life! The series takes place every **Sunday night at 6:30pm** until September 23rd at St. Dominic Catholic Church (630 E St SW, Washington, DC 20024). Throughout the summer, we will hear first-hand testimonies on the value and dignity of all human life, at every stage and in every condition. During this series, we will explore the issues of abortion, adoption, racism, the sexual revolution, poverty, sex trafficking, immigration, war, capital punishment, physician assisted suicide, and much more. Find more information at www.facebook.com/adwlifeissues/events/