

### Parish Offices

#### **Our Lady, Queen of Martyrs & St. Bernard**

110 Adams Avenue,  
Delhi, ON N4B 1P7  
Tuesday & Thursday  
8:30 am-12:00 noon  
1:00 pm-4:30 pm  
PHONE (519) 582-1312  
EMAIL olmstbern@dol.ca

#### **St. Mary & St. Cecilia**

211 Union Street  
Simcoe, ON N3Y 2B3  
Wednesday & Thursday  
8:30 am-12 noon  
1:00pm-4:30 pm  
PHONE (519) 426-0887  
EMAIL stmarycecilia@dol.ca

### SUNDAY EUCHARIST

#### **Our Lady, Queen of Martyrs**

110 Adams Ave., Delhi  
Saturday Vigil at 5:00 pm  
Sunday at 11:00 am

#### **St. Mary**

211 Union St., Simcoe  
Saturday Vigil at 5:00 pm  
Sunday at 11:00 am

#### **St. Bernard of Clairvaux**

165 Thompson Rd, Waterford  
Sunday at 9:00 am

#### **St. Cecilia**

17 Lynn Park Ave.  
Port Dover  
Sunday at 9:00 am

### SACRAMENT OF RECONCILIATION

#### **St. Mary & Our Lady, Queen of Martyrs**

Every Saturday 4:00 pm-4:30 pm

#### **St. Cecilia & St. Bernard of Clairvaux**

Every Sunday 8:15 am or by appointment

# CATHOLIC FAMILY OF PARISHES IN NORFOLK



**St. Mary, Our Lady, Queen of Martyrs,  
St. Bernard of Clairvaux, and St. Cecilia**

### OUR MISSION STATEMENT

**"We are a Eucharistic community forming faith-filled disciples of Jesus in loving service of God and neighbour for salvation"**

**Website: [www.catholicfamilyparishesnorfolk.dol.ca](http://www.catholicfamilyparishesnorfolk.dol.ca)**

**Facebook: [www.facebook.com/stbstcstmolqm](https://www.facebook.com/stbstcstmolqm)**

### **Pastoral Team**

To reach a staff member, call your Parish Office and use the extension provided

Rev. Augustine Ogundele, Pastor [aogundele@dol.ca](mailto:aogundele@dol.ca) ext: 222

Rev. Charles Akinloye, Associate Pastor [ctakinloye@dol.ca](mailto:ctakinloye@dol.ca) ext: 223

Kathryn Heemskerk, Pastoral Minister [kheemskerk@dol.ca](mailto:kheemskerk@dol.ca) ext: 224

Deacon Andy Alway [aalway@dol.ca](mailto:aalway@dol.ca)

Deacon John Doomernik [jdoomernik@dol.ca](mailto:jdoomernik@dol.ca)

Deacon Gerard Van Schyndel [gvanschyndel@dol.ca](mailto:gvanschyndel@dol.ca) ext: 236

### **Parish Team**

Debbie Drinkwater, Administration Manager [ddrinkwater@dol.ca](mailto:ddrinkwater@dol.ca) ext: 240

Rick Hobbins, Coordinator of Property and Maintenance and Custodian-St. Mary  
[rhobbins@dol.ca](mailto:rhobbins@dol.ca) ext: 249

Mary Zylstra, Finance Secretary [mzylstra@dol.ca](mailto:mzylstra@dol.ca) ext: 241

Mary Louise Haggith, Office Secretary/Receptionist [mlhaggith@dol.ca](mailto:mlhaggith@dol.ca) ext: 0

Laurie Smith, Bulletin Editor and Scheduling Coordinator [lsmith@dol.ca](mailto:lsmith@dol.ca) ext: 225

John Fettes, St. Bernard, Custodian

Bill Hasilo, Our Lady, Queen of Martyrs, Custodian

### **Catholic Schools**

St. Joseph, Simcoe 519 426-0820

École Sainte-Marie, Simcoe 519 426-4775

Holy Trinity Catholic High School, Simcoe 519 429-3600

St. Frances Cabrini, Delhi 519 582-2470

St. Cecilia, Port Dover 519 583-0231

St. Bernard of Clairvaux, Waterford 519 443-8607

***Please consider including your parish in your estate planning***

Bulletins can be viewed on our website:

<https://catholicfamilyparishesnorfolk.dol.ca/>

## 7th Sunday in Ordinary Time—February 19, 2023

### A Message



Dear Friends:

We thank God for his grace through the Sacrament of Confirmation received this weekend by some of our young people. We congratulate them and their families for taking the step forward in their faith. Our family of Parishes rejoice with you and we pray that the Lord may grant you joy and fulfillment in

the faith. Amen. We also thank Bishop Joseph Dabrowski for taking the time to be with us.

This week we shall begin the Lenten journey with Ash Wednesday to the celebration of the resurrection of Christ. We shall be reminded not to glory in worldly glamor because we are dust and unto dust, we shall return. Therefore, we should repent and believe the Gospel. It is a penitential season of fasting and abstinence, seeking the mercy of God for ourselves and the whole world. Fasting this season does not include those who are on certain medication for their illness. As a reminder, they are also excused from the one hour fast before communion when attending mass. They are to take their medications regularly following their prescriptions without any guilt feelings. Others are the seniors, who are expected to make sacrifice in other ways that do not endanger their wellbeing.

I have people ask, 'what are you giving up for Lent? Yes, it is about giving up things and the purification of our thoughts, intentions, and actions. It is about what we are called to do, as children of God, bearers of God's sacrificial love. The expectation is that when we give up something during Lent, we can give that meal or chocolate, for instance, to the hungry or we quantify it for a monetary gift to charity or the church. It is not a time of saving money for ourselves, because we are not spending it on those things we give up. The sacrifice we make is a form of prayer to God for our spiritual benefits. The season of Lent is God's gift to us to humble ourselves in order to receive the outpouring of God's mercy, as we become more aware of the futility of the worldly things. May the Lord open the eyes of our minds to be able to recognize his love and mercy in our lives through Christ our Lord. Amen.

Rejoice in the Lord Always! God is greater than our challenges!!

Fr. Augustine Ogundele



### Life in our Parish

We welcome into our Family of Parishes through the Waters of Baptism the following:

**St Bernard:** Dallas Littleton, child of Ashley and Gregory

**St Mary:** Nevaeh Bonsu, child of Manuela and Benjamin

Warren Sowden, child of Megan and Kyle

Anders Thomson, child of Lauren and Bryn



### Getting Married

Are you getting married in 2023 or 2024? Congratulations!

Call the office ( 519-426-0887 or 519-582-1312) to make an appointment with Father Augustine and to sign up for the next Marriage Preparation Class.



**Income Tax Receipts** are currently being prepared and will be mailed out before the end of the month.

So if you have moved, or have any changes, please call us to update our records. This will insure that you will receive it promptly.

### Ash Wednesday Masses on February 22, 2023 at our Catholic Family of Parishes in Norfolk

9am **OLQM** (with St Frances), **St Cecilia** (with school), **St Bernard** (with school)

11am **St Mary** (with Ecole St. Marie).

7pm **OLQM** and **St Mary**

Parents and Parishioners are encouraged to celebrate Ash Wednesday.

Ashes will be taken to the Long Term Care from 1:30pm for those open to it.



***To everything there is a season . . . "a time to be healed. . .  
We pray for all the sick of our Parishes: Ruth Lampman, Rob and Carole Doody,  
Michael McLeod, and Nick Botzang  
"a time to die. . ."***

***We pray for all the faithful departed: Elizabeth Schweitzer  
Eternal rest grant unto them***

Please contact our **Prayer Line** for anyone in need of comfort and solace. We have parishioners who share their gifts and gather in a prayerful ministry to pray for whatever request comes to them.

**Prayer Line: 519 582-2431 or 519 426-0788 ~ [jeanninekowalsky@gmail.com](mailto:jeanninekowalsky@gmail.com)**



***From the desk of Kathryn Heemskerk,***

O God, when I have food, help me to remember the hungry;  
When I have work, help me to remember the jobless;  
When I have a home, help me to remember those who have no home at all;  
When I am without pain, help me to remember those who suffer,  
And remembering, help me to destroy my complacency;  
be concerned enough to help;  
By word and deed, those who cry out for what we take for granted.  
Amen.



#### **The Spirit of Truth and Love Catholic Prayer Group**

The Spirit of Truth and Love Catholic Prayer Group Prayer meetings are every 1st & 3rd Tuesday evening at 7:45 pm electronically on Zoom and every 2nd and 4th. Tuesday in person after Mass at St Mary's. For more information call 519-583-0277, John or Barra.

#### **Holy Rosary Prayer Group**

Please join the HOLY ROSARY Prayer Meetup Group, praying together supporting one another for grateful Blessings received and for the needs of our church & community via ZOOM on the following dates. , Feb.20-Family Day we PRAY for our Families to the HOLY FAMILY (as the month of February is dedicated to the HOLY FAMILY); & Feb.22- ASH WEDNESDAY. For your Spiritual resources: <https://catholic-link.org/mark-your-calendar-devote-your-february-to-the-holy-family/>." May the Sweet Immaculate Heart of Mary keep us close to the Divine compassion of the Most Sacred Adorable Heart of Jesus, Amen! Many thanks for your kind assistance!! In GOD's graces, Christian O'Malley  
email: [ecmc8\\_1119@yahoo.com](mailto:ecmc8_1119@yahoo.com),

#### **Job Posting**

The position(s) of Property and Maintenance Coordinator for our Parish Family and Custodian for St. Mary's church and office are available. If interested, please contact the office for a Job Description for either post. The deadline to apply is February 28th.

#### **World Day of Prayer-Friday, March 3, 2023**

**Delhi:** There is no organized Day of Prayer in **Delhi** this year. Please join the Catholic Women's League in Praying for the Women & Peace in Taiwan.

**Simcoe:** The worship for 2023 was prepared by the Committee from Taiwan. It was decided that we would celebrate World Day of Prayer in Simcoe on Friday, March 3 at 7:00 pm at the Salvation Army Community Church on Colborne St S. Pastor Stephen and his host church will provide tea, coffee and sweets after the service and their Salvation Army brass band will play at the worship service. They have technical capabilities in their chapel to play the World Day of Prayer Taiwan video and the devotional message.



**Parish  
Mission**

We will be having a Parish Mission with Fr. Peter Keller  
Sunday March 19, 2023, 7 pm at **St. Mary's Church**  
Monday March 20, 2023, 7 pm at **Our Lady, Queen of Martyrs Church**  
Wednesday March 22, 2023, 7pm at **St. Mary's Church**

The Sanctuary Lamp will burn for the week of  
February 19, 2023

**St. Mary:** Intentions of All Parishioners

**Mon Feb 20** **St. Mary**  
9:00 am +Michael & Winnie Clancy  
Members of the Reagan Family

**Tues Feb 21** **Rosewood**  
10:30 am Intentions for Residents & Staff

7:00 pm **St. Mary**  
+Anne Redish  
+Maria & Emmanuel Correia

7:00 pm **Our Lady, Queen of Martyrs**  
+Steve & Barbara Lados  
+Anastacio Santos  
+Cedilio Rodrigues

**Wed Feb 22** **St. Cecilia**  
9:00 am +Helen Azzopardi  
School Mass

**\*9:00 am** **Our Lady, Queen of Martyrs**  
School Mass (\*Please note time change\*)  
+Helen Bobkowski

**\*9:00 am** **St. Bernard** (note time change)  
School Mass

**\*11:00 am** **St. Mary** (\*note time change\*)  
School Mass

**\*All school masses are for the intentions of  
Students, Staff and all Parishioners as we begin  
our Lenten Journey\*\***

**7:00 pm** **St. Mary**  
Intentions for all Parishioners

**7:00 pm** **Our Lady, Queen of Martyrs**  
Intentions for all Parishioners

**Thurs Feb 23** **St. Cecilia**  
9:00 am +Tony Masella  
10:30 am **Norfolk Hospital**  
Intentions for Patients & Staff

**Fri Feb 24** **St. Mary**  
10:00 am Intentions for Dolores Schmidt  
+Mary Schifferdecker

11:30 am **St. Bernard**  
Intention for Maryanne Simon  
+Aniela Zmuohiemska

**Adoration 30 minutes prior to Weekday Mass**



**Simcoe/Waterford Knights of Columbus 4502**

Meetings will be 1<sup>st</sup> Tuesday of every month at 7:30 pm at  
St. Bernard's Parish Hall.

**Delhi – La Salette Knights of Columbus 5095**

Upcoming meetings

Held in OLQM Parish Hall at 7:00pm

Monday March 6<sup>th</sup>

**\*\* NEW MEMBERS ALWAYS WELCOME \*\***

**Port Dover/Walsh Knights of Columbus 8149**

Knights of Columbus meeting is first Monday of month at 7:30 PM at  
St. Cecilia's Parish Hall



St. Cecilia's/St. Michael's Knights of Columbus are asking  
Parishioners to please donate non-perishable food items for  
the Port Dover Foodbank and leave them at the entrance of  
St. Cecilia's Church on **Sunday, Feb. 12 and 19th.**



**St. Bernard's CWL**

Our next meeting will be on Tue February 14 at 2 pm. in the  
Parish hall. Hope to see you there.

Reminder, ladies if you have not paid your 2023 member-  
ship, please do so a.s.a.p. since we have to send them in to

National very soon. Thank you for your cooperation.

**St. Cecilia's CWL**

There will be a C WL meeting on Wednesday, February 15 at 10:00 am  
in the downstairs hall. All the ladies are welcome.

**Our Lady, Queen of Martyrs:**

General meeting will be Thurs. March 02, at 7:00 pm in the Parish Hall  
Our Council will be leading the Stations of the Cross on Fri. Mar. 03 at 7  
pm. Please join us.

#### PARISH FOCUS



As a mission-oriented church forming disciples of  
Jesus, our diocese wants us to continue building a  
culture of hospitality. Our goal is to boost the  
sense of welcome and community that all our pa-  
rishioners and visitors should feel when they are in  
our churches, our facilities and at our events. Please give that little  
extra to those around you as you are sitting in the pews.

*Today's readings reflect on our communal identity as disciples. Before  
we begin Lent together in a few days, we take time to appreciate what  
God has done by giving us our family of faith. In Leviticus, God tells Mo-  
ses to "speak to the whole Israelite community" and give them instruc-  
tions for living in love. Moses passes along the message—to each and  
every believer—that God's people must strive together for holiness.  
Saint Paul echoes this message, insisting that we are indeed God's holy  
children. As temples of the Spirit, we belong to Christ and to one another.  
This mutual belonging is a blessing and a challenge. In Matthew's  
Gospel, Jesus sets a high bar for Christian community: his followers  
must love not only those who are easy to love, but also the people who  
upset us. Together, let us ask God to give us this kind of love.*



Every Friday at all Parishes during Lent at 7:00 pm *The Stations will be led by these Groups, all are welcome!*

#### **St. Bernard of Clairvaux**

Feb. 24	St. Bernard's CWL
March 3	Eucharistic Ministers & Lectors
March 10	Choir
March 17	Knights of Columbus Council 4502
March 24	Development and Peace
March 31	Parish Pastoral Council

#### **St. Cecilia**

Feb. 24	St. Cecilia's CWL
March 3	Senior Choir
March 10	Knight of Columbus Council 8149
March 17	Lectors
March 24	Hospitality
March 31	Folk Choir

#### **Our Lady, Queen of Martyrs**

Feb. 24	Parish Pastoral Council
March 3	Our Lady, Queen of Martyrs CWL
March 10	Our Lady of La Salette CWL
March 17	Knights of Columbus Council 5095
March 24	Sunday Choir
March 31	Saturday Choir

#### **St. Mary**

Feb. 24	Lectors
March 3	Eucharistic Ministers
March 10	Hospitality
March 17	Cantors
March 24	Knights of Columbus Council 4502
March 31	St. Vincent de Paul



This weekend we will be praying for our young who will be receiving the Sacrament of Confirmation in our Catholic Family of Parishes in Norfolk. May you all be filled with the Holy Spirit.

#### **Our Lady, Queen of Martyrs**

Brandon Barber  
Eva Bos  
Gabriella Bender  
Ryann Byers  
Nathan Blizman  
Alyssa Calvesbert  
Bo Castles  
Ronald TYLER  
Coucke  
Sophia D'Hondt  
Logan Da Silva  
Madeleine Earls  
Fabian Gonzalez  
Russell Godby  
Katie Gorzo  
William Hedges

Raimy Liston  
Christopher McLaughlin  
Matthew Moyaert  
Owen Mason  
Megan Purgret  
Reise Revai  
Cameron Rodrigues  
Garrin Springham  
Grant Thomas  
Christian Van Hee  
Daniel Van Londersele  
Breigh VandenBulck  
Andrew Vigh  
Alexis Vranken

#### **St. Mary**

Blake Bouw  
Elliott De Decker  
Ethan Duckworth-Liu  
Lucas Ferreira  
Carmine Feruglio  
Nina Garcia  
Emiliano Lacy Marquez  
Miguel Martins  
Ava McManus  
Sophia Miguel  
Hudson Pasichnyk  
Lincoln Ramirez  
Zoey Rodrigues  
Joao Steckelberg  
Grant Thomas  
Kylie Varga

## Diocesan News

### Employment Opportunities

Visitation Parish, Comber, is seeking a bilingual Music Director/Directeur/Directrice; the North Oxford Catholic Family of Parishes in Woodstock and Ingersoll is seeking a part-time Coordinator of Youth Ministry; and, Heavenly Rest Family of Catholic Cemeteries is seeking a Cemetery/Crematorium Sales Representative. Further information for all three is at this [link](#).

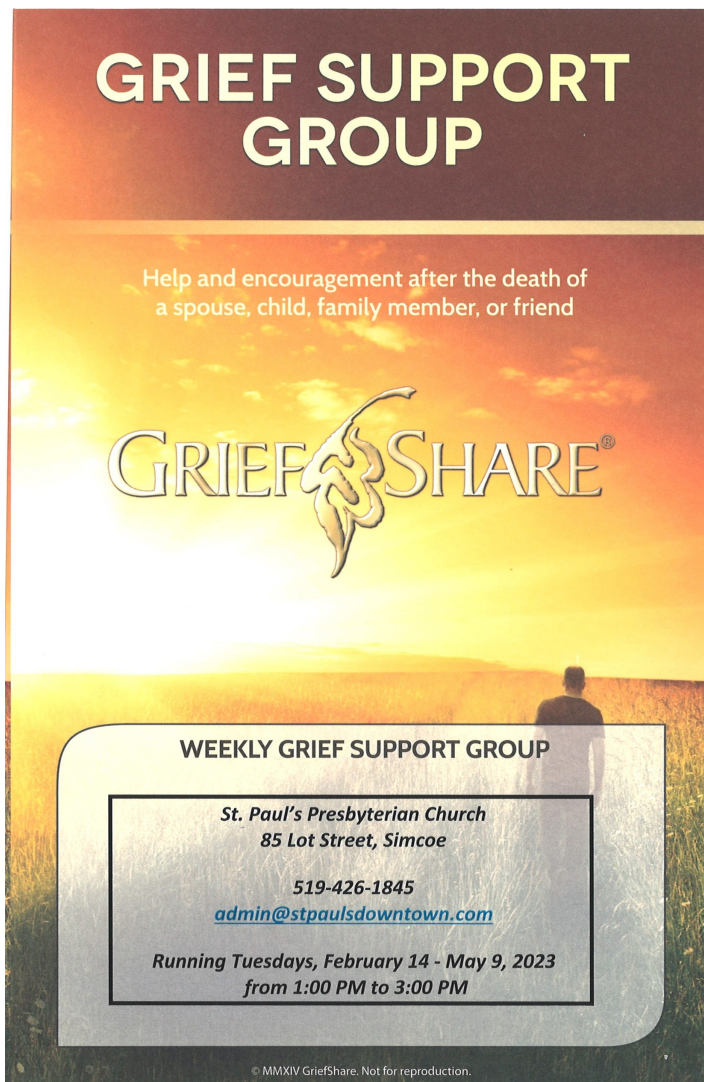
### King's University College March Break Open House

All are welcome to explore and discover learning opportunities at King's University College on Saturday, March 11, noon – 4:00pm.

Start your day at King's in the Daryl J. King Student Life Centre with opening remarks at noon followed by tours, academic and student support services booths as well as meeting our Campus Ministry team. There will be special seminars on living in residence, scholarships and much more. Please register this [link](#)

### The Mysteries of the Eucharist

The Liturgy Office of the Diocese of London and Springbank Catholic Family of Parishes welcome Father Michael Driscoll, Professor-Emeritus, University of Notre Dame. Join us as we discover the Eucharist as a mystery to be celebrated, a mystery to be believed, and a mystery to be lived. The evenings will be streamed at [www.springbankcatholic.ca](http://www.springbankcatholic.ca) on March 7-9, 7-9 pm. You are welcome to join us in person or virtually. Further details are available on the Family's website. UPDATE: a poster has been added at this [link](#)



# GRIEF SUPPORT GROUP

Help and encouragement after the death of a spouse, child, family member, or friend

**GRIEF SHARE®**

**WEEKLY GRIEF SUPPORT GROUP**

*St. Paul's Presbyterian Church  
85 Lot Street, Simcoe*

519-426-1845  
[admin@stpaulsdowntown.com](mailto:admin@stpaulsdowntown.com)

*Running Tuesdays, February 14 - May 9, 2023  
from 1:00 PM to 3:00 PM*

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### OUR FASCINATING FAITH

#### Ashes

There are three major Biblical traditions concerning ashes: repentance, mourning, and mortality, and they are interrelated. Repeatedly throughout the Bible we encounter the use of ashes (often together with sackcloth) as a penitential practice. A similar practice is seen when someone is in mourning or distress. And ashes are a metaphor for human life, which is seen as brief and destined to end in death:

Ashes are the result of fire, the complete burning of something that was alive. They are ephemeral; the slightest puff of air can send them away into nothingness. It is easy to see how ashes came to symbolize fleeting human life or the humility of repentance.

Ashes can represent other things as well. For example, ashes are often used to fertilize our gardens and fields. Ash is therefore necessary to bring about and nourish life.

We can now begin to see how appropriate a symbol ashes are for the season of Lent. For Lent is not only a time of repentance, of sorrow for our sins. It is a baptismal season of preparation for the new life of our catechumens and of recalling the new life of our own baptism. We start Lent in ashes, and end it in Easter. What will the ashes mean to you this Lent?