

Fifth Sunday of Lent April 3, 2022



Pastor

Rev. Stephen Fichter

Parochial Vicars

Rev. Francis Azah

Rev. Jae Joo

Deacons

Rev. Mr. Andrew Saunders Rev. Mr. John LaDuca

Pastoral Coordinator

Susan Jansson

Religious Education

Patricia Khanjian Donna Jackson

Youth Minister

Sammey Chisholm

Music Ministers Veronica O'Brien Cheryl Wyka Director of Communications

Kathe Carson

Facilities Manager

Joseph Costanzo

Bulletin - Webmaster

Lisa Hroncich

Business Manager

Anne Sundstrom

Office Personnel

Joanne Ciaravino Deborah McTiernan

Lisa Tota

School Principal

Karen Lewis

Trustees

Al Daloisio Helen Van Slyke Masses

Sunday: 7:30 am, 9:00 am, 10:30 am,

12 noon & 6:15 pm

Saturday: 9:00 am & 5:00 pm (Anticipated)

Weekday: 7:00 am & 9:00 am

Reconciliation Saturday 12:30 pm

Emergency Number

201-994-5699

Bereavement Ministry

201-891-1122 ext. 266

Parish Center

Office: 201-891-1122 Fax: 201-891-3708

Parish School

Website: www.sainte-school.org

Office: 201-891-1481





Last week in my homily, I urged everyone to make a good confession before Easter. In this bulletin, I would like to give some tips and guides for making a good confession. First, a solid examination of conscience has to be made. The examination of conscience helps us to reflect back on our actions and can help us to identify the moments we "squandered" (Luke 15:13) our Heavenly Father's inheritance. Generally, the examination of conscience is done by going over the Ten Commandments, but it is also important to go over the Eight Beatitudes of our Lord. The Beatitudes reflect and reveal who Jesus Christ is and also reveal to us who we are supposed to be.

After an examining our consciences, it is time to go to confession! When you are in the confessional, after making the Sign of the Cross, let the priest know how long it has been since you made your last confession. Do not feel ashamed or guilty; have courage! All of the priests are

grateful to God and to you for being in the confessional!

For those who have not gone to confession for quite a while and may have more things to confess, the advice is to write them down. Write down the particular sins, and how many times (approximately) you have committed those sins. I was always told to say the worst sin to the least worst sin to make it easier.

After you have acknowledged your sins, the priest will give the corresponding penance and ask you to profess sorrow for your sins by saying the Act of Contrition. Then, the priest will give you the absolution, and it is done! It is as simple as that! How easily available forgiveness is made by our Lord! He embraces you once again as His child and, as you leave the confessional, all of the Heavens will be rejoicing over you!

For those interested in looking over the examination of conscience, this website gives a general overview of the Ten Commandments:

https://mycatholic.life/catholic-prayers/examination-of-conscience/

Fr. Jae

NEWS AND EVENTS

Seniors: The seniors will be meeting this Monday, April 4, at 12:00 PM in the Elizabeth Room. Sandwiches will be served, and Father Stephen will be the guest speaker. Any questions, please call Joanne Daloisio at 201-220-6846.

Food bags: Brown bags will be available after all Masses this weekend. Please return you filled bag next weekend and place it in the food truck which will be parked in front of the Church.

Easter Flowers: As we journey through this Lenten season, our thoughts are often of our loved ones who have gone before us. Using your Easter Flower envelope to donate to the beautiful Easter plants and flowers on our altar is a wonderful way to remember them. A memorial list with the names of your loved ones will be printed in the bulletin after Easter. Flower envelopes are in your March packet or may be obtained in Church.

Bereavement Support Night: We encourage anyone who has experienced a loss to join us for Bereavement Support Night on Wednesday, April 6, from 7:30-9PM. We will be in the Good Shepherd Room in the Parish Center to extend our support during these difficult times. Registration is not required. We kindly request that participants be fully vaccinated or masked.

Rosary Society: the next meeting will be on Thursday, April 10, at 10 am in the Elizabeth Room. Father Carlos will be the guest speaker. Also, on Thursday, May 19 the Rosary Society will be going on a retreat at St. Joseph's Shrine in Sterling, NJ. The bus will leave St. E's at 8 am. Mass, confession, and conferences with Fr. John Gabriel of St. Paul's in Ramsey. Lunch will be available. Please contact Ronnie at 201-891-5560 if you are interested in attending. The cost of the trip is \$40. Your check made payable to St. Elizabeth Rosary Society can be dropped off at the Parish Center.

Collections For The Week Ending March 27 Offertory \$12,734 | Online \$8,826 | Total \$21,560

MASS INTENTIONS

Saturday, April 2

9:00 am Mary Jane Sharpe 5:00 pm Jean Avia

Sunday, April 3

7:30 am James Pressimone 9:00 am Francesco Salazer 10:30 am Joseph Murphy 12 noon Mary J & Frank Sharpe 6:15 pm Pat Jenski

Monday, April 4

7:00 am Deceased members of the Holloran Family 9:00 am Michael J. Novack III & Michel B. Watson

Tuesday, April 5

7:00 am Gloria Simpson 9:00 am Helen & Raymond Fennell, Ellen Nelson

Wednesday, April 6

7:00 am Nancy Cannon 9:00 am Teresa Dunne, 1st Annv.

Thursday, April 7

7:00 am Margaret– Mary "Peggy" Moran 9:00 am Maggie & Orestes Tellez

Friday, March April 8

7:00 am Margaret & Harold Bell Bonnie Bell Gerli 9:00 am Joseph Higgins

Saturday, April 9

9:00 am Thomas Davey 5:00 pm Richard Fellinger

Sunday, April 10

7:30 am People of the Parish 9:00 am Scott Edward Mault 10:30 am Narciso & Bruna Morson 12 noon Conrad & Helen Hurtz 6:15 pm June A Phelan

NEWS AND EVENTS



2022 Anniversary Masses: The Office of Family Life Ministries of the Archdiocese of Newark is once again recognizing those couples celebrating five, twenty-five, and fifty years of Christian marriage. 2022 Anniversary Masses will be celebrated at the Cathedral Basilica of the Sacred Heart in Newark on April 24th at 3:00 pm for 50 years and May 15 at 3:00 pm for 5 & 25 years. To register, please email Joanne at jciaravino@saintelizabeths.org.

Knights of Columbus's Essay Contest

"Describe an everyday obstacle that you may have experienced and how this obstacle was overcome while living a life of authentic faith. How has the experience helped your faith continue to grow?"

- Same format as last year.....
- 1 to 1.5 page typed essay will be judged on content, clarity, and grammar. Please send essay to: councilessaycontest@gmail.com Please include a parent's or guardian's contact info.
- Deadline: Friday April 8th.
- Cash prizes of: \$150, \$100, and \$50 will be awarded to the top 3 entries. Questions? Contact Mark Polizzi @ 201-446-5551

"To everything there is a season and a time for every purpose under heaven."

Your loved one will be announced at Mass for two weeks, then included in the bulletin for six weeks. Call the Parish Center to let us know the names of those we should include in our prayers.

Healing prayers for: Art Ebner, Ginny Schroller, John Markowski

Recently deceased: Noreen McAuley, Cecelia Leale

Memorials for the week of April 3

Altar Bread and Wine: In memory of Lorraine Garrand donated by the Giletta family

Candles on the Altar: In memory Anthony Campanile donated by John & Joan Zannini

Flowers for the Holy Family Shrine: In memory of Matthew Ryffel donated by the Carpentieri family

Flowers for the St. Elizabeth Shrine: In memory of Charlie Landers donated Bruce, Jenny, Caroline and Tedd Murray







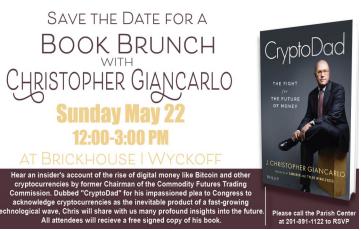
Being a Mom is challenging, right?

Ready for a sense of renewal?

Camaraderie & Insightful Conversation

Amy Collins Fellow Parishioner & Author of **Infant Inspiration**

Contact the Parish Center at





Lenten Regulations

1. The days of both Fast & Abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection.

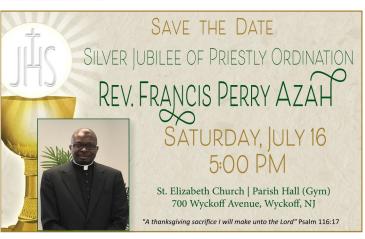
The other Fridays of Lent are days of Abstinence. On a day of Fast, only one (1) full meal is permitted and (2) smaller meals which, if added together, would not exceed the main meal in quantity.

Those between the ages of 18-59 are obliged to fast. On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by

2. The obligation to observe the laws of Fast & Abstinence "substantially" or as whole is a

3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.

4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the First Sunday of Lent, March 6, 2022 to the Solemnity of the Holy Trinity, June 12 2022.





10:30 AM, 12 NOON