



Choosing a Confirmation Name

+ What is the Purpose of a Confirmation Name?

When deciding on a Confirmation name, the goal is to pick the name of a saint you admire, can relate to, or aspire to be like. This saint will be bonded to you spiritually and is someone you can turn to for guidance and protection. Throughout the Bible there are many examples of God changing the names of believers to reflect their new mission in His plan of our salvation history. For example, God changed Abram's name to Abraham meaning "father to a host of nations". This signified that God was making a covenant with Abraham. Simon's name was changed to Peter, meaning "rock", and refers to him becoming the first pope: "upon this rock I will build my church". Saul became Paul and went from being a persecutor of the Church to one of its most important evangelizers.

+ There are thousands of Saints, so how do I choose?

Because of Confirmation's connection to Baptism, if your Baptismal name (usually your middle name) is that of a saint, you already have a Confirmation name the Church encourages you to use. Ask the saint to help you to make moral choices and to be your intercessor before God whenever you call on him or her for assistance.

Read about the lives of saints, the trials and tribulations they experienced, as well as their triumphs and examples of faith. These stories can be a great source of inspiration for your own life. Find a virtue that a particular saint exhibited that connects with you: bravery, obedience, charity, patience, or courage. Who are they the patron and protector of?

Search for the saint who shares your similar goals and interests. There is a patron saint for practically every cause. For example, if you are interested in the caring for the poor and suffering, consider our own Saint Elizabeth of Hungary. If you have a special connection to animals, consider Saint Francis of Assisi. If you're looking for a saint who lived an exemplary life of selflessness, Saint Maximilian Kobe is a great example. During World War 2, he sacrificed his life for another person in a Nazi concentration camp.

Need Help? Pray! If you've narrowed down your choices and can't decide, pray! Ask God to shed his light on what He thinks is the best name for you.

(form on reverse side)

Confirmation Name and Sponsor Form

After finding a saint that inspires your faith, complete the form below and submit or email it to seconfirmationforms@gmail.com. **Please Print!**

What saint have you chosen to be your friend? _____

Why?

When is their feast day? _____

What is he/she the patron saint of? _____

Where and when was the saint born? _____

How did the saint die? _____

CANDIDATE'S NAME _____

(Print full name as shown on the Baptismal Certificate)

CONFIRMATION NAME _____ (this should be your Saint's name - Elizabeth, Peter, etc.)

MOTHER'S FIRST & MAIDEN NAME _____

FATHER'S FIRST & LAST NAME _____

SPONSOR'S FULL NAME _____

SPONSOR'S ADDRESS _____

SPONSOR'S PARISH _____

PARISH ADDRESS _____

RELATIONSHIP TO SPONSOR _____

Criteria for selecting a qualified sponsor:

- A fully initiated Catholic (received Baptism, Communion, and Confirmation)
- A faithful, practicing Catholic who attends Mass regularly
- Is at least 16 years of age
- Cannot be a parent of the Candidate
- Can be either male or female
- If married, be in a valid Catholic marriage