



ST. DOMINIC VILLAGE

A Senior Care Community

CELEBRATING **40** YEARS

ISSUE 3 • SUMMER 2015

The Village Voice

FROM OUR HOME TO YOURS



Message from Amy...

I hope this newsletter finds everyone well. We are definitely into the hot summer days! I hope everyone has received and read the letters from SDV about Hurricane Season, and how we would operate during a hurricane, or major weather event. If you have any questions, please feel free to ask. We are prepared for such events and the residents at St. Dominic Village are as always our top priority!

In the last newsletter I mentioned our cable problems and that we were working on this concern. I'm happy to report that the problem has been resolved, and that we now have EWTN back in the channel lineup as well as many other new channels. Speaking of technology, St. Dominic Village will now be offering free WiFi to all of our residents and guests.



Please stop by any reception desk for more information.

Please pardon our mess in the Nursing and Rehabilitation Center over the next few months as we fix up our nurses stations. We are starting with Station 2 and will continue from there. We are continuing to make improvements across campus. Just bear with us during the process. Hopefully the results will make for a more beautiful and homelike environment here at SDV.

Our Patron Corp Campaign is in full swing. If you would like more information about how to become a member, please see myself or Kim Elliott, Fund Development Director, for more information. It is such a great way to personally impact the lives of the residents here at St. Dominic Village. If you are already a member, Thank You!

Enjoy your summer and be safe!

Amy Shields, LNHA
Chief Executive Officer

Tribute to Jan Norris, R.N., Assistant Director of Nursing

By Robbie Bradford, Chief Nursing Officer for Nursing Center

I send this tribute to Jan Norris, R.N. who is retiring from 18 years of service to St. Dominic Village, and the residents who live here and call St. Dominic home. Jan was well liked and treasured by the residents and families that she served, and by her peers that worked with her over the years. Her former career was in a hospital setting and as an instructor for HCC. She came to St. Dominic Village as the education coordinator for the facility, and was promoted for her abilities and clinical skills to Assistant Director of Nursing after the former ADON retired. Jan wore many hats in her position as Assistant Director and wore them well. Jan will be greatly missed. She is a definite "Team" player and was always willing to assist in many ways to make the residents home a place of safety, comfort, and a place that provided the best care to our residents. She always had a listening



ear, and involved in all aspects of the clinical side for St. Dominic. She is embarking on a new chapter of retirement in her

life and we all wish her the very best in her endeavors. We never say goodbye, but we say until we meet again..... For



someone who has spent her career caring for others, it is time for Jan to get to care for herself and spend time having fun. We wish you all the best and we thank you for all of your years of service.

Please help me in Welcoming the New Assistant Director of Nursing for the RNC at St. Dominic Village.

When Jan announced her retirement to me a few months ago. I prayed and gave much time and meditation to who should succeed Jan in the role. I had an idea after that time spent asking for guidance and direction. I did not make my decision quickly, but interviewed numerous candidates for the position of ADON, but my thought kept returning to the original idea of who would fill

that role. The role of ADON is a very supportive role and a role that requires a person to critically think on the run and to be able to problem solve quickly at time and to guide staff in many ways and to be a team player. My choice was confirmed when both Jan and I began to talk with the person that I thought should be asked to take on that role.

That person is Debbie Trotter, LVN. Debbie felt honored to be considered for the position. She is an excellent team player, and has always been willing to take on new jobs and tasks. She is qualified and has the experience in clinical skills, and teaching and giving direction to the staff. She has proven to be a tremendous support to me, and already has the respect of her peers, and the residents and families here at St. Dominic.



Welcome Tanya Owens!

Please welcome our new admissions coordinator for independent and assisted living, Tanya Owens! She comes to us with extensive experience in senior care and is a great asset to our marketing team. She is married and has a one year old son named Eli. She is excited and ready to help move new residents into St. Dominic Village!

We currently have special prices for all independent living and assisted living rooms so be sure to call Tanya if you're interested in taking a tour or joining the St. Dominic Village family. Tanya can be reached at 713-440-3413 or towens@stdominicvillage.org.



SUMMER Days...

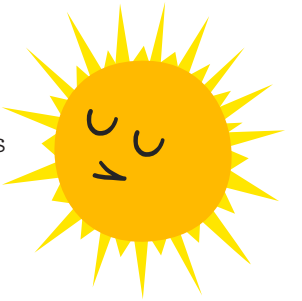
By Susan McDaniel, R.N., Wellness Manager for Independent and Assisted Living

As temperatures and humidity rise we are particularly susceptible to serious health complications from hot weather, including heat exhaustion, heatstroke, sunburns and dehydration.

Health Tips to Beat the Heat:

1. Drink plenty of liquids.
2. Avoid caffeinated and alcoholic beverages as these dehydrate the body.
3. Dress appropriately – Wear loose fitted clothing, wear a hat outdoors, and wear light colors that will reflect the sun and heat.
4. Wear sunblock and stay indoors during extreme heat.
5. Keep your room cool, inside temperature should not exceed 85 degrees.
6. Signs of Heat Exhaustion include: cool clammy skin, a body temperature of up to 103 degrees, weak rapid pulse, shallow and quiet respirations, and muscles that may be tense or contracted.
7. Signs of Heatstroke include: dizziness, weakness, nausea, spots before the eyes, ringing in the ears, bright red skin, rapid, strong pulse, and a body temperature of more than 103 degrees.

Be safe and stay hydrated!



Music and Memory

By Ruth Stanley, Chief Operating Officer for Nursing Center

Memory is a powerful thing - even for those residents with dementia or Alzheimer's disease. As many of you may have discovered with loved ones who suffer from dementia, the long term memory is the memory that stays intact longer.

The State of Texas has initiated a pilot program called "Music and Memory" with the intent of improving the lives of people with Dementia by bringing personalized therapeutic music to the residents we serve. I am very happy to announce that St. Dominic Village was one of thirty-two facilities chosen out of one hundred to participate in this program. And we are very excited!

The state will provide St. Dominic Village with the following equipment for

the program, iPod shuffles and headphones for 15 residents, AC adapters, two headphone splitters and a set of external speakers. The goal of this program is to reduce the use of anti-psychotic medications, reduce agitation, aggression, irritability and sun-downing, reduce falls and increase resident participation and engagement in socialization.

Dan Cohen, M.S.W. founding Executive Director of the Music and Memory program has completed a documentary title "Alive Inside" which can be viewed on Netflix and YouTube. I urge you to download this program and see how it has affected the lives of the residents involved. It is absolutely amazing!



St. Dominic Village will be involved in webinars taught by Mr. Cohen and we will have coaching support for a full year. We will also be certified as a Music and Memory care facility and listed on a national website.

While we will start out with a fifteen residents, our goal is to expand this program to reach many more of our residents.



Our Annual Feast Day Celebration

will be held on Saturday, August 8th.

We will begin with an opportunity to tour St. Dominic Village at 2:00 p.m., continue with Mass in Warren Chapel at 4:00 p.m. - celebrant Bishop George A. Sheltz and then enjoy a Cocktail Reception at 5:00 p.m.

Please plan to join us!

RSVP to Kimberly Elliott at kelliott@stdominicvillage.org

St. Dominic Village Spiritual Calendar

SUNDAY

Mass—10 a.m.—Warren Chapel
Deaf Community Mass—11:15 a.m.—Warren Chapel
Rosary—3:45 p.m.—Warren Chapel

MONDAY

Mass—8:15 a.m.—Warren Chapel
Lectio Divina—9:30 a.m.—5th Floor-Tower
Rosary & Communion Service—10:15 a.m.—Assisted Living-3rd Floor-Tower
Non-Denominational Worship Service—10 a.m.—Nursing Center
Mass—Noon—Warren Chapel
Rosary—3:45 p.m.—Warren Chapel

TUESDAY

Mass—8:15 a.m.—Warren Chapel
Bible Study—10:00 a.m.—5th Floor-Tower
Mass—10:00 a.m.—Nursing Center
Rosary—10:30 a.m.—Nursing Center
Mass—Noon—Warren Chapel
Sharing & Caring (Grief Support)—2:00 p.m.—Dorothy Hall 2nd Floor Meeting Room
Rosary—3:45 p.m.—Warren Chapel

WEDNESDAY

Chaplet of Divine Mercy—8:00 a.m.—Warren Chapel
Mass—8:15 a.m.—Warren Chapel
Mass—10:00 a.m.—Nursing Center
Mass—Noon—Warren Chapel
Mass—1:30 p.m.—Assisted Living-3rd Floor-Tower
Rosary—3:45 p.m.—Warren Chapel

THURSDAY

Mass—8:15 a.m.—Warren Chapel
Mass—Noon—Warren Chapel
Rosary—3:45 p.m.—Warren Chapel

FRIDAY

Mass—8:15 a.m.—Warren Chapel
Sacrament of Reconciliation—8:45 a.m.—Warren Chapel
Mass—10:00 a.m.—Nursing Center
Mass—Noon—Warren Chapel
Mass—1:30 p.m.—Assisted Living-3rd Floor-Tower
Rosary—3:45 p.m.—Warren Chapel

SATURDAY

Mass—8:15 a.m.—Warren Chapel
Rosary & Communion Service—10 a.m.—Nursing Center
Bible Study—2:00 p.m.—1st & 3rd Saturdays—Nursing Center
Rosary—3:45 p.m.—Warren Chapel

Adoration of the Blessed Sacrament-2nd & 4th Thursdays, 1-4 p.m.-Warren Chapel
Sacrament of the Anointing of the Sick-Quarterly-Warren Chapel, Assisted Living, and Nursing Center.
Sacrament of Reconciliation and the Sacrament of the Sick are also available at any time upon request.
Seasonal Reflection-Weekly during Advent and Lent, 3:00 p.m.-Warren Chapel
Additional Spiritual Activities as scheduled. Mass Schedule may change due to Holidays.
Warren Chapel can be viewed on Channel 896



Upcoming Volunteer Opportunities

Volunteer Orientations

July 11th, 9:30-11:30 a.m.
August 8th 9:30-11:30 a.m.
September 12, 9:30-11:30 a.m.

Please check out our website:
www.stdominicvillage.org
for more information on becoming a volunteer!



All St. Dominic Village volunteers are invited to attend an afternoon of prayer on Saturday, October 17th 1:30 –4:00 p.m. in Warren Chapel. See you then!

Warren Chapel services are available for viewing on Channel 896.

Catholic Channel
EWTN Channel 204

Christian Channels
TBN Channel 14
Daystar Channel 20

Assisted Living Honors Military Wives

By Marion Johnson, Activity Director

On Friday, May 8, St. Dominic Village Assisted Living celebrated and honored all spouses of those who served in the Armed Forces. Military Spouse Appreciation Day is celebrated on the Friday before Mother's Day in the United States. We take this time to acknowledge the significant contributions, support, and sacrifices of spouses of Armed Forces personnel. Each honoree fondly remembered their spouses during the time before they enlisted, during the enlistment, and after. "Ladies, we thank you for your sacrifices and support of your spouses."



Mary Ann Fanning



Martha Johnson, Elizabeth "Betty" Morrison

Matter of Balance

By Dorothea Denkins, Activity Director

The most recent Matter of Balance classes have come to an end and we had a great turnout. This program is an eight week course that was open to the residents at St. Dominic Village, is designed to reduce the fear of falling and increase activity level in older adults. We started the class with 14 residents and ended with 10 residents completing the classes. These residents learn different ways to increase their balance and recognize the different ways to prevent falls. I look forward to the next class in the coming months.



The residents at St. Dominic Village enjoyed a special treat when the crew from Painting with A Twist came to campus. The visit was sponsored by a special friend of St. Dominic Village. We are so blessed to have support to enjoy such engaging and stimulating services.



To My Backyard in all kinds of Weather

By Anna Maria Milgliore
June 2010

I love stepping out into my backyard
And feel the fresh air blow,
Where time does not hurry by
But tip-toes nice and slow.
I can smell the scented flowers
And while away the hours
Watching shadows play
From trees that gently sway
With graceful ease
In the early morning breeze.
The colors of the great outdoors
Are pure as pure can be
As Nature slowly paints
Her masterpiece tapestry.
I love to hear the birds that sing
In open air so clear-
Like treasured jewels, they're set
Into the landscape here.
And also when it storms
And skies are dark and grey
There's beauty everywhere
Whether night or day.
Oh give to me the wide outside
Where no structured walls appear
Just open space and sweet clean air
I'm well contended there-
At one in universal prayer.

The 2015 Evening with the Bishops dinner - Tony Mandola's on Monday, May 11th

The event benefitting St. Dominic Village featured His Eminence Daniel Cardinal DiNardo, the Most Rev. George A. Sheltz, Most Rev. Joseph A. Fiorenza and Most Rev. Vincent M. Rizzotto.

The special evening raised over \$30,000 for the residents of St. Dominic Village and included an intimate dinner and a chance to visit with the honored guests. A particular thank you to all the Board Members who attended the event and also to Board Member Patrick Studdert of Buffalo Marine Services for his sponsorship.

Plans are already underway for next year's event; save the date for Monday, May 16th 2016. For more information about St. Dominic Village, go to www.stdominicvillage.org or call 713-741-8722.



Happy Birthday

July

Alece Speich
Alice Fahy
Clarice Henkhaus
Don Perry
Edward Glaser
Elizabeth Murphy
Flora Lang
Freddie Conaway
Geraldine Honan
Gwen Lafleur
Joan Manning
Lucille Moratto
Margarita Saenz
Michael Bailes
Patsy Cahn
Robert Vancleve
Rudolph Glaser

August

Annie Pulido
Bertha Marquis
Charles Plunkett
Clara Bell
Dolores Drab
Dolores Lamas
Irene Nicholson
James Wesley
Janie Fernandez
Leopold Moreno
Martha Johnson
Mildred Bednorz
Olga Harness
Robert Westerman
Rosa Moreno
Theresa Sagan

September

Annie Klimicek
Catherine Palmer
Cecilia Batungbacal
Charles Fuller
Dr. Lillian Gustavson
Eva Trahan
Frank Herzog
Gail Goetz
George Lister
Ignacio Cubero
Jane Cassidy
Joaquin Cervantes
Johnnie Hamilton
Karen Raleigh
Linder Mundy
Marie Rigby
Mary Schoelman
Rawlin Enette
William Fitzgerald

Employee OF THE MONTH



APRIL 2015
MONICA GONZALEZ



MAY 2015
RENOTA GAUDET



JUNE 2015
DORIS HARRY

What would you like to do?

By Lynn Gillespie, Independent and Assisted Living Administrator

We have many gathering places on our campus, open to all, to meet the desires of our residents, families, guests, and staff. First and foremost is our wonderful Warren Chapel whose welcoming doors are open from 7:00 a.m. – 7:00 p.m. for Mass, rosary, quiet prayer, programs, choir, Adoration and more. Our spiritual schedule is on the website..... Looking for a place to read the paper and have some coffee? Watch a movie? Play cards, Scrabble and more? Celebrate a

birthday, anniversary, or family gathering? --- look no further than the Charlotte Hall Social Area with events listed on the calendar – however, it is always open 24 hours 7 days a week for coffee and our great front desk staff is there to assist you.

Want an area just for your family for a special birthday or event, call Lynn Gillespie at 713-741-8715.

Need some quiet time ---- the outdoor Grotto with the statue of Our Lady across from Charlotte

Hall, benches by Our Lady Fountain outside Dorothy Hall, the Veranda area of Dorothy Hall, our lovely garden in the courtyard by the Library, and a little further, the Fountain in the grassy area closer to the back drive all offer places for solitude.

Want a place to write? – the computer lab/library and the 2nd floor sitting room in Dorothy Hall offer tables and a view. If you have discovered a special area that you would like to share, please let us know at 713-741-8700.

One family sharing their life with us through three facilities!!

We are so extremely blest with our wonderful community of residents in the Village and one never knows where networking might lead...In 2005, I called the piano technician who has been here for ages to tune pianos and found he had moved, but recommended a fellow professional, Mike Ello. Mike came, tuned the pianos and we got to talking about the Village and he mentioned they would be looking for a home for his mother-in-law soon so I gave him a tour. About six months later, Gloria Ambrose, his mother-in-law, moved in and we met Gloria's daughter and Mike's wife, Catherine (Cat) Ello.

Gloria was a gift to our community and brought many talents to share.

She was a harpist and played that as well as piano for us. Several years went by and Gloria's sister, Ruth Reed, retired from teaching Violin at North Texas State in Denton, TX, visited Gloria several times and decided to move to Houston and to Independent Living at the Village. Ruth started what has grown into eight years of playing at Mass and many occasions including accompanying the Choir and Chorus.

During Gloria's stay with us, she expressed an interest in Catholicism and was Baptized here. Gloria later developed breast cancer and her support team in addition to her family, were all her wonderful friends in Assisted Living and our Nursing Center. Gloria entered Eternal Life in 2008 and the Celebration of her Life was held here

in Warren Chapel with her family providing the music --- daughter on piano and vocals, two grandsons and Ruth on violins. And, speaking of grandsons – they helped us out many times volunteering, even being “Santa” for our residents at the Assisted Living Christmas Party. We are fortunate to have Ruth and her beautiful music continuing to bless our days and she now resides in Assisted Living and the family circle is joined and celebrated !! What a glorious blessing the Reed, Ambrose, and Ello family have been to us!



LIMITED TIME ONLY

ENTRANCE FEE **WAIVED**

HURRY!

- ◆ Fresh chef-prepared meals
- ◆ Weekly housekeeping
- ◆ Rich spiritual environment
- ◆ On-going activities available

Contact Meg Pohodich at 832.707.2398
mpohodich@stdominicvillage.org
www.stdominicvillage.org



ST. DOMINIC VILLAGE

A Senior Care Community

CELEBRATING **40** YEARS

Ministry of the Archdiocese of Galveston-Houston
Member of the Texas Medical Center



2401 Holcombe Boulevard ♦ Houston, Texas 77021 ♦ 713.741.8701 ♦ Fax: 713.748.8305 ♦ www.stdominicvillage.org

Patron Corps puts residents on new wheels!

By Lynn Gillespie, Independent and Assisted Living Administrator

Due to the generosity of our Patron Corps members, the new 15 passenger bus was delivered to us by Texas Bus Sales on June 11th at which time Bishop Vincent Rizzotto, D.D., conferred the blessing with residents and staff joining in prayer for safe journey on our travels for many years to come.

The bus is equipped with the latest in technology for safety including the lift --- allowing for scooters, wheelchairs, and even residents unable to use

the bus steps, to gain access into the bus safely --, special tie-downs for assisted devices, a heavy duty AC system and shock absorbers, and a speaker system.

These special appointments allow many residents to go on outings who would not otherwise be able to join in activities. Having two buses is a real asset as it allows for schedules to be accommodated in all facilities. The buses provide resident transportation

to various outings and medical appointments, staff transportation to conferences and events, and allow for the pick-up of larger supply items for the facility as well as the decals serving to give Village information to new prospective residents. We are most appreciative of our Patron Corps members as they continue to meet the special needs of our Village; God bless each of you.



UPCOMING EVENTS

Aug. 8

St. Dominic
Annual Feast Day Celebration

Starts at 2

Oct. 8

Arts and Crafts Fair at
SDV Auditorium

10 am - 4 pm

Patron Corps

Date to be determined
(not 9/12 as previously mentioned)

Oct. 30

Halloween Dance

Thank you to the Bianchi family, who donated the Rainbow Play System to St. Dominic Village in honor of Mr. Giuseppe Bianchi.

We know many visitors to campus will enjoy this !! We are blessed by your support.



Brother Cletus, who is a friend of St. Dominic Village and an amazing artist has a beautiful painting of St. Dominic available in the campus Gift shop. Please stop by to see an example piece and make an order.

St. Dominic Tile

Order Form

Please send me a tile of St. Dominic

Name _____

Address _____

City/State _____ Zip _____

Make check payable to the Marianists in the amount of \$65.00.

Shipping is included

Mail to: Bro. Cletus 2507-B NW 36th Street, San Antonio, Texas 778228



ST. DOMINIC VILLAGE

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CELEBRATING **40** YEARS

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