

THE VILLAGE VOICE

ISSUE 3. FALL 2018

MIRACLE
ANGEL AT
ST. DOMINIC
VILLAGE

FALL FAMILY FUN!

EVENING WITH THE BISHOPS



ST. DOMINIC VILLAGE
A Senior Care Community

Mr. & Mrs. Force with Faith & Mia, residents at St Dominic Village

A MESSAGE FROM AMY...



Amy Shields, LNFA
Chief Executive Officer

It's the most wonderful time of the year! I hope this finds all of you getting ready for the busy time of year that is upon us. Please remember to take the time to relax and enjoy the season amongst the chaos that it can sometimes bring.

Spending time with family and friends, and honoring the true meaning of the Season is the most important thing we can do. I, for one, love being able to spend the holidays with our residents here at St. Dominic Village. To see their joy and excitement is such a gift. I hope all of you can join us at one of our upcoming Christmas Celebrations, and enjoy some merriment with our residents.

If you're able to stop by, something that may catch your eye on campus is our Campus Cat! Animals are a huge comfort to many of our residents, and they bring them such joy. We are also looking to adopt a dog. Both of these campus pets will be up to date with vet visits and vaccinations, and will be in tip-top shape so that they can safely bring smiles and love to our residents. They will be indoor and outdoor animals, and know that St. Dominic Village is their home, and they will be welcomed all over campus.

Please stop by and let me know if you have any questions about these exciting new additions to our community. There is much research about the benefits of this philosophy and I would be glad to share it with you.



I wish you all a
Happy Thanksgiving, a
Merry Christmas, and
a blessed New Year!

Amy Shields

- Amy Shields, LNFA
Chief Executive Officer

713-741-8701

ashields@stdominicvillage.org

MIRACLE ANGEL AT ST. DOMINIC VILLAGE



Ms. Kaffenberger

Ms. Kaffenberger has been a resident at St. Dominic Village for a little less than a year. "I visited St. Dominic Village many years ago, and I remember thinking that when the time came, this is where I wanted to be," she shares.

Since arriving, Ms. Kaffenberger has made an abundance of friends. Some residents know her as the "Angel Lady" because of the beautiful angel statue that sits outside her window. This angel is more than just garden decor. Ms. Kaffenberger believes that this angel saved her life.

"During Harvey, my subdivision started flooding. I don't think it had ever flooded before. The water started coming into my garage, and I was afraid that it would just keep rising, so I called my grandson to come get me. I packed some clothes and waited for him, but the water was too high, even for his truck, and he couldn't get through to me.

I went back in the house, wondering what I was going to do, and then I saw some lights flashing outside. The Volunteer Fire Department was rescuing people on my street, so I went outside to get help. They told me to wait in my driveway, and they would help me on their way back. So I stood out there with my bag, waiting.

I'm not sure how it happened, but one minute I was standing, and then I fell. I ended up in the street, on my back, with water rushing over me. I felt like I was drowning, so I grasped around to see if I could find something to grip. I just couldn't get up.

Finally I was able to grab something, and I used it to turn my body over, and get on my knees. I made it back to the driveway, and the volunteer firefighters took me to a Red Cross shelter."

Ms. Kaffenberger was unsure what it was that she used to pick herself up that day, but she knew that it wasn't just the sidewalk or a curb. She couldn't stop thinking about it, so after the storm began to clear she called her neighbor who was still at home and asked if they could take a look outside.

To the neighbor's surprise, the angel statue was the only thing that she could find. It was one of her own garden statues that had washed out into the street. That angel was actually the only thing that the water carried away from her yard.

"I used to not believe in things like this, but after having this happen, I now believe that this angel is what saved my life," says Ms. Kaffenberger.

"When my neighbor moved, she left the angel on my front yard, and now it's here with me at St. Dominic Village. They didn't have to let me bring it with me, but I'm very grateful that they did," she said.

- Monica Snell
Development Assistant



MS. KITTY JOINS THE VILLAGE!



In late August residents alerted staff that a furry visitor was hiding in the bushes behind the Administration Building. After weeks of trying to catch a glimpse of our new friend, and putting out food and water, we were finally able to greet the small, skinny, calico kitty that had been exciting so many around campus.

Once we got her to trust us she allowed us to take her to the vet, get her fixed, and get her vaccinated. During her recovery period she rested in the Development Office, where day after day residents would come by to visit with her, feed her, and give her some very well-received loving. One of these residents was Ms. Brumbaugh.

Ms. Brumbaugh was more than happy to have a kitty to spend time with as she had to rehome her cat when her health began to decline, and she saw herself being frequently hospitalized.

"My cat's name was Mrs. Beasley. She was a tuxedo cat that I adopted from Save Ohio Strays (SOS). She was five years old when I got her, and I had her for about five years before I had to give her up.

When that time came, I called the people at SOS to come and pick her up. Luckily, she was only at the shelter for two weeks before she found another home! I still keep in touch with them, and with the family that adopted Mrs. Beasley. She's doing great, and is being very well taken care of.

I'm very happy to have a campus cat that we can all visit with. A lot of us had animals before moving here, but had to give them up for various reasons."

Many other residents have also taken a special interest in the campus kitty. Studies have shown that animal interactions with the elderly "can help reduce stress, lower blood pressure, and increase social interaction and physical activity."

As the newest member of our community, the campus kitty has had a very warm welcome from most residents and staff. Some residents have even begun taking part in her care. They even came together to vote on a name for her. Once the ballots were in, the name chosen for the campus cat was Ms. Kitty.

- Monica Snell
Development Assistant



Ms. Brumbaugh with Ms. Kitty

CELEBRATING SUCCESS!

We are pleased to share a wonderful Rehab Success Story from one of our very own St. Dominic Village residents!

Name: Mary Hardeman

Admitting Diagnosis: Right side Femoral Fracture

Admission Date: 03.14.2018

Discharge Date: 08.23.2018

Discharge Location: St. Dominic Village



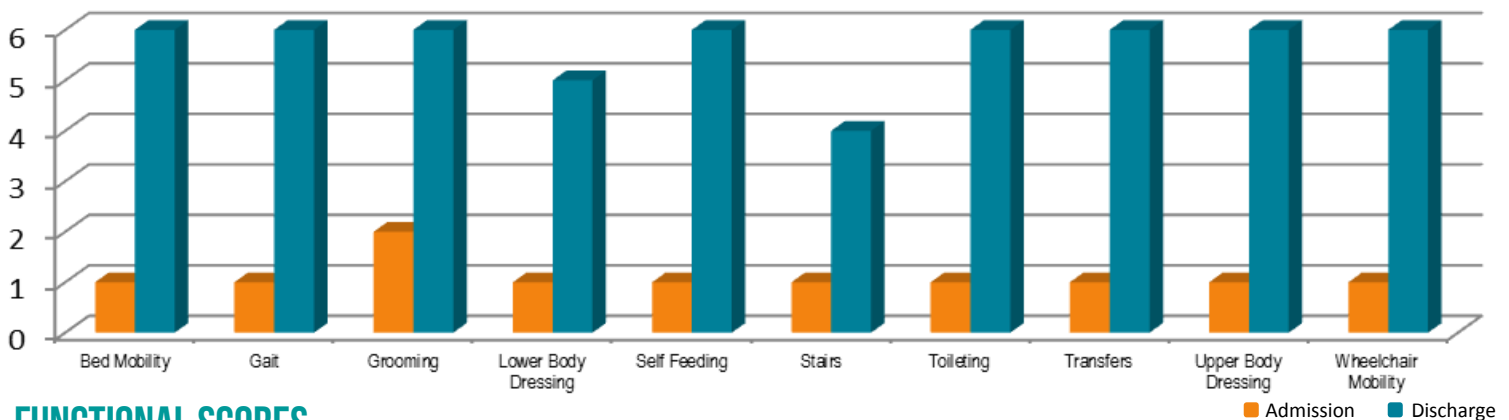
Ms. Hardeman and the RehabCare team.

Ms. Hardeman was admitted to St. Dominic Village after suffering a fall which resulted in a fracture on her right leg. Initially she was physically unable to participate in transfers, and experienced significant pain in her right leg along with some internal medical complications that resulted in her having to return to the hospital to get medically stabilized.

Ms. Hardeman showed great improvement upon her most recent return from the hospital and is now able to safely self-transfer, toilet, dress and ambulate with and without a wheelchair.

Ms. Hardeman has shown tremendous determination through her journey to a safe and successful discharge to long term care at St. Dominic Village. She has a vibrant, cheerful personality that always lights up the room, and we are proud to share her success story.

FUNCTIONAL OUTCOMES MEASURES - PT/OT



FUNCTIONAL SCORES

- 7.0 – Complete Independent – No assist, no equipment
- 6.0 – Modified Independent – No Assist, but equipment or extra time
- 5.0 – SBA – No physical assist other than set-up; supervision for safety/technique; and/or single cue to initiate
- 4.5 – CGA – Contact Guard Assist
- 4.0 – Min – Occasional assist (25% or less time or effort to complete)
- 3.5 – MinM – Min-Mod – Periodic assist (25-40% of the time or effort involved to complete task)
- 3.0 – Mod – Frequent assist (40-50% of the time or effort involved to complete task)
- 2.5 – MdM – Mod-Max – Extensive assist (50-75% of the time or effort involved to complete task)
- 2.0 – Max – Constant assist (75-90% of the time or effort involved to complete task)
- 1.7 – NTD – Near total dependence: Total assist w/only partial task completion
- 1.0 – CD – Complete Dependence: No contribution from pt; task done by others or not assessed
- 0 – NA Not Addressed – Will not be addressed during the course of care

Program managed by:



*- Amir Tariq,
RehabCare Manager*

LOOK...LOOK...!!!

The clouds in the sky mark the moment when the painters, now gone, come out to exercise their paintbrushes.

Someone, perhaps, asks: "And what happens when the sky is completely covered and gray?"

It's that the painters are preparing their canvases.

"And why don't they sign their works?" asks another.

The answer is simple. They want us to enjoy their art and not make us argue that this or that painting of yesterday, was better than that of ...so-and-so or so-and-so.

- Mr. Adolfo Astorga

St. Dominic Village Resident

"Oh, no, I saw one of Rembrandt and it was more stupendous than that of Van Gogh!"

How well they know us! They want us to lift our eyes from the ground, from the mud of selfishness and violence in which we have converted this beautiful Planet Earth and that we enjoy the pleasure of seeing these works of true Art that they create and, affectionately, offer to us for the delight of our eyes.

And in this way, if we raise our view to the heavens, without rancor, without evil, perhaps we will have the good fortune of seeing, in the clouds, the self-portrait of the Greatest Artistic Creator.

SDV ACCOMMODATES FURRY RESIDENTS

Management has installed a pet waste station in efforts to help accommodate our furry residents and visitors. Aside from the pups that live at St. Dominic Village, we have quite a few furry visitors that come to see their loved ones, and once a month we have specialized therapy dogs that come to campus to spend time with residents.

Having this pet waste station makes it easier for everyone to pick up after their pet, and that creates a better experience for all who set foot on our grounds.

Our beautiful 27 acre campus is such a blessing to those who enjoy taking long walks, and exploring the outdoors. We hope that our residents, visitors, and volunteers will all take part in helping us keep St. Dominic clean, safe, and enjoyable for everyone.



ANGEL HOUSE TESTIMONIAL

Did you know that St. Dominic Village offers affordable lodging for patients receiving treatment in the Texas Medical Center, and their families? Our Angel House rooms have provided a safe, comfortable place for many, including Mr. & Mrs. Campbell. Read Mrs. Campbell's testimony below.

"In July 2012 my husband, Travis Campbell, was diagnosed with stage III colon cancer. With family support, we chose to seek treatment at M.D. Anderson (MDA) in the Medical Center. After surgery at MDA we continued returning for follow-ups, as well as chemo and radiation. Our treatment journey continued for over 5 years.

Initially, we lodged at various hotels, until a friend mentioned that they had stayed at St. Dominic Village just a few blocks from the clinic. In early 2014, we started staying at St. Dominic's Angel House guest rooms.

After a day at the clinic, we would feel so tired and overwhelmed. A turn into the entrance of St. Dominic offered immediate relief as we were always greeted by the front gate attendants. The park-like grounds of St. Dominic were especially restful and comforting after a long day of tests and cancer prognosis. More than anything, it was the staff at St. Dominic's who always treated us kindly - a true home away from home - from the front desk, to the gift shop, breakfast staff, housekeeping, and the residents themselves. We felt such a great peace being there. We both needed to feel that somebody cared.

When we started coming to St. Dominic Village, Travis was walking on his own, and the last time we were there he was in a wheelchair. He passed away June 15, 2018 and I am so grateful for all the kindness everyone showed us, and that memory is still with me as I grieve.

I talked so fondly of St. Dominic Village that a

friend of mine in Minnesota told me she went online and made a donation in memory of Travis. I also plan to make a memorial donation to St. Dominic Village to help ensure other medical center patients may benefit as we have.

When I get older and am ready to downsize, I'm planning to live at St. Dominic where I'd like to live out my life. I can't thank you enough."



Mrs. Campbell enjoyed taking pictures of Mr. Campbell (*pictured above*) at St. Dominic Village - in the gardens and at Christmas with the large inflatable holiday decorations.

To learn more about Angel House visit <https://stdominicvillage.org/angel-house>.

To donate to our Angel House rooms, please go to <https://stdominicvillage.org/sdv-fund>, and specify that you would like to give to Angel House in the additional comments section.

EVENING WITH THE BISHOPS 2018

The 9th annual Evening with the Bishops was held on Monday, September 24, 2018 at Tony Mandola's Gulf Coast Kitchen. The event honored special guests, His Eminence Daniel Cardinal DiNardo, Auxiliary Bishop George A. Sheltz, Archbishop Emeritus Joseph A. Fiorenza, retired Auxiliary Bishop Vincent M. Rizzotto and the Most Reverend Brendan J. Cahill. The sold-out event was chaired by Tom and Fran Callahan and emceed by Sherry Williams.

Guests enjoyed a delicious four course dinner and they were treated to music by performer Kathryn Brewer. Throughout the night each of the Bishops shared insight on the importance of St. Dominic Village to the ministry of the Archdiocese. Another highlight was former Board Chair, Jim Davis along with wife Diane Davis sharing a moving testimony about Diane's mother who lives in the Rehabilitation and Nursing Center.

St. Dominic Village raised a record setting \$105,000 with the help of table sponsors Pat Studdert, Raye White, Sean & Tracey Kari, Dr. Mark & Shari Provenzano, Judith Raines & David Kem and Jim & Diane Davis.

We were blessed to have a few St. Dominic Village residents and employees of the month as guests in attendance.

Thank you to all who attended, sponsored a resident and help us to support our mission of Caring for Our Elders with the Compassion of Christ.

We are looking forward to the 10th annual event which will be held on Monday, September 30th, 2019 at a new venue, the Parador.

- Kimberly Elliott
Director of Development



BOD Chair Michele Malloy, CEO Amy Shields, & BOD Member Jim Davis



Emcee Sherry Williams, CNA Veronica Murray, & LVN Judy Sanford



Residents Maria Plezbert & Joseph Devine, & Dir. of Dev. Kimberly Elliott

“Caring for Our Elders with the Compassion of Christ”



Guests with Cardinal DiNardo



Archbishop Fiorenza & Ms. Raye White



Bishop Sheltz with Mr. & Mrs. Silva



Guest, Dr. & Mrs. Provenzano, Bishop Rizzotto, & Ms. Susan Stromatt



Sr. Carol Mayes, two guests, & Bishop Cahill



Event Chair, Mr. Tom Callahan
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FALL FUN AT ST. DOMINIC VILLAGE

Fall is the season to gather, be grateful, and rejoice with family and friends. That's just what we did this fall at St. Dominic Village!

We began our celebration of the season with our first campus-wide St. Dominic Village Fall Festival. The festival took place on October 20, 2018, and it attracted families, friends, superheroes, and more!

The entire campus took part in making this event a success, with some of our very own residents volunteering and helping our guests.

We'd like to give a special thank you to all those who stopped by, and spent their Saturday with us. It was a great opportunity for our families to spend time with their loved ones, and make life-long memories.

We had so much fun seeing families enjoy the petting zoo, playing the festival games, playing bingo for cash prizes, riding the trackless train,

eating great food, shopping in the craft fair, and learning in the health fair.

The fall fun didn't stop there! On October 25, we hosted our Annual Halloween Dance! Our residents along with their family and friends had a blast dancing the afternoon away.

Our guests enjoyed a wide variety of fruits, vegetables, sandwiches, and sweets catered by Lubys Etc. Once again, thank you to all those who were able to join in on our Halloween Dance, and to all of the costume contest participants who put on a great show!

Stay up do date on our upcoming events by visiting our website (stdominicvillage.org) and liking our social media pages @StDominicVillage.

We hope you can join us for our next event!

*- Monica Snell
Development Assistant*



Residents and their families enjoying themselves at the Fall Festival.

"Caring for Our Elders with the Compassion of Christ"



Residents and family members enjoying the Halloween Dance.

UPCOMING EVENTS

Skilled Nursing & Rehabilitation Center Christmas Party

December 10, 2018

5:00 PM - 7:00 PM

SDV RNC

Independent & Assisted Living Christmas Party

December 12, 2018

5:00 PM - 7:00 PM

SDV Auditorium

Bishop Rizzotto Golf Classic

March 7, 2019

11:00 AM - 5:00 PM

Wildcat Golf Club

NURSE'S STATION

GOING TO THE HOSPITAL

Nursing center residents commonly develop new or worsening symptoms. When this happens, a decision may need to be made on whether to continue care in the nursing center or go to a hospital. This depends on several factors, such as the resident's condition, the nursing center's ability to provide the necessary care, and the preferences of the resident and their family.

RISKS OF HOSPITAL CARE

Even in the best hospitals, age, chronic medical conditions, and what caused the transfer all combine with the environment to put residents at risk for complications. These can include: new or worsening confusion, more time in bed which increases the risk of blood clots, pressure ulcers, muscle weakness, loss of function, falls, injuries, and new infections.

- Heather Wilson
Education Coordinator

BENEFITS OF STAYING IN THE NURSING CENTER

Treatment in the nursing center allows residents to have continuity of care, where they can continue to receive care from staff members who know them, and who can respond to their individual preferences and needs. They also remain in their home environment and routine. Problems can always arise when miscommunication happens between the hospital and nursing center.

WHAT CAN RESIDENTS AND THEIR FAMILIES DO?

To make sure the right decisions are made, residents and their families can participate in care planning with staff, discuss the risks and benefits when a new symptom or change of condition occurs, complete an Advance Directive document such as a Durable Power of Attorney for Health Care, understand the resources available in the nursing center (oxygen, lab tests, IV fluids, and medications), and understand the financial and procedural issues such as bed-hold policies in the hospital vs. in the nursing center.

EMPLOYEE *of the Month*



CYNTHIA MALVEAUX
CMA, AL 4TH FLOOR
JULY 2018



YOLANDA STEWART
IL RECEPTIONIST
AUGUST 2018



KEKE RICHARDSON
STAFFING COORDINATOR
SEPTEMBER 2018

HOLIDAY TURKEY RECIPE

INGREDIENTS

- 15 pound turkey
- 2 tablespoons of dried parsley
- 2 tablespoons of ground dried rosemary
- 2 tablespoons of rubbed dried sage
- 2 tablespoons of dried thyme leaves
- 1 tablespoon of lemon pepper
- 1 tablespoon of salt
- 2 stalks of celery, chopped
- 1 orange, cut into wedges
- 1 onion, chopped
- 1 carrot, chopped
- 1 can of chicken broth
- 1 bottle of white wine

- O'Neil Thorpe
Food Services Manager

DIRECTIONS

Preheat oven to 350°. Stir the parsley, rosemary, sage, thyme, lemon pepper, and salt in a bowl. Rub the herb mixture into the cavity of the turkey, then stuff with celery, orange, onion, and carrot. Place the turkey into a roasting pan lined with aluminum foil. Pour the chicken broth and white wine over the turkey, making sure to get white wine in the cavity. Bring the aluminum foil over the top of the turkey, and seal. Try to keep the foil from touching the skin of the turkey breast or legs. Bake the turkey for 2.5 to 3 hours, until no longer pink at the bone and the juices run clear. Uncover the turkey, and continue baking until the skin turns golden brown, 30 minutes to 1 hour. A thermometer inserted into the thickest part of the thigh, near the bone should read 180°. Remove the turkey from the oven, cover with a doubled sheet of aluminum foil, and allow to rest in a warm area 10 to 15 minutes before slicing.

2019 HOLIDAY MASS SCHEDULE

Thursday, November 22 *Thanksgiving Day*

9:00 a.m. Warren Chapel - This is the only Mass at St. Dominic Village today.

Saturday, Dec 8 (Holy Day of Obligation) *Immaculate Conception Mass*

10:00 a.m. Warren Chapel - This is the only Mass at St. Dominic Village today.

Wednesday, Dec 12 *Our Lady of Guadalupe Celebration*

9:00 a.m. SDV Auditorium

Wednesday, Dec 19 *Advent Penance Service*

1:30 p.m. Warren Chapel

Monday, Dec 24 *Christmas Eve*

8:15 a.m. Warren Chapel - Advent Weekday

7:00 p.m. Warren Chapel - Christmas "Midnight" Mass

Tuesday, Dec 25 (Holy Day of Obligation) *Christmas Day Mass*

10:00 a.m. Warren Chapel and Rehabilitation & Nursing Center

Tuesday, Jan 1 (Holy Day of Obligation) *Mary, Mother of God Mass*

10:00 a.m. Warren Chapel and Rehabilitation & Nursing Center

This Holiday Season, help
us give our residents the gift
of upgraded common areas!



Assisted Living Dining Room

A gift as little as \$25 can go a long
way to ensure the comfort of those
who spend time in the Assisted Living
Dining Room and Link Area.



The "Link" Area

**Please mail checks to:
Development Department
2401 Holcombe Blvd.
Houston, TX 77021**

**To give with a credit card visit:
<https://stdominicvillage.org/eoy-campaign>**

Thank You

FOR YOUR GENEROUS GIFTS IN SUPPORT OF OUR MISSION

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Note from the St. Dominic Village Newsletter Team:

**We sincerely regret any misprints; please contact Kimberly Elliott for retractions at 713.741.8722 or kelliott@stdominicvillage.org*