



C.A.F.E. SUNDAY

Coffee And Faith Enrichment

*20 minute Catechism
for the whole parish family*

What is C.A.F.E. Sunday?

- We will be meeting most Sundays in the parish hall for 20 minutes of catechism
- We start each gathering with some refreshments (don't worry, we have coffee!) followed by a lesson from the Baltimore Catechism.
- Students go to their grade-level classrooms while adults and high schoolers gather together



When and Where Will We Meet?

Every Sunday (except the 2nd Sunday & holidays) from Sep-March:

*9:35-10:05 am at Sacred Heart

*11:45-12:15 pm at St. Stanislaus

*10:10-10:40 am at St. Mary's Visitation

(full schedule on back of flyer)



Sign-Up

To sign up your family, visit:

www.osvhub.com/smvchurch/forms/ffregister

Questions? Email Kathryn at dre@naccparishes.org or
Faith Porter at admin@naccparishes.org



C.A.F.E. SUNDAY

Schedule & Topics



Sundays

2025-26

September

- 7- Introduction
- 21- Bread of Eternal Life
- 28- Why we need the Body of Christ

*No CAFE on 9/28 at Sacred Heart

October

- 5- Sacrifice of the Mass
- 19- Mass: at the foot of Calvary
- 26- Holy Orders & Extreme Unction

November

- 2- Holy Matrimony
- 16- Sacramental marriage
- 23- Sacramentals: things set apart

December

- 7- A life of prayer
- 21- Love for God and neighbor

January

- 4- Review
- 18- No strange gods before Me
- 25- Do Catholics pray to saints?

February

- 1- Commandments 2 & 3: Honoring God
- 15- Honoring others
- 22- Thou shall not covet



March

- 1- Do I have to go to Mass?
- 15- Confession how often?
- 22- The 4 last things

Sacred Heart
9:35-10:05 am
St. Mary's Visitation
10:10-10:40 am
St. Stanislaus
11:45 am-12:15 pm