

Other Offerings

Days of Reflection 8:30AM-3:00PM

“Pope Leo Challenges...”

Dec. 9, 2025 Mar. 10, 2026
Jan. 6, 2026 Apr. 14, 2026
Feb. 10, 2026 May 12, 2026

Days of Prayer 8:30AM-3:00PM

Feb. 3, 2026 Fr. Gary Copping
Feb. 4, 2026 Dr. Veterans & Fr. Krafft
Mar. 4, 2026 Sr. Judy Gomila, MSC
Mar. 11, 2026 Mrs. Betty-Ann Hickey

Scripture & Sips 6:30PM-8:00PM

Apr. 15, 2026 Reflect on the Word of God
in a relaxed atmosphere.

Rosary & Rose' 5:30PM-7:00PM

Jan. 7, 2026 Enjoy rose' wine and light
May 7, 2026 bites before praying the
July 7, 2026 rosary in our chapel.

Monthly Grief Support

First and Third Tuesdays 6:00-7:00 PM

Preparing for Christmas Grief Cookies and Cocoa

Dec. 16, 2025 6:00-7:15 PM

Bereaved Mothers' Tea

May 5, 2026 4:30PM- 6:30PM

Grief Retreat

August 22-23, 2026

John Folse & Company Gala

August 28, 2026



Allow yourself the gift of
time away with God.

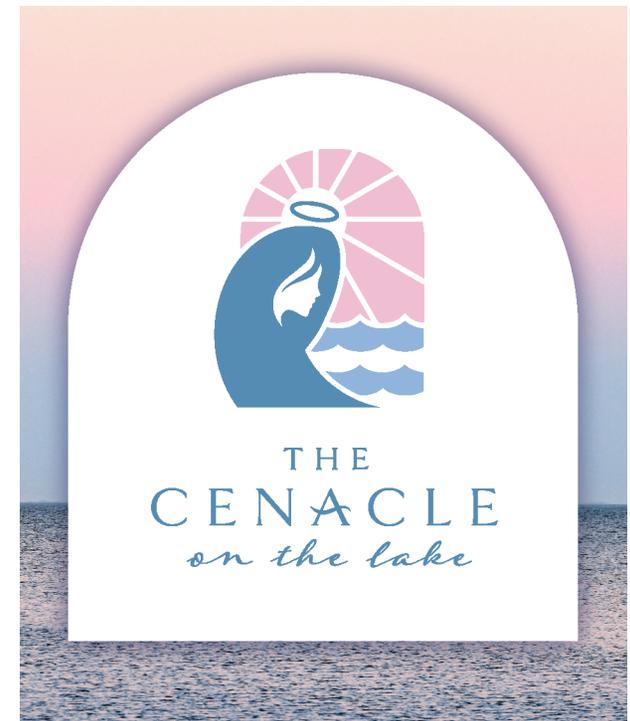
Bask in the beauty, soak in the silence, and listen to God's still, small voice. At The Cenacle on the Lake, you'll find the space and support you need to renew your spirit, grow in faith, and return to your life feeling lighter, freer, and more at peace.

**Please join us for Mass on
Tuesdays, Wednesdays and
Thursdays at noon in our chapel.**

For information about using our facility to host a retreat or event, please call (504) 267-9604.



Visit neworleansretreats.com or call us today at (504) 267-9604 to learn more and reserve your place on an upcoming retreat.



A sacred space to

STEP AWAY
ENCOUNTER JESUS
FIND PEACE

2026 Offerings

5500 St. Mary Street | Metairie, Louisiana
Archdiocese of New Orleans

Experience the power of silence at The Cenacle on the Lake.

Our mission is to provide a welcoming, sacred space for Catholic women to encounter Jesus in the tradition of Ignatian spirituality. Every retreat at The Cenacle on the Lake is a journey toward spiritual renewal, guided by the teachings of the Catholic Church, and inspired by the gentle, nurturing love of God.



"In returning and rest you shall be saved; in quietness and in trust shall be your strength."
ISAIAH 30:15

What can I expect on a silent retreat?

WILL I BE ABLE TO TALK AT ALL?

Our retreats begin with a warm welcome, a time to meet one another and share a meal together. This is your opportunity to speak and connect with the women you'll journey with during your retreat. **After dinner, we embrace the gift of silence**, holding it throughout the retreat, even during meals, **until lunchtime on the final day**, when we break the silence together.

IS THERE GUIDED PRAYER?

Yes, there are moments of shared prayer throughout each day. During these group sessions, you'll be gently guided by our retreat director, who will offer reflections and points for contemplation to enrich your prayer experience.

WHAT CAN I DO IN MY FREE TIME?

In between sessions, Mass, and meals, you're free to let your heart guide you, whether that's meditating in the chapel, journaling, taking a peaceful nap, or walking along the tranquil levee by Lake Pontchartrain. Whatever helps you draw closer to Jesus, this sacred time is yours to embrace.

Women of Manresa Retreats

THURSDAY EVENING – SUNDAY LUNCH

These silent retreats follow the Spiritual Exercises of St. Ignatius, in the same format used for men for almost a century at Manresa House of Retreats. They are led by Jesuit priests and brothers and those trained in Ignatian spirituality.

DATES

Feb. 19-22, 2026
Mar. 26-29, 2026
Apr. 30-May 3, 2026
Aug. 13-16, 2026
Sep. 10-13, 2026

DIRECTOR

Fr. Flavio Bravo, SJ
Fr. Jeffrey Harrison, SJ
Dcn. Ron Drez
Fr. Frank Reale, SJ
Fr. Ross Romero, SJ

Silent Women's Retreats

FRIDAY EVENING – SUNDAY LUNCH

These silent retreats each carry their own theme, chosen by the presenter. More information on each theme can be found on at neworleansretreats.com.

DATES	PRESENTER	THEME
Jan. 16-18, 2026	Sr. Judy Gomila, MSC	Bearers & Builders of Hope
Mar. 6-8, 2026	MSC Sisters Sue & Kathleen	The Women Doctors of the Church
Mar. 13 - 15, 2026	Fr. Bryce Sibley	Living in the Father's Gaze
Apr. 24 - 26, 2026	Fr. Jeffrey Montz	The Mystery of Redemptive Suffering
June 26 - 28, 2026	Fr. Simeon Gallagher, OFM, Cap	To be announced
Oct. 23-25, 2026	To be announced	To be announced
Nov. 6-8, 2026	Fr. Simeon Gallagher, OFM, Cap	To be announced

