**CONFIRMATION SAINT ASSIGNMENT**

As a child, your parents chose a name for you. In the Sacrament of Confirmation, you are able to take on a new name of your own choosing—the name of a saint or holy person who can become an inspiration to you and an intercessor for you, as you seek to deepen your commitment to Christ.

You are encouraged to pray about this choice and to spend some time researching the lives of saints in order to select a Confirmation saint whose life and virtue can be an inspiration to you. Below are some suggested Catholic saints you could explore, as well as a few reputable websites that will help you in your investigation. Once your selection has been made, please complete the assignment detailed below.

**Your assignment:**

* **You must turn in a one-page paper about the saint, due WEDNESDAY, October 18th.**
* The paper should be **at least one full page long, double-spaced**. (You can hand write if you prefer.)
* It should **include the following information** in your own words:
* Your saint’s name, birthplace, date of birth, and date and manner of death (if known.)
* A brief summary of your saint’s life, accomplishments, and/or spiritual works.
* Any special devotions to your saint or any patronages (things of which they are “patron saints.”)
* Several qualities that you admire or find inspirational about your saint.
* A description of **why you have chosen to take this saint’s name as your own** and how you feel that this saint’s example will help you grow in faith.

**Websites to assist in your research:**

* <http://www.catholic.org/saints/>
	+ This website has reputable biographical information on numerous saints.
* <http://lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls/>
	+ This website has suggestions for interesting and inspirational saints, as well as links to their biographies.

**Some suggested Saints/Blesseds to explore:**

St. Gianna Beretta MollaSt. Maximilian Kolbe

St. Teresa Benedicta of the Cross (Edith Stein) Blessed Pier Giorgio Frassati

St. Faustina Kowalsko Pope St. John Paul II

St. Therese of Lisieux (the little flower) St. Sebastian

St. Teresa of Calcutta (Mother Teresa) St. Joseph

St. Maria Goretti St. Padre Pio (Francesco of Pietrelcin a)

 Blessed Carlo Acutis

**Some suggested Saints/Blesseds who have a local connection:**

St. Frances Xavier Cabrini

St. Katharine Drexel

Blessed Francis Xavier Seelos

***FYI, please do NOT select a saint’s name that is already part of your name – your first or middle!***