

# 14<sup>th</sup> Sunday IN ORDINARY TIME



"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."  
- Mt 11:28-30

JULY 9, 2023

PSALM 145

MY GOD,  
I WILL PRAISE  
YOUR NAME  
FOREVER.

Let us Praise His name and...

Please COME & Join our... **SLRC**  
**'Word Made Flesh'**  
a 'way of life'  
on the Road to  
(and through)  
**Emmaus**

... A program & undertaking of SLRC  
inviting, encouraging and enabling  
the community to 'read', 'reflect',  
'share' and 'pray' on the Word  
daily and liturgically.

"Stay with us, for night comes quickly,  
The day is now almost over"

"Let's HANG OUT with JESUS...with  
SOMEONE!"

Be a Catechist!

VOLUNTEER

Let us thank all our  
Catechists...Let us know  
them by name

Let us Bring the Faith  
Home...Let us go  
**ZONEwise...**



## St. Lorenzo Ruiz Catholic Parish Community

747 N. Meadow Pass Road, Walnut, CA 91789  
(909) 595-9545

Website: [saintlorenzo.org](http://saintlorenzo.org)  
Twitter: @Lorenzoruiz747

Facebook: @Slrwalnut  
YouTube: Lorenzo Ruiz Walnut

# Worship

WE PRAY & WORSHIP.

WE ARE A PRIESTLY COMMUNITY.



July 9, 2023 | Fourteenth Sunday in Ordinary Time

Zec 9:9-10 | Rom 8:9, 11-13 | Mt 11:25-30

Written by  
THE  
FAITHFUL  
DISCIPLE

## GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

**GROW:** What does a restful day look like to you? Maybe it's a lazy day poolside with a good book and a cold drink, or perhaps a dark room, cozy blanket, and a good movie. Lazy days like these are hard to come by; truly restful days in our busy world are even fewer and farther between. Although "taking a break" every once in a while from the cares of the world is certainly good for everyone, in today's Gospel Jesus is referring to true rest that only he can provide. Jesus asks us to take up his yoke and learn from him "and [we] will find rest for ourselves." Our burdens will be lighter because he shares them with us. Jesus says: "I am meek and humble of heart." Imagine the strength to be found in that meekness, that humility! We will know true rest when we surrender ourselves to Jesus and live in the freedom only he can provide.

## GO EVANGELIZE | PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

**GO:** In order to find rest in the Lord, we must remember that "[we] are in the spirit, if only the Spirit of God dwells in [us]," as Saint Paul writes to the Romans. Therefore, Jesus is inviting us into union with him, as well as with the Father and the Holy Spirit. How do we yoke ourselves to Christ? By living out our baptismal promises, celebrating the sacraments, and through our lives of faith, we allow Jesus to work through us and lead the way. Let us make an effort this week to hand over our worries and anxieties to Jesus. And let us never forget that the Holy Spirit dwells within us.

**PRAISE:** Share your worries and anxieties with Christ through prayer. Offer a prayer of thanksgiving and praise using today's psalm:

*The Lord is faithful in all his words and holy in all his works. The Lord lifts up all who are falling and raises up all who are bowed down. I will praise your name for ever, my king and my God.*

### ***The following are the 'Word Made Flesh' Groups that available for you:***

- ⇒ **Mondays 7:30pm** Dave & Edith De Leon (deleondu@yahoo.com)
- ⇒ **Tuesdays 9:30am Zoom Meeting** Linda Talcott/Bob Kondrath (linda@shop4georgie.com) <https://us02web.zoom.us/j/2335265316>
- ⇒ **Wednesdays 7:00 pm** Ray & Jasmin Apodaca (rayapodaca@saintlorenzo.org)
- ⇒ **Wednesdays 8:00 pm** Sheila Sobretudo **Zoom** (sheilasobretudo@gmail.com)

- ⇒ **Miércoles 11:00 am y 7:00 pm** Gaby Coria (Gabycoria@saintlorenzo.org)
- ⇒ **Thursdays 7:00 pm** Terry Perkins (tlpkittycat@yahoo.com)
- ⇒ **Thursdays 8:00 pm** Orly & Meanne Vales (ovales88@gmail.com)
- ⇒ **Fridays 5:00 pm** Adriana Melchor (melchorpoly5@gmail.com)
- ⇒ **Saturdays 10:30 am** Susie Taon (Susietaon@saintlorenzo.org)

THE  
WORD  
MADE  
FLESH

# Education

WE LEARN AND EDUCATE.  
WE ARE A PROPHETIC PEOPLE

Let us thank all our  
Catechists...Let us know them  
by name

★ Jonathan Maddie ★  
★ Marcela Noah ★  
★ Ashley Bill ★  
★ Mico Raphael ★  
★ Gabe Jocelyn ★  
★ Omar Emily ★  
★ Keannie ★

\*Confirmation Catechists

Sunday—July 9, 2023

...It is so hard for some of us to give up control – even to Jesus. We think we have to do it all by ourselves. We want to follow the attitude of the song *I Did It My Way*. Yet it is when we try to be the master of our own destiny that we are people of the flesh. It is then that we struggle so hard, trying to do a task we were never meant to do alone. We need to let go of the control of our lives and let the Lord Jesus take over. That takes humility. It means we have to humbly admit we are not the be-all and end-all of the world, not even the be-all and end-all of our own lives. It is when we can humbly surrender to GOD that we will experience the rest and freedom from the heavy burden which we carry...

**The personal question/action for today:** What is my attitude toward doing things “my way”? What aspect of my life do I need to humbly release into the care of the Lord Jesus? How do I show that I am allowing myself to be yoked with Jesus? How do I “rest” in Him? What is one of the areas of my life which I should seek to learn more from Jesus on how to handle the issue(s) I face? What can I do to help others to come and learn from Jesus, by the way I deal with them?

[Reflectionsbybob.weebly.com](http://Reflectionsbybob.weebly.com)

## Our Mission Statement

As a welcoming community, we celebrate our life, conscious of our multi-ethnic traditions, vowing unity with Christ in our multi-cultural differences. We usher in our lives (being evangelized) and proclaim (as evangelizers) the reign of God as Priests, Prophets and Kings, and in so doing, we celebrate our discipleship in Christ Jesus. We extol “being Church” through the formation of Small Faith Communities as a way of life in being priests, prophets and kings; thus, we become economically stable and self-reliant as we give special attention and solicitude to our youth and the needy.

*“They were faithful to the teaching of the apostles, the common life of sharing, the breaking of bread and the prayers.” (Acts 2:42)*

St Lorenzo Ruiz  
EUCCHARISTIC  
ADORATION

Every FRIDAY

July 14 at 7:00pm

Mass, Divine Mercy,  
Eucharistic Adoration & Benediction



Family Prayer Group “Word Among Us”  
Reflection and

Praise and Worship Meeting

“Word Among Us” Reflection every Wednesday  
via Zoom except the last Wednesday of the  
month at 8:00 p.m.

In-person Praise and Worship Meeting and  
Fellowship on the last Friday of JULY from 7:30  
p.m. -9:30 p.m. at the Evangelization Center.

Contact [sheilasobretudo@gmail.com](mailto:sheilasobretudo@gmail.com)



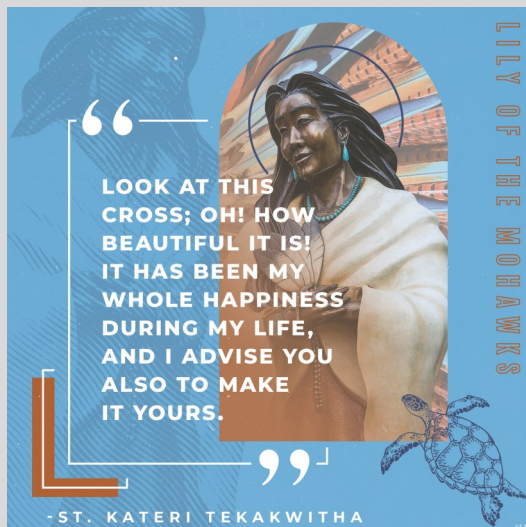
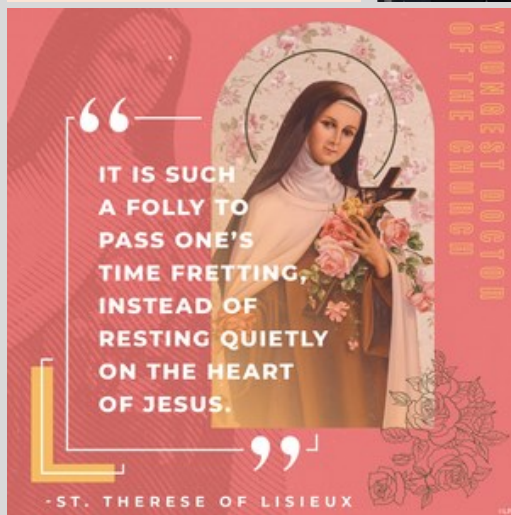
# Service

WE SERVE & WE SHARE.

WE ARE A KINGLY PEOPLE.



Some members of Voices of Love Choir who hosted Hospitality last Sunday, July 2nd after the 9:00am Mass.



## Mass Schedule\*

Mon to Fri: 7:00am and 7:00pm

Sat: 8:00am, 5:00pm (Vigil Mass)

Sunday: 7:30am, 9:00am, 10:30am- *livestreamed*, 12:00pm, 1:30pm (Spanish) -*livestreamed*, 6:30 pm

Mass in Filipino: Every 1st Sunday, 3:00pm

Chinese Mass: Every 2nd Sunday, 3:30pm

Confession: Monday-Friday: 6:45am & 6:45pm,

First Friday: 7:30-8:30pm; Saturday: 3:30pm-4:30pm

Parish Office 909-595-9545

\*subject to change – call for special masses

## What is the St. Lorenzo Ruiz Parish "Red Bag" concept?

The pastoral guidance of Fr. Tony in St. Lorenzo Ruiz Catholic Parish Community is to bring us closer to God, so he teaches us to be welcoming, and we say, "Welcome Home!" He teaches and leads us to be generous and charitable, and we have, "G.R.A.C.E." (Generous Response According to Christ's Embrace).

These two ways are among the many actions Fr. Tony encourages us to do what God is asking us to do. Jesus told us in Mt.25:35, "I was hungry and you gave me something to eat...I was a stranger and you invited me in..."

So here comes the story & theology of the Red Bag...

The "Red Bag" is "me" (the giver). I have the **3 T's** (Time, Talent, and Treasure) that I receive from God's goodness every day. These 3T's are the contents of my "Red Bag": my time, my talents and my treasure. Through the "Red Bag," I am going out to reach many people I do not know nor see yet, God does. I can be there for them through the "Red Bag." I am the "Red Bag." What is in me is the best and beautiful that God has created me. I will only give through G.R.A.C.E. the best of who I am and represent myself in the form of the "Red Bag," and say to Jesus (who is the receiver of the "Red Bag"), "I love you, Lord. Please accept my best gift to you in this "Red Bag" the best of who I am as you have created me to be: like YOU who are merciful and loving." Thank you, Jesus for allowing me to share You to my brothers & sisters in need.



Your faithful disciple,

**"THE RED BAG"**



We thank our July  
Liturgical Sponsors

**Sponsor of Light**

Tessie & August Gloria

*In thanksgiving for their  
50th Wedding Anniversary*

**Sponsor of Altar Bread & Wine**

Maribelle & Audrey Marie  
De Leon Hernandez

*Grant unto Teofilo "Mars" Hernandez O Lord  
eternal rest. May your light shine upon him forever.  
May he rest in peace. Amen.*

**Sponsor of the Word**

Leriza Pascual

*In loving memory of Oscar Pascual &  
In celebration of Oliver's birthday,  
and in thanksgiving for retirement*

# Temporalities

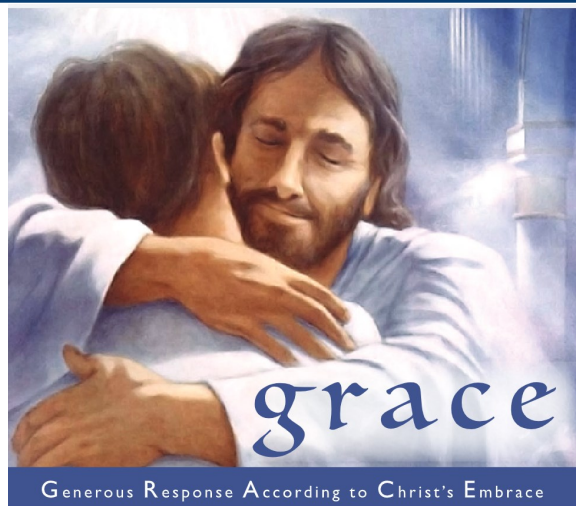
WE BECOME ECONOMICALLY STABLE  
AND SELF-RELIANT...

**Collection Summary**

Week ending July 2, 2023



*Due to the Independence Day holiday,  
bulletin is turned in earlier. Summary of  
our collection will be posted next Sun-  
day. Thank you for understanding.*



*Want to help our Church grow with  
the Word of God?*

Be a Word Among Us (Daily Reading Book) sponsor!  
Please visit or contact the Parish Office (909) 595-9545.

*"When we give freely to God, we receive  
freely from God."*

30<sup>th</sup> YEAR ANNIVERSARY

# Shine His Light

2023 Annual Appeal

MAKE A 30<sup>TH</sup> ANNIVERSARY GIFT TODAY!



Visit TIMGIVE.org

ARCHDIOCESE OF  
**TOGETHER IN MISSION**  
LOS ANGELES

Please help us support our struggling parishes and schools

Help us reach our goal!

More than an average annual appeal

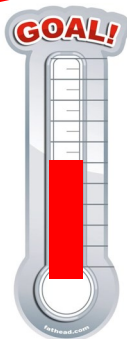
Together in Mission exclusively supports the most impoverished parishes and schools in the Archdiocese of Los Angeles. This annual appeal is an opportunity for people to join in action - as one united family. Join us in celebrating the generational support that has been sustaining faith communities for 30 years.

ARCHDIOCESE OF  
**TOGETHER IN MISSION**  
LOS ANGELES

**Goal: \$91,415**

As of June 16, 2023

**Paid: \$42,816 = 46.8%**



**Second Collection**—next weekend July 15 & 16

**National Needs Combined Collection:**

This includes the Black & Indian Missions, Catholic University of America, Catholic Communications Campaign & the Catholic Home Missions Appeal. Your financial support of these organizations enables us to help form children in the faith, educate young people and build hope.

*Thank you for your generosity.*

SLR Youth Ministry  
**2023 UPCOMING EVENTS**

# Youth

WE GIVE SPECIAL ATTENTION  
AND SOLICITUDE TO OUR YOUTH

**JULY 8**

## BOWLING NIGHT

Time to grab those bowling shoes and dance the night away! Round 1. Puente Hills Mall at 7PM  
RSVP soon!

**AUG 12**

## DAVE & BUSTERS

Fresh Eats, Games and a whole lot of fun! Show off those mad skills! Come join us! 6PM in Santa Anita Mall in Arcadia. RSVP soon!

FOR MORE INFORMATION, CONTACT  
MARY ANNE GARCIA, YOUTH MINISTRY COORDINATOR  
PHONE: (626) 377-1591 or [maryannegarcia@saintlorenzo.org](mailto:maryannegarcia@saintlorenzo.org)

## SACRAMENTS

### Baptism

**Registration is required.** Please contact the Parish Office to make arrangements. Instruction classes: every 4th Thursday of the month at 7:00 pm. Group Baptisms every 3rd Saturday of the month at 10:00 am.

**Bautismos en Español:** Cada cuarto Domingo del mes a las 3:00pm. Para mas información por favor llame a la oficina parroquial.

**Anointing/Visitation of the Sick** Contact the Parish Office 909-595-9545 Unción a enfermos- Por favor llame a la oficina parroquial.

**Matrimony** Couples wishing to celebrate their wedding must contact a priest at least 6 months in advance prior to setting a date. This time is necessary to fulfill the prerequisites for receiving the sacrament.

**Rite of Christian Initiation for Adults (RCIA)** Preparation for Baptism, First Communion and Confirmation. For information, call the Parish Office and leave a message for **Bob Kondrath**.

**Rite of Christian Initiation for Children (RCIC)** For more information call the Parish Office and leave a message for **Linda Talcott**.

**St. Lorenzo Ruiz's Stephen Ministry** is a one-to-one caring service offered to individuals who are facing challenging situations in their lives. Since our parish has only two priests with over 2700 registered families, Fr. Tony and Fr. Paul cannot carry on long-term one-to-one caring ministry. Thus, our trained Stephen Ministers are willing to meet the needs of those who are going through rough times. The Stephen ministers have gone through 50 hours of initial training and have had continued training after that and meet regularly to better serve the parishioners of St. Lorenzo Ruiz Catholic Parish Community. These trained individuals are available to the community on a one-to-one basis. They care for members of our congregation who are experiencing some sort of challenges in their lives such as divorce, grief, a terminal illness, loss of a job, relocation, an empty nest, retirement, hospitalization, loneliness, and many other stresses or challenges.

If you have any challenges in your lives like the ones mentioned above, please call Bob Kondrath, a Stephen Ministry Leader, who will chat with you and then try to link you with one of the trained Stephen Ministers. All conversations are held in the strictest confidentiality. You can reach Bob at the parish number (909) 595-9545 or email him at [bobkondrath@saintlorenzo.org](mailto:bobkondrath@saintlorenzo.org).

Baptism Ministry needs you!  
Sign up to volunteer today!

Contact: Kathy or Al Worland

[eworland@aol.com](mailto:eworland@aol.com) [katworland@aol.com](mailto:katworland@aol.com)

# REST

"Come to me, all you  
who labor and are  
burdened."

MATTHEW 11:28

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. GLPI

## SLRCC way of REFLECTING on the WORD

1. " Pray a simple prayer to the Holy Spirit:  
"Speak, Lord, your servant is listening."
2. " Read the passage slowly. As you listen,  
ask in silence, "Lord, what are you saying to  
me in this passage?"
3. " Listen for a word or phrase that calls your  
attention or touches your heart.
4. " Share a brief story or experience of how  
the word or phrase connects to your life at  
this moment.
5. " Ask in silence, "Lord, what do you want me  
to do?" Share what Jesus is inviting you to do.

Join the community!



Hospitality Sundays—with our SLR Families

Share your blessings & make new friends!

Join us to host or sponsor.

Parish Office 909-595-9545  
or

Email:

sheilasobretudo@gmail.com



*Gaby & Silvestre  
hosted  
Hospitality  
Sunday—July 2  
at the 12:00pm  
Mass.*

## Be a Catechist!



The St. Lorenzo Ruiz Catholic Parish  
Community is...

**Inviting You! Come and Share your Faith!**

Be A Catechist and Grow in the Knowledge  
Of Your Faith with Our Children. Join our  
upcoming Catechist Formation Certification  
Sessions!!!

As a Baptized Catholic, we are called to  
serve. You are welcome to join other  
ministries too.

Call the office to volunteer:

**909-595-9545**

Susie Taon



**Group Wedding  
Committee** will have a  
**Pancake Breakfast  
Fundraiser!**

**When: Sat. July 29**

**Where: Applebee's  
(WALNUT-**

**Grand Ave & Valley Blvd.)**

**Tickets Available:** Parish Office or  
Volunteers outside (after mass)

Parish Office 909-595-9545

## Group Wedding 2023

Do you wish your union to be blessed by God in the  
Catholic Church? If you were married in a civil or non-  
Catholic ceremony or are living together outside of  
marriage, we invite you to join the **St. Lorenzo Ruiz  
Church Group Wedding to be held on Saturday -  
October 7, 2023**, as part of our Fiesta Celebration.

Complete the registration form and submit at the **Parish  
Office 909-595-9545**. Thank  
you.



## The Special Intentions of Pope Francis

We pray that Catholics might place the Eucharist at the heart of their lives. May it open them to an encounter with God and their brothers and sisters and transform their human relationships. We also ask your blessing on the upcoming World Youth Day in Lisbon. Help all young people to live out and witness to the Gospel.