

1290 Grafton St.  
Worcester, MA 01604  
508-757-0789  
ladyoflourdes1290@gmail.com  
www.ololma.org

**MASSES**  
Daily Mo, Tu, Thu, Fri : 8:00 AM  
Saturday 4:30PM LIVE,  
Sunday 10AM LIVE and ZOOM  
PENANCE Saturdays 2:30-3:30 PM

# OUR LADY OF LOURDES



Rev. Brian O'Toole  
Pastor  
Cheryl Orrell  
Admin Asst/Bookkeeper  
Rev. Francis J. Roach In Residence  
Mr. William Cotter  
Maintenance  
Mary Jo Castrale  
Jeremiah's Inn Ministry  
Mrs. Judy Verdini  
Religious Ed

## Mission Statement:

"Our Lady of Lourdes Parish, disciples of Jesus Christ in Worcester, MA, reaches out with love into the neighborhoods to welcome, serve, support, and engage the community in Jesus. In creating a welcoming relationship with Eucharistic and prayerful celebrations, we gather to make a difference by coming closer to God and one another."

January 31, 2021

Fourth Sunday in Ordinary Time



*"Brothers and sisters:*

*I should like you to be free of anxieties."*

*(1 Corinthians 7:32)*

How much anxiety do we bring upon ourselves by constantly worrying about not having enough or attaining more things? God won't necessarily give you everything you want, but He will provide everything you need. Try this - use the word "pray" instead of the word "worry" in the future. Then pray for things instead of worrying about them.

## Blessing of Throats

Wednesday, Feb. 3rd is the Feast of St. Blaise and customarily the time when we observe the "Blessing of Throats." Because of the pandemic, we observe the practice in the Sunday Masses, Jan. 30/31. However, we will have to omit the use of crossed candles under the throat.

## Mass Intentions and Calendar

Sat, JAN 30 NO morning mass

4:30 pm LIVE Robert Alubavicius

Sun, JAN 31 4th Sunday in Ordinary Time

10:00 am Zoom/LIVE Gerald Parent 49th year anniversary  
remembrance req by daughter and son-in-law

Mon, FEB 1

8:00 am LIVE Susie Anusauskas birthday remembrance req by  
the family

Tue, FEB 2

8:00 am

Thu, FEB 4

8:00 am LIVE

Fri, FEB 5

8:00 am LIVE

Sat, FEB 6 NO morning mass

4:30 pm LIVE

Sun, FEB 7 5th Sunday in Ordinary Time

10:00 am Zoom/LIVE

## SCRIPTURE READINGS

**31 SUN** Dt 18:15-20/Ps 95:1-2, 6-7, 7-9 [8]/1 Cor 7:32-35/  
Mk 1:21-28

**1 MON** Heb 11:32-40/Ps 31:20, 21, 22, 23, 24 [25]/  
Mk 5:1-20

**2 TUE** Mal 3:1-4/Ps 24:7, 8, 9, 10 [8]/Heb 2:14-18/  
Lk 2:22-40 or 2:22-32

**3 WED** Heb 12:4-7, 11-15/Ps 103:1-2, 13-14, 17-18a  
[cf. 17]/Mk 6:1-6

**4 THU** Heb 12:18-19, 21-24/Ps 48:2-3ab, 3cd-4, 9, 10-11  
[cf. 10]/Mk 6:7-13

**5 FRI** Heb 13:1-8/Ps 27:1, 3, 5, 8b-9abc [1a]/Mk 6:14-29

**6 SAT** Heb 13:15-17, 20-21/Ps 23:1-3a, 3b-4, 5, 6 [1]/  
Mk 6:30-34

## Fall and Winter Raffle Winners

Wk 1 - Jon Shakour

Wk 7 - Domenic Carbone

Wk 13 - Jo Luikey

Wk 2 - Darlene Decaire

Wk 8 - Kathleen Bianchi

Wk 14 - Chris Marcinczyk

Wk 3 - Roger & Marion Adams

Wk 9 - Tina and Paul Carey

Wk 15 - Denise Zuffante

Wk 4 - Susan Harrington

Wk 10 - Vito Gadilauskas

Wk 16 - Alda Dooley

Wk 5 - Jacqueline Barrett

Wk 11 - Bill Perron

Wk 17 - Robert St. George

Wk 6 - Joseph Frechette

Wk 12 - G. Jana Dagnese

Congratulations!

**Collection for Priest Retirement.** This year on Ash Wednesday the parishes of our diocese will begin an annual collection to support the retirement needs of our diocesan priests. In 2019 a committee appointed by Bishop McManus examined the suitability and sustainability of retirement benefits for our retired diocesan priests. The annual health insurance and housing costs along with monthly stipends for our retired priests have recently been running from \$2.2 - \$2.6 million. Even with revenue from Celebrate Priesthood, Partners in Charity, the Legacy of Hope Capital Campaign, the endowments from the Forward in Faith Capital Campaign, parish assessments, and other restricted funds and donations, the costs of caring for our 50 retired priests exceeds our revenue, in 2020 by \$266,810. After reviewing the committee's report and receiving input from the priests of our diocese, Bishop McManus is instituting an annual Ash Wednesday Collection for Priest Retirement as one part of the diocese's renewed efforts to care for our retired priests. Please consider a donation to the Ash Wednesday Collection to support those who have given their lives in service to the people of the Diocese of Worcester. Review the Retirement Report Summary found at [worcesterdioocese.org](http://worcesterdioocese.org) to learn more. Thank you.

### Daily Rosary

Praying of the Rosary will continue after the daily mass in the church on Monday, Tuesday, Thursday, and Friday. All are welcome. Masks and social distancing are required.

### Lenten Adult Faith Formation on Zoom or In Person

St. Roch Parish, Oxford will offer "Awaken," a new video series from Light of the World Evangelization Ministries which takes on the key questions of faith and the meaning and purpose of life. Whether you are a seeker, casual in your faith or fully connected to your faith, you will find this series engaging. There will be in-person sessions at the parish, as well as alternate Zoom sessions held at convenient times. There is no cost for these sessions. Masks are required and social distancing will be observed for the in-person sessions. St. Roch Parish is located at 334 Main St, Oxford. For more information or to register for Awaken, please email: [strochoxford@gmail.com](mailto:strochoxford@gmail.com) or call 508-987-2382.

### Lenten Adult Faith Formation on Zoom or In Person

St. Mary Parish, Uxbridge will offer "The Search," an innovative video series from Augustine Institute which tackles the key questions of the human heart. Multi-disciplinary experts will address such issues as life and death, sorrow and happiness, science and faith, and the meaning and purpose of life. Whether you are a seeker, tepid in your faith or completely engaged, you will find this series enlightening. It will take place on Monday nights, February 15 through March 29, from 6:30 pm – 8:00 pm. There will be an in-person class at the parish and a Zoom class running at the same time. There is no cost for the class, but there is an optional workbook available for \$10. Masks are required and social distancing will be observed for the in-person session. St. Mary Parish is located at 77 Mendon St. in Uxbridge. For more information or to register for The Search, please email: [thesearch@stmaryuxbridge.org](mailto:thesearch@stmaryuxbridge.org) or visit [stmaryuxbridge.org](http://stmaryuxbridge.org).

### STEWARDSHIP OF TREASURE

#### WEEKLY OFFERING

<b>Sunday Offertory 1/23-1/24</b>	<b>\$1,397.48</b>
<b>Christmas Flowers</b>	<b>10.00</b>
<b>Maintenance</b>	<b>45.00</b>
<b>Catholic Home Missions</b>	<b>21.00</b>
<b>Solemnity of Mary</b>	<b>5.00</b>
<b>Catholic Univ. of America</b>	<b>5.00</b>

*Thank you for your continued, generous support during this unprecedented pandemic. You are greatly appreciated.*

### Contribution statements

If you are in need of a contribution statement, please call 508-757-0789 Ext 10 Monday, Tuesday or Friday and leave a message or email the rectory at [ladyoflourdes1290@gmail.com](mailto:ladyoflourdes1290@gmail.com). If you donate through online giving, you can also print out your own statement.

**Catholic Home Missions** - This weekend is the Diocesan Collection for Catholic Home Missions. Home mission dioceses are those dioceses in the United States, its territories, and former territories that cannot provide basic pastoral services to Catholics without outside help. These services include Mass and the other sacraments, religious education, and ministry training for priests, deacons, religious sisters, and lay people.

GATHERING HYMN Mute Mics

*Let Us Go To The Altar*

Dan Schutte

*Refrain*

Let us go to the al - tar of God, the God of our  
 glad - ness and joy! Let us en - ter the courts of the  
 house of the Lord and sing to the glo - ry of God.

*Verses*

1. Give praise with blast — of trum - pet, with no - ble  
 2. Give praise with lyre — and tim - brel, with lute and  
 3. Give praise with pipe — and or - gan, with rous - ing  
 4. Give praise, all crea - tures of heav - en, and all that

1. sound of the horn. With the clash of the clang - ing  
 2. sound of the harp. With the dance of the flute and  
 3. beat of the drum. With the call of the bell and  
 4. dwell on the earth. Come to wor - ship the God who

*to Refrain*

1. cym - bal, give glo - ry to the Lord!  
 2. o - boe, give glo - ry to the Lord!  
 3. bag - pipe, give glo - ry to the Lord!  
 4. made us, and dance be - fore the Lord!

GLORIA Unmute Mics

Glory to God in the highest,  
 and on earth peace to people of good will.

We praise you,  
 we bless you,  
 we adore you,  
 we glorify you,  
 we give you thanks for your great glory,  
 Lord, God, Heavenly King,  
 O God, almighty Father.

Lord, Jesus Christ, Only Begotten Son,  
 Lord God, Lamb of God, Son of the Father,  
 You take away the sins of the world,  
 have mercy on us:

You take away the sins of the world,  
 receive our prayer,  
 You are seated at the right hand of the  
 Father, have mercy on us.

For you alone are the Holy One;  
 You alone are the Lord.  
 You alone are the Most High, Jesus Christ,  
 With the Holy Spirit,  
 In the glory of God, the Father.

Amen

# LITURGY OF THE WORD

## FIRST READING

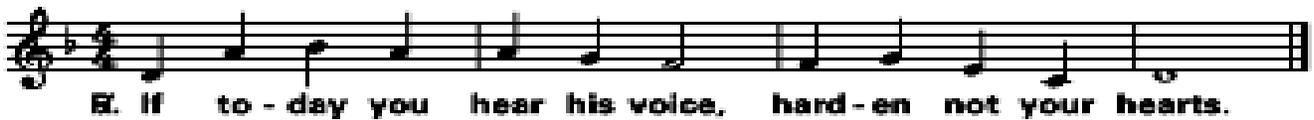
Mute Mics

## BOOK OF DEUTERONOMY 18:15-20

Moses spoke to all the people, saying: “A prophet like me will the LORD, your God, raise up for you from among your own kin; to him you shall listen. This is exactly what you requested of the LORD, your God, at Horeb on the day of the assembly, when you said, ‘Let us not again hear the voice of the LORD, our God, nor see this great fire any more, lest we die.’ And the LORD said to me, ‘This was well said. I will raise up for them a prophet like you from among their kin, and will put my words into his mouth; he shall tell them all that I command him. Whoever will not listen to my words which he speaks in my name, I myself will make him answer for it. But if a prophet presumes to speak in my name an oracle that I have not commanded him to speak, or speaks in the name of other gods, he shall die.’”

## RESPONSORIAL PSALM

## PSALM 95



## SECOND READING

## FIRST LETTER TO THE CORINTHIANS 7:32-35

Brothers and sisters: I should like you to be free of anxieties. An unmarried man is anxious about the things of the Lord, how he may please the Lord. But a married man is anxious about the things of the world, how he may please his wife, and he is divided. An unmarried woman or a virgin is anxious about the things of the Lord, so that she may be holy in both body and spirit. A married woman, on the other hand, is anxious about the things of the world, how she may please her husband. I am telling you this for your own benefit, not to impose a restraint upon you, but for the sake of propriety and adherence to the Lord without distraction.

## GOSPEL ACCLAMATION



## GOSPEL

## GOSPEL OF MARK 1:21-28

Then they came to Capernaum, and on the sabbath Jesus entered the synagogue and taught. The people were astonished at his teaching, for he taught them as one having authority and not as the scribes. In their synagogue was a man with an unclean spirit; he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!” Jesus rebuked him and said, “Quiet! Come out of him!” The unclean spirit convulsed him and with a loud cry came out of him. All were amazed and asked one another, “What is this? A new teaching with authority. He commands even the unclean spirits and they obey him.” His fame spread everywhere throughout the whole region of Galilee.

## HOMILY

# NICENE CREED

Unmute Mics

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic, and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

## GENERAL INTERCESSIONS *Please respond: "Lord hear us."*

Mute Mics

# LITURGY OF THE EUCHARIST

## PREPARATION OF THE GIFTS

## *You Are The Healing*

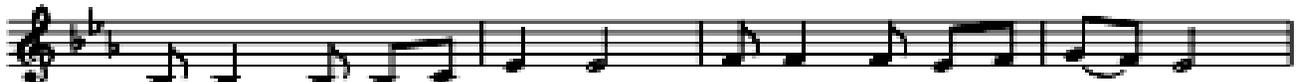
Scott Soper



1. Je-sus, you are the heal-ing, you came to make us whole a - gain.
2. Je-sus, you are the free-dom, you break the chains that bind \_ us.
3. Je-sus, you are the pow - er, you tri-umph o - ver sin and death.
4. Je-sus, the res-ur - rec - tion, you raise us to e - ter - nal life.



1. Je-sus, you are the heal-ing, come show us how to live.
2. Je-sus, you are the free-dom, come show us how to live.
3. Je-sus, you are the pow - er, come show us how to live.
4. Je-sus, the res-ur - rec - tion, come show us how to live.



- |   |                                      |
|---|--------------------------------------|
| 1. Je - sus, you are the heal - ing,    | Je - sus, you are the heal - ing.    |
| 2. Je - sus, you are the free - dom,    | Je - sus, you are the free - dom,    |
| 3. Je - sus, you are the pow - er,      | Je - sus, you are the pow - er,      |
| 4. Je - sus, the res - ur - rec - tion, | Je - sus, the res - ur - rec - tion, |



1. Je - sus, you are the heal - ing, come show us how to live.
2. Je - sus, you are the free - dom, come show us how to live.
3. Je - sus, you are the pow - er, come show us how to live.
4. Je - sus, the res - ur - rec - tion, come show us how to live.

## HOLY, HOLY

## MASS OF SPIRIT AND GRACE

Holy, Holy, Holy, Lord, God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

## MEMORIAL ACCLAMATION

## MASS OF SPIRIT AND GRACE

We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again

## GREAT AMEN

## MASS OF SPIRIT AND GRACE

## OUR FATHER Unmute Mics

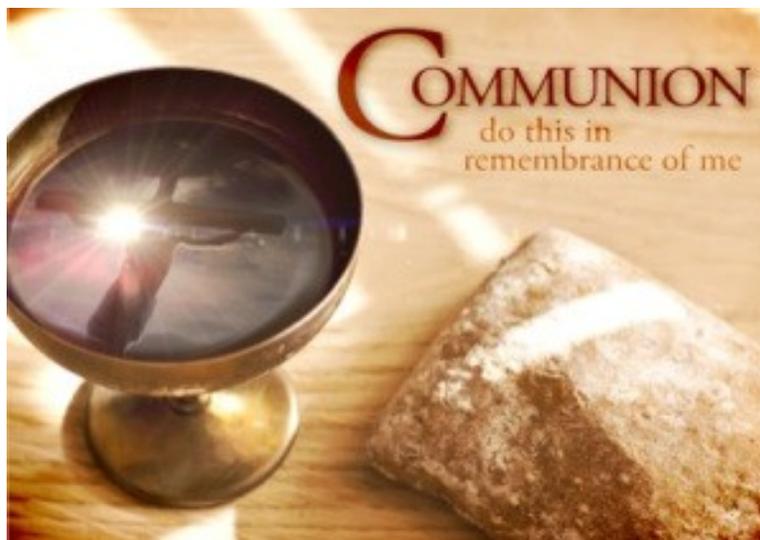
## SIGN OF PEACE

## LAMB OF GOD

## MASS OF SPIRIT AND GRACE

### Prayer For Making A Spiritual Communion

My Jesus,  
I believe that You are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there  
and unite myself wholly to You.  
Never permit me to be separated from You.  
  
Amen.



# COMMUNION

Mute Mics

# Eat This Bread

Jacques Berthier

Refrain: All

Eat this bread, drink this cup, come to me and nev-er be hun - gry.

Eat this bread, drink this cup, trust in me and you will not thirst.

Verse 1: Cantor

1. I am the bread of life, the true bread sent from the Fa-ther.

Verse 2: Cantor

2. Your an-ces-tors ate man-na in the des-ert, but this is the

to Refrain Verse 3: Cantor

2. bread come down from heav-en. 3. Eat my flesh and

to Refrain

3. drink my blood, and I will raise you up on the last day.

Verse 4: Cantor

4. An-y-one who eats this bread, will live for ev-er.

Verse 5: Cantor

5. If you be-lieve and eat this bread, you will have e-ter-nal life.

# RECESSIONAL

# Lead Me, Lord

John D. Becker

Verses

1. Bless-ed are the poor in spir-it, long-ing for their  
2. Bless-ed are the mer-ci-ful, for mer-cy shall be  
3. Blest are they who through their life-times sow the seeds of

1. Lord, for God's com-ing king-dom shall be theirs.  
2. theirs, and the pure in heart shall see their God.  
3. peace, all will call them chil-dren of the Lord.

1. Bless-ed are the sor-row-ing, for they shall be con-  
2. Blest are they whose hun-ger on-ly ho-li-ness can  
3. Blest are you, though per-se-cu-ted in your ho-ly

1. soled, and the meek shall come to rule the world.  
2. fill, for I say they shall be sat-is-fied.  
3. life, for in heav-en, great is your re-ward.

Refrain

Lead me, Lord, lead me, Lord, by the light of truth to  
seek and to find the nar-row way. Be my way;

be my truth; be my life, my Lord, and lead me, Lord, to-

1-2 to Verses Final

day. day. And lead me, Lord, to-day.