



**PRAYERFUL PSALMS AND
MEDITATIONS FOR LENT**

**FRIDAY,
FEBRUARY 19, 2021**

Presider: God, come to my assistance... +

Responder: Lord, make haste to help me.

Presider: Glory to the Father, and to the Son,
and to the Holy Spirit...

Responder: As is was in the beginning, is now, and
will be forever, world without end. Amen

Hymn

Save Your People

Jim Farrell

Refrain



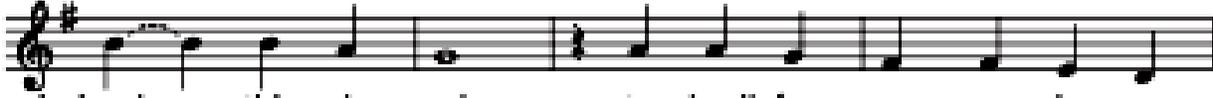
Save your peo-ple, O Lord. Show us the way to come
home. We have been wan-der-ing far from your love. Save your

Verses



peo-ple, O Lord.

1. One thing I ask, O
2. For you will hide me in the
3. Lis - ten, O Lord, to the
4. Thus will I bless you all the



1. Lord, this I seek: to dwell for - ev - er in your
2. shel - ter of your wings and from the ar - rows of my
3. sound of my call, for I ac - knowl - edge my of -
4. days of my life. Lift - ing my hands, I call your



1. house, that I may gaze on your love - li - ness
2. foes. You set me high on a moun - tain - top,
3. fence. Wash me and I shall be pur - i - fied.
4. name: "O Lord, re - mem - ber your in - her - i - tance.

to Refrain



1. all the days of my life.
2. saved me from my dis - tress.
3. I shall be whit - er than snow.
4. Save your peo - ple, O Lord!"

Opening Prayer

Father, he who knew no sin was made sin for us, to save us and restore us to your friendship. Look upon our contrite heart and afflicted spirit and heal our troubled conscience, so that in the joy and strength of the Holy Spirit we may proclaim your praise and glory before all the nations.

Psalm I

Psalm 91: Be With Me, Lord

Michael Joncas



Be with me, Lord; be with me, Lord, when I am in trouble and need.

1. You who dwell in the shelter of God, Most High, who abide in Almighty's shade, say to the Lord: "My refuge, my stronghold, my God in whom I trust."
2. Evil shall never befall you, nor affliction come near to your tent. Unto his angels he's given command to guard you in all your ways.
3. On their hands the angels will bear you up, lest you dash your foot 'gainst a stone. Lion or viper might strike at your life, but you will not come to harm.
4. Cling to the Lord and he'll surely deliver you; he raises up all who call on his name. He will bring joy to your hearts and bless you with peace in all your days.

Psalm Prayer

Lord, be near to all who call upon you in truth and increase the dedication of those who revere you. Hear their prayers and save them that they may always love you and praise your holy name.

Psalm II

Psalm 103: The Lord Is Kind And Merciful

Ricky Manalo, CSP



The Lord is kind and mer - ci - ful; mer-ci-ful is the Lord.

1. Bless the LORD, O my soul; and all my being, bless his holy name. Bless the LORD, O my soul, forget not all his benefits.
2. He pardons all your iniquities, he heals all your ills. He redeems your life from destruction, and crowns you with kindness and compassion.
3. The LORD secures justice and the rights of all the oppressed. He has made known his ways to Moses, and his deeds to the children of Israel.
4. Merciful and gracious is the LORD, slow to anger and abounding in kindness. For as the heavens are high above the earth, so surpassing is his kindness toward those who fear him.

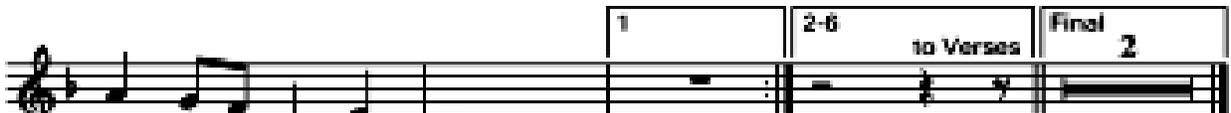
Psalm III

Psalm 42/43 As The Deer Longs

Refrain



As the deer longs for run - ning streams, so I long, so I long,



so I long for you.

1 2-6 to Verses Final 2

Verses



1. A - thirst my soul for you, the God who is my life! When shall I
2. 7 Ech - oes meet as deep is call - ing un - to deep, o - ver my
3. Con - tin - ual - ly the foe de - lights in taunt - ing me: "Where is God, _
4. De - fend me God, send forth your light _ and your truth, they will lead
5. Then I shall go un - to the al - tar of my God. Prais - ing you, _



to Refrain

1. see, when shall I _ see, _ see the face of God?
2. head, all your might - y wa - ters, sweep - ing o - ver me,
3. _ where is your _ God?" _ Where, O where are you?
4. me to your ho - ly moun - tain, to your dwell - ing place.
5. _ O my joy and glad - ness, I shall praise your name.

Psalm Prayer

Lord, with your loving care guide the penance we have begun. Help us to persevere with love and sincerity. Keep us united with your Son in his death and burial so that we may rise to new life with him.

Reading

Matthew 9: 14-17

The disciples of John approached Jesus and said, "Why do we and the Pharisees fast and your disciples do not?"

Jesus answered them, "Can the wedding guests mourn as long as the bridegroom is with them? The days will come when the bridegroom is taken away from them, and then they will fast."

No one patches an old cloak with a piece of unshrunk cloth," for its fullness pulls away from the cloak and the tear gets worse.

People do not put new wine into old wineskins. Otherwise the skins burst, the wine spills out, and the skins are ruined. Rather, they pour new wine into fresh wineskins, and both are preserved."

Reflection

Fr. Joseph F. Sica

The One And Only You

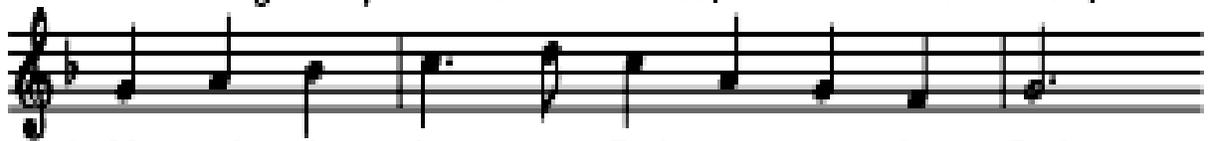
Canticle of Mary

Luke 1: Magnificat

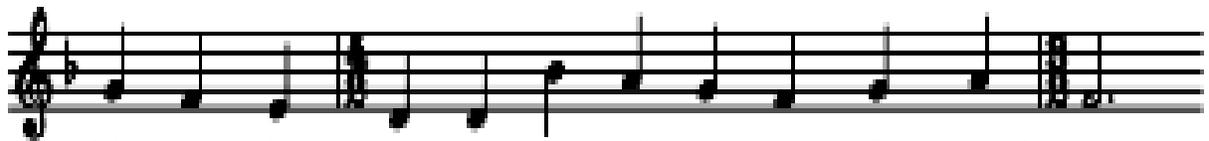
Bernadette Farrell



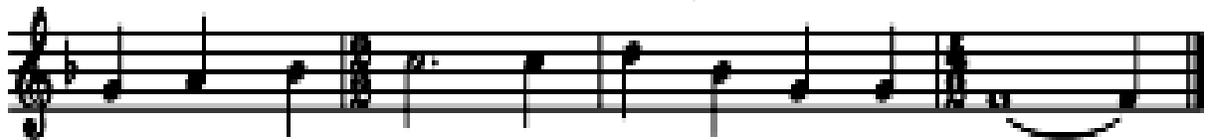
1. My soul pro - claims the great-ness of the Lord.
2. Through me great deeds will God make man - i - fest,
3. God's might - y arm, pro - tec - tor of the just,
4. Soon will the poor and hun - gry of the earth
5. All glo - ry be to God, Cre - a - tor blest,



1. My spir - it sings to God, my sav - ing God,
2. And all the earth will come to call me blest.
3. Will guard the weak and raise them from the dust.
4. Be rich - ly blest, be giv - en great - er worth.
5. To Je - sus Christ, God's love made man - i - fest,



1. Who on this day a - bove all oth - ers fa - vored me
2. Un-bound-ed love and mer - cy sure will I pro - claim
3. But might - y kings will swift - ly fall from thrones cor - rupt.
4. And Is - ra - el, as once fore-told to A - bra - ham,
5. And to the Ho - ly Spir - it, gen - tle Com - fort - er,



1. And raised me up, a light for all to see.
2. For all who know and praise God's ho - ly name.
3. The strong brought low, the low - ly lift - ed up.
4. Will live in peace through-out the prom-ised land.
5. All glo - ry be, both now and ev - er - more.

A Prayer In Time Of Pandemic

O God, whose Only Begotten Son
bore the weight of human suffering
for our salvation,
hear the prayers of your Church
for our sick brothers and sisters
and deliver us from this time of trial.

Open our ears and our hearts
to the voice of your Son:
“Be not afraid, for I am with you always.”

Bless all doctors and nurses,
EMTs and nursing home staffs,
researchers and public servants;
give us wisdom to do what is right
and the faith to endure this hour,
that we might gather once again
to praise your name in the heart of your Church,
delivered from all distress
and confident in your mercy.

Through Christ our Lord. Amen

Silence To Add Our Personal Intentions

Lord's Prayer & Sign Of Peace

Chant



Our Fa - ther, who art in heav - en, hal - lowed be thy name;
thy king - dom come, thy will be done on earth as it is in heav - en.
Give us this day our dai - ly bread, and for - give us our tres - pass - es,
as we for - give those who tres - pass a - gainst us; and lead us
not in - to temp - ta - tion, but de - liv - er us from e - vil.

Deliver us, Lord, we pray, from every evil,
graciously grant peace in our days,
that, by the help of your mercy,
we may be always free from sin
and safe from all distress,
as we await the blessed hope
and the coming of our Savior, Jesus Christ.



For the king - dom, the power and the glo - ry are yours now and for ev - er.

Closing Prayer

All powerful God, it is through your Church, generously endowed with gifts of grace and fortified by the Holy Spirit, that you send out your word to all peoples. Strengthen your Church with the best of all food and make it dauntless in faith. Through Christ our Lord. Amen

Dismissal

Presider: The Lord be with you.

Responder: And with your Spirit

Presider: May almighty God bless you, the Father, and the Son, and the Holy Spirit.

Responder: Amen

Presider: Go in peace.

Responder: Thanks be to God.