



**PRAYERFUL PSALMS AND  
MEDITATIONS FOR LENT**

**FRIDAY,  
MARCH 19, 2021  
FEAST OF ST. JOSEPH**

Presider: God, come to my assistance... +

Responder: Lord, make haste to help me.

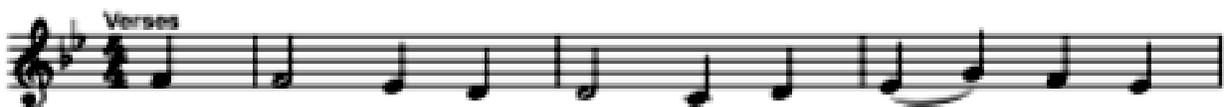
Presider: Glory to the Father, and to the Son,  
and to the Holy Spirit...

Responder: As is was in the beginning, is now, and  
will be forever, world without end. Amen

## Hymn

## All Is Well With My Soul

VILLE DU HAVRE



Verses  
1. When peace, like a riv - er, at - tend - eth my  
2. My soul is at rest in the Lord God a -  
3. My God is my safe - ty, my glo - ry, my  
4. O God, I will bless you as long as I



1. way; When sor - rows like sea bil - lows roll; What -  
2. lone; From God comes sal - va - tion and hope. With  
3. strength; My ref - uge when life takes its toll. I  
4. live; For your grace a - lone makes me whole. With



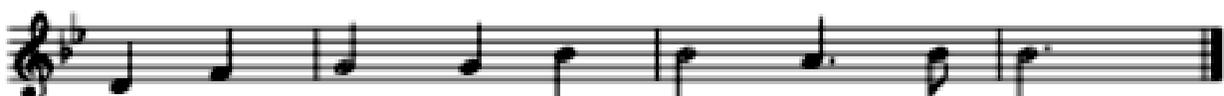
1. ev - er my lot, you have taught me to  
2. God as my rock, I shall not be dis -  
3. trust in my God, as I pour out my  
4. glad - ness and joy I will sing of your



1. say, "It is well, it is well with my soul."  
2. turbed: All is well, all is well with my soul.  
3. heart: All is well, all is well with my soul.  
4. name: All is well, all is well with my soul!



Refrain  
1. It is well with my soul;  
2-4. All is well with my soul;



1. It is well, it is well with my soul.  
2-4. All is well, all is well with my soul.

## Opening Prayer

**Grant, we pray, almighty God, that by St. Joseph's intercession your Church may constantly watch over the unfolding of the mysteries of human salvation, whose beginnings you entrusted to his faithful care. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, forever and ever.**

## Psalm I

## Psalm 25: To You, O Lord

Scott Soper



To you, O Lord, I lift up, I lift up my soul, my God.

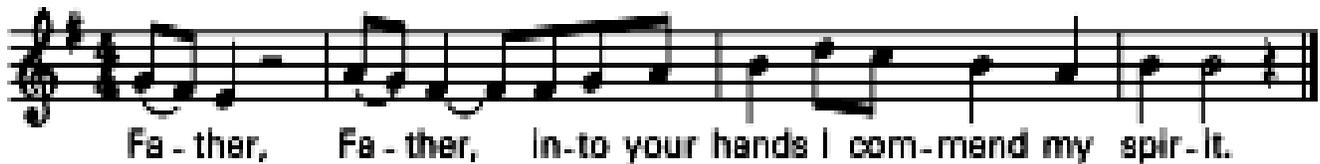
1. Your ways, O Lord, make known to me;  
teach me your paths.  
Guide me in your truth, for you are my God,  
and for you I will wait.
2. Good and upright is the Lord;  
he shows us the way.  
He guides the meek to justice,  
he teaches the humble to follow his ways.
3. Your way, O Lord,  
is kindness to those who are true.  
Your friendship is  
with those who love you;  
you reveal to them your Word.

## Psalm Prayer

**Make our lives blameless, Lord. Help us to do what is right and to speak what is true, that we may dwell in your tent and find rest on your holy mountain.**

## Psalm II

## Psalm 31: Father, Into Your Hands I Commend My Spirit



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|--|---|
| <p>1. You, O God, are my refuge;<br/>in you I shall not be put to shame.<br/>Rescue me, because you are just.<br/>Into your hands I commend my soul.<br/>Save me, save me, my God.</p> <p>2. By my foes I am hated,<br/>and all those who see me laugh at me.<br/>Everyone runs away from my face.<br/>I am neglected<br/>like the dead in their grave;<br/>broken, forgotten my life.</p> | <p>3. All my life I will trust you,<br/>for you are the God of my heart.<br/>Rescue me from the hands of my foes.<br/>Guard me from those who seek<br/>to harm my life.<br/>You, Lord, hold me in your hands.</p> <p>4. Grant that I may behold you;<br/>redeem your faithful one to life.<br/>Save me in your compassion and love.<br/>You are my strength forever, O God.<br/>Hold fast, all those who love the Lord.</p> |
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### Psalm III

### Psalm 63: My Soul Thirsts

Dan Schutte



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|--|---|
| <p>1. I have walked in your temple,<br/>and seen your mighty deeds.<br/>Your love, O Lord, means more to me,<br/>than all my days of life.</p> <p>2. I can count on your mercy<br/>to feed my hungry heart,<br/>for when I lift my hands in need,<br/>a banquet you provide.</p> | <p>3. I will make my dwelling<br/>in the shelter of your wings.<br/>Your hand, O Lord, will keep me safe<br/>through darkest night and day.</p> |
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### Psalm Prayer

**Lord God, you are the eternal light which illumines the hearts of good people. Help us to love you, to rejoice in your glory, and so to live in this world as to avoid harsh judgment in the next. May we come to see the light of your countenance.**

## Reading

## Matthew 1:16, 18-21,24a

Jacob the father of Joseph, the husband of Mary. Of her was born Jesus who is called the Messiah.

Now this is how the birth of Jesus Christ came about. When his mother Mary was betrothed to Joseph,\* but before they lived together, she was found with child through the holy Spirit. Joseph her husband, since he was a righteous man, yet unwilling to expose her to shame, decided to divorce her quietly. Such was his intention when, behold, the angel of the Lord appeared to him in a dream and said, "Joseph, son of David, do not be afraid to take Mary your wife into your home. For it is through the holy Spirit that this child has been conceived in her. She will bear a son and you are to name him Jesus, because he will save his people from their sins."

When Joseph awoke, he did as the angel of the Lord had commanded him and took his wife into his home.

## Reflection

Fr. Joseph F. Sica

*Closer Than A Brother*

## Canticle of Mary

Luke 1: Magnificat

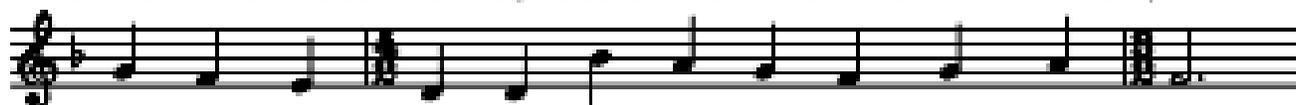
Bernadette Farrell



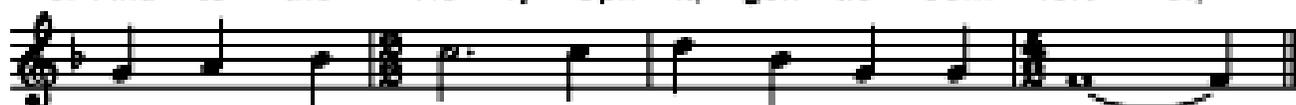
1. My soul pro - claims the great-ness of the Lord.
2. Through me great deeds will God make man - i - fest,
3. God's might - y arm, pro - tec - tor of the just,
4. Soon will the poor and hun - gry of the earth
5. All glo - ry be to God, Cre - a - tor blest,



1. My spir - it sings to God, my sav - ing God,
2. And all the earth will come to call me blest.
3. Will guard the weak and raise them from the dust.
4. Be rich - ly blest, be giv - en great - er worth.
5. To Je - sus Christ, God's love made man - i - fest,



1. Who on this day a - bove all oth - ers fa - vored me
2. Un - bound - ed love and mer - cy sure will I pro - claim
3. But might - y kings will swift - ly fall from thrones cor - rupt.
4. And Is - ra - el, as once fore - told to A - bra - ham,
5. And to the Ho - ly Spir - it, gen - tle Com - fort - er,



1. And raised me up, a light for all to see.
2. For all who know and praise God's ho - ly name.
3. The strong brought low, the low - ly lift - ed up.
4. Will live in peace through - out the prom - ised land.
5. All glo - ry be, both now and ev - er - more.

## **A Prayer In Time Of Pandemic**

O God, whose Only Begotten Son  
bore the weight of human suffering  
for our salvation,  
hear the prayers of your Church  
for our sick brothers and sisters  
and deliver us from this time of trial.

Open our ears and our hearts  
to the voice of your Son:  
*“Be not afraid, for I am with you always.”*

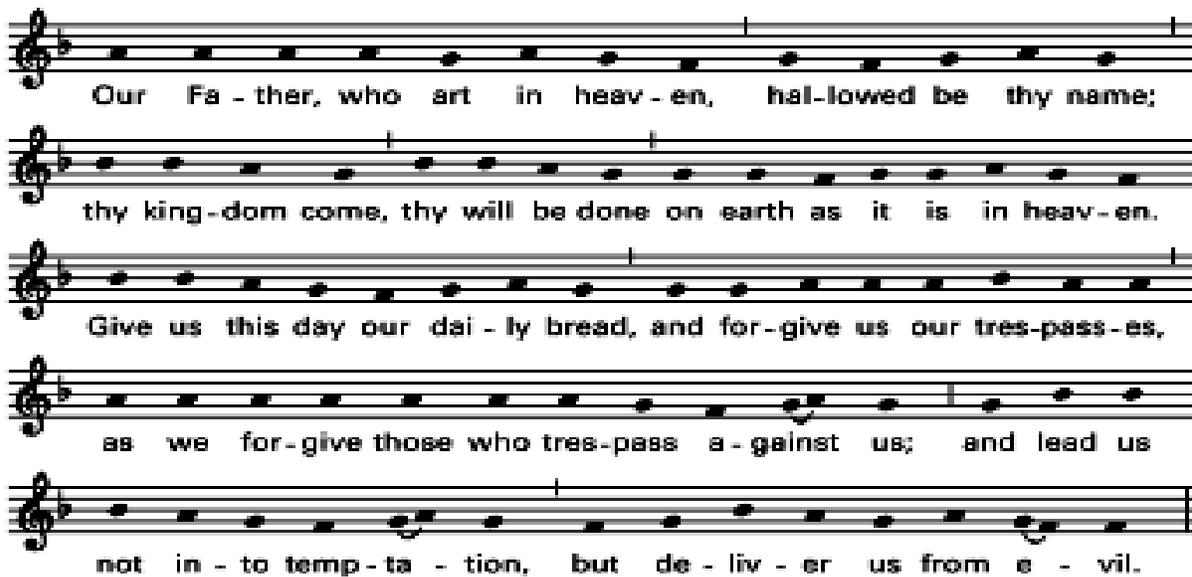
Bless all doctors and nurses,  
EMTs and nursing home staffs,  
researchers and public servants;  
give us wisdom to do what is right  
and the faith to endure this hour,  
that we might gather once again  
to praise your name in the heart of your Church,  
delivered from all distress  
and confident in your mercy.

Through Christ our Lord. Amen

**Silence To Add Our Personal Intentions**

## Lord's Prayer & Sign Of Peace

Chant



Our Fa - ther, who art in heav - en, hal - lowed be thy name;  
thy king - dom come, thy will be done on earth as it is in heav - en.  
Give us this day our dai - ly bread, and for - give us our tres - pass - es,  
as we for - give those who tres - pass a - gainst us; and lead us  
not in - to temp - ta - tion, but de - liv - er us from e - vil.

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Savior, Jesus Christ.



For the king - dom, the power and the glo - ry are yours now and for ev - er.

## Closing Prayer

**We pray, O Lord, that, just as Saint Joseph served with loving care your Only Begotten Son, born of Mary, so we may be worthy to minister with a pure heart at your altar. Through Christ our Lord.**

## Dismissal

Presider: The Lord be with you.

Responder: And with your Spirit

Presider: May almighty God bless you, the Father, and the Son, and the Holy Spirit.

Responder: Amen

Presider: Go in peace.

Responder: Thanks be to God.