

1290 Grafton St.  
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www.ololma.org

**MASSES**  
Daily Mo, Tu, Thu, Fri : 8:00 AM  
Saturday 4:30PM LIVE,  
Sunday 10AM LIVE and ZOOM  
PENANCE Saturdays 2:30-3:30 PM



Rev. Brian O'Toole  
Pastor  
Cheryl Orrell  
Admin Asst/Bookkeeper  
Rev. Francis J. Roach In Residence  
Mr. Paul Carey  
Maintenance  
Mary Jo Castrale  
Jeremiah's Inn Ministry  
Mrs. Judy Verdini  
Religious Ed

*Mission Statement:*

"Our Lady of Lourdes Parish, disciples of Jesus Christ in Worcester, MA, reaches out with love into the neighborhoods to welcome, serve, support, and engage the community in Jesus. In creating a welcoming relationship with Eucharistic and prayerful celebrations, we gather to make a difference by coming closer to God and one another."

January 29, 2023  
4th Sunday in Ordinary Time

Mass Intentions & Calendar



*"Blessed are the poor in spirit,  
for theirs is the kingdom of heaven."*

MATTHEW 5:3

The phrase "poor in spirit" can be confusing. Think of it in this sense - poor in spirit means depending on God's providence and not depending on our own self-reliance. Being detached from earthy things (power, money, and comfort) and being attached to heavenly things (charity, sacrifice, and mercy). Denying ourselves from satisfying our desires and helping others obtain their basic needs.

**Daily Rosary**-Praying of the Rosary will continue after the 8am daily mass in the church on Monday, Tuesday, Thursday, Friday and Sundays after the 10am mass, both Live and Via Zoom. If you need the Zoom information, please contact the rectory.

Sat, Jan 28

4:30 pm **Gloria Walsh** 92nd birthday remembrance req by her family

Sun, Jan 29 **4th Sunday in Ordinary Time**

10:00 am LIVE/Zoom

11:00 am **Hospitality Meeting after mass in church hall**

Mon, Jan 30

8:00 am

Tue, Jan 31

8:00 am **Gerald Parent** 51st anniv remembrance req by daughter and son-in-law

Wed, Feb 1

8:00 am **Susie Anusauskas** birthday remembrance req by the family

Thu, Feb 2 **The Presentation of the Lord**

8:00 am **Jennie Gerardi** req by John, Robert and Elaine Gerardi

Fri, Feb 3

8:00 am

Sat, Feb 4

4:30 pm **Chelsea McShera** anniv remembrance req by family

Sun, Feb 5 **5th Sunday in Ordinary Time**

10:00 am LIVE/Zoom **Grace & Mike Cariglia** anniv remembrance req by the family

**SCRIPTURE READINGS**

**29 SUN** Zep 2:3; 3:12-13/Ps 146:6-7, 8-9, 9-10 (Matthew 5:3)/  
1 Cor 1:26-31/Mt 5:1-12a

**30 MON** Heb 11:32-40/Ps 31:20, 21, 22, 23, 24/Mk 5:1-20

**31 TUE** Heb 12:1-4/Ps 22:26b-27, 28 and 30, 31-32/Mk 5:21-43

**1 WED** Heb 12:4-7, 11-15/Ps 103:1-2, 13-14, 17-18a/Mk 6:1-6

**2 THU** Mal 3:1-4/Ps 24:7, 8, 9, 10/Heb 2:14-18/Lk 2:22-40 or  
2:22-32

**3 FRI** Heb 13:1-8/Ps 27:1, 3, 5, 8b-9abc/Mk 6:14-29

**4 SAT** Heb 13:15-17, 20-21/Ps 23:1-3a, 3b-4, 5, 6/Mk 6:30-34

**STEWARDSHIP OF TIME & TALENT**

**Confirmation Cafe**

is back after the 10 am Mass in the church hall. All are welcome!!



**Prayer Shawls** We have many blessed prayer shawls. If you need one or know someone that needs one, please call the rectory.

**Newsletter**

The February newsletter will be emailed and mailed by January 31st. If you would like to be added to the list to receive, please let us know.

We want your input. This is the church newsletter so we want to know what you want to see! Drop us a note, email or phonecall and let us know..

**Weekday Mass**

As of February 1st, we will be adding back the daily mass at 8:00 am on Wednesday mornings.

**St. Peter Central Catholic Elementary School**

865 Main St, Worcester will host an Open House on Sunday, January 29 from 1:00-3:00pm by appt, please contact marybeth.soucy@stpetercc.com or by phone at 508-791-6496. St. Peter's has openings in Grades Pre-K to 8. Visit our website [www.stpetercentralcatholic.com](http://www.stpetercentralcatholic.com)

**Contribution Statements**

If you are in need of a contribution statement for 2022, please call and leave a message or email the rectory at ladyoflourdes1290@gmail.com.

**STEWARDSHIP OF TREASURE**

**WEEKLY OFFERING**

<b>Sunday Offertory 1/21-1/22</b>	<b>\$1,497.00</b>
Online Giving	480.00
Catholic Univ. of America	25.00
Solemnity of Mary	20.00
Maintenance	45.00
Fuel & Heating	40.00
Candles	82.00
Flowers	100.00
Mass Offerings	25.00
Parish Assistance Projects	1100.00
Snow Removal	40.00

*Thank you for your continued, generous support.  
We appreciate your support of the church.*

**Hospitality Ministry**

With a new year comes new planning for our 2023 Events. There will be a meeting this Sunday, January 29 after the 10 am Mass.

The next Senior Luncheon is scheduled for Thursday, March 2.

**COME JOIN US AND SHARE YOUR IDEAS!**

**Rest in Peace**

*We, the parish community of Our Lady of Lourdes, extend our deepest sympathy to the family and friends of Jennie Gerardi*

*who passed on January 17th*

*Please keep her family and friends in your prayers as they grieve the loss of their loved one.*

**Snow Day Policy Reminder**

The policy for the daily morning mass being cancelled is that if **Worcester Public Schools is closed or delayed**, there will be **NO morning mass**.

**GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE**

In my parents' bedroom there were on the wall two photos of my mom and dad from their early adulthoods. The photo of my mother entranced me when I was a boy. I loved looking at it, even though I saw her in daily life. Something about that picture captured her perfectly. It was an image of the joy, wisdom, beauty, and strength that enveloped me from the start of my life. It was an icon of the woman who fed, taught, and encouraged me. I felt a deep pride that I came from such beauty.

The beatitudes of Jesus are a kind of self-portrait. But it is a strange picture. At first, the blessings of being poor, mourning, and hungering and thirsting for righteousness may seem bizarre or, worse, a religious delusion. Who wants to look like *that*? But if we look again, we begin to see the characteristics of Jesus' form. He becomes poor and fills it with his riches for us, he weeps and mourns for us, and fills it with his joy, he hungers and thirsts for us to be righteous, and so satisfies us. And so on. It's the way he appears on the cross.

Perhaps we should put on our bedroom walls the words of the beatitudes next to a crucifix of the Lord Jesus. Then we can do what the beatitudes are designed for, to gaze at the joy, wisdom, beauty, and strength of the one who is our origin, and who is with us every day. And little by little, we'll start to look like him.

*~Father John Muir*

# FOURTH SUNDAY IN ORDINARY TIME

# CYCLE A

## GATHERING HYMN

## *We Are the Light of the World*

UREI

### Verses



1. Bless - ed are they who are poor in spir - it,
2. Bless - ed are they who are meek and hum - ble,
3. Bless - ed are they who will mourn in sor - row,
4. Bless those who hun - ger and thirst for jus - tice,
5. Bless - ed are they who show oth - ers mer - cy,
6. Bless - ed are hearts that are clean and ho - ly,
7. Bless - ed are they who bring peace a - mong us,
8. Bless those who suf - fer from per - se - cu - tion,

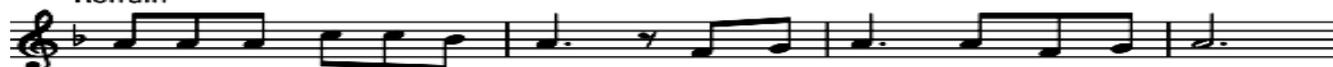


1. Theirs is the king - dom of God. Bless us, O Lord, make us
2. They will in - her - it the earth. Bless us, O Lord, make us
3. They will be com - fort - ed. Bless us, O Lord, when we
4. They will be sat - is - fied. Bless us, O Lord, hear our
5. They will know mer - cy too. Bless us, O Lord, hear our
6. They will be - hold the Lord. Bless us, O Lord, make us
7. They are the chil - dren of God. Bless us, O Lord, may your
8. Theirs is the king - dom of God. Bless us, O Lord, when they



1. poor in spir - it; Bless us, O Lord, our God.
2. meek and hum - ble; Bless us, O Lord, our God.
3. share their sor - row; Bless us, O Lord, our God.
4. cry for jus - tice; Bless us, O Lord, our God.
5. cry for mer - cy; Bless us, O Lord, our God.
6. pure and ho - ly; Bless us, O Lord, our God.
7. peace be with us; Bless us, O Lord, our God.
8. per - se - cute us; Bless us, O Lord, our God.

### Refrain



We are the light of the world, may our light shine be - fore all,



That they may see the good that we do, and give glo - ry to God.

## GLORIA

Glory to God in the highest,  
and on earth peace to people of good will.

We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord, God, Heavenly King,  
O God, almighty Father.

Lord, Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
You take away the sins of the world,  
have mercy on us:

You take away the sins of the world,  
receive our prayer,  
You are seated at the right hand of the Fa-  
ther,  
have mercy on us.

For you alone are the Holy One;  
You alone are the Lord.  
You alone are the Most High, Jesus Christ,  
With the Holy Spirit,  
In the glory of God, the Father.

# LITURGY OF THE WORD

## FIRST READING

**ZEPHANIAH 2:3; 3:12-13**

Seek the LORD, all you humble of the earth, who have observed his law; seek justice, seek humility; perhaps you may be sheltered on the day of the LORD's anger.

But I will leave as a remnant in your midst a people humble and lowly, who shall take refuge in the name of the LORD: the remnant of Israel. They shall do no wrong and speak no lies; nor shall there be found in their mouths a deceitful tongue; they shall pasture and couch their flocks with none to disturb them.

## RESPONSORIAL PSALM

**PSALM 146**



**R** Blessed are the poor in spir-it; the king-dom of heav-en is theirs!

## SECOND READING

**1 CORINTHIANS 1:26-31**

Consider your own calling, brothers and sisters. Not many of you were wise by human standards, not many were powerful, not many were of noble birth. Rather, God chose the foolish of the world to shame the wise, and God chose the weak of the world to shame the strong, and God chose the lowly and despised of the world, those who count for nothing, to reduce to nothing those who are something, so that no human being might boast before God. It is due to him that you are in Christ Jesus, who became for us wisdom from God, as well as righteousness, sanctification, and redemption, so that, as it is written, "Whoever boasts, should boast in the Lord."

## GOSPEL ACCLAMATION

Owen Alstott



Al - le - lu - ia! Al - le - lu - ia! Al - le - lu - ia!

## GOSPEL

**MATTHEW 5:1-12a**

When Jesus saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him. He began to teach them, saying:

"Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are they who mourn, for they will be comforted. Blessed are the meek, for they will inherit the land. Blessed are they who hunger and thirst for righteousness, for they will be satisfied. Blessed are the merciful, for they will be shown mercy. Blessed are the clean of heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven. Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me. Rejoice and be glad, for your reward will be great in heaven."

## HOMILY

### NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic, and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

### GENERAL INTERCESSIONS

The Response is:

*“Lord, hear our prayer”*

## LITURGY OF THE EUCHARIST

### PREPARATION OF THE GIFTS

### Prayer of St Francis

Sebastian Temple

Verses 1, 2, 4



1. Make me a chan-nel of your peace.      Where there is ha-tred,  
2. Make me a chan-nel of your peace.      Where there's de-spair in  
4. Make me a chan-nel of your peace.      It is in par-don-



1. let me bring your love. \_\_\_\_\_      Where there is in - ju -  
2. life, let me bring hope. \_\_\_\_\_      Where there is dark-ness\_\_  
4. ing that we are par-doned, \_\_\_\_\_      In giv - ing of our -



1. ry, your par-don, Lord,      And where there's doubt, true  
2. \_\_\_\_\_ on - ly light,      And where there's sad - ness  
4. selves that we re - ceive,      And in dy - ing that we're



1. faith \_\_\_\_\_ in \_\_\_\_\_ you.  
2. ev - er \_\_\_\_\_  
4. born to e - ter - nal life.      2. joy.

**HOLY, HOLY**

**MASS OF ST MARY MAGDALENE**

Holy, Holy, Holy, Lord, God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

**MEMORIAL ACCLAMATION**

**MASS OF ST MARY MAGDALENE**

We proclaim your death, O Lord  
And profess your Resurrection  
Until you come again

**GREAT AMEN**

**MASS OF ST MARY MAGDALENE**

**OUR FATHER**

**SIGN OF PEACE**

**LAMB OF GOD**

**MASS OF ST MARY MAGDALENE**

**COMMUNION**

*O, How Blessed*

Dan Schutte



1. O	how blessed	are the poor	in spir - it,	the
2. O	how blessed	are the meek	and low - ly,	for
3. O	how blessed	are the pure	of heart,	for
4. O	how blessed	those who fight	for peace,	the



1. king - dom	of God	is theirs.	O	how blessed	those who
2. they shall	pos - sess	the earth.	O	how blessed	those who
3. they shall	be - hold	God's face.	O	how blessed	those who
4. chil - dren	of God	are they.	O	how blessed	those de -



1. dwell	in sor - row,	they sure - ly	will be	con - soled.
2. thirst	for jus - tice,	they sure - ly	will have	their fill.
3. mend	with mer - cy,	for - give - ness	is their	re - ward.
4. spised	and hat - ed,	who bear it	be - cause	of me.

Refrain

Re - jice and be glad, be - loved of the Lord, the  
king - dom of heav - en is yours. The first shall be last, the  
last shall be first, for such is the wis - dom of God.

**RECESSIONAL**

*Beautiful Savior*

ST. ELIZABETH

1. Beau - ti - ful Sav - ior, King of Cre - a - tion, Son of  
2. Fair are the mead - ows, Fair are the wood - lands, Robed in  
3. Fair is the sun - shine, Fair is the moon - light, Bright the  
4. Beau - ti - ful Sav - ior, Lord of the na - tions, Son of

1. God and Son of Man! Tru - ly I'd love thee, Tru -  
2. flow'rs of bloom - ing spring; Je - sus is fair - er, Je -  
3. spar - kling stars on high; Je - sus shines bright - er, Je -  
4. God and Son of Man! Glo - ry and hon - or, Praise,

1. ly I'd serve thee, Light of my soul, my joy, my crown.  
2. sus is pur - er; He makes our sor - r'wing spir - it sing.  
3. sus shines pur - er Than all the an - gels in the sky.  
4. ad - o - ra - tion, Now and for - ev - er - more be thine!

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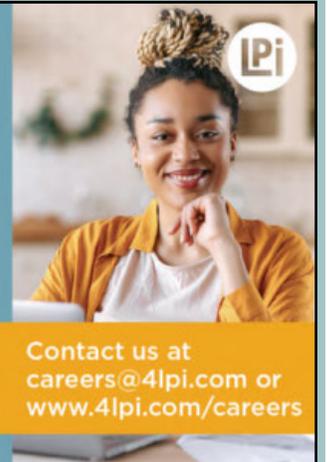


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