

**CCD GRADE 8: OUR LIFE IN THE CHURCH**

Chapter 23: Prayer

 PREPARATION – How to Get Ready

Teacher’s Manuel: pp. 285-295

Materials: Jar and materials to decorate the prayer jar.

 PROCLAMATION – Main Theme

We are all called to unite ourselves to Christ through the Sacraments and prayer. Jesus showed us how to prayer perfectly to the Father.

 EXPLANATION – Content of Lesson

1. Prayer is the lifting of our minds and hearts to God. L1

* We are called to sanctify our lives and unite ourselves to Christ.

2. The five steps to prayer are preparation, humility, resignation, and perseverance. L1

* + Prayer is essential to our spiritual lives.

3. Mental and vocal prayer. L2

* + Mental prayer is what is said interiorly. Vocal prayer is spoken out loud.
  + Formal prayers follow a set pattern. Informal prayer is praying with one’s own words.

 APPLICATION – Connecting it to Students

* Activity: Prayer Jar Activity
* Video: https://youtu.be/-\_mmPI-SYBE

 CELEBRATION - Conclusion

* Read over the prayers in the prayer jar. Make sure they are anonymous. Pray for each petition.