Spring Cleaning

Big vs Little
Find out if doing the
big stuff first will
make you more motivated
or little stuff will make
you less overwhelmed.

Get Rid of Things You Don't Need How many times have you used it in the last year? Can you live without it?

Start With Decluttering
Get rid of the little stuff. Junk mail,
magazines, broken toys, etc.

Digital Decluttering Delete old apps, programs, pictures, and old files on your devices.

Get Spiritual Add in a spiritual element like blessings, prayers, or music.

Make your own cleaning supplies

Make it fun!

What's on your cleaning to-do list?