

19TH SUNDAY IN ORDINARY TIME

610

"I am the bread of life. Your ancestors ate the manna in the desert, but they died; this is the bread that comes down from heaven so that one may eat it and not die."

- Jn 6:48-50

Observances for the week of 8th August, 2021

Sunday: 19th Sunday in Ordinary Time

Monday: St. Teresa Benedicta of the Cross, Virgin and Martyr

Tuesday: St. Lawrence, Deacon and Martyr

Wednesday: St. Clare, Virgin

Thursday: St. Jane Frances de Chantal, Religious

Friday: Sts. Pontian, Pope, and Hippolytus, Priest, Martyrs

Saturday: St. Maximillian Kolbe, Priest and Martyr Next Sunday: The Assumption of the Blessed Virgin Mary



LIVE THE LITURGY - INSPIRATION FOR THE WEEK

Are we willing to be taught by God? If we are, then we will begin to see things and make judgments using a Divine lens. Often, we perceive things with purely human eyes and reference points. When we do this, reality can lose its Divine spark and we miss what God is trying to say. When using human eyes exclusively, Jesus is at best perceived simply as a prophet who has some wise things to say. The human element has a difficult time seeing Jesus' divinity and recognizing him as the Bread of Life that comes down from heaven. We can easily get stuck on Jesus' human associations and overlook the marvelous wonders God wants us to see. If we really allow ourselves to be taught by God, we will then come to see the truth about Jesus and the abundant everlasting life God offers. Jesus becomes the key that unlocks all of our relationships: with God, others, ourselves, and creation. He, as the true and lasting bread from heaven, shows us the gifts of faith, hope, and love that God bestows on us. Through this divine lens we see that all life sparkles and glows with God's love.

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QUESTIONS OF THE WEEK - REFLECT AND RESPOND TO SCRIPTURE

First Reading:

The prophet Elijah was exhausted and literally prayed for death. The Lord answered his prayer by sending Elijah food and drink for strength. How do you encourage others in your life who are spiritually drained?

Second Reading:

Paul held Christian communities to very high standards of conduct. How well do you think your faith community holds to these standards today?

Gospel:

We hear today John's account of Jesus' rejection by his own people. The Jews struggled to think of Jesus as "the living bread that came down from heaven." What are some of Jesus' words that challenge you or cause you to struggle?

MASS SCHEDULE



From Monday 9th August,

BOOKINGS ARE NO LONGER REQUIRED TO ATTEND MASS

PLEASE JUST COME TO MASS!

OUR WELCOME TEAM WILL HELP YOU WITH GIVING US YOUR DETAILS FOR TEST & PROTECT

SUNDAY MASSES

Saturday Vigil Mass 5pm

Sunday 10am, 12 Noon, 5.30pm

WEEKDAY MASS TIMES

Monday - Friday (except Thursday)
Mass at 10am

Thursday

Mass at 7pm (Confessions from 6.30pm)

Saturday Morning (online only)
Mass at 10am

MASS BOOKINGS

From Monday 9th August, there is no legal requirement of physical distancing in the Church. This means that we no longer have a limit to the number of people who are able to attend Mass.

Happily, we will no longer require a booking system. You are free to come to whatever Mass you choose on a day.

We are still required to take people's details for Test & Protect. If you are able to check in using a smartphone, we would ask you to do so. The QR code will be available in the Church.

Otherwise, we ask you to give our welcome team one name, a contact number and the number of people in your group as you come in.

While there is no requirement for physical distancing, please do spread out through the whole church.

THANK YOU!

For your continuing donations to support the parish over this past year.

Donations can be made in various ways -

- many people have started using Standing Orders, the forms are available on our website and should be returned to Fr. Jim.
- Online donations can be made through online offertory button on our website
- envelopes can be posted in the white collection box at the entrance to the church
- Or through the Church House letterbox.

CARFIN DAY

The annual Diocesan Pilgrimage to Carfin, led by Bishop John Keenan, will take place on **Sunday 29th August 2021**. Mass of Anointing of the Sick will be celebrated at 3pm followed by the Rosary Procession

which will take place at 5:30pm. Catering facilities are available at the shrine.

YEAR OF ST JOSEPH

Our fourth and fifth evenings will take place on Wednesday 25th August in St Mirin's cathedral at 4.00pm and Thursday 26th August in St Mary's Greenock at 4.00pm, to pray for everyone involved in Education commending them to ST Joseph. All welcome to attend this devotion. There will be Exposition, Benediction and Evening Prayer of the Church. Please use Eventbrite link to book your tickets. Alternatively call Angela to book a place on 01412373584 https://www.eventbrite.co.uk/o/diocese-of-paisley-33712912941

NET MINISTRIES

This September NET Ministries Scotland will bring over 10 young people from the USA and Wales for 10 months to minister in our schools and parishes and encourage our young people in their faith and belonging to the Church. 'Host Homes' are essential for these young missionaries to rest, pray, eat and participate in home life. In return, they provide a strong Christian witness in the host homes. Could you provide a (bed/couch/ sleeping bag) for a one-week time frame for a minimum of 2 people, with breakfast, packed lunch and dinner? They usually leave in the morning and return at dinner time. Please email maryshields@netscotland.org or call Mary Shields at +44 7720 969390.

VOCATIONS

"I am the Bread of Life." Jesus comes to us in the Eucharist. Could you be called to priesthood, to bring the presence and power of Jesus to his people in the sacraments? Speak to our local Vocations Director. Fr. John Morrison -email vocations@rcdop.org.uk or phone 0141 8895056.

DIOCESAN MARRIAGE PREPARATION COURSE SEPTEMBER

Our final marriage preparation course for 2021 takes place in September. Two Zoom sessions will be held at 7pm on the 1st and 8th September, followed by a Relationship skills workshop in the Diocesan centre on 18th September from 12 until 3pm. Couples should attend all three sessions. Cost per couple is £30, including lunch at the workshop and information/resources pack. Booking is open via the Marriage and Family page on the Diocesan website, https://rcdop.org.uk/marriage-preparation-day-registration-form

ONLINE MARRIAGE COUNSELLING AVAILABLE DURING COVID 19 CRISIS

Our diocese has a Counselling Service for Catholics Married in the Catholic Church with our dedicated Catholic Marriage Counsellor. If you are concerned about your relationship and feel you are both unable to reach a conclusion alone, it is likely that you will benefit from marriage counselling. The counsellor is there to maintain a neutral, nonjudgmental position. For information or advice please email in confidence counselling@rcdop.org.uk

RENFREWSHIRE MENTAL HEALTH AND WELLBEING SUPPORT SERVICES

Here are the contact details for local mental health and wellbeing services. **RAMH** | 0141 847 8900 A local organisation who can support mental health issues. **First Crisis Freephone** | 0800 221 8929 or 0141 848 9090 {standard rate} 9-8pm Mon-Fri and 5pm at weekends. **Hear for You** | Freephone 0800 221 8904 If you feel distressed or anxious 9-5 Mon-Fri **Renfrewshire Alcohol and Drug**

Partnership (ADP) | 0300 300 1199 {option 2) Partnership of local public and voluntary sector organisations which support local community with alcohol and drug issues. Pachedu Advice to Ethnic Minority **Population** | 07377937941 or 07415009677 Provides a range of support, information and advice aimed at addressing mental health & other related issues. Renfrewshire Women's **Aid** | 0141 561 7030 Provides advice, support, information and safe accommodation for Women, Children & Young People affected by domestic abuse. ACCORD Hospice Bereavement Support 0141 581 2000 If you are experiencing loss or dealing with grief following the death of someone close. Money Advice | 0300 300 1238 Confidential advice on money and debt issues **Renfrewshire Carers** | 0141 887 3643 Provides a wide range of support and services to all unpaid Carers National Support links **BREATHING SPACE** | Helpline number: 0800 83 85 87 www.breathingspacescotland.co.uk **SAMARITANS** | 116 123 (24 hours a day, free to call) Email: jo@samaritans.org Website: www.samaritans.org SUICIDE PREVENTION (Choose Life) www.suicide-prevention.org.uk SHOUT | Text: 85258 is the UK's first 24/7 text service, free on all major mobile networks, for anyone in crisis anytime, anywhere. It's a place to go if you're struggling to cope and you need immediate help

MARCH FOR LIFE UK

This will take place on **Saturday 4th September** in Central London from approx. 10.00am – 4.30pm. The Diocese of Paisley together with SPUC Glasgow are organising an overnight coach which will leave from St. Mirins' Cathedral at midnight on Friday 2nd September picking up at St Andrew's Cathedral and Gretna Green. The coach will return from parliament square at approx. 5.30pm with an ETA of midnight. The cost per person will be £30. To book a seat please use o ur Eventbrite link https://

www.eventbrite.co.uk/e/march-for-lifese p t e m b e r - 2 0 2 1 - c o a c h - tickets-163611601705 We recently had the highest ever annual abortion figures in the UK. Let's do our part in turning the tide in our nation. More information on the days' event is available at Home - March for Life UK For all other enquiries please contact Marianne by email at curia@rcdop.org.uk or Louise at lgrant@spucscotland.org thank you.

Believing in Jesus

JESUS DIDN'T COME FROM HEAVEN...

In today's Gospel reading some people were grumbling about Jesus when He said that He had come down from Heaven. They thought they knew who He was because they knew His family on earth, and they didn't want to listen to what He was saying.

Jesus told the people that He really is from Heaven - and He is the way to Heaven. He gives us His Body and Blood in Holy Communion. He is the food that our souls need to stay alive

and get to Heaven.

WHO BELIEVES IN JESUS NOW?

Sometimes people around you might not believe in Jesus or what

He says. If that happens, remember to trust Jesus. Even in His own time some people didn't believe in Him. But Jesus has given us faith to believe in Him and wants us to be happy with Him forever in Heaven!

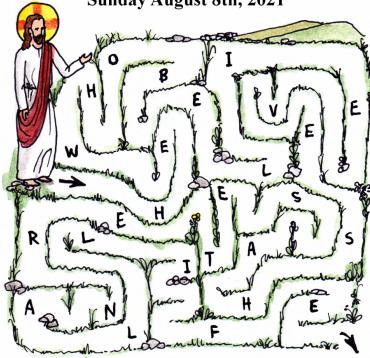
OF LIFE.

Answer to front page: He who believes has eternal life. Answers to Cross-Word: Across: Lname, 3.look, 4.answered, 6.for, 7.saints, 9.exalt, 11.refuge, 13.toubles, 14.who. Down: 1.no, 2.man, 3.Lord, 4.ashamed, 5.want, 6.fear, 8.see, 10.those, 12.good, 13.to.

www.thekidsbulletin.com

The Kids' Bulletin

19th Sunday in Ordinary Time Sunday August 8th, 2021



Jesus told the people that He was the Bread of Life. The people were confused and wondered what He was talking about. So He explained again, and told them this:

(Use all the letters that you pass in the maze to fill in the blanks and find out what Jesus said)

John 6:41-51

Saint Maximilian Mary Kolbe August 14











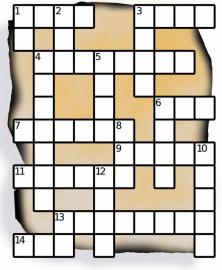




ST. MAXIMILIAN KNEW THAT DOING EVERYTHING FOR GOD WAS THE MOST IMPORTANT THING. HE HELPED PEOPLE TO COME TO GOD THROUGH MARY, AND WHEN THE NAZIS WERE WORKING AGAINST GOD HE RISKED HIS LIFE TO TELL PEOPLE THE TRUTH. ARE YOU COURAGEOUS ENOUGH TO ALWAYS TELL THE TRUTH?

thekidsbulletin@gmail.com

Psalm 34 Cross-Word



My soul makes its boast in the _____(3D); let the afflicted hear and be glad.

O magnify the LORD with me,

have(1D)		A=Across D=Down				
(6A) those who fear him						
O(6D) the l	LORD, you his _	(7A),				
Happy is the n	nan who takes _	(11A) in him!				
O taste and(
and delivers them.						
around	(10D)	_(14A) fear him,				
The angel of the LORD encamps						
and saved him	out of all his	(13A).				
This poor(2D) cried, and the LORD heard him,						
		(4D).				
(3A)(13D) him, and be radiant;						
and delivered me from all my fears.						
I sought the LORD		(4A) me,				
		(1A) together!				
o magnify the Lor						