Our Lady of Sorrows Catholic Church 5239 SE Woodstock Blvd Portland, Oregon 97206

Believing in God's everlasting love and, guided by the Holy Spirit, we the parish community of Our Lady of Sorrows through the collaborative ministry of the clergy and laity, proclaim and share the Good News of Jesus Christ to our local and worldwide community.



April 7, 2019: Fifth Sunday of Lent



You bless us with your presence

PARISH OFFICE Hours: Monday—Thursday

9:00 AM to 1:00 PM Closed on Fridays **Telephone:** (503) 775-6731 Fax: (503) 775-6732 Website: www.olspdx.org App: OLS Portland OR **Prayer Line: Extension 111**

PARISH STAFF

Fr. Joseph Heuberger (Ext. 106) Administrator jheuberger@olspdx.org Evelyn Brush OFS (Ext. 102) Pastoral Minister **Bulletin Editor** ebrush@olspdx.org Bonnie Custer (Ext. 103) Administrative Assistant bcuster@olspdx.org James Bartel (Ext. 109) Director of Music and Liturgy jbartel@olspdx.org **Dennis Dupuis**

Choir and Vocal Director Website and Parish App (503) 305-8336 ddupuisd@comcast.net Leo Custer (Ext. 104) Maintenance and Rentals lcuster@olspdx.org Jeannette Howell **Janitorial Services** Mary Ann Colrud Church Custodian

Pastoral Council:

Leslie Carr (503) 658-8629 **Administrative Council:** Carl Duyn (503) 901-8936



LITURGICAL SCHEDULE

Saturday Vigil Mass: 5:00 PM

Sunday Masses: 8:30 AM, 11:00 AM and

7:00 PM (Eventide)

Daily Mass: Wednesday—Friday, 12 PM Holy Days: 12:00 PM and 7:00 PM

Reconciliation: Saturday, 4:00—4:30 PM

Anointing of the Sick: First Friday of every month at the 12:00 PM Mass

Adoration of the Blessed Sacrament:

Mondays & Tuesdays, 6:00 AM to 11:00 PM Call the office for access code.

The Rosary is prayed a half-hour before the start of every Mass.

Taize Prayer: Second Thursday of every

month at 7:00 PM

Family Rosary: Fourth Friday of every month beginning with potluck, 6:00 PM.

Gluten-free Communion hosts are available upon request. Come into the Sacristy before Mass and tell either the priest, James, or one of the Sacristan helpers that you want one, and it will be put out on the altar.

Hearing assistance devices are available at the side entrance of the church.

Catholic in Recovery is a general recovery group that combines the spiritual principles of 12 step recovery and the sacraments of the Catholic Church. Welcoming those recovering from addiction: Alcohol, Drugs, Overeating, Gambling, Pornography & Sex, Codependency, and all other unhealthy attachments. Confidentiality is protected.

Wednesdays 6 PM in the parish office. Saturday 2 PM in Fr. Carberry Hall

Bulletin deadline is Mondays at 10am

Simple Steps to Receiving the Sacrament

Now that we are in the midst of the Lenten season, our parish will be offering a communal celebration of the Sacrament of Reconciliation. It's fairly common knowledge that many people have pretty much eliminated this sacrament from their lives—perhaps not consciously, but simply pushed it aside.

Let's face it. It's not easy to admit our sins, and it's even harder to confess them to another person, even if it is a priest.

As difficult as this can be, it is one opportunity to actually ask ourselves how we have acted towards our families, spouses and those around us. While I might call myself a Catholic, have I done what I need to do in living my faith? Lent is a perfect time to give honest answers to these questions.

How we approach the reception of God's mercy is important. We are God's children. We come to the father to ask his forgiveness through the mercy of Jesus given by the ordained priest. It's not just ritual. It is life.

Examination of conscience. This is not supposed to be a torture session. Actually, our consciences will bring to mind any serious sins we have committed. Even people who have been away from the confessional for many years, even decades, realize that knowing our sins is not the hard part. It's actually owning up to them to another. Keep in mind that God knows the whole past in every detail anyway. We make an honest effort to know ourselves and our failings. But, again, it's God's mercy that is most important.

Sorrow for sin. If we are serious about going to confession, sorrow comes almost automatically. After all, we are admitting we are sinners right up front. That truthful admission brings sorrow. But please don't confuse sorrow with emotions or feelings. You may still struggle with *feelings of resentment* and yet tell God you are sorry for the time you were angry with another person. Sorrow is in the heart (not feelings) and in the will.

Confession of sin. Confess your sins as simply and as

honestly as you can. It is easy to link sin with a commandment: missing Mass (third), anger (fifth), impurity (sixth, ninth). There is no need for great details, nor is the priest interested in detail. If you need help, don't hesitate to ask the priest for assistance.

Receive penance given. Listen to the words of the

Receive penance given. Listen to the words of the priest as he tries to guide you and remind you of God's love for you.

Act of contrition. Making an act of contrition can be very short: "O, God, I am sorry for all my sins, now and in the past, and I will try with all my heart not to sin again."

Thanks be to God. Leave the confessional and thank God for his forgiveness and pray the prayers the priest gave you for a penance.

Not to Worry about Past Sins

Now, a very important point. When God forgives sin through the absolution of the priest, he forgives ALL our sins, including those we cannot remember. We need to be sincerely sorry for all our sins. Otherwise, why go to the Lord for forgiveness?

If you later remember something you forgot, dismiss it from your mind. It is gone forever, and the Lord wants you to trust his mercy, put the past aside and the live each new day in his love, one day at a time. What happens when we spend too much time on the past to make sure we got it all is that we become selfcentered. And let's face it: We will never get it all. Confession is much more about trust than exact numbers and detail.

Finally, people wonder how often we should receive this sacrament. It is required only for serious or mortal sin. But the sacrament is a gift, and it is good to present ourselves to the Lord even when we have nothing serious to confess. As difficult as this sacrament may sometimes be, isn't it true that we leave with a sense of peace, a fresh start, a feeling of having faced our weaknesses and admitted them and received forgiveness? That's my experience.





Wednesdays Widows

Wednesdays Widows is a new group forming in our parish for widows. It was created based on a common need of women who have recently lost their husbands. It is **not limited** to recent widows.

Widows gather in Fr. Carberry Hall on Wednesdays at 10:15, led by Betty Wolf. The group enjoys the comradery and lively discussions on topics ranging from grief support to prayer, as well as redemptive suffering.

Wednesdays Widows sees themselves as a prayer force for the parish as a whole (different from the Parish Prayer Line). Their prayers for our catechists, liturgical ministers, priest, and staff become an unseen force strengthening the parish.

All women who have lost their husbands are encouraged to participate in the friendship of Wednesdays Widows.

Each Wednesday 10:15-11:45am
Fr. Carberry Hall
Contact Betty Wolf for more information:
503-659-8071
blwolf23@yahoo.com

UPDATE:

For Extraordinary Ministers of Holy Communion



When a Communicant approaches you in the Communion line with their hands crossed over their chest (the sign they would like a blessing), please do not touch the individual or make any gesture of blessing. Simply say to the person, "May Christ be with you." This request comes directly from Archbishop Sample and the representatives of the priests of the Archdiocese, who are continuing to discuss and reflect upon the issue.

If you have questions about this, please contact James Bartel, our parish's Liturgy Director, at <u>jbartel@olspdx.org</u>.

flower fund

Anyone who would like to make a donation to help cover the cost of the beautiful Easter lilies that will be in the church Easter weekend and Divine Mercy Sunday are welcome to do so. Any donations can be placed in the collection basket, but should be clearly labeled with the words "Easter flowers."





Middle and High School Youth Outing

Monday
May 27th
11-1 pm



\$15 per person includes bowling, shoes, arcade games, pizza and soda.

Must register by February 10th.



Kingpins is on SE 92 & Powell

All 6th-12th grade students invited to participate!

FISH FRY at Holy Family



April 12 5:00-8:00 PM
Fish Fry hosted by Knights of
Columbus
7:00 PM Living Stations of the Cross

April 7 Fifth Sunday of Lent

Around our area

Northwest Family Services presents:

Mother-Daughter and Father-Son Adolescent Development Programs on **Sunday, May 5, 2019** at Providence Portland Medical Center Social Room, 4805 NE Glisan, Portland OR.

The **Mother-Daughter Program** will be presented by mother-daughter team, Cathy Hansen and Janice Nelson, for girls ages 9-12 and their mother or guardian from 2 to 4 p.m.

The **Father-Son Program** will be presented by Dr. Bill Toffler, former Professor and Director of Education, Department of Family Medicine, OHSU for boys ages 10-13 and their father or guardian from 5 to 7 pm.

The cost is \$15 per family per program. **Pre- registration** by Monday, April 29, 2019 is required. For more information or to register, please
visit Northwest Family Services' website: **www.nwfs.org/md-fs**

Men's Silent Retreat: May 3-5.

Our Lady of Peace Retreat House, Beaverton

Theme: <u>Grace-Filled Living</u> with Fr. Brian Mullady OP

Visit www.olpretreat.org for more information.

<u>40 Days for Life</u> Invitation: This campaign runs during Lent, March 6-April 14th from 7 AM to 7 PM. Sign up at 40daysforlife/portland, call or email Therese Ruesink at <u>ruesinktherese55@gmail.com</u>. (503) 997-1884.

Chrism Mass

This Mass manifests the unity of the priests

with the archbishop. Monday, April 15, 2019, 7:00 PM

Location: Cathedral of the Immaculate Conception

Here the bishop blesses three oils — the oil of catechumens, the oil of the infirm and holy chrism — which will be used in the administration of the sacraments throughout the archdiocese for the year. All are welcome.



Archbishop's Seminary Tea, Wednesday, April 24th 3:00 to 6:00 p.m. at the Portland Golf Club

The Seminary Tea Committee was founded in 1935 by a group of 22 Catholic women in the Archdiocese of Portland with a mission to provide financial assistance for seminarians preparing to serve in the Archdiocese of Western Oregon. The Archbishop's Seminary Tea, has continued its tradition of bringing the community together in a warm and gracious social setting to meet the Archbishop and special guests from the Archdiocese and Mount Angel Abbey and Seminary. Event venues over the years have included a steamship, stately residences of Archbishops and benefactors, parish halls and private clubs.

This year's event will be held on Wednesday, April 24th, 3:00 to 6:00pm at the Portland Golf Club. Along with Archbishop Alexander K. Sample and Most Reverend Peter L. Smith, special guests will include Most Reverend John Vlazny, Most Reverend Kenneth Steiner, Monsignor Joseph Betschart, President-Rector of Mount Angel Seminary and Right Reverend Jeremy Driscoll, O.S.B., Abbot and Chancellor of Mt. Angel Abbey and Seminary. The Tea also provides a wonderful opportunity to meet many of the seminarians who have devoted themselves to preparing for the priesthood and service in our community. General admission is \$35 and \$10 for students. Purchase at the Tea or in advance at www.seminarytea.org.

All are welcome!

Young Adult Lenten Holy Hour

Thursday, April 11, 2019, 7:00 PM

TWO LOCATIONS. ONE HOUR. UNITED IN CHRIST.

PORTLAND: St. Francis of Assisi Parish SALEM: St. Vincent de Paul Parish

Co deeper this Lent & build

community. Come pray with your peers followed by fellowship at local happy hour in Portland and Salem. *All 20 and 30-somethings are invited.*

7-8 p.m. Holy Hour **8-9 p.m.** Happy Hour

Young Adult Lenten
HOLY
HOUR
January, HAPPY HOUR

 $\textbf{For more information, visit} \ \text{https://evangelization.archdpdx.org/ya-events}$

St. Francis of Assisi Parish is located at 1131 SE Oak, between Stark and Burnside



All children are invited to celebrate Easter through song.

The children's choir will sing one song at the 11 am Mass on Easter, April 21st at . They will sing:

The Tomb is Empty

Listen to it here: https://youtu.be/plzBfclxsrk

Song practice will be Saturday April 13th at 12:30pm in the parish office music room.



Join the Parish Choir for Easter

Our parish choir will sing for the Easter Vigil Mass April 20, at 8:30 PM and at 11:00 AM Mass on Easter Sunday, April 21. Rehearsal is April 13, Saturday at 10:30 AM in the Music Room in the Parish Office. An additional rehearsal will be scheduled in coming weeks. We need sopranos and baritones.

All who love to sing are welcome to join us.





1:00 PM SUNDAY: Gosnell: The Trial of America's Biggest Serial Killer (2018)

The film is the shocking true story of the investigation and trial of Dr. Kermit Gosnell -- his 30 year killing spree and the political and media establishment that tried to cover it up. Who can the investigators really trust when a routine drugs investigation uncovers a scandal that goes all the way to the top?

2:30 PM You Can't Take it with You (1938)

A man from a family of rich snobs becomes engaged to a woman from a good-natured but decidedly eccentric family. Jimmy Stewart, Jean Arthur & Lionel Barrymore. There is an inevitable clash of classes and lifestyles showing the true value of living one's life.



There will be **no Taize Prayer in April** so that everyone can attend the Lenten Reconciliation Service.

Taize Prayer will return in May.

Thank you to the Extraordinary Ministers of Holy Communion to the Sick and Homebound who came to last Saturday's Morning of Reflection. If you were not able to come, don't fret, another Morning of Reflection for this important ministry will be offered during the Easter Season.

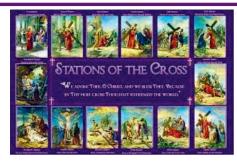


In today's Gospel, Jesus is the model of compassion and kindness. He shows us how to be merciful and nonjudgmental.

When we give to the poor, God indeed pours his love, peace and mercy into our hearts and into the hearts of those suffering in poverty.

Assistance with rent, food, and utilities: Society of St. Vincent De Paul

Emergency Services Center: 8101 SE Cornwell (off 82nd AVE, north of Johnson Creek Fred Meyer) **Hours:** 9:00 AM to 12:00 PM and 1:00 to 4:00 PM Monday—Friday **Phone:** (503) 235-8431



Stations of the Cross each Friday during Lent at 5:30 PM

Simple Soup Supper in Fr. Carberry Hall at 6 PM each Friday following Stations of the Cross.





SILENT AUCTION

Fr. Ron Memorabilia

Saturday June 1
Sunday June 2
Parish Office Conference Room

			,
<u>April</u> <u>13/14</u>	Reader	EO Ministers of Holy Communion	Altar Server
Saturday 5 PM	Evelyn James	Body: Glenda Blood: Walter & Cynthia R	Cailyn
Sunday 8:30 AM	Ben B James	Body: Mike W Blood: Sonie & Connie	Steve Ian B
Sunday 11 AM	Dan P Tony	Body: Victoria Blood: Susan P & Jim B	Lucas Vishal Milan
Sunday 7 PM	Dan E James	Body: Clint Blood: Rudy & Luisa	Carl D





Parish Prayer Corner

Please pray for the following people who are ill or recently deceased: 한 Fr. Ron Millican, Marcus Spotts, 한Hank Schmaltz, Fr. W Tom Faucher, 한Terry Terhune & Nancy Martindale

Contact the Parish Office if you wish to have the name of someone listed in the Prayer Corner for four weeks. Please notify the office when the name can be removed, or if you wish to have the name continued after four weeks. Please get the person's permission before having a name placed on the prayer list.

COLLECTION COUNTERS: Jim, Rosemary, Mary Ann

Month to Date (Mar2019)	Actual	Budget	Over/ Under- Budget	Property Develop- ment
Week 1	\$3376.00	\$4,000	\$624.00	\$951.00
Week 2	\$3951.88	\$4,000	\$48.12	\$35.00
Week 3	\$3548.75	\$4,000	\$451.25	\$125.00
Week 4	\$3444.21	\$4,000	\$555.79	\$1070.00
Week 5	\$3311.32	\$4,000	\$688.68	\$110.00
Total	\$17632.16	\$20,000	\$2367.84	\$2291



Wed 10	12 PM	ণ Amelia Anonymous
Thu 11	12 PM	Worldwide Community of Prayers
Fri 12	12 PM	Frances Conlin Rosemary Bennett
Sat 13	5 PM	ቹ Henry "Hank" Schmaltz Mike Wolf family
Sun 14	8:30 AM	ਊ Fr. Ron Millican Connie & Mike Whitmarsh
	11 AM	[†] Cordelia Odilo Anonymous
	7 PM	For the people of the parish

FYI: When you send a return text from OLSPDX, it is seen only by Evelyn via an email.

THIS WEEK IN OUR PARISH

	THIS WEEK IN OUR PARISH
Sun-7	Masses at 8:30 AM, 11 AM, and 7 PM
Main O	Religious Educations Classes
Mon-8	Adoration, 6 AM – 11 PM, Church
Tue-9	Adoration, 6 AM – 11 PM, Church
	Resisting Happiness book study, 7 PM,
	Parish Office Conference Room
Wed-10	12 PM Mass
	Widows gathering, 10AM, Fr. Carberry
	<u>Hall</u>
	Catholic in Recovery, 6 PM, Parish
	Office Conference Room
Thur-11	Morning Prayer, 9:30 AM, Music Room
	Bible Study, 1:00 PM, Fr. Carberry Hall
	Reconciliation Service, 7 PM, Church
Fri-12	Office closed
	Fridays with Francis, 10:30 AM, Fr. Car-
	berry Hall (Coffee and Conversation)
	12 PM Anointing Mass
	Stations of the Cross, 5:30 PM, Church
	Soup Supper, 6 PM, Fr. Carberry Hall
Sat-13	Catholic in Recovery, 2 PM, Fr. Carberry
	<u>Hall</u>
	4 PM Confessions
	5 PM Vigil Mass
	Bible Study, 6:15 PM, Fr. Carberry Hall
Sun-14	Masses at 8:30 AM, 11 AM, and 7 PM
	Religious Educations Classes, 9:45 AM,
	Religious Education Center

THIS WEEK'S SCRIPTURE READINGS



Monday, 4/8: Lenten weekday

Dn 13:1-9, 15-17, 19-30, 33-62 or 13:/

Jn 8:12-20

Tuesday, 4/9: Lenten weekday

Nm 21:4-9/Jn 8:21-30

Wednesday, 4/10: Lenten weekday

Dn 3:14-20, 91-92, 95/Jn 8:31-42

Thursday, 4/11: St. Stanislaus

Gn 17:3-9/Jn 8:51-59

Friday, 4/12: Lenten weekday

Jer 20:10-13/Jn 10:31-42

Saturday, 4/13: St. Martin I

Ez 37:21-28/Jn 11:45-56

Sunday, 4/14: Palm Sunday

Lk 19:28-40 (37)/Is 50:4-7/Phil 2:6-11/

Lk 22:14-23:56

Our New Pastor....

As part of the process of discerning who the next pastor will be, you have an opportunity to offer input to the Archdiocese through the Office of Clergy. Everyone is invited to offer comment via email clergy@archdpdx.org or by calling 503-233-8366. The archbishop, with the guidance of the Holy Spirit, will decide in early June who will be assigned as our pastor.



Saturday evening Bible Study may be delayed on April 13th, expecting the Palm Sunday vigil Mass to go longer. Class start shortly after the Mass. There will be no Bible Study on Holy Saturday April 20.

Parish Prayer Line: (503) 775-6731, Ext. 111

Our "prayer warriors" are standing by to pray for your intention.

Pon't wait to the last minute!



©CPI - 103

P.O.

📝 Please tell these advertisers you saw them on your Sunday Bulletin 🌂

Pacific Seafood

WHOI FSALF

16797 S.E. 130th Ave

Affordable Retirement LIVING

FOR SENIORS 62 YEARS & OLDER

WESTMORELAND'S UNION MANOR

6404 SE 23rd Avenue Portland, Oregon 97202

503-233-5671

- Studio & One-Bedroom Apartments with Kitchens
- Affordable Rents with No Buy-In or Application Fees
 - FEDERAL RENT SUBSIDIES AVAILABLE

🚅 🛵 🛚 • Garden Areas & Planned Activities

www.TheUnionManors.org



4535 SE Woodstock Blvd.

BOOKKEEPING & INCOME TAX 503.286.1561

Jim Schaller St. Ignatius Parishioner LTC#:32689-C

Clackamas, Ore. 503-905-4500 RETAIL: 3380 S.E. Powell 503-233-4891

Hard to say..

easy to work with

503 281 0752

www.anctilheating-cooling.co



JAN FERGUSON-BRESEE PRINCIPAL BROKER **EASTSIDE SPECIALIST**



John J. O'Hara

Attorney at Law

Serving local Parishioners for over 40 years Personal Injury & Accidents Wills ♦ Trusts ♦Estates (503) 255-8795

850 NE 122nd Ave. ohara@warrenallen.com

MORE OF REALTY

James Q Pham, Real Estate Broker

• Property Management

• Residential • Commercial jamesrealestateteam.com 503-858-0234





Hardware, Tools & Feed Garden Supplies Traeger Grill Parts 6089 SE Johnson Creek Blvd.

503-775-6767

PEGGY CASSINELLI TONY CASSINELLI

New Systems Repair all brands PCs, MACs Laptops, Tablets **Network Servers** Software, Wireless On-site Configuration Remote Monitoring 24/7 Service

${\sf TM}$ computer systems, inc.



PH:(503) 232-1084 2411 SE 49th Portland, OR 97206 TMOFFICE@TMCSI.COM

OMPANYINC PLUMBING-HEATING-AIR CONDITIONING-BOILERS 503-227-2641 • www.detemple.com PLUMBING - HEATING AIR CONDITIONING - BOILERS



Funeral Home www.mtscottfuneralhome.com

Local Catholic Family Ownership For Three Generations

(503) 771-1171

4205 SE 59th Ave. Portland, Oregon 97206

${f ar M}$ Law office of JOANNA DORCHUCK

Wills • Trusts • Probate **Estate Planning** Personal Injury

503-788-7050 www.dorchucklaw.com 4932 SE Woodstock



Villa St. **Margaret**

Our Village, Your Home No Waiting List

Affordable 1-bedroom & 2-bedroom apartments available

971-400-6912 3825 SE 80th Ave Portland, OR 97206

Pacifica Senior Living

St. Andrews (503) 257-7946

Memory Care

7617 SE Main St, reet Portland, OR 97215



ACCIDENTS • INJURIES

ALL KINDS

James C. Niedermeyer Attorney at Law 503-233-8550

SAM'S AUTO BODY & PAINT, INC

Catholic Owned and Operated

Jaguar Authorized Repair Facility Domestic & Foreign • Unibody Repair System Sikkens Urethane Refinishing System We pick-up / Drop off • Lifetime Warranty • Free Loaner We offer Deductible Assistance

5% from each job will be donated back to St. Ignatius, OLS & St. Philip Neri

> Call Hieu Le or Daniel Smith Office: 503-771-3131

3320 SE 50th Ave. Portland (same location for 39 years!)





20% senior discount \$25 donation to PARISH with mention of ad

GETHSEMANI FUNERAL HOME WOODSTOCK DENTAL GETHSEMANI CREMATORY PASTORAL & COMPASSIONATE CARE

503-659-1350 • ccpdxor.com

In-Home & Parish Based Arrangements Available CHURCH OWNED AND OPERATED

RADIO The Bridge Between and Everyday Life.

MaterDeiRadio.com

catholicmatch[®] Oregon

TRANG NGUYEN, D.M.D

503-384-2799 www.woodstockdental.net 4429 SE Woodstock Blvd

Monday - Friday 9AM - 6PM Saturday appointments available

For Advertising Call Tom Ott 503-650-6347 or email tomo@catholicprintery.com 3