

February 8th, 2026

# Our Lady of Sorrows Catholic Church

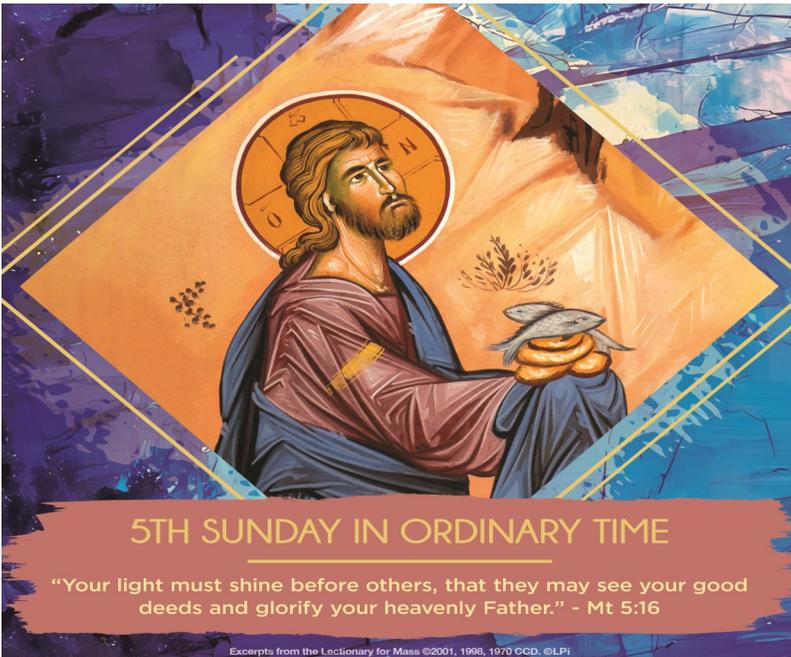
Parish Office located at 5350 SE Knight St.

Mailing Address: 5239 SE Woodstock BLVD, Portland, OR 97206

Office Telephone: (503) 775-6731 Fax Number: (503) 775-6732

Office Hours: Tuesday—Thursday 9:00 AM—3:00 PM Fridays 9:00AM-1:00PM

Parish Website: [www.olspdx.org](http://www.olspdx.org) [facebook.com/ourladyofsorrowspdx](https://facebook.com/ourladyofsorrowspdx)  
[www.FORMED.org](http://www.FORMED.org)



Our Lady of Sorrows Parish is a Catholic community of Christian believers devoted to the Holy Eucharist and called to proclaim the Good News of Jesus through evangelization and outreach.

## Assistance with rent, food, and utilities

**St. Vincent de Paul Emergency Services Center: (503) 235-8431**

**#1 Food or #2 Rent/Utilities**

Monday Friday, 9:30 AM to 12 noon, and 1 PM to 3:30 PM

(Multnomah and Clackamas County)

## Mass Schedule

**Saturday Vigil: 5:00 PM**

**Sunday:**

8:30 AM and 11:00 AM

**Daily Mass:**

Wednesday-Friday 12:00 PM

**Holy Days:** 12:00 PM and 6:00 PM

**Reconciliation:** Saturday, 3:30—4:30 PM

**Adoration of the Blessed Sacrament:**

Tuesdays and Thursdays in the Church

from 8:00 AM to 3:00 PM

(Call the office for door access code)

**The Rosary is prayed 30 minutes before each Mass.**



**Parish Staff**

Fr. Crispine Otieno, Pastor

Ext. 106 frcrispine@olspdx.org

Tony Graham, Pastoral Assistant

Ext. 102 tonygraham@olspdx.org

Carl Duyn, Finance

Ext. 105 carld@olspdx.org

Phyllis Shelton, Book-keeper

thebookkeepingcollaborative@gmail.com

Gina Piroli, Cantor

Mary Ann Colrud, Church Custodian

Jeanette Howell, Janitor

**Fifth Sunday in Ordinary Time**

(Lec.73)

- 1) Isaiah 58:7-10
- 2) 1 Corinthians 2:1-5
- 3) Matthew 5:13-16

**FOCUS:** The just man is a light in darkness to the upright.

At our baptism, we receive the light of Christ. While this light of faith certainly illumines our path, it is also meant to be shared with others. Through our good works, the light of Christ shines forth, helping others to recognize the work of God in our lives and drawing them to give him thanks and praise.

**Pastoral Council**

Cathy Perisich, Sue Steeger,

Tony Graham, Cynthia Roberti, Rosy Casper

**Finance Council**

Damir Karin, Carl Duyn,

Andjelique Skoro, Tim Crawley

**Collection Information for 2/03 Weekly**

**Offertory Goal: \$4,000.00**

|                       |                   |
|-----------------------|-------------------|
| Offertory             | \$4,223.60        |
| Coffee and Donuts     | \$46.06           |
| Candles               | \$48.17           |
| St. Vincent DePaul    | \$12.50           |
| Area of Greatest Need | \$445.00          |
| Parking Lot           | \$535.00          |
| Property Development  | \$719.50          |
| <b>Total</b>          | <b>\$6,029.83</b> |



**Our church is equipped with a hearing assistance system. Please ask in the Sacristy for a receiver to use.**



Welcome to Our Lady of Sorrows Catholic Church. If you are new to the parish or have updated information, please cut out this form, fill in the information, and bring it to the Parish Office or put it in the collection basket.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

New Parishioner  New Address  New Phone #  I would like Fr. Crispine to call me.

I'm interested in parish ministries  I would like to receive offertory envelopes



# Mass for the Intentions for the Week

Wed-11th 12:00PM † **Raymond Dahl**  
*Tony Graham*

Thu-12th 12PM † **Rodolfo Caraos**  
*Elenita Caraos*

† **Minerva Chiong**  
*Elenita Caraos*

Fri-13th 12PM **Anna Nguyen**  
*Anonymous*

Sat-14th 5PM **Schmaltz Family**  
*Scott Schmaltz*

Sun-15th  
 8:30 AM **Pro Populo**

11AM † **Kathy Norulak**  
*Sarah Cavanaugh*

## PARISH ACTIVITIES FOR THE WEEK

Mon-9th **Office Closed**  
 No Mass

Tues-10th Office Open 9-3:00  
**No Mass 12PM**

Wed-11th Office Open 9-3:00  
**Mass 12PM**

Thurs-12th Office Open 9-3:00  
**Mass 12PM**

Fri-13th Office Open 9-1:00  
**Mass 12PM**

Sat-14th **Confessions 3:30-4:30PM**  
**Saturday Vigil Mass 5 PM**

Sun-15th **Sixth Sunday in Ordinary Time**  
**Masses @ 8:30 AM and 11 AM**  
 Coffee and Doughnuts

## THIS WEEK'S COLLECTION COUNTERS (2/10):

Mary Ann H., Jim B., Holly D.

## February 15th: Sixth Sunday in Ordinary Time

### 5:00 PM Vigil Mass

EOM: Cynthia R.  
 Lector: Maria L.  
 Servers: Louis O.

### 8:30 AM Sunday Mass

EOM: Sonie D.  
 Lector: Tony G.  
 Servers: Jonathan S., Emeraude L.  
 Anastasia S., Kelcie A.

### 11:00 AM Sunday Mass

EOM: Jim B.  
 Lector: Helena P.  
 Server: Paul S., Milan S., Michael S.

### Prayer Line

(503) 775—6731, Ext. 111

Call today with your prayer intentions.  
 Our prayer warriors are standing by.



### Prayer Corner

Please pray for the following people who are ill or recently deceased:

Clint Dodge, †Barbara Sheridan, †Gary Hart, †Connie Whitmarsh, Cynthia Reis, †Patrick Hague, †Gloria Federici, Sally Allen, †Rosana Gonzalez, †Adela Escobio, †Pillar Dizon, Jim Bachman, Maryann Hollinger,, Richard Ellingson, Greg Roberti, †Yvonne Bjurstrom, †Susan Beslic

may you find consolation in knowing that you are thought of and prayed for in this time of need.



### 5TH SUNDAY IN ORDINARY TIME



# What's Happening

## CATHOLIC STEWARDSHIP

### Your Guide to Stewardship Giving



God calls us to share our gifts with gratitude and generosity. By intentionally planning our giving, we strengthen our commitment to Christ and help our parishes foster the faith, hope, and purpose that flow from a life rooted in Him. Together, we share the gifts God has given us so we may more fully "witness to the Gospel of Jesus Christ" throughout Western Oregon.

#### BEST PRACTICES



Create and maintain a household budget



Plan your giving annually



Use your parish's electronic offering (if applicable)



Understand tithing literally means to give 10% of your income.

*Suggested amounts: 5% to the local parish and 5% to other Church needs and charities that serve the greater community.*

#### GIVING OPPORTUNITIES THROUGHOUT THE YEAR



##### Parish Offertory

Whether giving weekly, monthly or yearly, the offering supports the sacramental life and ministries of your parish.



##### Archbishop Catholic Appeal

Supports Catholic Education, Seminarian Education, Retired Priests, Parish Evangelization & formation, and Churchwide Mission Infrastructure & Ministries.



##### Seminarian Appeal

Provides financial support to help to cover the expenses of every seminarian in the Archdiocese of Portland, allowing them to fully discern their vocation without financial obstacles.



##### Universal Church Appeal

Supports the priorities of the pope and bishops through specific national and worldwide ministries.



##### Parish Capital Campaigns & Special Projects

Provides the means for parishes to carry out specific projects.



##### Community Charities

Opportunities to support the mission of nonprofit organizations and other needs.

Use the worksheet on the back to plan your giving.

# MY CATHOLIC GIVING GUIDE WORKSHEET

## 1. Calculate Annual Gross Family Income

My Income \$ \_\_\_\_\_  
 My Spouse's Income \$ \_\_\_\_\_  
 Other Income \$ \_\_\_\_\_  
 Total \$ \_\_\_\_\_

## 2. Determine Annual Percentage to Give

→ Tithing (10%) \$ \_\_\_\_\_  
 OR  
 ↳ Other: \$ \_\_\_\_\_

## 3. Calculate Annual Dollar Giving Amount

\$ \_\_\_\_\_ x \_\_\_\_\_ % = \$ \_\_\_\_\_  
*Total Family Income Annual Giving Percentage Annual Giving Dollar Amount*

## 4. Determine Dollar Amount for Each Giving Opportunity

### PARISH OFFERTORY

→ \$ \_\_\_\_\_ x 52 = \$ \_\_\_\_\_  
*Weekly Amount Total Each Year*  
 OR  
 ↳ \$ \_\_\_\_\_ x 12 = \$ \_\_\_\_\_  
*Monthly Amount Total Each Year*

### ARCHBISHOP'S CATHOLIC APPEAL

→ \$ \_\_\_\_\_ x 12 = \$ \_\_\_\_\_  
*Monthly Amount Total Each Year*  
 OR  
 ↳ \$ \_\_\_\_\_ Total Each Year  
*One-Time Amount*

### SEMINARIAN APPEAL

→ \$ \_\_\_\_\_ x 12 = \$ \_\_\_\_\_  
*Monthly Amount Total Each Year*  
 OR  
 ↳ \$ \_\_\_\_\_ Total Each Year  
*One-Time Amount*

### PARISH CAPITAL CAMPAIGN/SPECIAL PROJECT (IF APPLICABLE)

\$ \_\_\_\_\_ Total Each Year

### UNIVERSAL CHURCH APPEAL & MINISTRY SUPPORT

\$ \_\_\_\_\_ Total Each Year

### COMMUNITY CHARITIES

|       |          |
|-------|----------|
| _____ | \$ _____ |
| _____ | \$ _____ |
| _____ | \$ _____ |
| _____ | \$ _____ |

### TOTAL ANNUAL GIVING

Amount \$ \_\_\_\_\_

## GIVING EXAMPLE

### 1. Calculate Annual Gross Income

My income: \$50,000  
 Spouse's Income: \$25,000  
 Other Income: \$5,000  
 Total Income: \$80,000

### 2. Determine Annual Percentage to Give:

3% OR 10%

### 3. Calculate Annual Giving Amount:

|          |          |
|----------|----------|
| \$80,000 | \$80,000 |
| x 3%     | x 10%    |
| \$2,400  | \$8,000  |

### 4. Determine dollar amount for each giving opportunity:

|                               |         |
|-------------------------------|---------|
| <u>Annual Parish Offering</u> |         |
| \$2,400                       | \$8,000 |
| x 50%                         | x 50%   |
| \$1,200                       | \$4,000 |

|                                     |         |
|-------------------------------------|---------|
| <u>Archbishop's Catholic Appeal</u> |         |
| \$400                               | \$1,500 |

|                          |       |
|--------------------------|-------|
| <u>Seminarian Appeal</u> |       |
| \$200                    | \$800 |

|                               |       |
|-------------------------------|-------|
| <u>Parish Special Project</u> |       |
| \$200                         | \$800 |

|   |       |
|---|-------|
| <u>Universal Church Appeal &amp; Ministry Support</u> |       |
| \$300   | \$500 |

|                            |       |
|----------------------------|-------|
| <u>Other Organizations</u> |       |
| \$100                      | \$400 |

### TOTALS

|         |         |
|---------|---------|
| \$2,400 | \$8,000 |
|---------|---------|

# Legatus

## Ambassadors for Christ

Legatus is an international organization of Catholic business leaders and executives committed to study, live and spread the Catholic faith. Legatus provides its members the opportunity to deepen their relationship with God and discover how Catholic truth and values can help them meet the challenges they face on a daily basis. Spouses are full members, providing additional opportunities to enhance marriage and family life. Monthly meetings start with Mass, followed by socializing and fine dining - complemented by dynamic and informative presentations by expert or nationally known speakers.

Chartered in 2001, our Portland Chapter is welcoming new members.

For information, please contact Tom or Julie Heger at [jtheher75@gmail.com](mailto:jtheher75@gmail.com)

[www.legatus.org](http://www.legatus.org)



 Legatus



SEP 21 - OCT 2, 2026

# SHRINES OF EUROPE

PILGRIMAGE TO POLAND, PRAGUE, MEDJUGORJE & DUBROVNIK

FR. CHRISPINE OTIENO  
YOUR CHAPLAIN

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[CANTERBURYPIILGRIMAGES.COM/13410](http://CANTERBURYPIILGRIMAGES.COM/13410)  
(800) 653-0017

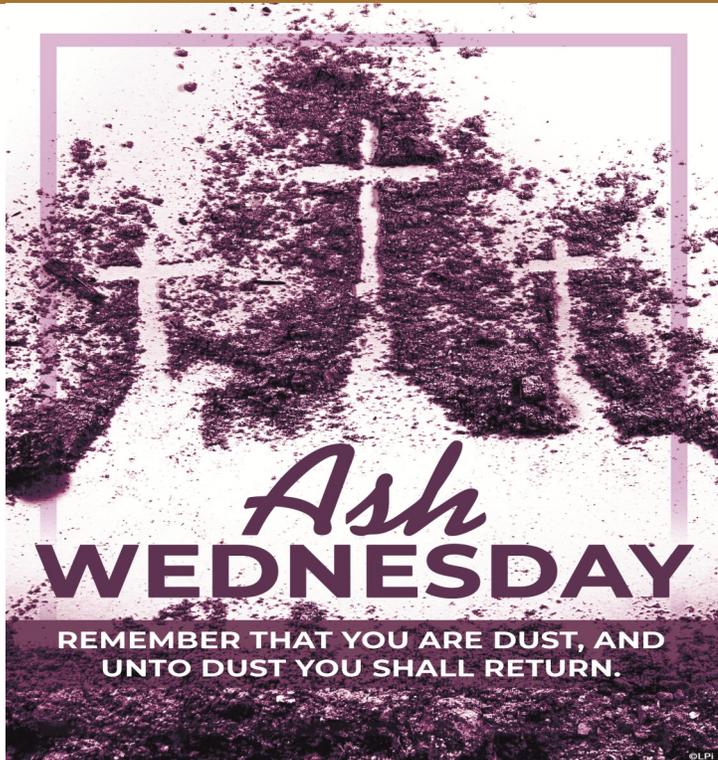


## Wednesday February 18th

Join us for Mass at 12pm and  
6PM

### Stations of the Cross

Remember that beginning Friday  
February 20th we will have  
Stations of the Cross at 6pm  
followed by a simple Soup Supper  
Every Friday through Lent



# Ash WEDNESDAY

REMEMBER THAT YOU ARE DUST, AND UNTO DUST YOU SHALL RETURN.

©LPI

# Worship & Meditation

## Readings for the week of February 8, 2026

### Sunday:

Is 58:7-10/Ps 112:4-5, 6-7, 8-9/1 Cor 2:1-5/  
Mt 5:13-16

### Monday:

1 Kgs 8:1-7, 9-13/Ps 132:6-7, 8-10/  
Mk 6:53-56

### Tuesday:

1 Kgs 8:22-23, 27-30/Ps 84:3, 4, 5 and 10,  
11/Mk 7:1-13

### Wednesday:

1 Kgs 10:1-10/Ps 37:5-6, 30-31, 39-40/  
Mk 7:14-23

### Thursday:

1 Kgs 11:4-13/Ps 106:3-4, 35-36, 37 and  
40/Mk 7:24-30

### Friday:

1 Kgs 11:29-32; 12:19/Ps 81:10-11ab, 12-13,  
14-15/Mk 7:31-37

### Saturday:

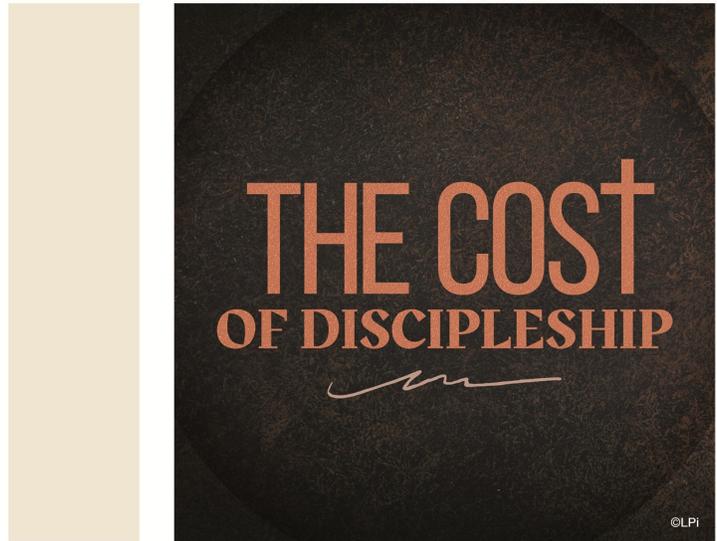
1 Kgs 12:26-32; 13:33-34/Ps 106:6-7ab,  
19-20, 21-22/Mk 8:1-10

### Next Sunday:

Sir 15:15-20/Ps 119:1-2, 4-5, 17-18, 33-34/  
1 Cor 2:6-10/Mt 5:17-37 or 5:20-22a,  
27-28, 33-34a, 37



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## Gospel Meditation

### Encourage Deeper Understanding of Scripture

I recently learned why zebras have stripes. Scientists used to think it was for camouflage, but new research suggests something more interesting: the stripes help zebras blend in with one another. When a predator looks at a herd, the overlapping stripes make it hard to single out one animal. But if a researcher spray-paints a dot on just one zebra, predators lock on it and eventually attack. The lesson? In the wild, blending in is protection. Standing out can be dangerous.

Human beings are not so different. Most of us would rather blend in than stand out, especially when it comes to our faith. We know that giving bold witness to Jesus — through our words, values, or public choices — can make us targets for criticism, isolation, or judgment. That's why Jesus' words in today's Gospel are so challenging: **"You are the light of the world. A city set on a mountain cannot be hidden" (Matthew 5:14).**

A city on a hill draws attention. It also draws fire. But that's part of the cost of discipleship. Jesus doesn't call us to be tribal or boastful. He calls us to stand in the open with humble confidence, so that people might see our good deeds and glorify our Father in heaven. Today, let's ask for the courage not just to believe in Christ, but to be seen believing in him.

— *Father John Muir*