



“THE SPIRIT COMES TO THE AID OF OUR WEAKNESS.”

Romans 8, 26



St. Paul, our Cathedral Parish Patron and “Apostle to the Gentiles” as he is referred to, that is (the Non-Jewish people) refers to the Holy Spirit, the Spirit of God, as coming to our aid, especially when it comes to praying. He goes on to say “for we do not know how to pray as we ought, but the Spirit intercedes with inexpressible groanings.”

All of us at times have difficulty expressing ourselves, our adoration, contrition for sin, thanksgiving for God’s blessing and our asking for our needs, but as we are reminded, we don’t pray unaided or alone because God accompanies our prayers with His Spirit, who assists and makes up for our inadequacies and weaknesses. God is so good even to the extent of completing our attempts to pray as we should. The message is: DON’T GIVE UP, DON’T GIVE IN TO THE TEMPTATION THAT WE CAN’T PRAY AS WE OUGHT. God is here in our lives to perfect and complete our meager attempts, even to pray.

What counts are our efforts, the time we take to pray and our sincerity as we approach our God. We need to be, all of us, People of Prayer with an open communication with a loving God and our assurance that God accepts our time and effort to adore, ask pardon for our sins (contrition), thank Him for His many gifts that we often take for granted, and petition (supplication) for our daily needs (ACTS).

We never pray alone. The Spirit of God joins us and makes up for our own unworthiness and weaknesses. PRAY OFTEN! BE A PEOPLE OF PRAYER!



Love God. Live the Eucharist.

16TH SUNDAY IN ORDINARY TIME

LITURGY FOR THE SIXTEENTH SUNDAY IN ORDINARY TIME

SCRIPTURE READINGS #1154

Processional Hymn There’s a Wideness in God’s Mercy No. 645
Gloria No. 238

Responsorial Psalm:

Lord, you are good and forgiving

Gospel Acclamation

Blessed are you, Father, Lord of heaven and earth;
You have revealed to little ones the mysteries of the kingdom

Offertory Parable
Holy, Holy, Holy No. 350
Memorial Acclamation When We Eat This Bread ...
Amen No. 352

Lamb of God No. 382

Communion Hymn Many and Great No. 942
I am the bread of Life No. 950

Recessional Hymn Sing a New Church No. 727

JULY
23
2023

MAILING ADDRESS
St. Paul Cathedral Parish
15 S. 12th Ave. Yakima, WA 98902
Phone: 509-575-3713
Fax: 509-453-7497
Email: parish@stpaulyakima.org

Parish Office Hours
Monday-Friday 9:00AM-4:30PM
(Closed 12:00 Noon-1:00PM)
Weekend Mass Schedule
Saturday: 5:30PM & 7PM (Spanish)
Sunday: 7, 9, 11AM, 1PM (Spanish) & 7:00PM Life Teen

Daily Mass Schedule
Monday, Wednesday Friday: 7AM
Tuesday, Thursday, Saturday: 8AM
Spanish Mass Tuesday: 7:00PM

Reconciliation
Saturday: 4:00PM or by Appointment

Baptisms
Please call Parish Office

Weddings
Four months preparation required

Adoration
Fridays 7:30AM-6:00PM Benediction

Monday Evening Prayer
Weekly 5:30PM-Chapel

Complete Staff listing inside.

16TH SUNDAY IN ORDINARY TIME

EVENTS FOR THE WEEK OF JULY 24, 2023

M July 24 St. Sharbel Makhluf
T July 25 St. James, Apostle
W July 26 Sts. Joachim & Anne

TH July 27 Weekday
F July 28 Weekday
S July 29 Sts. Martha, Mary & Lazarus

LAST WEEK'S SACRIFICIAL GIVING TOTAL: \$9,912.77

LIFETEEN & SPY EDGE SUMMER FUN!

1. Wednesday, July 26th Pool Party: 2-7PM-Call Shawn for more details 509-902-7150.

 **flocknote** *Smarter Email & Texting*
Sign up today! Call 509-575-3713.

CATHEDRAL AIR CONDITONING

Please make sure outside doors to our Cathedral are tightly closed at the end of each Mass. Thank You!

CATHEDRAL CHOIR

Our Music Director is still looking for bell ringers, children's choir members, and more choir members. Contact Michael at music@stpaulyakima.org if interested.

NEXT SUNDAY: COME ONE, COME ALL!



ST. PAUL CATHEDRAL PARISH PICNIC & POOL PARTY AT FRANKLIN PARK

THIS SUNDAY-JULY 23RD 5 p.m. to 7 p.m.
Pulled Pork Sandwiches, Mac & Cheese, Cole Slaw & Watermelon. Bring a chair or blanket. Bring cookies to share (optional).

Swimmers: Wristbands available at the pavilion in the park

ST. PAUL CATHEDRAL

Free for parishioners & guests

ST. PAUL CATHEDRAL STAFF

509-575-3713 | parish@stpaulyakima.org

Bishop of Yakima

Most Rev. Joseph J. Tyson, D.D. 509-965-7117

Pastor

Rev. Msgr. John A. Ecker, V.G. parish@stpaulyakima.org

Parochial Vicar

Rev. Jesús Mariscal jesus.mariscal@yakimadiocese.org

Permanent Deacon

Timm Wauzynski 509-575-3713

Office Manager

Denny A. Canales denny.canales@yakimadiocese.net

Director of Religious Education

Emma Mendoza emmaam1509@gmail.com

Youth Minister (Life Teen)

Shawn Exner stpaullifeteen@hotmail.com

Music Director

Michael Kim music@stpaulyakima.org

Bookkeeper

Theresa McCormick theresa@stpaulyakima.org

Maintenance

Ray Melki 509-575-3713

Parish Council President

Sandi Hays sandi_hays18@yahoo.com

Msgr. John A. Ecker Foundation

Mike Schell, Chairman 509-424-2029

Pastoral Care

Alma Jauregui 509-575-3713

Life Teen Music

Todd Rettig & Jenny Escobar

Prayer Line

Yvonne Lane 509-457-8792

ONLINE

Sunday Offering
FOR YOUR CONVENIENCE

THANK YOU FOR YOUR GENEROUS GIVING!



FEASTS OF THIS WEEK

Monday, July 24th: **Saint Sharbel Makhluf**
"The Hermit of Lebanon"
Tuesday, July 25th: **Saint. James**, brother of John, firsts of the 12 apostles to be martyred. Patron of pilgrims, of Spain, Guatemala and Nicaragua.
Wednesday, July 26th: **Saints Joachim and Anne**, Parents of the Virgin Mary, Patrons of grandparents.
Saturday, July 29th: **Saints. Martha, Mary and Lazarus**, Close friends of Jesus and witnesses to His great miracles.

ST. VINCENT COLLECTION

Next weekend, the fifth Sunday of the month, there will be people at the exits as you leave Mass collecting for the needy in our community. The needs are great and the resources are few. Thank you for your generosity.

AFTER MASS GATHERINGS

Just a reminder: refreshments (coffee, juice, cookies and snacks are available after 9AM, 11AM English Masses and after the 1PM Spanish Mass each Sunday). An opportunity to get to know one another.

PILGRIMAGE TO MEDJUGORJE/ITALY

October 13-24, 2023. Contact Father Richard Sedlacek, Pastor of Our Lady of Lourdes Church (1107 W. Fremont Ave. Selah, WA 98942) at 509-539-0037 or Adameks@msn.com

COMMUNION UNDER BOTH SPECIES

Bishop Tyson has decreed that restrictions limiting "Communion from the Cup" will be lifted as of August 15, 2023. Beginning that day, the Feast of the Assumption of Mary. Holy Communion may be received at all Masses in our Cathedral under both species. If you have a cold, fever or a contagious illness, please refrain from receiving from the cup. Our parish Deacon Timm Wauzynski is seeking new Eucharistic Ministers to assist in the distribution of the Eucharist. Check the bulletins for updating and training opportunities.

READINGS FOR NEXT SUNDAY

Seventeenth Sunday in Ordinary Time

1 Kgs 3:5, 7-12; Rom 8:28-30;
Mt 13:44-52 or 13:44-46 (109)



ART IN THE PARK

For Health & Healing

A NAMI FaithNet Event

July 29th

10am-3pm

Franklin Park

This event is Free and open to the community.

Join us for a day of creativity, community, and support at Art in the Park, hosted by the National Alliance for Mental Illness (NAMI) FaithNet. We invite you and your loved ones to experience a day filled with art, music, and a friendly atmosphere that celebrates creative expression and mental health awareness.

Event Highlights: Talent Show, Art Activities for Kids, Community Resources and Live Music!

ABUSE HOTLINE

Our Diocese has this private line for those wishing to report incidents of sexual abuse regarding clergy, diocesan or church employees or volunteers.
1-888-276-4490



You Tube

SUBSCRIBE TO OUR YouTube Channel! St Paul LIFETEEN

ALTAR SOCIETY?

Your Cathedral Parish is in need of devoted parishioners to re-establish an altar society to care for the vestments, altar linens and cleanliness of our cloths and hangings, banners and Church decoration. In a few weeks we shall provide further information. Pray about your possible participation in this endeavor.

HAPPY BIRTHDAY!

TO: KIMBERLY ABELLA-CREE, Donald Gregson, **AMY SHUMAKER PFEIFER**, Lydia Trujillo, Nancy Welsch, Daria Cooper, Hannah Gibbons, **DIANNA HERNANDEZ**, Jo Salinas, Troy Sevigny, Abigail Johnson, Jordan Kramer, rank Sziebert, Trinda Ackley, Jason Carter, Rachel Feist, Marie Green, Vance LaFramboise, Janet Rouleau, Finnegan Anderson, Anissa Hiebert, Timothy Roy, Harvey Russell, **WILL CHICHENOFF**, Emma Sutton, Rose McCarthy, Erin Anderton, Ethan Bersing, Trevor Johnson, Thomas Kranz, Mark Troianello, and all who celebrate this week!

