

The Most Holy Body and Blood of Christ (Corpus Christi)

June 14, 2020

Entrance Antiphon:

He fed them with the finest wheat and satisfied them with honey from the rock.

First Reading: Deuteronomy 8:2-3, 14b-16a (167A)

Moses said to the people: "Remember how for forty years now the Lord, your God, has directed all your journeying in the desert, so as to test you by affliction and find out whether or not it was your intention to keep his commandments. He therefore let you be afflicted with hunger, and then fed you with manna, a food unknown to you and your fathers, in order to show you that not by bread alone does one live, but by every word that comes forth from the mouth of the Lord.

"Do not forget the Lord, your God, who brought you out of the land of Egypt, that place of slavery; who guided you through the vast and terrible desert with its saraph serpents and scorpions, its parched and waterless ground; who brought forth water for you from the flinty rock and fed you in the desert with manna, a food unknown to your fathers."

The Word of the Lord. **Thanks be to God.**

Responsorial Psalm: Psalm 147:12-13, 14-15, 19-20

"Praise the Lord, Jerusalem."

Glorify the Lord, O Jerusalem' praise your God, O Zion. For he has strengthened the bars of your gates; he has blessed your children within you.

"Praise the Lord, Jerusalem."

He has granted peace in your borders; with the best of wheat he fills you. He sends forth his command to the earth; swiftly runs his word!"

"Praise the Lord, Jerusalem."

He has proclaimed his word to Jacob, his statutes and his ordinances to Israel. He has not done thus for any other nation; his ordinances he has not made known to them. Alleluia.

"Praise the Lord, Jerusalem."

Second Reading: 1 Corinthians 10:16-17

Brothers and sisters; The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? Because the loaf of bread is one, we, though many, are one body, for we all partake of the one loaf.

The word of the Lord. **Thanks be to God.**

Gospel Acclamation:

I am the living bread that came down from heaven, says the Lord; whoever eats this bread will live forever.

Gospel: John 6:51

The Lord be with you. **And with your Spirit.**

Jesus said to the Jewish crowds: "I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

The Jews quarreled among themselves, saying, "How can this man give us his flesh to eat?" Jesus said to them, "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him. Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me. This is the bread that came down from heaven. Unlike your

ancestors who ate and still died, whoever eats this bread will live forever.”

The Gospel of the Lord: **Praise to you, Lord Jesus Christ.**

Communion Antiphon:

Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

From the Pastors Desk

Trauma Spirits

Dear Brothers and Sisters of St. Anthony's,

Who would have thought that one catastrophic situation would lead to another? If the Corona virus wasn't enough, with the quarantine situation and social distancing, and not the exact opposite, major riot, protests and the like. It's like the swing of the pendulum: one extreme to another. Interesting times to say the least. Some people will fare well, and others will not. It's the same when Trauma Spirits come to roost in our nest.

Years ago, I had a similar “double whammy” hit me that taught me a very valuable lesson in life. How does the Christian deal with trauma spirits? Every June, I remember what happened in my life that was a very life changing experience. My father, who was sick in the hospital, died on June 5th, 2000. We had made preparations for the funeral which was to take place at Mother Seton parish in Germantown, MD. My friend Monsignor Thomas Wells just happened to, by chance, be the pastor of the parish where my mother and father lived after they moved from Rockville. I asked my friend Monsignor Wells to hear my father's death bed confession. My father passed from this world some time later. We were all with him at 3 am on June 5th. Our father's funeral was to be at Mother Seton on June 8th. We had been to the funeral home and made all of the necessary arrangements.

On the night before the funeral, Monsignor Wells and I did the wake service prayers. All was well. Later that night mom and I went home to prepare for the next day. Monsignor Wells went to dinner with friends. Some time later that night, after Monsignor Wells came home from his evening engagement a man broke into his rectory and murdered my dear friend. The next morning, my mother and I were told the dreadful news that Monsignor Wells had been brutally stabbed to death.

I was shaken to the core of my being. Father, dead, best friend murdered, and a funeral Mass scheduled to go off in an hour or two. My whole body, mind and soul completely shut down. Later the grief counselor told me that was the body's defense mechanism to cope with the trauma that has happened. To this day, I do not even remember my father's funeral. People later told me that it went off with no problem.

What is the point of all this? It is that in the course of life, terrible things happen. When they occur, dynamic forces are leached upon the soul of that person. These forces have tremendous power to mold and shape the rest of your life from the moment that tragedy strikes. They have the power to make you bitter or better; that's your choice. Many people choose to be bitter when things of a traumatic nature destroy their lives. People of faith can choose to use that experience to make them a better person, a more compassionate and humbler person. The choice is yours. No one

on planet earth is exempt from having bad and awful things happen to them. It happens every day to people. Trauma spirits are a way the evil one seeks to destroy our lives. God on the other doesn't prevent things from happening. It's part of His permissive will. He permits them to happen knowing that something great can come out of it. That's the lesson of Good Friday.

When Trauma spirits visit you, first you must hold on tight until the initial emotion passes. Then when clarity sets in you can choose to be better than bitter. God always gifts the person who waits with abundant blessings.

Peace, In Christ Jesus, Fr. Stack

PLEASE PRAY FOR THE SICK

Austin Aley, Vicki Baxter, John Bell, Sam “Bo” Bradley, Florence, Dominic Brady, Jack Bragger, Jeff Carr, Jane Carrello, Bill Carroll, Gail Carroll, Helga Cuevas, Luis Cuevas, Elaine Cunnane, Jean Davis, Sig Degitz, Gavin DiBitetto, Anthony Fowler, Jace Fowler, Taylan Fowler, Aaron Fortney, Cathy Giancoli, Anna Gorski, Jan Groves, Noah Christopher Haas, Anna Halterman, Marie Heaton, Maslynn Holmes, Cory Honoker, Richard Horwitz, Carolyn Humerick, Roza Ivanac, Cambrian Jay, Lindsey Jay, Kayla Johnston, William Kallal, Jim Kleinheinz, Richard Knupp, Brian Lloyd, Donna Lynch, Anne Marie Mako, Mark Mann, Kelly McCarley, Josephine McWhorter, Jennifer Melanab, Margie Edwards Morgan, Kylie Murphy, Brody O'Brien, Sarah Olsen, Darley Phillips, Payton Phillips, Babies Ace and Troy Remer, Jonathan Rieger, Carolyn Ritch, Grayson David Rodriguez, Wayne Romanek, Geri Rosen, Kristy Salek, Baby Brandon Simonds, Jr., Matthew Skube, Richard Swann, Bunny Tate, Theresa Tate, David Thacker, Marc Timms, Carolyn Vargas, Susan Vilcheck, Pat Waak, Chelsea Whittington, Shannon Wink.

Mass Intentions: June 15—21

8:00 am	6/15—James Murphy, Sr. (D)
8:00 am	6/16—Ernest Bernhardt (D)
7:00 pm	6/16—Craig & Judy Weilmuenster (L)
8:00 am	6/17—John Silva (D)
8:00 am	6/18—James Deiso, Jr (D)
8:00 am	6/19— Pamela Matelli (D)
9:00 am	6/20—Doris Pettko (D)
4:30 pm	6/20—Parishioners
8:15 am	6/21—John Donohue (D)
11:15 am	6/21—Louis Blancato (D)

There will be no 11:00 am Mass on Fridays in July and August.