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Adult and Pediatric Urology
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MEGAN'S TAX SERVICE IN EAGLE RIVER
Megan's Tax Service will donate \$30 to St. Andrew debt reduction fund for each parishioner's tax return filed.
694-1040.

CBL ACCOUNTING SERVICES

Sara McCormick, Owner
Payroll, Bookkeeping and Medical Billing
907-854-7882
cblaccounting@gci.net

A & A The Shop
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11135 Ashley Park Ln
Anchorage Mon-Sat, 7am-5:30
48617 Old Seward
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1-907-863-3254
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Heather McEwen, Instructor
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ST. JOHN'S SCHOOL

Located in Eagle River, we offer Preschool-8th grade. St. John's provides children with a sound educational foundation in a loving Christian environment. For more info contact us @ 696-3920 or Visit us on the web: sjocs1@gmail.com www.stjohnalaska.org/school

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March 1, 2021

St. Andrew Catholic Church

16300 Domain Ln.
Eagle River, AK 99577
694-2170 phone
www.aksaintandrews.org



Pope Francis' Lenten message for 2021

Brothers and sisters, our return journey to God is possible only because he first journeyed to us. Otherwise, it would be impossible. Before we ever came to him, he came down to us. He preceded us; he came down to meet us. For our sake, he lowered himself more than we can ever imagine: he became sin, he became death. So Saint Paul tells us: "For our sake God made him to be sin" (2 Cor 5:21). Not to abandon us but to accompany us on our journey, he embraced our sin and our death. He touched our sin; he touched our death. Our journey then is about letting him take us by the hand. The Father who bids us come home is the same who left home to come looking for us; the Lord who heals us is the same who let himself suffer on the cross; the Spirit who enables us to change our lives is the same who breathes softly yet powerfully on our dust.

Lent is a humble descent both inwards and towards others. It is about realizing that salvation is not an ascent to glory, but a descent in love.

This, then, is the Apostle's plea: "Be reconciled to God" (v. 20). Be reconciled: the journey is not based on our own strength. No one can be reconciled to God on his or her own. Heartfelt conversion, with the deeds and practices that express it, is possible only if it begins with the primacy of God's work. What enables us to return to him is not our own ability or merit, but his offer of grace. Grace saves us; salvation is pure grace, pure gratuitousness. Jesus says this clearly in the Gospel: What makes us just is not the righteousness we show before others, but our sincere relationship with the Father. The beginning of the return to God is the recognition of our need for him and his mercy, our need for his grace. This is the right path, the path of humility. Do I feel in need, or do I feel self-sufficient?

Today we bow our heads to receive ashes. At the end of Lent, we will bow even lower to wash the feet of our brothers and sisters. Lent is a humble descent both inwards and towards others. It is about realizing that salvation is not an ascent to glory, but a descent in love. It is about becoming little. Let us go astray on our journey, let us stand before the cross of Jesus: the silent throne of God. Let us daily contemplate his wounds, the wounds that he brought to heaven and shows daily to the Father in his prayer of intercession. Let us daily contemplate those wounds. In them, we recognize our emptiness, our shortcomings, the wounds of our sin and all the hurt we have experienced. Yet there too, we see clearly that God points his finger at no one, but rather opens his arms to embrace us. His wounds were inflicted for our sake, and by those wounds we have been healed (cf. 1 Pet 2:25; Is 53:5). By kissing those wounds, we will come to realize that there, in life's most painful wounds, God awaits us with his infinite mercy. Because there, where we are most vulnerable, where we feel the most shame, he came to meet us. And having come to meet us, he now invites us to return to him, to rediscover the joy of being loved

Mass Schedule

Saturdays: 5:30 pm
Sundays: 10 am and 7 pm
Weekdays*: Monday-Communion Service 9 am
Tues-Fri. Mass 9 am

**Unless otherwise noted in the weekly schedule*

Holy Days: 9 am and 7 pm
Rosary—8:30 am daily, 6:15 pm on Thursday
Eucharistic Adoration—Perpetual

Sacraments

Confessions—Saturday: 3:30 or by appointment
Baptism, Marriage, Anointing of Sick--contact the office
Sacraments of Initiation--Adults interested in becoming Catholic --Please contact Deacon Mark or the office.

MISSION STATEMENT

As followers of Jesus Christ, our mission is to build a community of Faith, Hope and Love by the way we educate, celebrate, and live as individual stewards of the many blessings of Almighty GOD. We are called to be Christ's hands and voice reaching out to embrace all who are in need, and to establish peace and justice in the Kingdom of GOD.

Stewardship

SURVIVORS OF SUICIDE SUPPORT GROUP

This group is composed of people who have suffered the loss of a loved one to suicide. It is facilitated by trained volunteers and is there to help its participants to help heal from the pain and loss. This is an open group that will meet twice a month to discuss issues and problems related to the suicide of their loved one and help them to integrate this loss into their life.

Meetings are the second and fourth Tuesdays of each month, 6:30 P.M. – 8:00 P.M in Eagle River. Please call before first visit: 907-696-5229. There is no cost.

MEDICAL SUPPLIES

Do you have crutches, braces, wheel chairs, padding, bandaging materials, or non-prescription medical supplies or ointments that you would like to donate? Contact Paula or Raymond @ 694-2415 for pickup.

Miscellaneous

INTERESTED IN JOINING THE CATHOLIC CHURCH

Classes for those interested in becoming Catholic begins in September. The Rite of Christian Initiation of Adults (RCIA) is the name given to the instruction and discernment program for those who would like to receive the sacrament of Confirmation in the Church. The classes meet every Sunday beginning with the 10 am Mass and finish around noon. The program leads to Confirmation and reception into the Church at the Easter Vigil Mass on Holy Saturday. Please contact Deacon Mark (deaconmark@mtaonline.net) or the office if you would like to learn more.

SAFE ENVIRONMENT : Help is available—Have you or someone you know been sexually or physically abused? Contact:

Office of Children's Services 1-800-478-4444
Adult Protective Services 1-800-478-9996
STAR Standing Together Against Rape 907-276-7273
Archdiocesan Victim's Assistance Coordinator 907-297-7786



Welcome !

NEW TO THE PARISH?

Stop by the Welcome table to register and find out more about St. Andrew Parish! You can also register online at our website www.aksaintandrews.org

Pamphlets, Flyers, Posters

Anything to be displayed in the church must be approved in the office. Please stop by the office so that we may run the items by the pastor before they are displayed. Anything that is not OK'd will be taken down. Help us assure that what is displayed is appropriate and theologically correct. Thank you!

All children must be supervised by their parents *at all times* while on parish property. As always, our ushers are on hand during Mass to render assistance.

Please join us for coffee and doughnuts after Sunday morning Mass!

Comfort and Accessibility:

- Accessible Restrooms available in the halls off the narthex.
- Ladies' and Family Restrooms on the North side, Men's restroom on the South side.
- Seating for Wheelchairs available in the front of the Nave.
- If you have difficulty approaching the altar for communion, please tell an usher, and Communion will be brought to you.
- A limited number of assisted-hearing devices are available; ask an usher for assistance.

Sacrament Corner—Congratulations !

Faith Formation 2nd Grade Class—1st Reconciliation



STEPS TO GETTING YOUR CHILD BAPTIZED AT ST. ANDREW

- Contact Deacon Mark@ deaconmark@mtaonline.net

If this is your first child to be baptized at St. Andrew you will need to take a class. Once you have received instruction your baptism will be scheduled. Usual times for baptism are during or after the weekend Mass.

Miscellaneous

FRIENDLY REMINDER

Please keep your children from scribbling in the green music issues as many parishioners donated the books in memory of loved ones. Thank you!

NEW CDS from the Augustine Institute are available on the table by the coat closet.

MOVING/ADDRESS CHANGES?

Are you moving or planning to move? If so, **please** let the parish office know in advance so we can change or stop mailing your offering envelopes. This saves postage.

STAMPS & POSTMARKS: A box is in the coat room for all cancelled stamps you may have. They are sent to the retired SSSF Sisters in Wisconsin where they are prepared for selling to stamp collectors. The revenue they receive helps maintain their convent.

Calendar

We are currently streaming Mass. Sunday @ 10 am. We also have weekend Mass in person on Saturday @ 5:30, Sunday at 10 am and 7 pm. We have daily Mass at 9 am Tues-Friday. For all Masses we require masks to be worn and social distancing to be observed.

Changes are on going. You should receive an email or text when there is a major change to schedule. If you have not been receiving notification please email parishsecretary@aksaintandrew.org with current contact information.

Other uses of the church will be forthcoming in the following weeks and months, dependent on the state of the COVID pandemic,

Kids' Corner: —

10 Activities for Catholic Families During Lent and Holy Week

Attend Mass on Ash Wednesday

Wear your ashes out into the world as a witness of our faith

Commit to reading the Bible (even if it's a Children's version) every day together as a family.

Have a pancake dinner the night before Ash Wednesday or Make a King Cake

This day is known as Mardi Gras as well as Shrove Tuesday. Pancakes were a traditional dish for this day to use up things that weren't allowed during Lent. Here is a recipe for a King cake: <http://bit.ly/XWq78G>

Attend Stations of the Cross

(especially one for children, if you have small children)

Choose a Lenten Sacrifice to Do As a Family.

Is there something your family can sacrifice that might help another family in need? Consider donating what you might spend on a meal out to a food pantry instead.

Attend Some of the Holy Week Masses and Activities at Your Parish

Make at least one of your meatless Friday meals together as a family. This can be a great testimonial for younger children as you remember, together, one of the unique features of our Faith.

On Holy Thursday, do a foot washing with your family members.

Use this printable Lenten calendar to track the season: catholicism.com/printable-lenten-calendar-for-children/



Make cards of encouragement to those in your parish's RCIA program - After a lot of study and prayer, most of them will be received into the Church at the end Lent.

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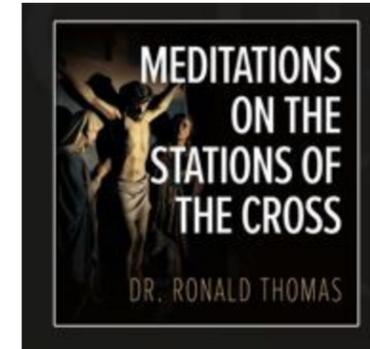
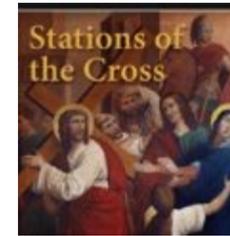
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Tech Corner/ Miscellaneous Information

CATHOLIC NETFLIX! —Formed.org

Your parish has gifted you with free unlimited access to the best eBooks, talks, and videos in the Church today. Register at www.formed.org

Parishioner code: **8MZ8B4**



Listen to Catholic Radio on **KHRM, 94.1 FM Anchorage**

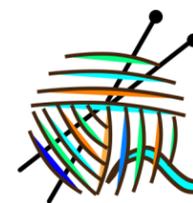
Church Ministries

Bereavement Support
Communion to the Homebound
Love INC
Elizabeth Ministry
St. Andrew Meal Ministry
Respect Life Ministry
Single Parent Fellowship
Hospital Visits
Prayer Chain

OUTREACH & SUPPORT

Parish Office—694-2170
 Parish Office—694-2170
 Virginia Marquez—632-0272
 Jo Martin—688-4882
 Barbara Peters—696-4164
 Rashae Johnson 854-2997
 Ann Marie Mabry— 227-4516
 Joe Beaty—770-2300 694-3104
 Jacki Augustine—694-4771

Because of HIPAA laws, parishioners need to notify us if going to the hospital. Remember to request the Anointing of the Sick before surgery! Call the parish at 694-2170.



PRAYER SHAWL MINISTRY

Prayer shawls are knitted or crocheted with love and compassion. The prayer shawl ministry reaches out to those in need of comfort and solace, as well as celebration and joy.

The Ministry meets weekly on Zoom Mondays — Contact Dolores @ 726-5345.

LADIES GROUP

We are eagerly awaiting further developments that will accommodate our being able to meet again. Meanwhile, we are thinking about possibilities to carry on our mission once we are fully functioning and back together. We miss each and every one of you and hope you are doing well. You are in our thoughts and prayers.



THE SECULAR ORDER OF DISCALCED CARMELITE.

You are invited to visit The Secular Order of Discalced Carmelite. We study the power of contemplative prayer and the impact it can have in our Catholic Faith. Our monthly meetings introduce the categories of prayer as outlined in our Catholic Catechism. Additionally, we learn about the prayer lives of Carmelite Saints and how we can apply their spiritual prayer paths to our daily walk with God. Learn more by calling 907-602-2411 or 907-727-3372 or email carmel907@gci.net.—Discalced Carmelite Seculars of Anchorage, AK.

Unscramble these Lenten Words

TRYFO YASD _____

HSESA _____

NLJE _____

TISFGNA _____

One thing I can do during Lent to bring me closer to God...

Religious Education

Families! Although Faith Formation and Youth Group will look different this year, please be sure to register online so I can communicate with you. We also need numbers to help know how many materials to order. Links to designated registrations are below:

Pre-K-5th Grade: <https://aksaintandrews.org/childrens-faith-formation>

Middle School (6th-8th): <https://aksaintandrews.org/middle-school-youth-group>

High School (9th-12th): <https://aksaintandrews.org/high-school-youth-group>

Contact Margaret with any questions regarding Youth Group/Formation: Margaret@aksaintandrews.org

SPRED

(Special Religious Development)
JESUS SAYS TO YOU TODAY,
"I CALL YOU FRIEND"

SPRED builds a community of Faith welcoming persons with developmental disabilities, so that they may find spiritual nourishment and opportunities to give glory to God. If you know someone who would benefit from this type of formation, or you want to volunteer for this most rewarding ministry please stop in the office or contact the parish chairperson email: Kate Green @ spred.saintandrew@gmail.com



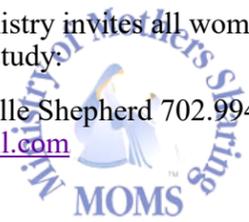
MEN'S BIBLE STUDY

The Fishers of Men: Monday nights 7pm in the Conference Room. We will resume again next Spring. If anyone is interested and wants more information please contact Will Goolsby at WilliamGoolsby@hotmail.com.

MOMS

The MOMS Ministry invites all women of the parish to join in our next study:

Contact: Donabelle Shepherd 702.994.9269
donabelle@gmail.com



Financial Highlights

St. Andrew Catholic Church				
Offertory - January 2021				
		Building Fund		
	Offertory	& Debt Reduction	Total	
Masses, Mail & Drop B	\$ 27,380.00	\$ 4,703.00	\$ 32,083.00	
Given On-line	\$ 39,009.00	\$ 5,999.00	\$ 45,008.00	
Earthquake Repair	\$ 450.00		\$ 450.00	
Yurt	\$ 778.00		\$ 778.00	
Total	\$ 67,617.00	\$ 10,702.00	\$ 78,319.00	

One Bread One Body	Last month cumulative	Current cumulative	Goal	% of Goal
Total Pledged	63,956	65,097	87,844	74%
Total Paid	62,212	63,359	87,844	72%
# of Parishioners	225	226	894	25%

LOVE INC.

Please continue to pray for OUR neighbors in need and pray that partners/donors will come forward!

WALK-INS: Please inform our neighbors whom you are serving, that we are a call center not a walk-in center. Please call: (907) 250-1735.

Many of our neighbors are in serious financial trouble! So, we pray and give them guidance if they choose it. Assisting them with rent and utilities is challenging they really need to manage their time and finances! We will continue to assist them as we are able.

NEEDS IN THE EAGLE RIVER COMMUNITY
LOVE INC--Our Mission is to mobilize the Church to transform lives and communities in the Name of Christ. If you are in need of help, please call **907-726-5683**.

Our organization needs your contribution of volunteers, finances and donations to better serve our community. Can you contribute? Please call 250-1735 and let us know. www.loveincfoeagleriver.org

Please donate to the Good Samaritan Fund: \$5, \$10 or \$20 month. This money will help our neighbors with utilities or gas cards. Please mail your donations to:

Rev. Gracie Jackson
 Executive Director
 P.O. Box 770833
 Eagle River, AK 99577

Office Location:
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 Eagle River, AK 99577



Relevant Radio® has been helping people bridge the gap between faith and everyday life through informative, entertaining, and interactive programming twenty-four hours per day, seven days per week. The Relevant Radio network is currently serving the Church by broadcasting coast-to-coast on 168 Owned and Operated and affiliate stations, reaching 220 million souls. Programming can be heard worldwide via streaming audio at relevantradio.com and on the mobile app.

All scheduled events are subject to cancellation/rescheduling due to coronavirus pandemic/church closure

JOURNEY TO THE FOOT OF THE CROSS - 10 THINGS TO REMEMBER FOR LENT

Bishop David L. Ricken of Green Bay, Wisconsin, former chairman of the Committee on Evangelization and Catechesis, offers “10 Things to Remember for Lent”:

1. **Remember the formula.** The Church does a good job capturing certain truths with easy-to-remember lists and formulas: 10 Commandments, 7 sacraments, 3 persons in the Trinity. For Lent, the Church gives us almost a slogan—Prayer, Fasting and Almsgiving—as the three things we need to work on during the season.
2. **It’s a time of prayer.** Lent is essentially an act of prayer spread out over 40 days. As we pray, we go on a journey, one that hopefully brings us closer to Christ and leaves us changed by the encounter with him.
3. **It’s a time to fast.** With the fasts of Ash Wednesday and Good Friday, meatless Fridays, and our personal disciplines interspersed, Lent is the only time many Catholics these days actually fast. And maybe that’s why it gets all the attention. “What are you giving up for Lent? Hotdogs? Beer? Jelly beans?” It’s almost a game for some of us, but fasting is actually a form of penance, which helps us turn away from sin and toward Christ.
4. **It’s a time to work on discipline.** The 40 days of Lent are also a good, set time to work on personal discipline in general. Instead of giving something up, it can be doing something positive. “I’m going to exercise more. I’m going to pray more. I’m going to be nicer to my family, friends and coworkers.”
5. **It’s about dying to yourself.** The more serious side of Lenten discipline is that it’s about more than self-control – it’s about finding aspects of yourself that are less than Christ-like and letting them die. The suffering and death of Christ are foremost on our minds during Lent, and we join in these mysteries by suffering, dying with Christ and being resurrected in a purified form.
6. **Don’t do too much.** It’s tempting to make Lent some ambitious period of personal reinvention, but it’s best to keep it simple and focused. There’s a reason the Church works on these mysteries year after year. We spend our entire lives growing closer to God. Don’t try to cram it all in one Lent. That’s a recipe for failure.
7. **Lent reminds us of our weakness.** Of course, even when we set simple goals for ourselves during Lent, we still have trouble keeping them. When we fast, we realize we’re all just one meal away from hunger. In both cases, Lent shows us our weakness. This can be painful, but recognizing how helpless we are makes us seek God’s help with renewed urgency and sincerity.
8. **Be patient with yourself.** When we’re confronted with our own weakness during Lent, the temptation is to get angry and frustrated. “What a bad person I am!” But that’s the wrong lesson. God is calling us to be patient and to see ourselves as he does, with unconditional love.
9. **Reach out in charity.** As we experience weakness and suffering during Lent, we should be renewed in our compassion for those who are hungry, suffering or otherwise in need. The third part of the Lenten formula is almsgiving. It’s about more than throwing a few extra dollars in the collection plate; it’s about reaching out to others and helping them without question as a way of sharing the experience of God’s unconditional love.
10. **Learn to love like Christ.** Giving of ourselves in the midst of our suffering and self-denial brings us closer to loving like Christ, who suffered and poured himself out unconditionally on cross for all of us. Lent is a journey through the desert to the foot of the cross on Good Friday, as we seek him out, ask his help, join in his suffering, and learn to love like him.

- Stations of the Cross—The Knights are in charge of the Stations of the Cross on Friday, March 12th. Need 14 Knights to read one of the stations starting at 7PM. Let WGK Mike or WDGK Paul know if you are available. The Stations of the Cross are at St. Andrews, Fridays starting at 7PM. Help us out on March 12th. Thanks .
- Business Meeting— Members of Knights of Columbus Council 9830: We will be having our monthly business meeting virtually on Zoom once again because of the city Covid 19 mandates. Business Meeting is Tuesday, March 9th at 7pm and is open to all Knights of the Council. Gene Augustine will be inviting you to a scheduled K of C Council 9830 Meeting on Tuesday, March 9, 2021, beginning at 7 pm. If any member has a problem joining the meeting, you can call Gene at 907-891-1036.
- Annual Dues Payment—Second Notice for dues was sent. Dues are \$30 and can be paid by cash, check, or CC payable to WT Pierre, WFS Tim Finley, Trustee Ken Kutney. For those that have paid, thank you very much. The Retention Committee members will begin contacting members personally about dues payments not yet received.
- Bison Hunt Raffle—Raffle is ON! Thanks to Brother Knights selling tickets after Masses on Saturday/Sunday. Tickets are 20\$ each. Just pull out our poster and get the tickets and money. POC is DGK Paul Mordini, 691-6574, Email lanil031@mtaonline.net If you can help out after Mass or want to sell a book of 10 tickets, give him a call or email. Drawing to be held at 2 PM at St. Paul the Apostle Church in Juneau, Alaska on May 1, 2021. Winners get a guaranteed Bison hunt and lodging and food for three days or \$3,500.

THE KNIGHTS OF COLUMBUS SCHOLARSHIP AND ADELINE CAMPBELL SERVICE AWARD

Applications are now available online at the Knights of Columbus Council 9830. The website can be found at <http://www.council9830.com>

Applications are under the forms tab in PDF, Word and Pages format. There are 3 forms on the webpage. You can also reach the Knights website from the link on the St. Andrew Parish website.

All applications and letters of recommendation are due in the Church office by 4 PM, April 16th. POC is John Grennon jgren14965@aol.com

HOLY SPIRIT CENTER in Anchorage is seeking a new Director. This position is responsible for the overall operations of the Catholic Retreat House Ministries. Duties include administration, staffing and supervision, ministry services, program development, operation and maintenance of facilities. Qualifications include: bachelor’s degree in administration or related field, experience in management, must be a practicing Catholic (preferred experience as director of a non-profit with a mission similar to Holy Spirit Center). Currently 25 hours per week/full year; expected to return to 40 hours per week when the Center resumes full operation. For information and application visit: www.holyspiritcenterak.org or call 907-346-2343. Open until filled.

CONFESSIONS—In preparation for Easter Fr. Arthur and AB Schwietz will be hearing confession on March 9, 10, and 11 from 6:30 to 7:30 in the Confessionals. We will be having Eucharistic Exposition at the same time.

**STATIONS OF THE CROSS AS A LENTEN TRADITION AS WELL AS A TIMELESS WAY TO
IMAGINE JESUS' JOURNEY AND GROW IN OUR RELATIONSHIP WITH HIM.**

The Stations of the Cross are an ancient devotion originating in the desire of Christians to go on pilgrimage to Jerusalem. From the earliest decades the Church in Jerusalem revered the burial grounds and other shrines related to the Way of the Cross. Their devotions were not processions related to the Stations of the Cross as practiced today but did involve a walking pilgrimage to the sacred places related to the crucifixion of Jesus.

In praying the stations we imagine ourselves walking with Jesus on this journey. We then link our reflection to whatever is going on in our lives today.

When we pray the Way of the Cross we follow 14 stations, in the form of 14 pictures, sculptures, or engravings to allow Christians to pause and enter reflectively into those last moments of Jesus's journey of love.

The Way of the Cross, as it is practiced today, is a devotion that was introduced in late Middle Ages. It is based on the devotion to the Passion of Christ promoted by St. Bernard of Clairvaux (1019–1153), St. Francis of Assisi (1181–1226) and St. Bonaventure (1221–1274). Added to these devotions is the interest and enthusiasm aroused by the Crusades beginning in 1095 which led to the Holy Land becoming the “go to” destination for Christian pilgrims. After 1233 the Franciscans were appointed as custodians of the sacred sites in Jerusalem—a ministry which continues to the present day.

The Stations of the Cross brought together three local devotions begun in Germany and the Netherlands from the fifteenth century onwards. The first was the devotion of Jesus falling beneath the Cross, as many as seven times as practiced by some local communities. The second was the procession between local parish churches in memory of Jesus' path of sorrow. One path commemorating his walk from the Garden of Gethsemane to the house of the former high priest Annas (John 18:13). Then the walk from the house of Annas to his son-in-law and current high priest, Caiaphas (John 18:24), then to the Praetorian of Pontus Pilate (John 18:28), next to the palace of King Herod (Luke 23:7).

The third devotion follows Jesus' final walk to the hill of Calvary. There are number of stops along the way. Jesus is forced to stop by his executioners, he falls in fatigue, and he stops to speak to the men and women mourning his suffering. In the local processions these stops are at marked columns or crosses on the path where the faithful stop to meditate in the meaning of Jesus' final journey for their lives.

There were a number of stations in those years that are not present in the Way of the Cross today. They included Jesus taking leave of his mother Mary, the Washing of the Feet, and the Agony in Garden.

These local devotions were assimilated into the present form of the Way of the Cross, which was created by Franciscan communities in Spain in the last half of the seventeenth century. They spread through Spain and Italy, especially through the work of St Leonard of Port Maurice (1676–1751) who erected Stations of the Cross at more than 572 locations. Most importantly for the whole Church were the Stations he erected in the Roman Colosseum at the request of Pope Benedict XIV in 1750.

PRAYING THE STATIONS OF THE CROSS

Reflecting on the Stations of the Cross is an exercise in imaginative prayer. They call us to think of more than how Jesus sacrificed himself for our sins: In praying the stations we imagine ourselves walking with Jesus on this journey. We then link our reflection to whatever is going on in our lives today. On our journey we experience both joy, days of stress, and possibly terrible suffering. As members of families and communities we are witnesses to the joys and sufferings of others. Thinking of Jesus on the way to his unjust execution can lead to reflection on his care for the millions throughout the world who lack basic human needs such as clean water, sufficient food, or fundamental human rights.

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**A SHORT WAY OF THE CROSS
AS USED BY THE FRANCISCAN FATHERS ON THEIR MISSIONS**

- First Station
Jesus Condemned to Death
O Jesus! so meek and uncomplaining, teach me resignation in trials.
- Second Station
Jesus Carries His Cross
My Jesus, this Cross should be mine, not Thine; my sins crucified Thee.
- Third Station
Our Lord Falls the First Time
O Jesus! by this first fall, never let me fall into mortal sin.
- Fourth Station
Jesus Meets His Mother
O Jesus! may no human tie, however dear, keep me from following the road of the Cross.
- Fifth Station
Simon the Cyrenean Helps Jesus Carry His Cross
Simon unwillingly assisted Thee; may I with patience suffer all for Thee.
- Sixth Station
Veronica Wipes the Face of Jesus
O Jesus! Thou didst imprint Thy sacred features upon Veronica's veil; stamp them also indelibly upon my heart.
- Seventh Station
The Second Fall of Jesus
By Thy second fall, preserve me, dear Lord, from relapse into sin.
- Eighth Station
Jesus Consoles the Women of Jerusalem
My greatest consolation would be to hear Thee say: “Many sins are forgiven thee, because thou hast loved much.”
- Ninth Station
Third Fall of Jesus
O Jesus! when weary upon life's long journey, be Thou my strength and my perseverance.
- Tenth Station
Jesus Stripped of His Garments
My soul has been robbed of its robe of innocence; clothe me, dear Jesus, with the garb of penance and contrition.
- Eleventh Station
Jesus Nailed to the Cross
Thou didst forgive Thy enemies; my God, teach me to forgive injuries and FORGET them.
- Twelfth Station
Jesus Dies on the Cross
Thou art dying, my Jesus, but Thy Sacred Heart still throbs with love for Thy sinful children.
- Thirteenth Station
Jesus Taken Down from the Cross
Receive me into thy arms, O Sorrowful Mother; and obtain for me perfect contrition for my sins.
- Fourteenth Station
Jesus Laid in the Sepulchre
When I receive Thee into my heart in Holy Communion, O Jesus, make it a fit abiding place for Thy adorable Body. Amen.

