

Lenten Study: “Always We Begin Again”
A Study of Benedictine Spirituality
Begins March 8 at 7:00 p.m.



Lent is a time for reflection, repentance, and renewal – to begin again. This principle of starting over is inherent in Benedictine spirituality. You are invited to a Lenten study using as our guide the book, *“A Blessed Life – Benedictine Guidelines for Those Who Long for Good Days.”* (Participants need to purchase a copy of their own book.) It is written by Wil Derkse, himself a Benedictine Oblate, and published by Liturgical Press. (Participants will purchase their own copy of the book.) The study is being led by parishioner Michael Lavdas, who has been an Oblate since 2016, and parishioner of St. Ann’s since 2017. Mike will be assisted by his wife, Susanna, who has been an Oblate since 2008, and is the founder of two Oblate Chapters: the Holy Family Chapter in Levittown, PA and Our Lady of Sorrows Chapter, meeting in Fairless Hills, PA. Our study will meet on the Tuesdays of Lent at 7 pm, with the first meeting on March 8th. We will learn a way of living in the world that will guide you through Lent and beyond. At the end of the study, if there is enough interest, we will form a Benedictine Oblate Chapter at the Church of Saint Ann.