

THE CHURCH OF SAINT ANN PRAYS DURING LENT

Our Lenten Prayer 2026

"If you wish to keep growing you must nourish in your heart the lively longing for God. Though this loving desire is certainly God's gift, it is up to you to nurture it." -The Cloud of Unknowing

Prayer is a central activity for Christians, especially during Lent. Make a commitment to add time for prayer this Lenten Season.

I, _____, commit myself to join other members of the parish to take (at least) 10 minutes from my day to prayer during the Lenten Season.

I will set aside time at _____ each day to (pick what form of prayer you wish to participate):

- ___ be still in silence and let God speak to me
- ___ read from Scripture (a slow sacred reading and reflecting)
- ___ pray the Rosary
- ___ recite some of my favorite prayers
- ___ read and reflect on the Sunday Scriptures
- ___ pray the Liturgy of the Hours

Other: _____

Keep the top section to encourage your praying.

Fold and tear/cut on the dotted line (Please return to church and place in the collection basket no later than Sunday, Feb. 15. We will place it during the Lenten Season in the basket located at the Tabernacle).

I promise to join other members of our parish in prayer. I will set aside at least ten minutes daily for prayer. I make this commitment for the Season of Lent 2026.

Signed: _____

Date: _____