



► PRESENTER & FACILITATOR

Gary Maccaroni is Pastoral Associate & DRE at The Church of Saint Ann. Gary is a commissioned Lay Ecclesial Minister, holds an MA from Princeton Theological Seminary, and is an adjunct faculty member at Holy Family University, Philadelphia, PA.

► WHEN & WHERE

October 13, 20 & 27, 2026
10:00am to 12:00pm
Church of Saint Ann
1253 Lawrence Road
Lawrenceville, NJ 08648
(One mile South of Rider University.)

► SESSION STRUCTURE

Each session includes a brief presentation to frame the session, extended personal journaling time (prompts provided), guided reflection exercises and small-group conversations. Participants are invited to bring a blank notebook or journal to write in.

“TENDING THE FIRE”

*A Reflective Journey of Creativity,
Purpose and the Unfolding Self*

Tuesdays—October 13, 20 & 27, 2026 (10am to 12pm)

At certain seasons of life, we are invited to pause and listen. Through reflection, journaling and conversation, this program for adults (in the second half of life) invites you to explore:

- WHAT HAS MY LIFE BEEN TEACHING ME?
- WHAT GIFTS REMAIN UNFINISHED WITHIN ME?
- WHAT IS THE DEEPER PURPOSE STILL UNFOLDING?

SESSION CONTENT

SESSION ONE: LIFE AND EXPERIENCE

The first session invites you to look backward with curiosity and gratitude, asking what has guided and sustained you, what remains for you, how setbacks, and resilience emerged and reshaped your understanding of growth and purpose.

SESSION TWO: CREATIVITY AND ENGAGEMENT WITH THE WORLD

The second session turns our attention toward how we presently meet and engage life, and how you continue to live with meaning, purpose and creativity.

SESSION THREE: SPIRIT, MEANING, PURPOSE AND THE UNKNOWN

In the last session, you are invited to reflect on how you understand the sacred and spirit, the role of mystery and uncertainty in a meaningful life, and the unfinished questions and invitations still present in your life.

WHO SHOULD ATTEND?

Adults: *Navigating life transitions or new seasons; *Exploring vocation, new direction and creativity; *Reflecting on the second half of life or second half of life spirituality; *Sensing “something more” is calling you; *Desiring a deeper connection with self, others, and God.

HOW TO REGISTER? QUESTIONS?

To register or for questions contact Gary Maccaroni at the Church of Saint Ann: gmaccc@churchofsaintann.net or at the parish office, 609-882-6491, ext. 116. The program is free and open to all. Theme taken from *Tending the Fire* by Enrique Martinez Celaya & James Hollis (Ciron Publications, 2025).