



Focused on Faith, Family, and Education

The Mission of St. Mary's School is to gather as a faith-filled community in union with parents to form students through the Gospel of Jesus Christ according to Catholic tradition and to provide an excellent education

St. Mary's Guidelines on Sickness

St. Mary's School wants a healthy and safe environment for all of our children and staff. As a Catholic school, we follow Diocesan guidelines pertaining to sickness. They have advised us to adhere to the Center for Disease Control and Prevention standards on when students and/or staff may return to school when they are ill. The infographic on the next page reflects what the CDC website states.

These guidelines will help prevent the spread of illness throughout our school community. As you're aware, sickness is inevitable, but we can help keep our school healthier by following these guidelines. Thank you!

If you have questions, please call our office.

For more information, please visit this webpage:

<https://www.cdc.gov/orr/school-preparedness/infection-prevention/when-sick.html>

TOO SICK FOR SCHOOL?

HERE'S HOW TO TELL



STAY HOME IF ...

Your child feels too sick for regular activities

Yellow or green pus appears

The temperature on an oral thermometer reads 100F or higher

You suspect flu - it spreads rapidly

Your child has a migraine - throbbing, severe pain with moodiness, fatigue and sensitivity to light

Contagious rash such as chicken pox, impetigo, scabies

Your doctor suspects - or diagnoses - strep throat

Your child is vomiting or has diarrhea



GO BACK TO SCHOOL AFTER ...

Fever is gone for 24 hours without medication and your child feels better

24 hours after the first dose of antibiotic eye drops have been given

No fever above 100 F without using fever reduction medications for 24 hours

Fever has been gone for 24 hours without medication

Pain is under control

24 hours after medications started if needed and doctor gives ok to return to school

24 hours after beginning antibiotics

24 hours after no vomiting or diarrhea without medications

SYMPTOM

← COUGH AND OTHER COLD SYMPTOMS →

← EYE DISCHARGE →



← FEVER →



← FLU →



← HEADACHE →



← RASH →



← SORE THROAT →

← STOMACHACHE →

