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ABOUT THE FORTY HOURS DEVOTION

What is the Forty Hours Devotion?

It is for the parish a solemn period of prayer and adoration before the exposed Blessed Sacrament for the duration of forty consecutive hours. By tradition, it begins with a celebration of Mass. At the end of this opening Mass the Blessed Sacrament is exposed and over a period of a few days the faithful are given the opportunity to assemble in prayer and adoration before the exposed Blessed Sacrament. The form of prayer to be prayed during this time can be done in diverse ways. The celebration then ends with a closing celebration of Mass, a Eucharistic Procession (weather permitting), and Benediction.

What is the purpose of the Forty Hours Devotion?

The Forty Hours Devotion is an opportunity to gather as a parish family before the Blessed Sacrament and to pray in solemn adoration. In the celebration of the Forty Hours Devotion, we are able to witness a fuller expression of our theology of the Eucharist. This devotion gives us time to deepen our appreciation of the importance of the mystery of the Eucharist in every aspect of our lives.

It is first and foremost about our participation in the Paschal Mystery through our celebration of Mass. In the celebration of Mass we participate directly in the saving acts of Christ and, by the grace of the Holy Spirit, unite the sacrifices of our lives with the one sacrifice of Christ on the cross. It is in this way that we give praise and thanksgiving to God for Jesus and participate in the true worship of our God by which we are sanctified as His holy people. This leads us then to live out our lives more fully in Christ.

This devotion also gives an opportunity to give voice to our belief in the Real Presence of Christ in the Eucharistic elements. As the parish family gathers in prayer before the exposed Blessed Sacrament, it witnesses to our belief as a Church that what is before us is no longer bread but is truly the Body of Christ.

Why “Forty” Hours?

The number forty has always signified a sacred period of time: the rains during the time of Noah lasted forty days and nights; the Jews wondered through the desert for forty years; our Lord fasted and prayed for forty days before beginning His public ministry. In particular, by tradition, the Forty Hours Devotion remembers the forty-hours period from our Lord’s burial until His resurrection.

A brief history of the Forty Hours Devotion

The exact origin of the Forty Hours Devotion is not known. The first clear evidence for its celebration comes from Milan, Italy in 1527. The devotion was given formal recognition by the Pope for celebration in Rome in 1592. The practice of celebrating the Forty Hours Devotion spread rapidly thereafter, notably through the support of Saints Anthony Maria Zaccaria and Philip Neri.
In the United States, the Forty Hours Devotion was first approved for the diocese of Baltimore on December 10, 1857, and, especially through the advocacy of Saint John Neumann, Bishop of Philadelphia, was extended to all the diocese of the United States by a decision of the Second Plenary Council of Baltimore on January 24, 1868.

In its origin this devotion was celebrated in reparation for the sins of the community and as an offering pleading for God’s protection during the crisis of war. In time the purpose became primarily eucharistic in nature and centered on thanksgiving for the mystery and gift of the Eucharist.

**Why celebrate the Forty Hours Devotion in the parishes of the Archdiocese of Oklahoma City?**

Parishes are being asked to offer 40 hours of Adoration of the Most Blessed Sacrament during the week of **March 20-26** to discern their next steps in the parish phase of the Eucharistic Revival.

The 40 Hours Devotion is also a particularly fitting way of fulfilling Canon 942, which recommends that parish churches undertake an annual, solemn exposition of the Most Blessed Sacrament so that the faithful may “more profoundly meditate on and adore the eucharistic mystery.”

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within your wounds hide me.
Separated from you, let me never be.
From the evil one protect me.
At the hour of my death, call me,
And close to you bid me,
That with your saints,
I may be praising you forever and ever.
Amen.
OPENING OF THE FORTY HOURS DEVOTION
- “MASS OF EXPOSITION” -

HOLY SACRIFICE OF THE MASS

As usual.

EXPOSITION

After the distribution of Communion, the monstrance is placed on the altar and the Host is placed in the monstrance. The celebrant leads the Prayer after Communion but the concluding rites of the Mass are omitted.

INCENSATION

After the Prayer after Communion, the assembly kneels. The celebrant goes before the altar, prepares the censer, kneels and incenses the Blessed Sacrament. A brief period of silent prayer follows exposition.

PRAYER AND EUCHARISTIC BLESSING

After the brief period of silence the celebrant says the benediction prayer and then blesses the assembly with the Blessed Sacrament. As the celebrant makes the Sign of the Cross with the monstrance, all in the assembly sign themselves with the Sign of the Cross. After the blessing, the ministers depart in silence while a number of the faithful remain in adoration.

After the ministers depart, the assembly may offer the following prayer together:

May the Heart of Jesus, in the Most Blessed Sacrament, be praised, adored and loved, with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time. Amen.
OPTIONS FOR SCHEDULED PARISH LITURGICAL CELEBRATIONS

LITURGY OF THE HOURS

- - - - - - Evening Prayer I - - - - - -

Votive Office of the Body of Christ

Presider: O God, come to my assistance. + [Stand & make the Sign of the Cross]
All: O Lord, make haste to help me.

Presider: Glory to the Father, and to the Son, and to the Holy Spirit: [Bow for 1st half of doxology]
All: as it was in the beginning, is now, and will be for ever. Amen. (Alleluia.) [Omit alleluia during Lent]

HYMN

Pange Lingua

I shall praise the Savior's glory,
of His flesh the mystery sing,
and the blood, all price excelling,
shed by our immortal King;
God made man for our salvation,
Who from virgin pure did spring.

Born for us, and for us given,
born a man like us below,
Christ as man with man residing,
lived the seed of truth to sow,
suffered bitter death unflinching,
and immortal love did show.

On the night before He suffered,
seated with His chosen band,
Jesus, when they all had feasted,
faithful to the law's command,
far more precious food provided;
gave Himself with His own hand.

Word made flesh, true bread of heaven
by His word made flesh to be;
from the wine His blood is taken,
though our senses cannot see;
faith alone which is unshaken
shows pure hearts the mystery.

Therefore we, before Him falling,
this great sacrament revere;
ancient forms are now departed,
for new acts of grace are here;
faith our feeble senses aiding,
makes the Savior's presence clear.

To the everlasting Father,
and to His Son Who reigns on high,
with the Holy Ghost proceeding
forth from each eternally,
be all honor, glory, blessing,
power and endless majesty. Amen.

PSALMODY

Antiphon 1

Antiphonarian: The Lord is compassionate; he gives food to those who fear him as a remembrance of his great deeds.
Antiphonarian:
I will thank the Lord with all my heart in the meeting of the just and their assembly. Great are the works of the Lord, to be pondered by all who love them.

S1: He has sent deliverance to his people and established his covenant for ever. Holy his name, to be feared.

S2: Majestic and glorious his work, his justice stands firm for ever.
He makes us remember his wonders.
The Lord is compassion and love.

S1: He has shown his might to his people by giving them the lands of the nations.

S2: To fear the Lord is the first stage of wisdom; all who do so prove themselves wise.
His praise shall last for ever!

[bow for 1st half of doxology]

S1: Holy his name, to be feared.

S2: as it was in the beginning, is now, and will be for ever. Amen.

All: The Lord is compassionate; he gives food to those who fear him as a remembrance of his great deeds.

Antiphon 2
Antiphonarian: The Lord bring peace to his Church, and fills us with the finest wheat.

Psalm 147:12-20

Antiphonarian:
O praise the Lord, Jerusalem!
Zion praise your God!

S1: He makes his word known to Jacob, to Israel his laws and decrees.
He has not dealt thus with other nations; he has not taught them his decrees.

[bow for 1st half of doxology]

S2: Glory to the Father, and to the Son, and to the Holy Spirit;

S1: as it was in the beginning, is now, and will be for ever. Amen.

All: The Lord bring peace to his Church, and fills us with the finest wheat.
Antiphon 3

Antiphonarian: Truly I say to you: Moses did not give you the bread from heaven; my Father gives you the true bread from heaven, alleluia.

Canticle - Revelation 11:17-18; 12:10b-12a

Antiphonarian:

We praise you, the Lord God Almighty, who is and who was.
You have assumed your great power, you have begun your reign.

S1: The nations have raged in anger, but then came your day of wrath and the moment to judge the dead: the time to reward your servants the prophets and the holy ones who revere you, the great and the small alike.

S2: They defeated him by the blood of the Lamb and by the word of their testimony; love for life did not deter them from death. So rejoice, you heavens, and you that dwell therein!

S1: Now have salvation and power come, the reign of our God and the authority of his Anointed One, ~

S2: as it was in the beginning, is now, and will be for ever. Amen.

All: Truly I say to you: Moses did not give you the bread from heaven; my Father gives you the true bread from heaven, alleluia.

READING

1 Corinthians 10:16-17

Reader: A reading from the first letter of Saint Paul to the Corinthians

Is not the cup of blessing we bless a sharing in the blood of Christ? And is not the bread we break a sharing in the body of Christ? Because the loaf of bread is one, we, many though we are, are one body, for we all partake of the one loaf.

The word of the Lord. All: Thanks be to God.

Homily [optional]

RESPONSORY [Omit alleluias during Lent]

Reader: He gave them bread from heaven, (alleluia, alleluia).
All: He gave them bread from heaven, (alleluia, alleluia).
Reader: Man has eaten  
All: -- the bread of angels, (alleluia, alleluia).  

Reader: Glory to the Father and to the Son and to the Holy Spirit.  
All: He gave them bread from heaven, (alleluia, alleluia).

MAGNIFICAT

Antiphon

Antiphonarian: How kind and gentle you are, O Lord. You showed your goodness to your children by giving them bread from heaven. You filled the hungry with good things, and the rich you sent away empty.

Antiphonarian: He has cast down the mighty from their thrones, and has lifted up the lowly. He has filled the hungry with good things, and the rich he has sent away empty.

All: How kind and gentle you are, O Lord. You showed your goodness to your children by giving them bread from heaven. You filled the hungry with good things, and the rich you sent away empty.

INTERCESSIONS

Presider: Christ invites all to the supper in which he gives his Body and Blood for the world. Let us ask him:

All: R: Christ, the bread of heaven, grant us everlasting life.

Reader: Christ, Son of the living God, you commanded that this thanksgiving meal be done in memory of you, enrich your Church through the faithful celebration of these mysteries. R.
Reader: Christ, eternal priest of the Most High, you have commanded your priests to offer your sacraments, may they help them to exemplify in their lives the meaning of the sacred mysteries which they celebrate. R.

Reader: Christ, bread from heaven, you form one body out of all who partake of the one bread, refresh all who believe in you with harmony and peace. R.

Reader: Christ, through your bread you offer the remedy of immortality and the pledge of future resurrection, restore health to the sick and living hope to sinners. R.

Reader: Christ, our king who is to come, you commanded that the mysteries which proclaim your death be celebrated until you return, grant that all who die in you may share in your resurrection. R.

LORD’S PRAYER

Our Father...

COLLECT

Presider: O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with the Father in the unity of the Holy Spirit, God, for ever and ever.

All: Amen.

BLESSING AND DISMISSAL

If a priest presides: The Lord be with you.
All: And with your spirit.

Presider: May almighty God bless you, the Father… +
All: Amen.

Presider: Go in peace.
All: Thanks be to God.

If a layperson presides: May the Lord bless us, protect us from all evil and bring us to everlasting life.
All: Amen.
- - - - - Morning Prayer - - - - -

Votive Office of the Body of Christ

Presider: O God, come to my assistance. +
[Stand & make the Sign of the Cross]
All: O Lord, make haste to help me.

Presider: Glory to the Father, and to the Son, and to the Holy Spirit: [bow for 1st half of doxology]
All: as it was in the beginning, is now, and will be for ever. Amen. (Alleluia.)
[omit alleluia during Lent]

HYMN

Alleluia! Sing to Jesus (TUNE: HYFRYDOL)

Alleluia! sing to Jesus!
His the scepter, his the throne;
Alleluia! his the triumph,
His the victory alone!
Hark! the songs of peaceful Zion
Thunder like a mighty flood:
Jesus out of every nation
Has redeemed us by his blood.

Alleluia! not as orphans
Are we left in sorrow now;
Alleluia! he is near us;
Faith believes, nor questions how.
Though the cloud from sight received him,
When the forty days were o’er,
Shall our hearts forget his promise,
“I am with you evermore”?  

Alleluia! Bread of angels,
Here on earth our food, our stay!
Alleluia! here the sinful
Flee to you from day to day.
Intercessor, friend of sinners,
Earth’s redeemer, plead for me,
Where the songs of all the sinless
Sweep across the crystal sea.

Alleluia! King eternal,
You the Lord of lords we own;
Alleluia! born of Mary,
Earth your footstool, heav’n your throne.
You, within the veil have entered,
Robed in flesh, our great high priest;
Here on earth both priest and victim
In the eucharistic feast.

N.B. (S1 = Side 1; S2 = Side 2)

PSALMODY

[Sit]

Antiphon 1:

Antiphonarian: You fed your people with the food of angels; you gave them bread from heaven, (alleluia.)

Psalm 63:2-9
A soul thirsting for God

Whoever has left the darkness of sin yearns for God

Antiphonarian:

O God, you are my God, for you I long;
for you my soul is thirsting.
My body pines for you
like a dry, weary land without water. ~~

So I gaze on you in the sanctuary
to see your strength and your glory.

S1: For your love is better than life,
my lips will speak your praise. ~~

S2:
So I will bless you all my life, in your name I will lift up my hands. My soul shall be filled as with a banquet, my mouth shall praise you with joy.

S1: On my bed I remember you. On you I muse through the night for you have been my help; in the shadow of your wings I rejoice. ~

S2: Glory to the Father, and to the Son, and to the Holy Spirit;

S1: as it was in the beginning, is now, and will be for ever. Amen.

All: You fed your people with the food of angels; you gave them bread from heaven, (alleluia.)

**PSALM PRAYER**

Presider: Let us pray. [Pause for silent prayer.]

Father, creator of unfailing light, give that same light to those who call to you. May our lips praise you; our lives proclaim your goodness; our work give you honor, and our voices celebrate you for ever. Through Christ our Lord.

All: Amen.

Antiphon 2

**Antiphonarian:** Holy priests will offer incense and bread to God, alleluia.

**Canticle - Daniel 3:57-88,56**

Let all creatures praise the Lord

All you servants of the Lord, sing praise to him (Revelation 19:5)

**Antiphonarian:**

Bless the Lord, all you works of the Lord.

S1: Praise and exalt him above all forever. Angels of the Lord, bless the Lord. You heavens, bless the Lord. All you waters above the heavens, bless the Lord. All you hosts of the Lord, bless the Lord. Sun and moon, bless the Lord. Stars of heaven, bless the Lord.

S2: Every shower and dew, bless the Lord. All you winds, bless the Lord. Fire and heat, bless the Lord. Cold and chill, bless the Lord. ~

Dew and rain, bless the Lord. Frost and chill, bless the Lord. Ice and snow, bless the Lord. Nights and days, bless the Lord. Light and darkness, bless the Lord. Lightnings and clouds, bless the Lord.

S1: Let the earth bless the Lord. Praise and exalt him above all forever. Mountains and hills, bless the Lord. Everything growing from the earth, bless the Lord. You springs, bless the Lord. Seas and rivers, bless the Lord. You dolphins and all water creatures, ~
bless the Lord.
All you birds of the air, bless the Lord.
All you beasts, wild and tame, bless the Lord.
You sons of men, bless the Lord.

S2: O Israel, bless the Lord.
Praise and exalt him above all forever.
Priests of the Lord, bless the Lord.
Servants of the Lord, bless the Lord.
Spirits and souls of the just, bless the Lord.
Hananiah, Azariah, Mishael, ~

All: Holy priests will offer incense and bread to God, alleluia.

Antiphon 3

Antiphonarian: I will give to the one who is victorious the hidden bread and a new name, alleluia.

Psalm 149
The joy of God's holy people
Let the sons of the Church, the children of the new people, rejoice in Christ, their King (Hesychius)

Antiphonarian:

S1: to deal out vengeance to the nations and punishment on all the peoples; to bind their kings in chains and their nobles in fetters of iron; to carry out the sentence pre-ordained; this honor is for all his faithful.

S2: Glory to the Father, and to the Son, and to the Holy Spirit;

S1: as it was in the beginning, is now, and will be for ever. Amen.

All: I will give to the one who is victorious the hidden bread and a new name, alleluia.

PSALM PRAYER

Presider: Let us pray. [Pause for silent prayer.]
Let Israel rejoice in you, Lord, and acknowledge you as creator and redeemer. We put our trust in your faithfulness and proclaim the wonderful truths of salvation. May your loving kindness embrace us now and for ever. Through Christ our Lord.

All: Amen.  

READING  

Malachi 1:11

Reader: A reading from the book of the prophet Malachi

From the rising of the sun, even to its setting, my name is great among the nations; and everywhere they bring sacrifice to my name, and a pure offering; for great is my name among the nations, says the Lord of hosts.

The word of the Lord. All: Thanks be to God.

Homily [optional]

RESPONSORY [Omit alleluias during Lent]

Reader: You bring forth bread from the earth, (alleluia, alleluia).
All: You bring forth bread from the earth, (alleluia, alleluia).

Reader: And wine which gives…
All: …warmth to men's hearts, (alleluia, alleluia).

Reader: Glory to the Father and to the Son and to the Holy Spirit.
All: You bring forth bread from the earth, (alleluia, alleluia).

BENEDICTUS [Stand]

Antiphonarian: I am the living bread which comes down from heaven; anyone who eats this bread shall live forever, alleluia.

Antiphonarian: [Sign of the Cross]  
Blessed be the Lord, the God of Israel; +
All: he has come to his people and set them free.

Blessed be the Lord, the God of Israel; +
He has raised up for us a mighty savior
Born of the house of his servant David.

Blessed be the Lord, the God of Israel; +
He promised to show mercy to our fathers
And to remember his holy covenant.

This was the oath he swore to our father
Abraham
To set us free from the hands of our enemies,
Free to worship him without fear,
Holy and righteous in his sight
All the days of our life.

Blessed be the Lord, the God of Israel; +
Through his holy prophets he promised of old,
That he would save us from our enemies,
From the hands of all who hate us.
You, my child, shall be called the prophet of the Most High, for you will go before the Lord to prepare his way, to give his people knowledge of salvation by the forgiveness of their sins.

In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

[bow for 1st half of doxology]

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

All: I am the living bread which comes down from heaven; anyone who eats this bread shall live forever, alleluia.

INTERCESSIONS

Presider: Brethren, let us pray to Jesus Christ, the bread of life, as we joyfully say:

All: Happy are those who are called to your heavenly banquet.

Reader: Priest of the new and eternal covenant, you offered perfect sacrifice to the Father on the altar of the cross,

All: teach us to offer ourselves with you.

Reader: King of justice and peace, you consecrated bread and wine as the sign of your offering,

All: unite us as victims with you.

Reader: True worshiper of the Father, your perfect offering is celebrated by the Church from the rising to the setting of the sun,

All: unite in your body those who partake of the one bread.

Reader: Manna from heaven, you nourish the Church with your body and blood,

All: grant that we may walk strengthened by this food.

Reader: Unseen host of our banquet, you stand at the door and knock,

All: come to us, stay and share the evening meal with us.

LORD’S PRAYER

Our Father...

COLLECT

Presider: O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with the Father in the unity of the Holy Spirit, God, for ever and ever.

All: Amen.
BLESSING AND DISMISSAL

If a priest presides: The Lord be with you.
All: And with your spirit.

Presider: May almighty God bless you, the Father… +
All: Amen.

Presider: Go in peace.
All: Thanks be to God.

If a layperson presides: May the Lord bless us, protect us from all evil and bring us to everlasting life.
All: Amen.

Evening Prayer II
Votive Office of the Body of Christ

Presider: O God, come to my assistance. +
All: O Lord, make haste to help me.

Presider: Glory to the Father, and to the Son, and to the Holy Spirit: [bow for 1st half of doxology]
All: as it was in the beginning, is now, and will be for ever. Amen. (Alleluia.) [omit alleluia during Lent]

HYMN
Jesus, My Lord, My God, My All [TUNE: SWEET SACRAMENT]

Jesus, my Lord, my God, my All,
How can I love thee as I ought?
And how revere this wondrous gift,
So far surpassing hope or thought? Ref:

Had I but Mary's sinless heart
To love thee with, my dearest King,
Oh, with what bursts of fervent praise
Thy goodness, Jesus, would I sing. Ref:

Refrain:
Sweet Sacrament, we thee adore;
Oh, make us love thee more and more.
Oh, make us love thee more and more.

Thy Body, Soul, and Godhead, all,
O mystery of love divine.
I cannot compass all I have,
For all thou hast and art are mine. Ref:
PSALMODY

Antiphon 1:
Antiphonarian: Christ the Lord is a priest for ever in the line of Melchizedek; he offered up bread and wine.

Psalm 110:1-5,7

Antiphonarian: The Lord's revelation to my Master:
S1: "Sit on my right:
your foes I will put beneath your feet."

S2: The Lord will wield from Zion
your scepter of power:
rule in the midst of all your foes.

S1: A prince from the day of your birth
on the holy mountains;
from the womb before the dawn I begot you.

S2: The Lord has sworn an oath he will not change.
"You are a priest for ever, ~ ~"

[bow for 1st half of doxology]

S1: The Master standing at your right hand
will shatter kings in the day of his wrath.

S2: He shall drink from the stream by the wayside
and therefore he shall lift up his head.

S1: Glory to the Father, and to the Son,
and to the Holy Spirit;

S2: as it was in the beginning, is now,
and will be for ever. Amen.

All: Christ the Lord is a priest for ever in the line of Melchizedek; he offered up bread and wine.

Antiphon 2
Antiphonarian: I will take up the cup of salvation, and I will offer a sacrifice of praise.

Psalm 116:10-19

Antiphonarian: I trusted, even when I said:
S1: I am sorely afflicted,
and when I said in my alarm:
"No man can be trusted."

S2: How can I repay the Lord
for his goodness to me?
The cup of salvation I will raise;
I will call on the Lord's name.

S1: My vows to the Lord I will fulfill
before all his people. ~ ~

S2: Your servant, Lord, your servant am I;
you have loosened my bonds.
A thanksgiving sacrifice I make;
I will call on the Lord's name.

S1: My vows to the Lord I will fulfill
before all his people,
in the courts of the house of the Lord,
in your midst, O Jerusalem.

O precious in the eyes of the Lord
is the death of his faithful.
[bow for 1st half of doxology]

S2: Glory to the Father, and to the Son, and to the Holy Spirit;
S1: as it was in the beginning, is now, and will be for ever. Amen.

All: I will take up the cup of salvation, and I will offer a sacrifice of praise.

Antiphon 3
Antiphonarian: You are the way, the truth and the life of the world, O Lord.

Canticle - See Revelation 19:1-7

Antiphonarian:
(Alleluia.)
S1: Salvation, glory, and power to our God: his judgments are honest and true.
(Alleluia).
S2: (Alleluia.)
Sing praise to our God, all you his servants, all who worship him reverently, great and small.
(Alleluia).
S1: (Alleluia.)
The Lord our all-powerful God is King; ~
S2: (Alleluia.)
The wedding feast of the Lamb has begun, and his bride is prepared to welcome him.
(Alleluia).

[bow for 1st half of doxology]

S1: Glory to the Father, and to the Son, and to the Holy Spirit;
S2: as it was in the beginning, is now, and will be for ever. Amen.

All: You are the way, the truth and the life of the world, O Lord.

READING
1 Corinthians 11:23-25

Reader: A reading from the first letter of Saint Paul to the Corinthians

I received from the Lord what I handed on to you, namely, that the Lord Jesus on the night in which he was betrayed took bread, and after he had given thanks, broke it and said, "This is my body, which is for you. Do this in remembrance of me." In the same way, after the supper, he took the cup, saying," This cup is the new covenant in my blood. Do this, whenever you drink it, in remembrance of me."

The word of the Lord. All: Thanks be to God.

Homily [optional]
RESPONSORY

Reader: He gave them bread from heaven, (alleluia, alleluia).
All: He gave them bread from heaven, (alleluia, alleluia).

Reader: Man has eaten…
All: …the bread of angels, (alleluia, alleluia).

Reader: Glory to the Father and to the Son and to the Holy Spirit.
All: He gave them bread from heaven, (alleluia, alleluia).

MAGNIFICAT

Antiphonarian: How holy this feast in which Christ is our food; his passion is recalled; grace fills our hearts; and we receive a pledge of the glory to come, alleluia.

Antiphonarian: My soul proclaims the greatness of the Lord,+
All: my spirit rejoices in God my Savior;
for he has looked with favor on his lowly servant.

From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.

He has cast down the mighty from their thrones,
and has lifted up the lowly.
He has filled the hungry with good things,
and the rich he has sent away empty.

He has come to the help of his servant Israel,
for he has remembered his promise of mercy,
The promise he made to our fathers,
to Abraham and his children for ever.

Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen.

All: How holy this feast in which Christ is our food; his passion is recalled; grace fills our hearts; and we receive a pledge of the glory to come, alleluia.

INTERCESSIONS

Presider: Christ invites all to the supper in which he gives his Body and Blood for the world. Let us ask him:

All: Christ, the bread of heaven, grant us everlasting life.

Reader: Christ, Son of the living God, you commanded that this thanksgiving meal be done in memory of you, enrich your Church through the faithful celebration of these mysteries. R.
Reader: Christ, eternal priest of the Most High, you have commanded your priests offer your sacraments, may they help them to exemplify in their lives the meaning of the sacred mysteries which they celebrate. R.

Reader: Christ, bread from heaven, you form one body out of all who partake of the one bread, refresh all who believe in you with harmony and peace. R.

Reader: Christ, through your bread you offer the remedy of immortality and the pledge of future resurrection, restore health to the sick and living hope to sinners. R.

Reader: Christ, our king who is to come, you commanded that the mysteries which proclaim your death be celebrated until you return, grant that all who die in you may share in your resurrection. R.

LORD’S PRAYER

Our Father...

COLLECT

Presider: O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with the Father in the unity of the Holy Spirit, God, for ever and ever.

All: Amen.

BLESSING AND DISMISSAL

If a priest presides: The Lord be with you.

All: And with your spirit.

Presider: May almighty God bless you, the Father… +

All: Amen.

Presider: Go in peace.

All: Thanks be to God.

If a layperson presides: May the Lord bless us, protect us from all evil and bring us to everlasting life.

All: Amen.
LITURGY OF THE WORD - I

OPENING SONG

[Stand]

[TUNE: LAUDA ANIMA]

Lord, en-throned in heav'n-ly splen-dor, first-be-got-ten from the
Prince of Life, for us Thou liv-est, by Thy bod-y souls are
Pas-chal Lamb! Thine off-ring fin-ished once for all when Thou wast
Great High Priest of our pro-fes-sion, through the veil Thou en-t'redst
Life-im-part-ing heav'n-ly Man-na, strick-en Rock, with stream-ing
dead, Thou a-lone, our strong De-fend-er, lift-est up Thy peo-ple's
healed; Prince of Peace, Thy peace Thou giv-est, by Thy blood is par-don
slain, in its full-ness un-di-min-ished shall for-ev-er-more re-in;
by Thy might-y in-ter-ces-sion grace and mer-cy Thou dost
side, heav'n and earth with loud ho-san-na wor-ship Thee, the Lamb who
head. Hal-le-lu-jah! Hal-le-lu-jah! Je-sus, true and liv-ing Bread!
died. Hal-le-lu-jah! Hal-le-lu-jah! Ris’n, as-cend-ed, glo-ri-fed!

GREETING

Priest: Praised be the God and Father of our Lord Jesus Christ, who in his great mercy gave us new
birth into a living hope by the resurrection of Jesus Christ from the dead. Blessed be God for
ever.

All: Blessed be God for ever.

The celebrant may briefly introduce the celebration.

OPENING PRAYER

Priest: Let us pray. (pause for brief silent prayer)

Almighty and eternal God, in Christ your Son you have shown your glory to the world. Guide
the work of your Church: help it to proclaim your name, to persevere in faith and to bring your
salvation to people everywhere. Through Christ our Lord.

All: Amen.
The ransom was the blood of the Lamb

Reader: A reading from the first letter of Saint Peter

Beloved: If you invoke as Father him who judges impartially according to each one’s works, conduct yourselves with reverence during the time of your sojourning, realizing that you were ransomed from your futile conduct, handed on by your ancestors, not with perishable things like silver or gold but with the precious blood of Christ as of a spotless unblemished lamb.

He was known before the foundation of the world but revealed in the final time for you, who through him believe in God who raised him from the dead and gave him glory, so that your faith and hope are in God.

The word of the Lord. R. Thanks be to God.

[Pause for silent reflection.]

Responsorial Psalm - Psalm 116:12-13, 15, 16c, 17-18 (Lectionary #991-2)

Psalmist: R: Our blessing-cup is a communion with the Blood of Christ.

How shall I make a return to the Lord for all the good he has done for me? The cup of salvation I will take up, and I will call upon the name of the Lord. R. Precious in the eyes of the Lord is the death of his faithful ones.

I am your servant, the son of your handmaid; you have loosed my bonds. R. To you will I offer sacrifice of thanksgiving, and I will call upon the name of the Lord. My vows to the Lord I will pay in the presence of all his people. R.

[Pause for silent reflection.]

Gospel – Mark 14:12-16, 22-26 (Lectionary #994-1) [Stand]

This is my Body. This is my Blood.

Priest: A reading from the holy Gospel according to Mark

On the first day of the Feast of Unleavened Bread, when they sacrificed the Passover lamb, his disciples said to him, “Where do you want us to go and prepare for you to eat the Passover?” He sent two of his disciples and said to them, “Go into the city and a man will meet you, carrying a jar of water. Follow him. Wherever he enters, say to the master of the house, ‘The Teacher says, “Where is my guest room where I may eat the Passover with my disciples?”’ Then he will show you a large upper room furnished and ready.
Make the preparations for us there.” The disciples then went off, entered the city, and found it just as he had told them; and they prepared the Passover.

While they were eating, he took bread, said the blessing, broke it, and gave it to them, and said, “Take it; this is my body.” Then he took a cup, gave thanks, and gave it to them, and they all drank from it. He said to them, “This is my blood of the covenant, which will be shed for many. Amen, I say to you, I shall not drink again the fruit of the vine until the day when I drink it new in the kingdom of God.”

Then, after singing a hymn, they went out to the Mount of Olives.

The Gospel of the Lord.  
R. Praise to you, Lord Jesus Christ.  

[Sit]

HOMILY

The priest may give a homily. Observe a period of silent reflection after the homily.

[Pause for silent reflection.]

INTERCESSIONS  
[Stand]

Priest: My brothers and sisters, our heavenly Father sent his Son Jesus Christ into the world that the world might be saved and all might be delivered from the power of sin and death. As a pilgrim people seeking Christ’s gift of everlasting life, let us pray for all people according to their needs.

Let us kneel.  
[Except on Sundays and during the Easter season.]

Reader: For the holy Church of God throughout the world: that God the almighty Father guide it and gather it together so that we may worship him in peace and tranquility, we pray to the Lord.

All: Lord, hear our prayer.

Reader: For our Holy Father, Pope Francis: that God who chose him to be pastor of the whole Church may give him health and strength to guide the govern God’s holy people, we pray to the Lord.

All: Lord, hear our prayer.

Reader: For Paul, our archbishop; for all bishops, priests, and deacons; for all who have a special ministry in the Church, and for all God’s people, we pray to the Lord.

All: Lord, hear our prayer.

Reader: For all our brothers and sisters who share our faith in Jesus Christ: that God may gather and keep together in one Church all who seek the truth with sincerity, we pray to the Lord.

All: Lord, hear our prayer.

Reader: For those who do not believe in God or his Son Jesus Christ: that the light of the Holy Spirit may help them to follow all that is right, and show them the way to salvation, we pray to the Lord.

All: Lord, hear our prayer.
Reader: For those who serve us in the public office: that God may guide their minds and hearts, so that all may live in true peace and freedom, we pray to the Lord.

All: Lord, hear our prayer.

**LORD’S PRAYER**

At the Savior’s command and formed by divine teaching, we dare to say:

Our Father…

**BENEDICTION**

The presider goes to the altar, genuflects, and kneels while a suitable Eucharistic song is sung.

The presider incenses the Blessed Sacrament. He then rises and sings or says:

Priest: Let us pray. (pause for brief silent prayer)

Lord our God, teach us to cherish in our hearts the paschal mystery of your Son by which you redeemed the world. Watch over the gifts of grace your love has given us and bring them to fulfillment in the glory of heaven. Through Christ our Lord.

All: Amen.

As the priest takes the monstrance and makes the Sign of the Cross over the people in silence, the people sign themselves with the Cross.

After the Eucharistic blessing, a suitable song is sung and the ministers then depart.

After the ministers depart, the assembly may offer the following prayer together:

May the Heart of Jesus, in the Most Blessed Sacrament, be praised, adored and loved, with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time. Amen.
LITURGY OF THE WORD – II

OPENING SONG

[Stand]

You satisfy the hungry heart With gift of finest wheat; Come
give to us, O saving Lord, The Bread of Life to eat.

As when the shepherd calls his sheep, They know and heed his
With joyful lips, we sing to you Our praise and gratitude;
Is not the cup we bless and share The blood of Christ out-
The mystery of your presence, Lord, No mortal tongue can
You give yourself to us, O Lord; Then selfless let us

voice; So when you call your family, Lord, We follow and rejoice.
-tude, That you should count us worthy, Lord, To share this heav'nly food.
poured? Do not one cup, one loaf, declare Our oneness in the Lord?
tell: Whom all the world cannot contain Comes in our hearts to dwell.
be, To serve each other in your name In truth and charity.

GREETING

Priest: Praised be the God and Father of our Lord Jesus Christ, who has bestowed on us in Christ every spiritual blessing in the heavens. Blessed be God for ever.

All: Blessed be God for ever.

The celebrant may briefly introduce the celebration.

OPENING PRAYER

Priest: Let us pray that Christ, the Bread of Life, will satisfy our human hungers.

(pause for brief silent prayer)

Father in heaven, you have made us for yourself; our hearts are restless until they rest in you. Fulfill this longing through Jesus, the Bread of Life, so that we may witness to him who alone satisfies the hungers of the human family. By the power of your Spirit lead us to the heavenly table where we may feast on the vision of your glory for ever and ever.

All: Amen.
LITURGY OF THE WORD

[Sit]

Reading – I Kings 19:4-8

(Lectioary #976-6)

_Strengthened by that food, he walked to the mountain of God_

Reader:  A reading from the first book of Kings

Elijah went a day’s journey into the desert, until he came to a broom tree and sat beneath it. He prayed for death: “This is enough, Lord! Take my life, for I am no better than my fathers.” He lay down and fell asleep under the broom tree, but then an angel touched him and ordered him to get up and eat. Elijah looked and there at his head was a hearth cake and a jug of water. After he ate and drank, he lay down again, but the angel of the Lord came back a second time, touched him, and ordered, “Get up and eat, else the journey will be too long for you!” He got up, ate, and drank; then, strengthened by that food, he walked forty days and forty nights to the mountain of God, Horeb.

The word of the Lord.  All:  Thanks be to God.

[Pause for silent reflection.]

Responsorial Psalm - Psalm 147

(Lectioary #978-8)

_R:  Whoever eats this Bread will live for ever.

Glorify the Lord, O Jerusalem;
praise your God, O Zion.
For he has strengthened the bars of your gates;
he has blessed your children within you.  _R.

He has granted peace in your borders;
with the best of wheat he fills you.

He has sent forth his command to the earth;
swiftly runs his word!  _R.

He has proclaimed his word to Jacob,
his statutes and his ordinances to Israel.
He has not done thus for any other nation;
his ordinances he has not made known to them.  _R._

[Pause for silent reflection.]

Gospel - John 6:24-35

(Lectioary #981-7)

[Stand]

_Whoever comes to me will never hunger, and whoever believes in me will never thirst._

Priest:  A reading from the Gospel according to John

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into boats and came to Capernaum looking for Jesus. And when they found him across the sea they said to him, “Rabbi, when did you get here?” Jesus answered them and said, “Amen, amen, I say to you, you are looking for me
not because you saw signs but because you ate the loaves and were filled. Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on him the Father, God, has set his seal.”

So they said to him, “What can we do to accomplish the works of God?” Jesus answered and said to them, “This is the work of God, that you believe in the one he sent.” So they said to him, “What sign can you do, that we may see and believe in you? What can you do? Our ancestors ate manna in the desert, as it is written: He gave them bread from heaven to eat.” So Jesus said to them, “Amen, amen, I say to you, it was not Moses who gave the bread from heaven; my Father gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” So they said to him, “Sir, give us this bread always.” Jesus said to them, “I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst.

The Gospel of the Lord.  

All: Praise to you, Lord Jesus Christ.  

[Sit]

HOMILY

The presider may give a homily. Observe a period of silent reflection after the homily.

[Pause for silent reflection.]

INTERCESSIONS

[Stand]

Priest: Our hope is in God, who gives us help. Let us call on the Lord and say:

R: Strengthen us, Lord.

Reader: Lord our God, you made an eternal covenant with your people; keep us mindful of your mighty deeds. R.

Reader: Let your ordained ministers grow toward perfect love, and preserve your faithful people in unity by the bond of peace. R.

Reader: Send workers into your vineyard, and glorify your name among the nations. R.

Reader: May individuals become more responsive to the universal call to holiness in the Church. R.

Reader: Strengthen the faith of those who are weak, and enlighten those who do not yet believe. R.

LORD’S PRAYER

At the Savior’s command and formed by divine teaching, we dare to say:

Our Father…
Benediction

The presider goes to the altar, genuflects, and kneels while a suitable Eucharistic song is sung.

The presider incenses the Blessed Sacrament. He then rises and sings or says:

**Priest:** Let us pray. *(pause for brief silent prayer)*

Lord, may this sacrament of new life warm our hearts with your love and make us eager for the eternal joy of your kingdom. Through Christ our Lord.

**All:** Amen.

*As the priest takes the monstrance and makes the Sign of the Cross over the people in silence, the people sign themselves with the Cross.*

*After the Eucharistic blessing, a suitable song is sung and the ministers then depart.*

*After the ministers depart, the assembly may offer the following prayer together:*

May the Heart of Jesus, in the Most Blessed Sacrament, be praised, adored and loved, with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time. Amen.
OPTIONS FOR PARISH COMMUNAL (NON-LITURGICAL) CELEBRATIONS

Rosary – Luminous Mysteries

Instituted by Pope John Paul II in 2002 in his apostolic letter Rosarium Virginis Mariae, the Luminous Mysteries, also referred to as the Mysteries of Light, demonstrate the light of God manifested through Jesus. In reflecting on the Luminous Mysteries, we walk through key aspects of Jesus’ ministry and life on earth, meditating on the significance of each for our faith.

First Mystery of Light – Baptism in the Jordan

Jesus’ baptism marked the beginning of his earthly ministry, confirming his identity as the Son of God. As the Holy Spirit descended upon him, the Father declared him to be his beloved Son.

After Jesus was baptized, he came up from the water and behold, the heavens were opened [for him], and he saw the Spirit of God descending like a dove [and] coming upon him. And a voice came from the heavens, saying, ‘This is my beloved Son, with whom I am well pleased.’

(Matthew 3:16-17)

Reflecting on this mystery, let us pray to remain open to the work of the Holy Spirit.

Second Mystery of Light – Wedding at Cana

The Wedding at Cana was the first of Jesus’ miracles, demonstrating his power as God and inspiring the disciples in their belief.

When the wine ran short, the mother of Jesus said to him, “They have no wine.” Jesus told them, “Fill the jars with water.” So they filled them to the brim. Then he told them, “Draw some out now and take it to the headwaiter.” So they took it. And when the headwaiter tasted the water that had become wine, without knowing where it came from (although the servers who had drawn the water knew), the headwaiter called the bridegroom and said to him, “Everyone serves good wine first, and then when people have drunk freely, an inferior one; but you have kept the good wine until now.” Jesus did this as the beginning of his signs in Cana in Galilee and so revealed his glory, and his disciples began to believe in him.

(John 2:3, 7-11)

Contemplating this mystery, we can rest in the assurance that we have an all-powerful God who is sovereign over our lives.
Third Mystery of Light – Proclamation of the Kingdom of God

As Jesus proclaimed the Kingdom of God, he demonstrated his mercy by calling all to repentance.

After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: “This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel.”

(Mark 1:14-15)

Let us be thankful for the grace that God extends to us, repenting of our sins and resting in his mercy.

Fourth Mystery of Light – Transfiguration

One day, while Jesus prayed on a mountain, the glory of God shone from his face. In this passage, Peter, James, and John see a glimpse of Jesus’ true glory: God the Son, the beloved Son who reigns eternal, and against whom the gates of Hell shall not prevail.

About eight days after he said this, he took Peter, John, and James and went up the mountain to pray. While he was praying his face changed in appearance and his clothing became dazzling white... Then from the cloud came a voice that said, “This is my chosen Son; listen to him.”

(Luke 9:28-29, 35)

The holiness of God as displayed in the transfiguration inspires us to pray that we would grow in our sanctification.

Fifth Mystery of Light – Institution of the Eucharist

During the Passover meal with the disciples, Jesus shared bread and wine with them, establishing the sacrament of the Eucharist.

While they were eating, Jesus took bread, said the blessing, broke it, and giving it to his disciples said, “Take and eat; this is my body.” Then he took a cup, gave thanks, and gave it to them, saying, “Drink from it, all of you, for this is my blood of the covenant, which will be shed on behalf of many for the forgiveness of sins.

(Matthew 26:26-28)

May we be inspired to respond in gratitude to Christ for his Body, broken for us, and his Blood, shed for us.
# Litany of the Holy Eucharist

**Leader:**
- Lord, have mercy  
- Christ, have mercy  
- Lord, have mercy

**Assembly:**
- Lord, have mercy  
- Christ, have mercy  
- Lord, have mercy

<table>
<thead>
<tr>
<th>Leader</th>
<th>Assembly</th>
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<tbody>
<tr>
<td>Jesus, the Most High</td>
<td>have mercy on us</td>
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<tr>
<td>Jesus, the holy One</td>
<td>have mercy on us</td>
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<td>Jesus, Word of God</td>
<td>have mercy on us</td>
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<td>Jesus, only Son of the Father</td>
<td>have mercy on us</td>
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<td>Jesus, Son of Mary</td>
<td>have mercy on us</td>
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<td>Jesus, crucified for us</td>
<td>have mercy on us</td>
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<td>Jesus, risen from the dead</td>
<td>have mercy on us</td>
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<td>Jesus, reigning in glory</td>
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<td>Jesus, coming in glory</td>
<td>have mercy on us</td>
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<td>Jesus, our Lord</td>
<td>have mercy on us</td>
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<td>Jesus, our hope</td>
<td>have mercy on us</td>
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<td>Jesus, our peace</td>
<td>have mercy on us</td>
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<td>Jesus, our Savior</td>
<td>have mercy on us</td>
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<td>Jesus, our salvation</td>
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<td>Jesus, our resurrection</td>
<td>have mercy on us</td>
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<td>Jesus, Judge of all</td>
<td>have mercy on us</td>
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<td>Jesus, Lord of the Church</td>
<td>have mercy on us</td>
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<td>Jesus, Lord of creation</td>
<td>have mercy on us</td>
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<td>Jesus, Lover of all</td>
<td>have mercy on us</td>
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<td>Jesus, life of the world</td>
<td>have mercy on us</td>
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<td>Jesus, freedom for the imprisoned</td>
<td>have mercy on us</td>
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<td>Jesus, joy of the sorrowing</td>
<td>have mercy on us</td>
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<td>Jesus, giver of the Spirit</td>
<td>have mercy on us</td>
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<td>Jesus, giver of good gifts</td>
<td>have mercy on us</td>
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<td>Jesus, source of new life</td>
<td>have mercy on us</td>
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<td>Jesus, Lord of life</td>
<td>have mercy on us</td>
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<td>Jesus, eternal high priest</td>
<td>have mercy on us</td>
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<td>Jesus, priest and victim</td>
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<td>Jesus, true Shepherd</td>
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<td>Jesus, true Light</td>
<td>have mercy on us</td>
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<tr>
<td>Jesus, bread of heaven</td>
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<td>Jesus, bread of life</td>
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<td>Jesus, bread of thanksgiving</td>
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<td>Jesus, life-giving bread</td>
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<tr>
<td>Jesus, holy manna</td>
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<td>Jesus, new covenant</td>
<td>have mercy on us</td>
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<td>Jesus, food for everlasting life</td>
<td>have mercy on us</td>
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<tr>
<td>Jesus, food for our journey</td>
<td>have mercy on us</td>
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<tr>
<td>Jesus, holy banquet</td>
<td>have mercy on us</td>
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</tbody>
</table>
Jesus, true sacrifice
Jesus, perfect sacrifice
Jesus, eternal sacrifice
Jesus, divine Victim
Jesus, Mediator of the new covenant
Jesus, mystery of the altar
Jesus, mystery of faith
Jesus, medicine of immortality
Jesus, pledge of eternal glory
Jesus, Lamb of God, you take
away the sins of the world:
Jesus, Bearer of our sins, you take
away the sins of the world:
Jesus, Redeemer of the world, you
take away the sins of the world:
Christ, hear us
Christ, gracially hear us
Lord Jesus, hear our prayer

Our Father,…
Hail Mary…
V. You furnished them with Bread from heaven, alleluia.
All: Having in it every delight.

Let us pray:

O Jesus, who under a marvelous Sacrament has left us a memorial of your Passion; grant us, we beseech you, so to venerate the sacred mysteries of your Body and Blood, that we may ever perceive within us the fruit of your redemption. Who lives and reigns forever and ever.

All: Amen.
**Litany of the Most Precious Blood**

**Leader:**

Lord, have mercy  
Christ, have mercy  
Lord, have mercy, Christ, hear us  
Christ, graciously hear us

**Assembly:**

God the Father of Heaven  
have mercy on us  
God the Son, Redeemer of the world  
have mercy on us  
God the Holy Spirit  
have mercy on us  
Holy Trinity, One God  
have mercy on us

Blood of Christ, only-begotten Son of the Eternal Father  
save us  
Blood of Christ, Incarnate Word of God  
save us  
Blood of Christ, of the New and Eternal Testament  
save us  
Blood of Christ, falling upon the earth in the Agony  
save us  
Blood of Christ, shed profusely in the Scourging  
save us  
Blood of Christ, flowing forth in the Crowning with Thorns  
save us  
Blood of Christ, poured out on the Cross  
save us  
Blood of Christ, price of our salvation  
save us  
Blood of Christ, without which there is no forgiveness  
save us  
Blood of Christ, Eucharistic drink and refreshment of souls  
save us

Blood of Christ, stream of mercy  
save us  
Blood of Christ, victor over demons  
save us  
Blood of Christ, courage of martyrs  
save us  
Blood of Christ, strength of confessors  
save us  
Blood of Christ, bringing forth virgins  
save us  
Blood of Christ, help of those in peril  
save us  
Blood of Christ, relief of the burdened  
save us  
Blood of Christ, solace in sorrow  
save us  
Blood of Christ, hope of the penitent  
save us  
Blood of Christ, consolation of the dying  
save us  
Blood of Christ, peace and tenderness of hearts  
save us  
Blood of Christ, pledge of eternal life  
save us  
Blood of Christ, freeing souls from purgatory  
save us  
Blood of Christ, most worthy of all glory and honor  
save us

Lamb of God, who take away the sins of the world  
spare us O Lord.  
Lamb of God, who take away the sins of the world  
graciously hear us, O Lord  
Lamb of God, who take away the sins of the world  
have mercy on us

V. You have redeemed us, O Lord, in your Blood.

**All:** And made us, for our God, a kingdom.
Let us pray:

Almighty and Eternal God, you have appointed your only-begotten Son the Redeemer of the world, and willed to be appeased by his Blood. Grant, we beg of you, that we may worthily adore this price of our salvation, and through its power be safeguarded from the evils of this present life, so that we may rejoice in its fruits forever in heaven. Through the same Christ our Lord.

All: Amen.

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**Divine Mercy Chaplet**

*The Chaplet of Divine Mercy is recited using ordinary Rosary beads of five decades.*

1) **Sign of the Cross**

2) **[Optional Opening Prayer: St. Faustina’s Prayer for Sinners]**

   O Jesus, eternal Truth, our Life, I call upon You and I beg Your mercy for poor sinners. O sweetest Heart of my Lord, full of pity and unfathomable mercy, I plead with You for poor sinners. O Most Sacred Heart, Fount of Mercy from which gush forth rays of inconceivable graces upon the entire human race, I beg of You light for poor sinners. O Jesus, be mindful of Your own bitter Passion and do not permit the loss of souls redeemed at so dear a price of Your most precious Blood. O Jesus, when I consider the great price of Your Blood, I rejoice at its immensity, for one drop alone would have been enough for the salvation of all sinners. Although sin is an abyss of wickedness and ingratitude, the price paid for us can never be equaled. Therefore, let every soul trust in the Passion of the Lord, and place its hope in His mercy. God will not deny His mercy to anyone. Heaven and earth may change, but God's mercy will never be exhausted. Oh, what immense joy burns in my heart when I contemplate Your incomprehensible goodness, O Jesus! I desire to bring all sinners to Your feet that they may glorify Your mercy throughout endless ages.

   *(Diary of Saint Maria Faustina Kowalska, 72).*

3) **Our Father**

4) **Hail Mary**

5) **Apostles’ Creed**

   I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirits, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the death;
he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

6) *Eternal Father – on Large Bead of Each Decade*

   Eternal Father, I offer you the Body and Blood, Soul and Divinity of your dearly Beloved Son, Our Lord, Jesus Christ,
   R. …in atonement for our sins and those of the whole world.

7) *For the Sake - on the 10 Small Beads of Each Decade*

   For the sake of His sorrowful Passion,
   R….have mercy on us and on the whole world.

8) *Holy God – after all five decades, repeat three (3) times*

   Holy God, Holy Mighty One, Holy Immortal One,
   R…. have mercy on us and on the whole world.

9) *[Optional Closing Prayer]*

   Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself. Through Christ our Lord.
   R. Amen.
OPTIONS FOR PRIVATE PRAYER BEFORE THE BLESSED SACRAMENT

**Quiet time of meditation on Scripture using Lectio Divina**

The Scriptures are a precious possession. Take up the Bible daily to read it, and refer to it for direction in your life. The Lord speaks to you through it. Respond to God in your prayer and action.

One way to take and read the Scriptures is called *lectio divina*, or “divine reading.” Find a place to sit quietly. Choose a passage from the daily Mass readings, or follow some theme, or do a continuous reading of one of the New Testament books.

Below are the components of *Lectio Divina*, followed by a few excerpts from scripture related to the Eucharist.

Begin with a prayer begging God’s help. For example:

*Come, Holy Spirit. Give light to my eyes that I may see. Open my ears that I may hear your voice. Loosen my tongue that I may praise you. Strengthen me to act upon your word. Amen.*

**One: Reading (Lectio)**

Read the text slowly. If you’re alone, you can, read it aloud. This is God speaking to you. Listen for a word or phrase that catches your attention. Read it again. And again – slowly. Allow the words to sink in.

**Two: Meditation (Meditatio)**

Use your thought and imagination to ponder the text: Who is Jesus speaking to? What is Jesus telling them? What is he telling you? Why did a particular word or phrase catch your attention? Maybe re-read the passage. Meditate, reflect. When the text speaks to your heart, you have reached and received a precious fruit of meditation.

**Three: Prayer (Oratio)**

Turn your mind to God and speak directly to him. Respond to God in a personal, spontaneous way, as to a good friend. Your words do not have to be many or pretty. It is enough to say, for example: Thank you for telling me this. Help me to live out this message. I am sorry for my failings. I love you!

**Four: Contemplation (Contemplatio)**

Listen again to God speaking to you and respond silently, with love more than words, rejoicing in God’s love and care for you. Simply sit quietly, aware of God’s presence. Allow your heart to open to his mercy and love. Just *BE* in God’s presence.
On the first day of the Feast of Unleavened Bread, when they sacrificed the Passover lamb, his disciples said to him, “Where do you want us to go and prepare for you to eat the Passover?” He sent two of his disciples and said to them, “Go into the city and a man will meet you, carrying a jar of water. Follow him. Wherever he enters, say to the master of the house, ‘The Teacher says, “Where is my guest room where I may eat the Passover with my disciples?”’ Then he will show you a large upper room furnished and ready. Make the preparations for us there.” The disciples then went off, entered the city, and found it just as he had told them; and they prepared the Passover.

While they were eating, he took bread, said the blessing, broke it, and gave it to them, and said, “Take it; this is my body.” Then he took a cup, gave thanks, and gave it to them, and they all drank from it. He said to them, “This is my blood of the covenant, which will be shed for many. Amen, I say to you, I shall not drink again the fruit of the vine until the day when I drink it new in the kingdom of God.” Then, after singing a hymn, they went out to the Mount of Olives.

Jesus spoke to the crowds about the kingdom of God, and he healed those who needed to be cured. As the day was drawing to a close, the Twelve approached him and said, “Dismiss the crowd so that they can go to the surrounding villages and farms and find lodging and provisions; for we are in a deserted place here.” He said to them, “Give them some food yourselves.” They replied, “Five loaves and two fish are all we have, unless we ourselves go and buy food for all these people.” Now the men there numbered about five thousand. Then he said to his disciples, “Have them sit down in groups of [about] fifty.” They did so and made them all sit down. Then taking the five loaves and the two fish, and looking up to heaven, he said the blessing over them, broke them, and gave them to the disciples to set before the crowd. They all ate and were satisfied. And when the leftover fragments were picked up, they filled twelve wicker baskets.

Now that very day two of them were going to a village seven miles from Jerusalem called Emmaus, and they were conversing about all the things that had occurred. And it happened that while they were conversing and debating, Jesus himself drew near and walked with them, but their eyes were prevented from recognizing him. He asked them, “What are you discussing as you walk along?” They stopped, looking downcast. One of them, named Cleopas, said to him in reply, “Are you the only visitor to Jerusalem who does not know of the things that have taken place there in these days?” And he replied to them, “What sort of things?” They said to him, “The things that happened to Jesus the Nazarene, who was a prophet mighty in deed and word before God and all the people, how our chief priests and rulers both handed him over to a sentence of death and crucified him. But we were hoping that he would be the one to redeem Israel; and besides all this, it is now the third day since this took place. Some women from our group, however, have astounded us: they were at the tomb early in the morning and did not find his body; they came back and reported that they had indeed seen a vision of angels who announced that he was alive. Then some of those with us went to the tomb and found things just as the women had described, but him they did not see.” And he said to them, “Oh, how foolish you are! How slow of heart to believe all that the prophets spoke! Was it not necessary that the Messiah should suffer these things and enter into his glory?” Then beginning with Moses and all the prophets, he interpreted to them what referred to him in all the scriptures.
As they approached the village to which they were going, he gave the impression that he was going on farther. But they urged him, “Stay with us, for it is nearly evening and the day is almost over.” So he went in to stay with them. And it happened that, while he was with them at table, he took bread, said the blessing, broke it, and gave it to them. With that their eyes were opened and they recognized him, but he vanished from their sight. Then they said to each other, “Were not our hearts burning [within us] while he spoke to us on the way and opened the scriptures to us?” So they set out at once and returned to Jerusalem where they found gathered together the eleven and those with them who were saying, “The Lord has truly been raised and has appeared to Simon!” Then the two recounted what had taken place on the way and how he was made known to them in the breaking of the bread.

John 6:41-51

The Jews murmured about him because he said, “I am the bread that came down from heaven,” and they said, “Is this not Jesus, the son of Joseph? Do we not know his father and mother? Then how can he say, ‘I have come down from heaven’?” Jesus answered and said to them, “Stop murmuring among yourselves. No one can come to me unless the Father who sent me draw him, and I will raise him on the last day. It is written in the prophets: ‘They shall all be taught by God.’ Everyone who listens to my Father and learns from him comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Amen, amen, I say to you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the desert, but they died; this is the bread that comes down from heaven so that one may eat it and not die. I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world.”

Litanies of Intercession and Petition

Take a moment to call to mind any special intentions you carry deep within, needs that you have, people who have asked you to pray for them, those you know need someone to pray for them, the needs of our time, of our Church, of the world...

Then, with faith, hope, and love in your heart, turn with trust to Jesus in the Most Blessed Sacrament, lay all your intentions before Him, and pray using your own words and/or any of the following:

A

Lord, be merciful
From all evil
From every sin
From the snares of the devil
From anger and hatred
From every evil intention
From everlasting death
By your coming as man
By your birth
By your baptism and fasting

Lord, save your people
Lord, save your people
Lord, save your people
Lord, save your people
Lord, save your people
Lord, save your people
Lord, save your people
Lord, save your people
Lord, save your people
Lord, save your people
By your sufferings and cross  
By your death and burial  
By your rising to new life  
By your return in glory to the Father  
By your gift of the Holy Spirit  
By your coming again in glory  
Christ hear us  
Lord Jesus, hear our prayer  

Lord, save your people  
Lord, save your people  
Lord, save your people  
Lord, save your people  
Lord, save your people  
Lord, save your people  
Christ hear us  
Lord Jesus, hear our prayer

B  

Christ, Son of the living God  
You came into this world  
You suffered for us on the cross  
You died to save us  
You lay in the tomb  
You rose from the dead  
You returned in glory to the Father  
You sent the Holy Spirit upon your Apostles  
You are seated at the right hand of the Father  
You will come again to judge the living and the dead  
Christ hear us  
Lord Jesus, hear our prayer  

Lord, save your people  
Lord, save your people  
Lord, save your people  
Lord, save your people  
Lord, save your people  
Lord, save your people  
Lord, save your people  
Christ hear us  
Lord Jesus, hear our prayer

C  

Lord, be merciful to us  
Give us true repentance  
Strengthen us in your service  
Reward with eternal life all who do good to us  
Bless the fruits of the earth and of our labor  

Lord, hear our prayer  
Lord, hear our prayer  
Lord, hear our prayer  
Lord, hear our prayer  
Lord, hear our prayer

D  

Lord, show us your kindness  
Raise our thoughts and desires to you  
Grant eternal rest to all who have died in the faith  
Spare us from disease, hunger, and war  
Bring all peoples together in trust and peace  
Guide and protect your holy Church  
Keep the pope and all the clergy in faithful service to your Church  
Bring all Christians together in unity  
Lead all to the light of the Gospel  

Lord, hear our prayer  
Lord, hear our prayer  
Lord, hear our prayer  
Lord, hear our prayer  
Lord, hear our prayer  
Lord, hear our prayer  
Lord, hear our prayer  
Lord, hear our prayer  
Christ hear us  
Lord Jesus, hear our prayer
Select from the Communal sections

Luminous Mysteries of the Rosary (page 27)
Litany of the Holy Eucharist (page 29)
Litany of the Most Precious Blood (page 31)
Divine Mercy Chaplet (page 32)

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One Way to Spend an Hour with Jesus – in 5 Minute Segments

According to the “theme” of each segment, using your own words, speak freely within your heart to Jesus present before you in the Blessed Sacrament.

:00 Praise – Praise God for all He is, and all He does, and all He has done.

:05 Sing – Interiorly, within your heart, hear a song of love or praise; or, read through a favorite song in a hymnal. Hear it within and let your heart sing to the Lord.

:10 Battle – Tell the Lord about spiritual enemies and evil that you face. Place yourself under the Lord’s protection. Resist the enemy; say no to whatever is not of God. Ask Jesus for his strength.

:15 Surrender – Say, “Yes, Lord.” Place everything in His hands. Renew your baptismal promises: “I renounce sin, so as to live in the freedom of the children of God! I renounce the lure of evil, so that sin may have no mastery over me! I renounce Satan, the author and prince of sin! (Pray the Apostles Creed).

:20 Release of the Spirit – Ask for the grace to allow the Holy Spirit to work freely in and through you.

:25 Repentance – Trust God’s love for you; talk to Him about sins, and about wounds that you try to hide. Ask for his healing. Ask his forgiveness.


:35 Scripture reflection – Use one of the scripture passages from the Lectio Divina section. Read the words slowly; repeat. Reflect. Talk to the Lord about whatever comes to mind or rises in your heart.

:40 Speak, Lord – Quiet your mind and simply rest in the presence of the Lord. Listen deeply in your heart.

:45 Intercession – Present needs (of family, Church, country, world); issues; people who’ve requested or need your prayers.

:50 Petition – Talk to Jesus about your own personal needs.

:55 Thanksgiving – Recognize, and then say “Thank you, Jesus” for all gifts, graces, and blessings.

NB: What is more important than strictly observing five (5) minutes for each “theme,” is that you truly talk with God in prayer from your heart. If you become aware of much fruit at any particular point, stay with it as long as it is fruitful for you, and don’t worry about the rest. Once you feel you’ve received the fruit offered, then you can continue on to the other “themes.” Again, what’s important is encountering God within and opening to his work of grace in you, not simply getting through each point.
CONCLUDING OF THE FORTY HOURS DEVOTION
- “MASS OF REPOSITION” WITH OPTIONAL EUCHARISTIC PROCESSION -

HOLY SACRIFICE OF THE MASS

As usual.

EXPOSITION

After the distribution of Communion, the monstrance is placed on the altar and the Host is placed in the monstrance. The celebrant leads the Prayer after Communion but the concluding rites of the Mass are omitted.

INCENSATION

After the Prayer after Communion, the assembly kneels. The celebrant goes before the altar, prepares the censer, kneels and incenses the Blessed Sacrament. Meanwhile, a suitable song is sung.

1. O sal-u-tá-ris hó-sti-a, Quae cae-li pan-dis ó-sti-
2. U-ni-tri-nó-que Dó-mi-no Sit sem-pi-tér-na gló-ri-
1. O Sav-ing Vic-tim, o-p'ning wide The gate of heav'n to us be-
2. To your great name be end-less praise, Im-mor-tal God-head, One in -um: Bel-la pre-munt ho-stí-li-a, Da ro-bur fer au-xí-li-um.
-a: Qui vi-tam si-ne tér-mi-no No-bis do-net in pá-tri-a.
- low! Our foes press on from ev-'ry side: Your aid sup-ply, your strength be-stow.
Three; O grant us end-less length of days When our true na-tive land we see.

PROCESSION

(If weather doesn’t permit, the procession is omitted.)

After the Exposition song, the celebrant takes up the monstrance.

The procession forms. Follow the directions of the ushers / procession marshals. There may be particular groups that lead the procession. The members of the assembly follow AFTER the priest celebrant carrying the Blessed Sacrament.

During the procession cantors/leaders lead the Litany of the Saints; other songs and prayers may accompany the procession.
Litany of the Saints

Cantors

Lord, have mercy. Lord, have mercy.
Christ, have mercy. Christ, have mercy.
Lord, have mercy. Lord, have mercy.

All you Angels and Archangels pray for us
All you Orders of Blessed Spirits pray for us
St. John the Baptist pray for us
St. Joseph pray for us
All you holy Patriarchs and Prophets pray for us
St. Peter pray for us
St. Paul pray for us
St. Andrew pray for us
St. James pray for us
St. John pray for us
St. Thomas pray for us
St. James pray for us
St. Philip pray for us
St. Bartholomew pray for us
St. Matthew pray for us
St. Simon pray for us
St. Thaddeus pray for us
St. Matthias pray for us
St. Barnabas pray for us
St. Luke pray for us
St. Mark pray for us
St. Mary Magdalen pray for us
All you holy Apostles and Evangelists pray for us
All you holy Disciples of our Lord pray for us
All you Holy Innocents pray for us
St. Stephen pray for us
St. Lawrence pray for us
St. Vincent pray for us
Sts. Fabian and Sebastian pray for us

All you Holy Disciples of our Lord pray for us

Holy Mary, Mother of God, pray for us.
Saint Mich-ael,
Sts. John and Paul  pray for us
Sts. Cosmos and Damian  pray for us
All you holy Martyrs  pray for us

St. Sylvester  pray for us
St. Gregory  pray for us
St. Ambrose  pray for us
St. Augustine  pray for us
St. Jerome  pray for us
St. Martin  pray for us
St. Nicholas  pray for us
All you holy Bishops and Confessors  pray for us
All you holy Doctors  pray for us

St. Anthony  pray for us
St. Benedict  pray for us
St. Bernard  pray for us
St. Dominic  pray for us
St. Francis  pray for us
All you holy Priests and Levites  pray for us
All you holy Monks and Hermits  pray for us

St. Agatha  pray for us
St. Lucy  pray for us
St. Agnes  pray for us
St. Cecilia  pray for us
St. Catherine  pray for us
St. Anastasia  pray for us
All you holy Virgins and Widows  pray for us
All you holy Men and Women, Saints of God  pray for us

Lord, be mer-ci-ful,  Lord, de-liv-er us, we pray.

From all evil  Lord, deliver us, we pray
From all sin  Lord, deliver us, we pray
From your wrath  Lord, deliver us, we pray
From a sudden and unprovided death  Lord, deliver us, we pray
From the deceits of the Devil  Lord, deliver us, we pray
From anger, hatred and all ill will  Lord, deliver us, we pray
From the spirit of fornication  Lord, deliver us, we pray
From lightning and tempest  Lord, deliver us, we pray
From the scourge of earthquake  Lord, deliver us, we pray
From pestilence, famine, and war  Lord, deliver us, we pray
From everlasting death  Lord, deliver us, we pray
Through the mystery of your holy incarnation  
Through your coming as man  
Through your nativity  
Through your baptism and holy fasting  
Through your cross and passion  
Through your death and burial  
Through your holy resurrection  
Through your admirable ascension  
Through the coming of the Holy Spirit, the Paraclete

Lord, deliver us, we pray
Lord, deliver us, we pray
Lord, deliver us, we pray
Lord, deliver us, we pray
Lord, deliver us, we pray
Lord, deliver us, we pray
Lord, deliver us, we pray
Lord, deliver us, we pray

Be merciful to us sinners, Lord, we ask you, hear our prayer.

In the day of judgment
That you would spare us
That you would pardon us
That you would bring us to true penance
That you would govern and preserve your Holy Church
That you would keep safe our Bishop and all clergy
That you would humble the enemies of your Holy Church
That you would give true peace to all leaders and their nations
That you would grant peace and unity to all Christians
That you would bring back to the unity of the Church all who have strayed away, and lead to the light of the Gospel all unbelievers
That you would confirm and preserve us in your holy service
That you would lift up our minds to heavenly desires
That you would grant eternal blessings to all our benefactors
That you would deliver our souls and those of our relatives, friends, and benefactors from eternal damnation
That you would give and preserve the fruits of the earth
That you would give eternal rest to all the faithful departed
That you would graciously hear us
Son of God

Lord, we ask you, hear our prayer
Lord, we ask you, hear our prayer
Lord, we ask you, hear our prayer
Lord, we ask you, hear our prayer
Lord, we ask you, hear our prayer
Lord, we ask you, hear our prayer
Lord, we ask you, hear our prayer
Lord, we ask you, hear our prayer
Lord, we ask you, hear our prayer
Lord, we ask you, hear our prayer
Lord, we ask you, hear our prayer
Lord, we ask you, hear our prayer
Lord, we ask you, hear our prayer
Lord, we ask you, hear our prayer
Lord, we ask you, hear our prayer
Lord, we ask you, hear our prayer
Lord, we ask you, hear our prayer
Lord, we ask you, hear our prayer

Our Father…
Glory be to the Father…

Leader: Save your servants,
All: who trust in you, O God.

Leader: Be for us, O Lord, a tower of strength,
All: in the face of the enemy.
Leader: Let not the enemy prevail against us, 
        All: nor the son of iniquity have power to hurt us.

Leader: O Lord, do not deal with us according to our sins, 
        All: nor reward us according to our iniquities.

Leader: Let us pray for our Archbishop Paul and all our clergy, 
        All: may the Lord preserve them, give them life, make them blessed upon the earth, and deliver them from all enemies.

Leader: Let us pray for our benefactors: 
        All: Grant, O Lord, for your name's sake, the reward of eternal life all those who do us good.

Leader: Let us pray for the faithful departed: 
        All: Eternal rest give to them, O Lord, and let perpetual light shine upon them.

Leader: May they rest in peace. 
        All: Amen.

Leader: For our absent brethren: 
        All: Save your servants who hope in you, O God.

Leader: Send them help, O Lord, from your holy place, 
        All: and from Sion protect them.

Leader: O Lord, hear my prayer, 
        All: and let our cry come to you.

Optional Texts if Stations are Used during the Eucharistic Procession

Station One

The priest places the monstrance on the altar; all gather around for a reading from the Gospel.

The Lord be with you.
R: And with your spirit.

A reading from the Holy Gospel according to Matthew.
R: Glory to you, O Lord.

On the first day of the Feast of Unleavened Bread, the disciples approached Jesus and said: “Where do you want us to prepare for you to eat the Passover?” He said, “Go into the city to a certain man and tell him, the Teacher says, ‘My appointed time draws near; in your house I shall celebrate the Passover with my disciples.'”

The disciples then did as Jesus ordered, and prepared the Passover.

While they were eating, Jesus took bread, said the blessing, broke it, and giving it to his disciples said, “Take and eat, this is my body.” Then he took a cup, gave thanks, and gave it to them, saying, “Drink from it, all of you, for this my blood of the covenant, which will be shed on behalf of many for the forgiveness of
sins. I tell you, from now on I shall not drink this fruit of the vine until the day when I drink it new with you in the kingdom of my Father.”

The Gospel of the Lord.

**R:** Praise to you, Lord Jesus Christ.

*All sing as the priest kneels and incenses the Blessed Sacrament:*

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1. Tantum ergo sacramentum ve ne re mur cer num i:
2. Ge ni to ri, Ge ni to que laus et ju bi la ti o,
1. Down in adoration falling, This great Sacra ment we hail;
2. To the ever lasting Fa ther, And the Son who made us free,
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Et an ti quum do cu mentum no vo ce dat ri tu i:
Sa lus, ho nor, vir tus quo que Sit et be ne di cti o:
Over ancient forms of wor ship New er rites of grace pre vail;
And the Spir it, God pro ce ed ing From them Each e ter nal ly,
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Prae stet fi des sup ple mén tum sen su um de fè cu i.
Pro ce den ti ab u tró que Com par sit lau dá ti o.
Faith will tell us Christ is pres ent, When our hu man sens es fail.
Be sal va tion, hon or, bless ing, Might and end less maj es ty.
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*The priest stands for the prayer.*

Let us pray. (pause briefly for silent prayer)

Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this Sacrament of your Body and Blood help us to experience the salvation you won for us and the peace of the Kingdom, where you live with the Father in the unity of the Holy Spirit, God for ever and ever.

**All:** Amen.

*The priest gives the Eucharistic blessing; all make the sign of the Cross. Then the procession continues.*

**Station Two**

*The priest places the monstrance on the altar; all gather around for a reading from the Gospel.*

The Lord be with you.

**R:** And with your spirit.


**R:** Glory to You, O Lord.
Now that very day two of them were going to a village seven miles from Jerusalem called Emmaus, and they were conversing about all the things that had occurred. And it happened that while they were conversing and debating, Jesus himself drew near and walked with them, but their eyes were prevented from recognizing him.

As they approached the village to which they were going, he gave the impression that he was going on farther. But they urged him, “Stay with us, for it is nearly evening and the day is almost over.” So he went in to stay with them at table.

He took bread, said the blessing, broke it, and gave it to them. With that their eyes were opened and they recognized him, but he vanished from their sight. Then they said to each other, “Were not our hearts burning within us while he spoke to us on the way and opened the scriptures to us?” So they set out at once and returned to Jerusalem where they found gathered together the eleven and those with them who were saying, “The Lord has truly been raised and has appeared to Simon!” Then the two recounted what had taken place on the way and how he was made known to them in the breaking of the bread.

The Gospel of the Lord.

R: Praise to you, Lord Jesus Christ.

All sing as the priest kneels and incenses the Blessed Sacrament:

The priest stands for the prayer.

Let us pray. (pause briefly for silent prayer)

Lord our God, you have given us the true bread from heaven. In the strength of this food, may we live always by your life and rise in glory on the last day. Through Christ our Lord.

R: Amen.

The priest gives the Eucharistic blessing; all make the sign of the Cross. Then the procession continues.
CONCLUDING THE PROCESSION

The procession returns to the church. After the monstrance is placed on the altar and all the faithful have returned to the pews, all kneel and the following, or another suitable song, is sung.

PRAYER AND EUCHARISTIC BLESSING

After the Benediction song the celebrant says the Benediction prayer and then imparts the Eucharistic blessing. As the celebrant makes the Sign of the Cross with the monstrance, all in the assembly sign themselves with the Sign of the Cross.

REPOSITION

The celebrant removes the Blessed Sacrament from the monstrance and places it in the tabernacle. After the Blessed Sacrament is reposed, the Divine Praises (optional) may be said.

Blessed be God.
Blessed be his Holy Name.
Blessed be Jesus Christ, true God and true Man.
Blessed be the Name of Jesus.
Blessed be his most Sacred Heart.
Blessed be his most Precious Blood.
Blessed be Jesus in the most Holy Sacrament of the Altar.
Blessed be the Holy Spirit, the Paraclete.
Blessed be the great Mother of God, Mary most holy.
Blessed be her holy and Immaculate Conception.
Blessed be her glorious Assumption.
Blessed be the name of Mary, Virgin and Mother.
Blessed be St. Joseph her most chaste spouse.
Blessed be God in his angels and in his saints.
To conclude, the people stand and sing a suitable song and the ministers then depart.

After the ministers depart, the assembly may offer the following prayer together:

May the Heart of Jesus, in the Most Blessed Sacrament, be praised, adored and loved, with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time. Amen.