MINISTERS
YOUTH
YOUNG ADULT, AND
CAMPUS MINISTRY OFFICE
RESOURCES
YOUTH MINISTERS

HIGH SCHOOL
- YDisciple
- Lifeteen
- NCYC
- Steubenville
- Camp Guadalupe Retreats
- Torch Bearer
- Person and Identity Project
- Summer Camp
- Catholic Heart Work Camp
- COR Expeditions
- Creatio
- Christ in the City

MIDDLE SCHOOL
- Holy Fire
- Lifeteen
- YDisciple
- Be not Afraid
- Person and Identity Project
- JCYC
PERSONAL FORMATION
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<td>Red Dirt Catholics</td>
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<td>Pray as You Go</td>
<td>Poco A Poco Podcast</td>
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<td>Mass Times</td>
<td>Catholic Stuff You Should Know</td>
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<td>Magnificat</td>
<td>Every knee shall bow</td>
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<td>Reimagining the Examen</td>
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<td>Abiding Together</td>
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YOUTH MINISTERS

MENTAL HEALTH
- Boundaries (Cloud)
- Pray, and Don't Worry Prayer Journal for Women (Smith)
- St. Dymphna's Playbook (Tighe)
- Surviving Depression (Hermes)
- Helping Teens with Stress, Anxiety and Depression (Petitfils)
- Addiction resource
- Be Healed (Schuchts)
- Be Transformed (Schuchts)
- Be Restored (Schuchts)
- Loved as I am (Heidland)

SEXUALITY AND DATING
- Why I don't call myself Gay (Mattson)
- If you really loved me (Evert)
- Made for Love (Schmitz)
- The Catholic Gentleman (Guzman)
- How to find your soulmate with losing your soul (Evert)
- Restless Heart (Zember)
- Wild at Heart (Eldredge)
- Captivating (Eldredge)
- Male, Female, Other? (Evert)
- When Harry Became Sally (Anderson)

CHASTITY
- Covenant Eyes
- Chastity Project
- Magdala Ministries
- Delivered (Fradd)
- Uncompromising purity, it's not just a "guy" problem (Skoch)
- Love in Recovery (Killackey)
- Restored (Fradd)
- Forged (Evert and Fradd)
- The Porn Myth (Fradd)
- Fight the New Drug
- Brain Heart World
YOUTH MINISTERS

**BOOKS AND WEBSITES BY TOPIC**

**PRAYER**
- 33 days to morning Glory (Gaitley)
- Story of a Soul (St. Therese)
- An Introduction to the devout life (St. Francis de Sales)
- Treatise on True Devotion to the Blessed Virgin (Saint Louis-Marie de Montfort)
- Confessions (St. Augustine)
- He Leadeth me (Ciszek)
- The Return of the Prodigal Son (Nouwen)
- The Fulfillment of all Desire (Martin)
- 33 Days to Merciful Love (Gaitley)
- The Three Conversions in the Spiritual Life (Fr. Reginald Garrigou-Lagrange)

**THEOLOGY OF THE BODY**
- On the Dignity and Vocation of Women (JPII)
- Fill These Hearts (West)
- Man and Woman He Created them (JPII)
- These Beautiful Bones (Stimpson)
- Theology of the Body for Beginners (West)
- Theology of His/Her Body (Evert)
- Men, Women, and the Mystery of Love (Sri)
- Love and Responsibility (JPII)
- Meditation on giveness (JPII)
- Ibreiary

**HUMAN FORMATION**
- Atomic Habits (Clear)
- Grit (Duckworth)
- Start with Why (Sinek)
- 7 Habits of Highly Effective People (Covey)
- True Friendship (Cuddeback)
- Living the good life (Jensen)
- Gift and Grit (Swafford)
- The Art of Living (Sri)
- The Irreducibility of the Human Person (Spencer)
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<th><strong>APOSTOLIC FORMATION</strong></th>
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<td>Searching for and Maintaining Peace (Philippe)</td>
<td>From Christendom to Apostolic Mission</td>
<td>Spiritual Multiplication in the Real World (Bob McNabb)</td>
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<td>Time for God (Philippe)</td>
<td>The Lamb’s Supper (Hahn)</td>
<td>Discipleship Focused Youth Ministry (Beckman and Gallagher)</td>
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<td>Interior Freedom (Philippe)</td>
<td>A shorter Summa (Kreeft)</td>
<td>Forming Intentional Disciples (Weddell)</td>
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<td>Prayer Primer (Dubay)</td>
<td>The Sayings of the Desert Fathers</td>
<td>The Soul of the Apostolate (Chautard)</td>
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<td>Into Your Hands Father (Stinissen)</td>
<td>Cathechism of Catholic Church</td>
<td>Holy Spirit 101 (Harris)</td>
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<td>The ways of Mental Prayer (Lehodey)</td>
<td>Compendium to Catechism Theology and Sanity (Sheed)</td>
<td>Foundations for Discipleship (Martin and Sri)</td>
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<tr>
<td>In the School of the Holy Spirit (Philippe)</td>
<td>Who am I to Judge? (Sri)</td>
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RETREATS

Our Lady of Grace Catholic Retreat Center (Stillwater)
Spiritual Life Center (Wichita)
Montserrat Retreat House (Dallas)
Broom Tree (South Dakota)
Our Lady of the Oaks (Lafayette)
PROFESSIONAL FORMATION
YOUTH MINISTERS

YOUTH MINISTER FORMATION
- Project YM
- Thrivanooga
- Exchange
- NFCYM
- Marathon
- SEEK
- EQ Saints

DESIGN RESOURCES
- Canva
- Adobe Express
- Visme
- Stencil
- How to make a good flyer

FORMS AND GUIDELINES
- Fieldtrip Guidelines
- Code of Conduct
- Communication Policy
- Forms