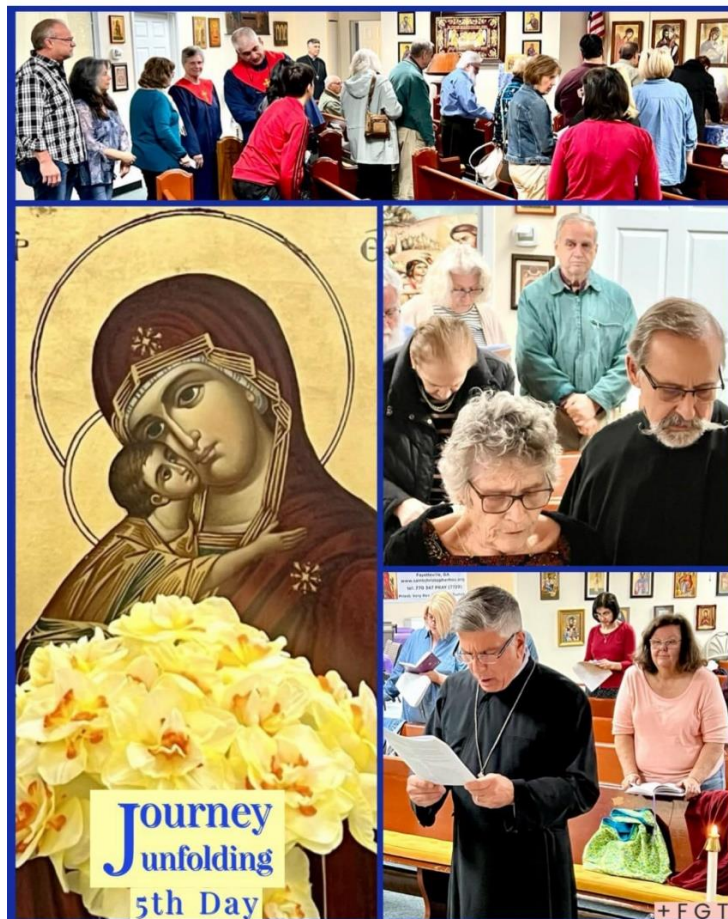
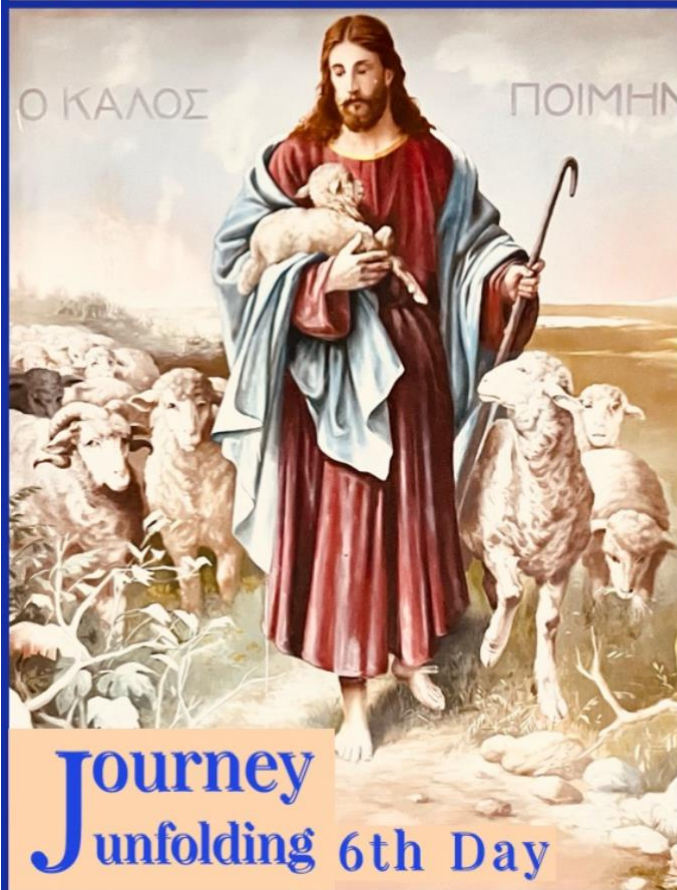


## Pastoral Message from Fr. George for 3.29.24







**Journey**  
Unfolding 6th Day



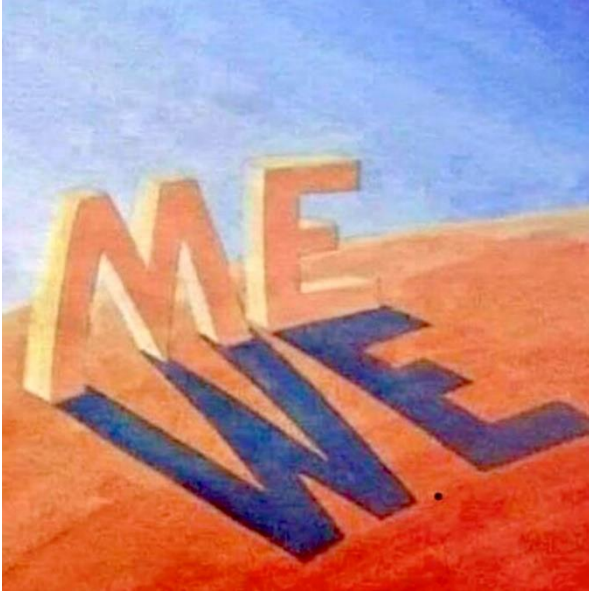


*Fr. George commends our Grandparents who are teaching their grandchildren to make Prosfora. In addition to Lydia McGee, Fr. George is aware that Susan Kleto, Julie Torres, and Presbyteria Marinda have been teaching their grandchildren also. Let us all follow their lead!*

*In the following video, Fr. George Tsahakis highlights parishioners who participated in our Procession of Holy Icons on the Sunday of Orthodoxy at St. Christopher Hellenic Orthodox Church in Peachtree City, GA.*



[\[Click image above to view video message\]](#)



*Fr. George and our Religious Education 1<sup>st</sup> – 4<sup>th</sup> graders and their teachers, Presbytera Marinda and Lydia, are grateful to Kirk Panayis for organizing the first floor religious education/storage room and the upstairs religious education/ storage room in advance of our April 6<sup>th</sup> Clean-up Day.*





### **Prayer of St. Ephrem**

O Lord and Master of my life, do not permit the spirit of laziness and meddling, the lust for power and idle talk to come into me.

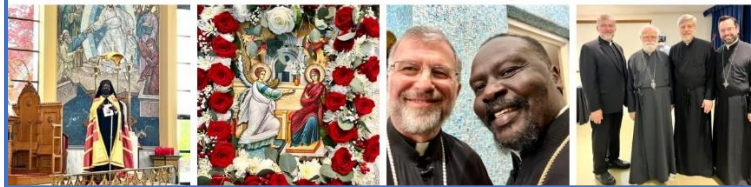
Instead, grant me, Your servant, the spirit of prudence, humility, patience and love.

Yes, Lord and King, give me the power to see my own faults and not to judge my brother. For You are blessed unto the ages of ages. Amen.

*\*Thanks to Kirk Panayis for sharing the sunset photo taken in Peachtree City.*



Great Vespers for the Annunciation, officiated by His Grace Bishop Neophytos of Eldoret & Northern Kenya. Chronia Polla to all who celebrate their Name Day on 3/25.

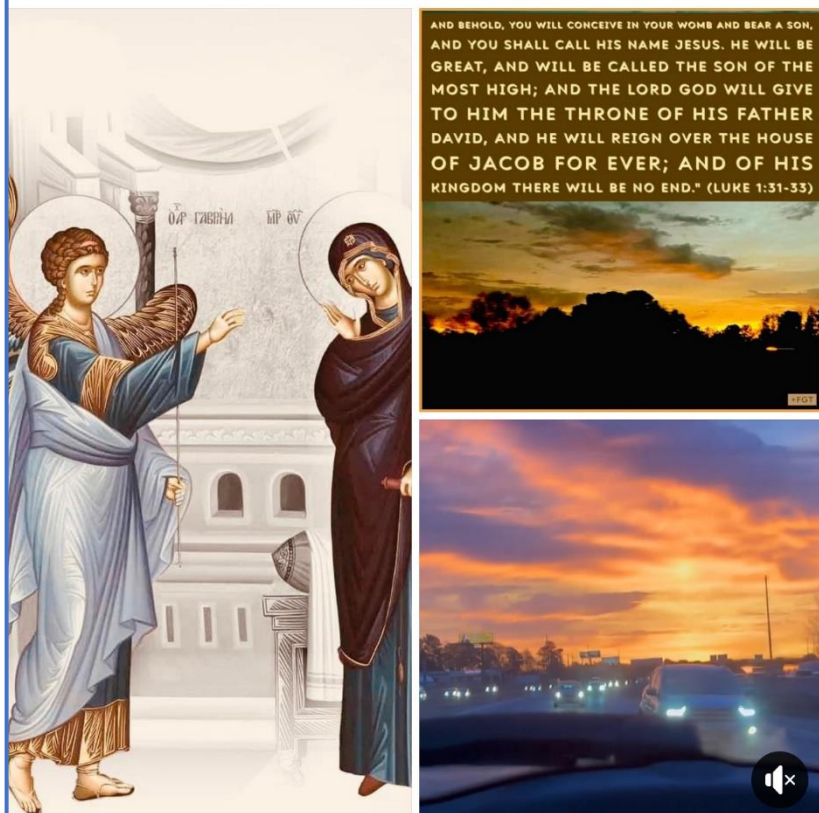




Fr. George is thankful for our St. Christopher parishioners who attended the Pan-Orthodox Great Vespers at Annunciation Cathedral on Sunday evening, March 24<sup>th</sup> with His Grace Bishop Neophytos of Kenya and His Eminence Metropolitan Alexios of Atlanta. Chronia Polla to our Cathedral family for its Name Day. The kind and sweet woman in the photo with Fr. George & Presbyteria Marinda is Poppy Skoufis, beloved aunt of our Costas Soulakos. Her husband, George, could not be present. They are generous supporters of our parish and have served as pillars of our Annunciation Cathedral and Holy Metropolis of Atlanta. Chronia Polla to all!

A deep heart-felt thanks to our parishioners who answered Fr. George's appeal to assist Bishop Neophytos with humanitarian relief to the suffering in his Diocese in Kenya: *Kirk & Dedee Panayis, Victor & Julie Torres, Perry & Aimee Panos, Steve & Jackie Sarantis, Steve & Pam Theodorakis, George & Helen Psihountas, Jeanie & Tony McGee, Pete & Susan Kleto, Anonymous, and Fr George & Presbyteria Marinda Tsahakis*. His Grace Bishop Neophytos was very appreciative for their gift of \$2,740 collected on Sunday. He conveyed His blessings upon our parishioners for their help.

God blessed early morning Atlanta commuters on this day that the Orthodox Church celebrates the Annunciation to the Theotokos of the Good News of Jesus's Incarnation.



On March 25<sup>th</sup>, Feast of the Annunciation to the Theotokos, we celebrated the Good News of Jesus' Incarnation and

redemptive salvation to liberate humanity from sin and death. Likewise, we remembered the fight for freedom that began March 25, 1821 – Greek Independence Day.

*To witness these blessings, Fr. George sent to each household whose family was present what he called "freedom bread" from the bountiful supply of Prosfora made by Julie Skouteris and Helen Psihountas for the Divine Liturgy that day. Chronia Polla to all celebrating this Feast Day!*



Our 2023-2025 Philoptochos  
Chapter Board:

Dedee Panayis  
*President*

Cynthia Cromartie  
*1st Vice President*

Julie Torres  
*Recording Secretary*

Presbytera Marinda Tsahakis  
*Corresponding Secretary*

Aimee Panos  
*Treasurer*

Misty Duke  
*Assistant Treasurer*

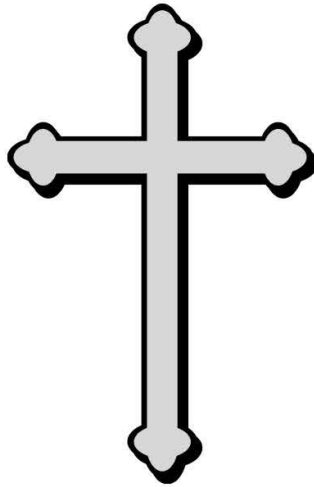
Helen Psihountas  
*Chapter Advisor*



*Congratulations to Aimee Panos being elected as new Treasurer of our Philoptochos Chapter (receiving Oath of Office as Board Officer assisted by Cynthia Cromartie). Congratulations to Julie Torres being elected Recording Secretary. We commend their service.*

# **Good Friday Service**

**March 29, 2024, 7:00 pm**

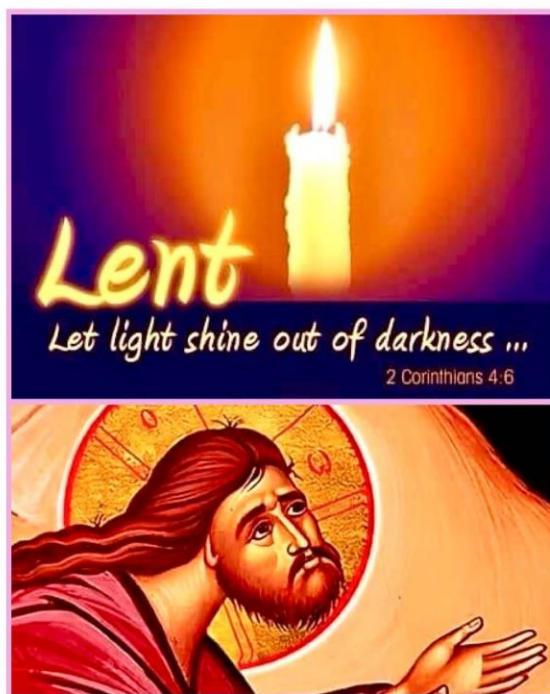


**You and your family  
are invited to the  
[Western] Good Friday Service**

**at All Saints Anglican Church  
in Fayetteville, GA.**

**Fr. George Tsahakis and  
other Clergy will offer  
a reflection of the  
Last Words of our Lord  
from the Cross**

**All Saints Anglican Church  
149 Ebenezer Road, Fayetteville, GA 30215**



**We ought not, as soon as we leave church, to plunge into business unsuited to church, but as soon as we get home, we should take the Scriptures into our hands, and call our wife and children to join us in putting together what we have heard in church.**

**St. John Chrysostom**


 BASILICA.RO


## 9 RULES FOR A CHRISTIAN LIFESTYLE FROM ST BENEDICT OF NURSIA

Prefer nothing  
to the  
love of Christ

Know for  
certain that  
God sees you  
everywhere

Venerate  
the seniors  
and love  
the juniors

Do not make  
a false peace

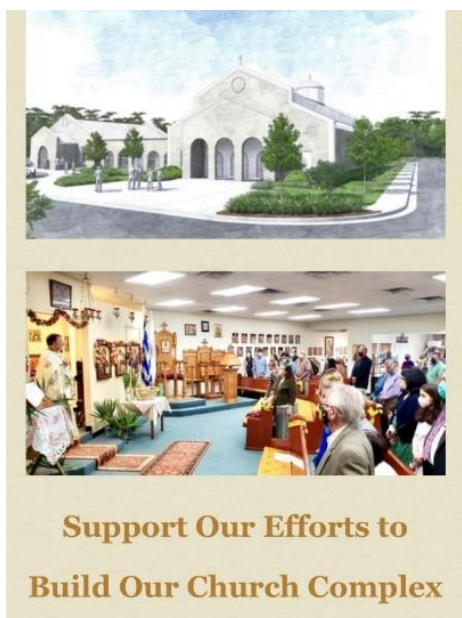
When you see  
any good in  
yourself attribute  
it to God,  
not to self

When you begin  
anything, pray that  
it may be carried  
through by Him  
to its conclusion

In case of  
discord with  
anyone make  
peace before  
sunset

In the love of  
Christ  
pray for  
your enemies

Do not wish  
to be  
called holy  
before you are



[Click QR  
code  
to view](#)



### **March 27, 2<sup>nd</sup> Wednesday of Great Lent**

**8:00 Service of the 9<sup>th</sup> Hour & Presanctified Liturgy, followed by “Lenten Renewal Series”**

### **March 29, 2<sup>nd</sup> Friday of Great Lent**

**4:45 Salutations to the Theotokos Service & 15-minute Catechism Session**

**7:00 Good Friday (Western) Ecumenical Service at All Saints Anglican Church** *(Fr. George will join Fr. Michael Fry and other local clergy and reflect on the Seven Last Words of Christ on the Cross. All of our parishioners are invited to join us.)*

### **March 31, Sunday of St. Gregory Palamas (Western Easter)**

**7:45 Orthros**

**9:00 Divine Liturgy**

**10:45 Religious Education Classes**

**12:00 Let's EAT! at Broadway Diner**

