

Choosing a Sponsor

Your sponsor will be a Christian role model and a faith companion as you prepare for Confirmation. These questions can help you choose a sponsor who will help you as you grow toward Christian adulthood.

List a few people you might choose to be a Confirmation sponsor. (Remember that your sponsor must be at least 16 years old and a practicing, confirmed Catholic who is not your mother or father.)

_____	_____
_____	_____
_____	_____
_____	_____

What do I admire about each person I listed?

_____	_____
_____	_____
_____	_____
_____	_____

Why would each of these people be a good sponsor?

_____	_____
_____	_____
_____	_____
_____	_____

With which people listed would I feel comfortable discussing my faith journey?

_____	_____
_____	_____
_____	_____
_____	_____

If you can, spend some time talking to the person(s) you are considering. You may want to ask questions like these:

- Do you remember your Confirmation and preparation for the sacrament? What was it like?
- Do you find God in your life? How? Where?
- What does the Church mean to you?
- Who is Jesus for you?

After you have completed these questions, pray, reflect, discuss your considerations with your parents or guardians, then make your choice. God will bless you as you search for a sponsor.