**Activity #2 – Faith Challenge**

Part 2 Worksheet

After reading the Youth Update article (from St. Anthony Messenger Press) entitled, [**"**](http://www.stcharlesparish.org/data/files/gallery/ContentGallery/How_Is_Your_Faith_Expressed.pdf)[**How is your faith expressed?**](https://www.stcharlesschoolsc.org/cms/lib/CA02223381/Centricity/Domain/54/How%20Is%20Your%20Faith%20Expressed-2016.pdf)”, Candidates & Sponors complete this worksheet. The article discusses how young people put their Catholic faith into action when they...  
...pray and worship  
...proclaim God's Word  
...build up the community  
...work for justice.

Take some time to discuss YOUR faith (each of you) in relation to these four areas.

How do you express your faith in each area?

* Prayer & Worship
* Proclaiming God’s Word
* Building up the community
* Working for justice

In which area do your express your faith the most/the least?

**THEN:**

Each of you are asked to choose one of the 4 areas to work on. Think of a specific challenge to help you work on better expressing your faith in that area.

BE SPECIFIC! For example, instead of "I will pray more often", try "Each night before bed, I will think of what I did that day, my good/not so good choices of the day and pray the Act of Contrition."

Submit your challenge plans using [**Confirmation Faith Challenge**](https://www.stcharlesschoolsc.org/cms/lib/CA02223381/Centricity/Domain/54/Faith%20Challenge-part%201%202017-18.pdf) before the deadline. https://www.ihmbelmont.org/candidate-sponsor-activities