

First Communion Preparation – Textbook contents

Chapter 1 “Belonging”

Objectives:

- Tell the story of the coming of the Holy Spirit. (pages 2-3)
- Explain that the Holy Spirit came just as Jesus had promised. (pages 2-3)
- Explain that we are baptized in the name of the Holy Trinity. (pages 4-5)
- Describe the importance of Baptism. (pages 4-5)
- Define **Baptism, Trinity**. (pages 4-5, pages 100-101)
- Connect the Sacraments of Initiation with belonging to the Church. (pages 6-7)
- Describe the sacraments as helps Jesus gives us to live as his followers. (pages 6-7)
- Define **Confirmation, Eucharist, Holy Communion, Mass**. (pages 6-7, pages 100-101)
- Experience praying a litany of thanksgiving for the gift of Baptism. (pages 8-9)

References to the Catechism of the Catholic Church:

- CCC 261, 267, 454, 620-621, 747, 1275-1279, 1316, 1407-1408.

Scripture:

- Acts 2:1-4, 32-41 (coming of the Holy Spirit, call of the Church), Mt 29:19 (commissioning of the disciples)

Chapter 2 “Gathering”

- Tell how King David welcomed the Ark of the Covenant to Jerusalem. (pages 12-13)
- Explain that we gather with others to celebrate God’s presence. (pages 12-13)
- Describe how we honor the Lord’s Day. (pages 14-15)
- Explain that we celebrate God’s presence at Mass. (pages 14-15)
- Identify the Eucharist as a special way that God is present with us at Mass. (pages 14-15)
- Name people who are part of the procession during the Entrance Chant. (pages 16-17)
- Describe how we participate in the Introductory Rites at Mass. (pages 16-17)
- Define **altar, Bible, lector**. (pages 16-17, page 101)
- Experience using their imagination to pray about gathering to give praise and thanks to God. (pages 18-19)

References to the Catechism of the Catholic Church:

- CCC 455, 1193, 2042, 2191-2192

Scripture:

- 2 Sm 6:11-15 (David brings the Ark of the Covenant to Jerusalem)

Chapter 3 “Reflecting”

Objectives:

- Tell the story of God’s appearance in the burning bush to Moses. (pages 22-23)
- Explain that God’s presence makes church a holy place. (pages 22-23)
- Explain that we prepare to worship God at Mass by asking for God’s mercy. (pages 24-25)
- Define **mercy**. (pages 24-25, page 101)
- Describe the *Gloria* as a song of praise to God. (pages 26-27)
- Name ways to give God praise every day. (pages 26-27)
- Experience a prayer of praise. (pages 28-29)

References to the Catechism of the Catholic Church:

- CCC 261, 454-455, 620-621, 418

Scripture:

- Ex 3:1-10 and Is 6:3 (God’s holiness is made present on earth)

Chapter 4 “Listening”

Objectives:

- Tell the parable of the Sower and the Seed. (pages 32-33)
- Explain that Jesus’ parable teaches us about listening to God’s Word. (pages 32-33)
- Name the parts of the Liturgy of the Word. (pages 34-35)
- Define **Creed, Gospel, Homily, New Testament, Old Testament, psalms, Sacred Scriptures**. (pages 34-35, page 102)
- Describe the importance of letting God’s Word take root in our hearts. (pages 36-37)
- Identify actions that show we are living according to God’s Word. (pages 36-37)
- Experience reflective prayer, inviting God to plant his Word in our hearts. (pages 38-39)

References to the Catechism of the Catholic Church:

- CCC 1190, 97, 138-139, 1802

Scripture:

- Mt 13:3-8 (Sower and the Seed), 1 Thes 1:6 (imitate the Lord with joy from the Holy Spirit.)

Chapter 5 “Preparing”

Objectives:

- Tell the story of the multiplication of the loaves and fishes. (pages 42-43)
- Identify Jesus’ promise to give himself as spiritual food. (pages 42-43)
- Describe the Presentation and Preparation of the Gifts. (pages 44-45)
- Define **blessing, sacrifice**. (pages 44-45, page 102)
- Explain that the Bread and Wine represent all that we offer to God. (pages 46-47)
- Identify actions that can be offered as gifts to God. (pages 46-47)
- Experience offering their gifts to God in prayer. (pages 48-49)

References to the Catechism of the Catholic Church:

- CCC 1333-1336, 1350-1351

Scripture:

- Jn 6:1-13, 47-51 (Jesus feeds the 5,000), 2 Cor 9:7 (God loves a cheerful giver)

Chapter 6 “Remembering”

Objectives:

- Tell the story of the Last Supper. (pages 52-53)
- Explain that at the Last Supper Jesus kept his promise to give us himself as spiritual food. (pages 52-53)
- Define **Last Supper**. (pages 52-53, page 103)
- Describe the Eucharistic Prayer as a prayer of thanksgiving and praise. (page 54-55)
- Identify connections between the Last Supper and the celebration of the Eucharist. (pages 54-55)
- Identify the Eucharist as the Body and Blood of Jesus Christ (pages 54-55)
- Define **Consecration, Eucharistic Prayer**. (page 54-55, page 103)
- Describe the people’s responses in the Eucharistic Prayer. (pages 56-57)
- Explain the meaning of important words from the Liturgy of the Eucharist. (pages 56-57)
- Describe their experience of praying reflectively about the Last Supper. (pages 58-59)

References to the Catechism of the Catholic Church:

- CCC 1408-1414

Scripture:

- Lk 22:14-20 (the Last Supper), Jn 14:26 (the Holy Spirit will teach the disciples)

Chapter 7 “Receiving”

Objectives:

- Describe how the early Christians gathered to remember Jesus. (pages 62-63)
- Explain that at we gather to remember Jesus’ Last Supper as did the early Christians. (pages 62-63)
- Explain that we are united with one another when we pray the Lord’s Prayer. (page 64-65)
- Identify the Lord’s Prayer as the prayer that Jesus taught. (pages 64-65)
- Describe how we receive Holy Communion. (pages 66-67)
- Write a prayer to pray after receiving Holy Communion. (pages 66-67)
- Define **chalice, host**. (page 66-67, page 103)
- Describe their experience of praying reflectively about the Last Supper. (pages 68-69)

References to the Catechism of the Catholic Church:

- CCC 1408, 1416, 2590, 2761-2764, 2857

Scripture:

- Acts 2:42-47 (early Christians gather to celebrate the Eucharist), 2 Cor 9:15 (we give thanks to God for the gift of the Eucharist)

Chapter 8 “Journeying”

Objectives:

- Tell the story of the disciples’ encounter with Jesus on the road to Emmaus. (pages 72-73)
- Make connections between the disciples’ journey with Jesus and our encounter with Jesus in the Eucharist. (pages 74-75)
- Describe the Concluding Rites of Mass. (pages 74-75)
- Define **grace**. (pages 74-75, page 103)
- Explain that we are sent from Mass to live as followers of Jesus. (page 76-77)
- Describe how we can bring Jesus’ love to others. (pages 76-77)
- Share a prayer of blessing. (pages 78-79)

References to the Catechism of the Catholic Church:

- CCC 942, 1417

Scripture:

- Lk 24:13-35 (the disciples encounter the risen Jesus on the road to Emmaus), Jn 14:27 (do not let your hearts be troubled)