

ST. CLETUS



*Believe. Learn. Love. Serve.*



# COUNSELING PROGRAM

3610 Clare Ave.  
Gretna, LA, 70053



## The School Counselor

Serves as a leader, advocate, and collaborator

Ensures equitable access to the counseling program and provides opportunities for self-directed personal growth for every student

Designs and implements a school counseling program to maximize the academic, career, and personal/ social development of every student

Analyzes data and translates it to goals that guide the development of the counseling program

Upholds the American School Counselor Association's Ethical Codes and uses them to make decisions according to the highest ethical principles in the best interests of the students  
Regularly participates in professional development activities essential to maintaining quality practice

**Kaitlyn Hay, MA, LPC, NCC,**  
**Certified Guidance Counselor**

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**LET ME  
HELP YOU**

### Services Provided

Individual Brief- Solution Focused Counseling  
Monthly classroom guidance lessons for kindergarten thru 7th grade  
Group counseling  
Quarterly classroom guidance lessons for preschool  
Parent consultation  
Community resource referrals

### Group Topics & Lessons

Middle School Groups meet once a month to discuss the transition to middle school, peer pressure, responsibility, leadership, and high school. 5th Grade groups meet once a month to discuss self esteem, friendship, and becoming problem solvers. In every grade, we discuss coping skills, teamwork, empathy, kindness, and careers.

### How to See the Counselor

Self- Referral  
Parent Referral  
Teacher or Administrator Referral  
Referral by a Friend  
Request of the Counselor

## St. Cletus Counseling Program Mission Statement

**The Mission of the St. Cletus Catholic School Counseling Program is to facilitate the healthy development of all students in their academic, personal/ social, and occupational lives through a system of intentional supportive efforts delivered by a professional school counselor.**

## School Counseling is for Everyone!

Part of my job as the school counselor is to get to know each and every student in our school! This is to help them feel welcome and supported. I work to build trust with students so that they can feel secure when they come to school and speak with me

I hope to have an open line of communication with parents.

Please keep in mind that as a Licensed Professional Counselor I have ethical standards to follow and that much of the work I do with students is confidential. This means that I respect your child's right to privacy

When there is something that you need to know, I will definitely contact you.

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## PHILOSOPHY & BELIEF

Principles that guide the St. Cletus Catholic School Counseling Program include that all students:

1. Have a God-given dignity and worth

2. Experience success when school personnel, parents, and providers from the community work together as a team

3. Benefit from participation in a comprehensive school counseling program that is planned, managed, delivered, and evaluated by a professional school counselor